DIANDRA MILLINER
SENIOR ALL-AMERICAN
AND NATIONAL CHAMPION
NCAA
BUILT by BAMA
2014 ALABAMA GYMNASTICS
MEDIA GUIDE

ALABAMA GYMNASTICS

MEDIA NOTES

ALABAMA COMMUNICATIONS: The Alabama Athletics Communications Office is located on the ground level of Coleman Coliseum, across the hall from the gymnastics practice facility.

INTERVIEWS: All interview requests should be made through Roots Woodruff of the Alabama Communications Office, at least 24 hours in advance, at (205) 348-2088. Gymnasts and coaches are not available on the day of competition until after completion of the meet. Coach Sarah Patterson is available for interviews in person or by telephone.

CREDENTIALS: Credentials will be issued to working media ONLY and should be requested no later than 48 hours prior to any home event.

INTERNET: Information about the University of Alabama's athletics can be found several places on the internet, including the official site for Crimson Tide Athletics at RollTide.com. The Tide's booster club, The Medalist Club, has a site at GymTide.com. For information about the University of Alabama, go to www.ua.edu.

MEDIA SERVICES: Up-to-date rankings and meet notes will be available to working media prior to the meet. Results will be distributed following the competition. Selected coaches and gymnasts will be brought into the interview room following all home meets.

VIDEO FEEDS: The University of Alabama, through Crimson Tide Sports Marketing, offers weekly video packages available via FTP download consisting of interviews with coaches and athletes, taped video highlights and narrated tape packages from September through May. The gymnastics team is featured in this package regularly during the season. Call the Communications Office for more details, including dates of the feed and download instructions.

CREDITS

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UNIVERSITY INFORMATION

Location: Tuscaloosa, Ala.
Enrollment: 34,852
Founded: April 12, 1831
Conference: Southeastern (SEC)
Colors: Crimson & White
Nickname: Crimson Tide
President: Dr. Judy Bonner
NCAA Faculty Representative:
Dr. Kevin Whitaker
Athletics Director: Bill Battle
Deputy Athletics Director: Shane Lyons
Executive Associate Athletics Director:
Finus Gaston
Senior Associate Athletics Directors:
Kevin Almond, Milton Overton, Ronny Robertson
Associate Athletics Director/ Senior Woman Administrator:
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Jonathan Bowling, Jon Dever, Carol Park, Jeff Purinton, Doug Walker
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THE PROGRAM

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PRESIDENT
DR. JUDY L. BONNER

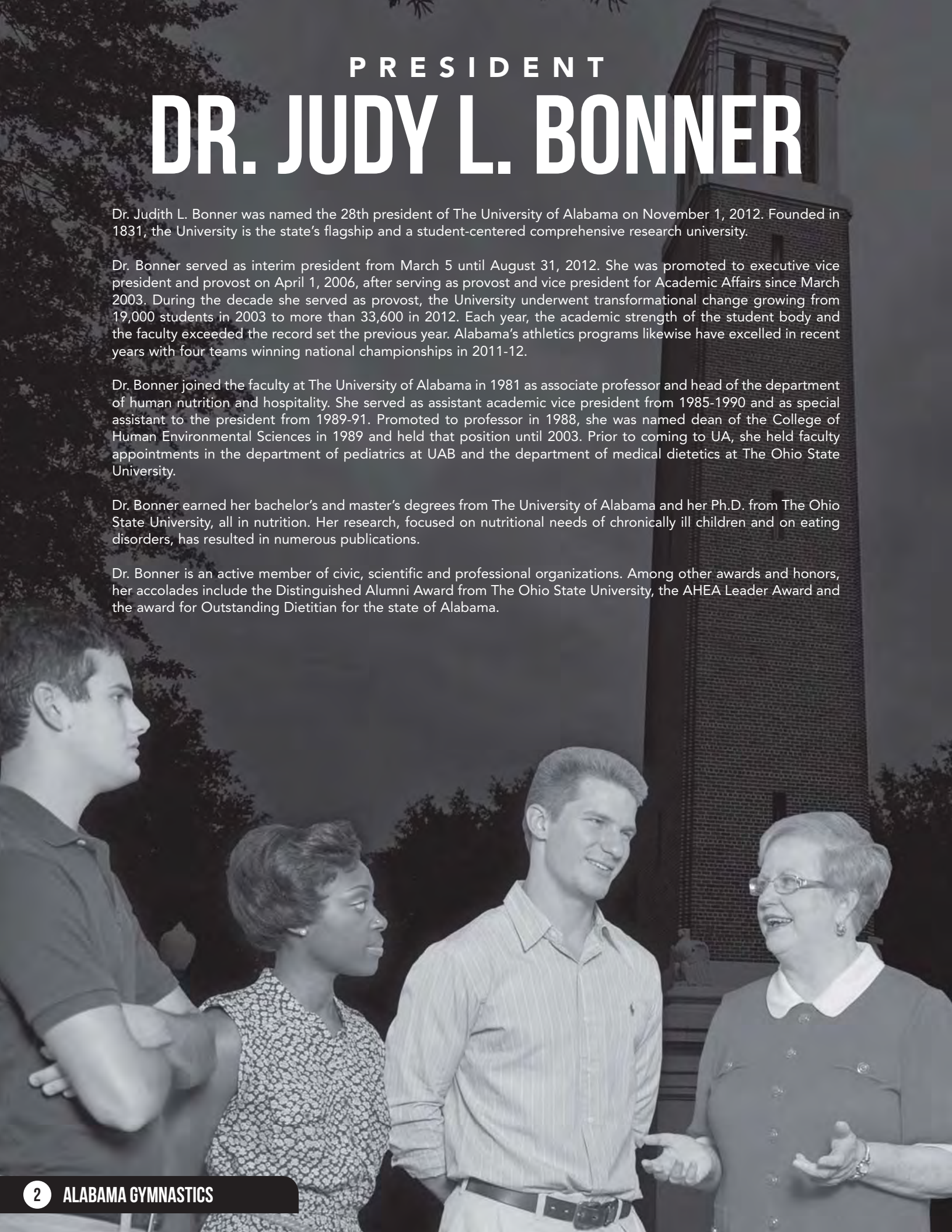
Dr. Judith L. Bonner was named the 28th president of The University of Alabama on November 1, 2012. Founded in 1831, the University is the state's flagship and a student-centered comprehensive research university.

Dr. Bonner served as interim president from March 5 until August 31, 2012. She was promoted to executive vice president and provost on April 1, 2006, after serving as provost and vice president for Academic Affairs since March 2003. During the decade she served as provost, the University underwent transformational change growing from 19,000 students in 2003 to more than 33,600 in 2012. Each year, the academic strength of the student body and the faculty exceeded the record set the previous year. Alabama's athletics programs likewise have excelled in recent years with four teams winning national championships in 2011-12.

Dr. Bonner joined the faculty at The University of Alabama in 1981 as associate professor and head of the department of human nutrition and hospitality. She served as assistant academic vice president from 1985-1990 and as special assistant to the president from 1989-91. Promoted to professor in 1988, she was named dean of the College of Human Environmental Sciences in 1989 and held that position until 2003. Prior to coming to UA, she held faculty appointments in the department of pediatrics at UAB and the department of medical dietetics at The Ohio State University.

Dr. Bonner earned her bachelor's and master's degrees from The University of Alabama and her Ph.D. from The Ohio State University, all in nutrition. Her research, focused on nutritional needs of chronically ill children and on eating disorders, has resulted in numerous publications.

Dr. Bonner is an active member of civic, scientific and professional organizations. Among other awards and honors, her accolades include the Distinguished Alumni Award from The Ohio State University, the AHEA Leader Award and the award for Outstanding Dietitian for the state of Alabama.



TOP RANKED UNIVERSITY

- The University of Alabama ranks first among public universities nationwide in the enrollment of National Merit Scholars for 2012-2013 with 241 scholars in the fall 2012 freshman class. The ranking also places UA fourth among all universities. Only the University of Chicago, Harvard and the University of Southern California enrolled more National Merit Scholars last fall.

- Ranked among the top 50 public universities in the nation in U.S. News and World Report's annual college rankings for more than a decade, UA ranked 32nd among public universities in the 2013 rankings. UA's latest college rankings include:

- The School of Law is ranked 21st among all law schools in the nation, Spring 2013.

- The School of Library and Information Studies is ranked 18th nationally, Spring 2013

- The MBA program is ranked 58th among all MBA programs, Spring 2013

- University of Alabama students continue to win prestigious national awards. Three UA students were named Goldwater Scholars and one was named a Truman Scholar in 2012, bringing UA's totals for the last 25 years to 37 Goldwater Scholars and eight Truman Scholars. The University of Alabama has produced a total of 15 Rhodes Scholars and numerous Hollings Scholars.

- The UA Libraries rank 56th out of 115 U.S. and Canadian university libraries qualifying for membership in the prestigious Association of Research Libraries and 32nd among public university libraries. UA has made dramatic improvement in the rankings, moving up from 102nd overall and 64th among public university libraries in the last 10 years.

- Enrollment at The University of Alabama reached a record high of 33,602 for fall 2012. The entering freshman class, at 6,397 students, is the largest in UA history and includes 1,725 students who had a 4.0 or higher high school grade point average.

BILL BATTLE

DIRECTOR OF ATHLETICS

William R. "Bill" Battle was named Director of Athletics at The University of Alabama on Friday, March 22, 2013, succeeding Mal Moore who had held the position since November, 1999. Battle joined the Crimson Tide after a career as a college football coach and entrepreneur that consistently was hallmarked by innovation and foresight.

A native of Birmingham, Ala., Battle attended The University of Alabama on a football scholarship and enjoyed a successful playing career as a three-year starter at end for the Crimson Tide under legendary head coach Paul "Bear" Bryant from 1960-62. Battle was a member of Bryant's first national championship team at Alabama in 1961. Generally regarded as the team's best end throughout his playing career, he came to Tuscaloosa after starring in three sports at Birmingham's West End High School.

An excellent student, Battle holds a bachelor's degree from The University of Alabama and a master's degree from The University of Oklahoma. He was an Academic All-SEC selection as a senior in 1962 and was selected to play in the Senior Bowl all-star game in Mobile, Ala., in January of 1963. Battle was named first team tight end and second team defensive end on The University of Alabama All Decade Team of the 1960s.

Battle entered the coaching profession as a graduate assistant at The University of Oklahoma in 1963 under famed head coach Bud Wilkinson. In 1964 and 1965, he served as an assistant coach at the United States Military Academy while serving a two-year military tour. In 1966, he moved on to the University of Tennessee, where he served as an assistant coach under head coach Doug Dickey for four seasons (1966-69) until he was named head coach of the Volunteers in 1970. When he was named head coach, Battle was the youngest head coach in college football at the age of 28.

During his seven-year tenure as the Tennessee head coach (1970-76), Battle's teams went 59-22-2, finished three seasons ranked in the nation's top 10 among five top-20 finishes and won four out of five bowl games. Battle's Tennessee teams won 11 games once (1970) and at least 10 games in three different seasons (1970, 1971 and 1972). His first Tennessee team finished the season ranked fourth in both national polls. The 1971 team finished ninth in both national polls while his 1972 Tennessee squad had a final ranking of eighth by the Associated Press and 11th in the coaches' poll.

Battle began a career in the private sector after his coaching career ended. He held various positions within Circle S Industries in Selma, Ala., and served as president of two different companies, as well as vice chairman of the Circle S Holding Company board. During his six years at Circle S, the organization grew from two companies earning $12 million in annual sales to 10 companies earning $60 million.

Battle founded The Collegiate Licensing Company (CLC) in 1981, and he served as president and chief executive officer (CEO) until 2002. He also served as chairman of the board of Licensing Partners International (LPI), which was created in 2001 to represent the licensing interests of non-collegiate sports properties, as well as corporate and entertainment properties.

A 1981 inductee into the Alabama Sports Hall of Fame, Battle was inducted as the first member in the charter class of the National Collegiate Licensing Association Hall of Fame in 2000. He received the 2005 Paul W. Bryant Alumni Athlete Award at The University of Alabama and was inducted into the International Licensing Industry Merchandisers Association (LIMA) Hall of Fame in 2008.

Battle received a National Football Foundation award in December 2008 for Outstanding Contributions to Amateur Football. In June 2010, he was inducted into the National Association of Collegiate Marketing Administrators' (NACMA) Hall of Fame and later was inducted into the Tennessee Sports Hall of Fame, receiving its Lifetime Achievement Award in 2011. Battle currently serves on the boards of the Bank of North Georgia, the Bryant-Jordan Student-Athlete Foundation, The University of Alabama A-Club Educational & Charitable Foundation, the Crimson Tide Foundation, and the National Football Foundation.

Battle's wife Mary is a summa cum laude graduate of the University of Texas School of Nursing, with a Bachelor of Science degree in nursing. She earned a Masters of Science in healthcare administration from the University of Alabama-Birmingham. Mary currently serves on the board of WellStar Health Systems of Atlanta, Ga., where she also serves on the WellStar's Foundation Board, in addition to serving as chairperson of WellStar's Major Gifts Committee. A member of the Arthritis Foundation of Birmingham, she is active in fundraising for research of rheumatoid arthritis.

The Battles have been active in fundraising for UAB's Department of Rheumatology and the school's Stem Cell Institute. In their leisure time, the Battles enjoy life on their ranch in Georgia. Mary is an avid equestrian while Bill enjoys working on various projects around the ranch.

SHANE LYONS	FINUS GASTON	KEVIN ALMOND	MILTON OVERTON	RONNY ROBERTSON	MARIE ROBBINS	JONATHAN BOWLING	JON DEVER	CAROL PARK
DEPUTY ATHLETICS DIRECTOR / COO	EXECUTIVE ASSOCIATE A.D. CHIEF FINANCIAL OFFICER	SENIOR ASSOCIATE A.D. SUPPORT SERVICES	SENIOR ASSOCIATE A.D. TECHNOLOGY ADVANCEMENT	SENIOR ASSOCIATE A.D. DEVELOPMENT	ASSOCIATE A.D. SENIOR WOMAN ADMINISTRATOR	ASSOCIATE A.D. COMPLIANCE	ASSOCIATE A.D. STUDENT SERVICES	ASSOCIATE A.D. BUSINESS

JEFF PURINTON	DOUG WALKER	JEFF ALLEN	CHRIS BESANCENEY	TOMMY FORD	BRAD LEDFORD	AARON VOLD	DR. KEVIN WHITAKER
ASSOCIATE A.D. FOOTBALL COMMUNICATIONS	ASSOCIATE A.D. COMMUNICATIONS	ASSISTANT A.D. SPORTS MEDICINE	ASSISTANT A.D. TICKETING / TIDE PRIDE	ASSISTANT A.D. DONOR PROGRAMS	ASSISTANT A.D. STRATEGIC MARKETING	ASSISTANT A.D. MAJOR GIFTS	FACULTY ATHLETIC REPRESENTATIVE

ON CAMPUS

Life on The University of Alabama campus is defined by opportunities. If you want to get involved, join one of more than 350 student organizations, help plan concerts and speaker series, participate in intramural teams or run for student government.

If you enjoy the arts, you can take advantage of a rich and varied schedule of musical, dance and theatre performances, art galleries and exhibitions, lectures and readings by writers, poets and experts on every topic imaginable. You can enrich your knowledge of the state and University's history by visiting one of UA's fine museums, which house countless historical artifacts and offer hands-on exploration opportunities.

From the architecture on campus to the landscaping, The University of Alabama campus is one of the most beautiful places in the state of Alabama.

The Ferguson Center was completed in 1973. Plans at the time called for the building to be constructed over Woods Hall, but it was built slightly to the north thanks to a student campaign to save the art building.

The Ferguson Center Game Room located on the first floor is the perfect place to unwind, test your skill at a video game, play a friendly game of pool or ping-pong, or enter a campus tournament. With seven pool tables, video games, a ping-pong table, computer gaming and televisions, the Game Room offers a fun escape from the daily pressures of college life.

The University of Alabama offers a complete educational, cultural and social experience. Whatever your interests, you'll find a group, an organization, an activity or a program that will appeal to you at UA.

The newly expanded Student Recreation Center offers first-class recreation facilities for students, faculty and staff. It includes two multi-use gyms, nine multi-purpose courts, weight machines, 1/8-mile jogging track, extensive cardio area, locker rooms, indoor swimming pool, dry and steam saunas, 12 lighted tennis courts, four aerobics rooms, eight racquetball courts and a squash court—together encompassing more than 200,000 square feet. The facility's outdoor aquatic area, which opened in the summer of 2003, features a lazy river, lap swim, large water-park-type slide and plenty of deck space.

THE SARAH PATTERSON CHAMPIONS PLAZA

On a beautiful Alabama afternoon with a sky full of bright blue and sunshine, the Crimson Tide faithful gathered for the dedication of the Sarah Patterson Plaza.

The plaza, two years in the planning, honors the Crimson Tide's national champion coaches for all sports outside of football. It also features marble slabs highlighting all of the Tide's varsity sports besides football, including a listing of all the Tide's NCAA and Southeastern Conference titles.

When the plans were presented to the University of Alabama Board of Trustees, they voted unanimously to name the plaza, located in front of Coleman Coliseum, for the Crimson Tide's legendary gymnastics coach.

And while the plaza may bear her name, Sarah Patterson knows that it represents the efforts of everyone who has had a part in The University of Alabama's championship heritage and future.

"Today is not about me or a name or a plaza," she told the gathered crowd just prior to the ribbon-cutting that official opened the plaza. "It's about the athletes and the coaches who have left a legacy of success here at the University of Alabama."

Patterson and her husband and assistant coach David, has been a vital part of that legacy for more than 35 years, winning six NCAA Championships, seven Southeastern Conference titles and 28 NCAA Regional Championships.

The Champions Plaza serves as a fulfillment of the vision of the late Mal Moore. It was a vision that he first shared with Sarah Patterson, Patrick Murphy, Mic Potter and Jay Seawell in early spring 2012.

But Moore, who passed away in the spring of 2013 after spending more than 50 years in service to the University of Alabama and its Athletics Department, first as a football player, then as a coach and administrator before finally becoming the Tide's Director of Athletics in 1999, knew what his coaches and their student-athletes were capable of.

"When Coach Moore invited us into his office that spring and shared the plans for this plaza with us, Sarah was the only who had won a national championship at that point," Seawell said. "The rest of us were kind of scratching our heads and wondering why we were there. But he knew."

Within two months, Patterson had led Alabama to its sixth NCAA Gymnastics title and Murphy and Potter had led their respective teams to their first national titles. A year later, after finishing second in 2012, Seawell led the men's golf team to its first national title and the first class of the Champions Plaza Wall of Champions was complete.

Everyone on the dais during the dedication agreed that Patterson, who led Alabama to its first NCAA Championship in a sport outside of football in 1988, served as a trailblazer, showing others the way to success.

"It is with enormous pride that I stand with you as we recognize our legendary gymnastics coach, by naming this beautiful plaza in honor of Coach Sarah Patterson," UA President Judy Bonner said during the dedication. "For generations to come the coaches who follow in her footsteps producing national championship teams will receive lasting recognition for achieving success at the highest level through this wonderful plaza."

For Director of Athletics Bill Battle, the plaza is equal part honor and inspiration.

"Sarah, you, Patrick, Mic and Jay have set a high standard in your sports for all of our other coaches and for us as administrators who support those sports to follow," Battled said during the dedication. "Now our challenge is to continue to strive toward that championship standard."

For her part, Sarah Patterson is still humbled just to be a part of the University.

"As I said to the CBS reporter who put the microphone in front of me in 1988 and asked me what it was like to win the first national championship in a sport other than football - I am honored to be a small part of the rich history and tradition of this great University."

HALLWAY OF CHAMPIONS

Sarah Patterson is joined on the Plaza's wall of champions by three other members of the Crimson Tide's current head coaching roster, including softball coach Patrick Murphy, women's golf coach Mic Potter and men's golf coach Jay Seawell. They all have offices on the same corridor in Coleman Coliseum, causing Patterson to refer to it as "The Hall of Champions."

"As amazing as this honor is, to be able to share it with Patrick, Mic and Jay makes it all that much more special," Patterson said. "We're all up there on what I call the 'Hall of Champions,' and it's a great feeling to know that I can walk down the hall and talk through any situation with them. We're always there for each other and we're all up there working toward the same goal, day in and day out."

All four coaches, along with head football coach Nick Saban, were part of an incredible three year span that saw the Tide win eight national team titles. The gymnastics team won back-to-back titles in 2011 and 2012 while women's golf and softball won the Tide's first national titles in those sports in the spring of 2012. The men's golf team followed that up with their first national championship in the spring of 2013. The Tide football team kicked off Alabama's incredible run of titles in 2009 and followed it up with back-to-back titles of their own in 2011 and 2012. Alabama's four national championships during the 2011-12 academic year was the most by any Division I school that season.

CHAMPIONSHIP MENTORS

Among the many guests and dignitaries that were on hand for the dedication of the Sarah Patterson Champions Plaza were two women who helped mold the plaza's namesake into the women she became. Both Sarah Patterson's high school coach, Jo Childs, and college coach, Cheryl Levick, were able to join their former protege on her special day.

"Jo traveled from upstate New York to be with us and Cheryl Levick, my college coach from Slippery Rock State College, where we used to say we were 'a jock from the rock.' They are such blessings in my life," Patterson said. "To have them both able to be there made the day that much more special."

It was a happy accident that Levick was able to be hand for the ceremony. Now the athletic director at Georgia State University, her football team was set play Alabama the next day in the Crimson Tide's homecoming game.

It was Levick who encouraged Patterson to go for her dreams and pursue the Alabama job right after graduating from Slippery Rock, making possible the tradition of excellence and legacy of champions that Sarah and David Patterson would go on to create.

"Both Jo and Cheryl had such an impact on me while I was growing up," Patterson said. "I certainly wouldn't be where I am today without them."

BACKSTREET BOYS CONFIRMATION

Even though the Sarah Patterson Champions Plaza was being built throughout the past nine months right outside her office window, it didn't quite sink in until later. It wasn't seeing the bronzed likeness, the accomplishments chiseled into stone, or even the façade proudly bearing her name. Instead, the moment that the Crimson Tide's gymnastics coach began to fully understand what it really meant to be honored with the Sarah Patterson Champions Plaza occurred when she was walking by it along with legendary boy band the Backstreet Boys.

It was August and the musicians had just enjoyed a tour of the football facilities hours prior to performing a concert at the Tuscaloosa Amphitheater, when Patterson invited them to visit the gymnastics team in their recently revamped facilities at Coleman Coliseum. While heading back outside, one of them saw the engraved sign with her name on it and put two and two together, saying something like, "Hey you guys, that's her!"

Patterson, who has won six national titles, didn't know how to react to being, as the band might put it, "Larger than life."

"What it showed me was that people take and look at it in a different way," she said. "The Backstreet Boys, that's the moment I realized that 'Oh yeah, this is going to happen on more than one occasion.'"

PATTERSON HONORS

Having the Crimson Tide's Champions Plaza named for her is just the latest honor in Sarah Patterson's legendary Alabama career. During her 35 years at the Capstone, the four-time national coach of the year has accumulated enough accolades to fill a book, but there are a handful that stand out.

"I have been fortunate through my career to be honored for what David and I have achieved here at Alabama," Patterson said. "Each award is special, and each represents a different facet of what we've been able to accomplish."

TUSCALOOSA COUNTY CITIZEN OF THE YEAR – 2013

When Sarah Patterson was honored in April 2013 as the Tuscaloosa County Citizen of the Year by the Tuscaloosa Civitan Club and the Chamber of Commerce of West Alabama, she was quick to share the credit.

"While it bears my name, there is no doubt that this award honors the work that David and I, and everyone associated with the Alabama Gymnastics program have done in the community over the past 35 years. I am grateful to the Civitans for this honor and to everyone who has helped make a difference in our community through the years."

AMANDA GRACE TAYLOR WATSON DISTINCTIVE IMAGE AWARD – 2013

When Sarah Patterson received the Amanda Grace Taylor Watson Distinctive Image Award from the Capstone Men and Women prior to a practice in the spring of 2013, it came as a surprise.

The award is usually given during the University of Alabama's Honors Day, but Patterson and the Crimson Tide were preparing for the NCAA Tuscaloosa Regional Championships.

Upon learning that Patterson would not be present at the Honors Day ceremonies, the Capstone Men and Women decided to surprise the long-time coach with the accolade with her team and staff looking on.

"I was completely surprised when the Capstone Men and Women came into the practice gym," Patterson said. "I thought maybe it was something for one of our ladies. Needless to say I am extremely honored and humbled by this award and all that it represents."

The award is awarded annually by the UA Capstone Men and Women organization. The award, named in memory of former Capstone Woman Amanda Grace Taylor Watson, is given to persons who exemplify the essence of the University in all aspects of life.

PATTERSON A-CLUB SCHOLARSHIP – 2011

Prior to the 2011 Alabama-Auburn gymnastics meet, the A-Club, UA's letterwinners organization, announced the establishment of the Sarah Patterson A-Club Scholarship.

Several members of the A-Club Executive Committee, including former gymnast Patti Rice Eggers, were on hand for the meet to present a check for $50,000, representing the A-Club's initial donation to the scholarship. The A-Club's goal is to raise funds to the fully-endowed amount of $300,000.

Naming the scholarship in Patterson's honor was the idea of Ken Wilder, current president of the A-Club. Wilder's motion was approved unanimously in a meeting of the A-Club Executive Committee.

"The A-Club named this scholarship in Coach Patterson's honor because of her long history with the gymnastics program and her tremendous accomplishments as our head coach," Wilder, who lettered in football at the Capstone during the 1960s, said. "Sarah has been such a great asset to our athletics department and to the University. She is the last coach that Coach (Paul) Bryant hired. Obviously it's turned out to be a great hire."

ALABAMA HOSPITAL ASSOCIATION'S SPECIAL CITATION – 2010

Sarah Patterson and David DeSantis, co-owner and general manager of Tuscaloosa Toyota, were honored in June of 2010 by the Alabama Hospital Association (AlaHA) with its Special Citation Award.

Patterson and DeSantis were honored for their work with the Crimson Tide's Power of Pink initiative, which has raised more than $1.46 million for the DCH Breast Cancer Fund.

The duo received the award at the annual DCH Leadership Forum during which Angel Pittman Burnett, a former club gymnast who succumbed to cancer in October 2009, was honored.

"This is such an unexpected and wonderful honor," Patterson said. "But I don't think there's any doubt that David and I, and everyone involved in the Power of Pink, are inspired and driven to do what we do by people like Angel. She gives focus to all we are trying to accomplish."

USAG REGION 8 HALL OF FAME – 2009

When Sarah Patterson was inducted into the USA Gymnastics Region 8 Hall of Fame it was an honor that touched on her entire coaching career.

"David and I have spent our entire professional careers in Region 8 as club and college coaches," she said. "The relationships we've developed over the past 30 years have been pivotal in our careers and our personal life."

SAYERS DISTINGUISHED SERVICE AWARD – 2007

Sarah Patterson was stunned when she first found out that she was to receive the E. Roger Sayers Distinguished Service Award, absolutely floored.

"Never in my wildest dreams did I ever think I'd be nominated, much less be the recipient of the Sayers Award," Patterson said. "That's right up there with being selected to the Alabama Sports Hall of Fame "

Created in 1996 by members of the President's Cabinet and the National Alumni Association, the E. Roger Sayers Distinguished Service Award recognizes faculty and exempt administrative personnel who have performed in an exemplary manner to further the mission of the University. It is one of the highest honors bestowed by the University.

"I have a tremendous amount of respect for Dr. Sayers and what he meant to the University," Patterson said. "One of my most memorable moments from any of our championships is of him holding the championship trophy up in one hand and having a look of such satisfaction as he presented it to the team. I have that picture in my office and it is one of my most prized possessions. He had such a sincere appreciation for what we had accomplished and that meant the world to me."

ALABAMA SPORTS HALL OF FAME – 2003

As far as the Alabama Sports Hall of Fame goes, it came sooner than Sarah Patterson thought it would. To be honest, she wasn't sure it would ever happen.

"I thought that if I ever did make it, it would be long after my career was over and you'd have to push me up in my wheelchair," Sarah Patterson said with a laugh.

But her induction into the Alabama Sports Hall of Fame came sooner rather than later. Sarah and David Patterson were in the midst of their 25th season coaching the Crimson Tide when the induction ceremony rolled around on March 8, 2003.

"For me, the most important thing to understand is that while it's my name on the plaque, this honor is David's and mine together," she said. "Because everything we've been able to accomplish over the past 25 years, we've done together."

Accompanied by family, friends and supporters, the Pattersons traveled to Birmingham for the induction ceremony where they were surrounded by living reminders of just how much they have accomplished over the years. Many of their former gymnasts made the trip from all over the country for the induction banquet.

"To our student-athletes, past and present, you are the reason I continue to coach," Patterson said during her induction speech. "To see you grow and mature into confident, successful young women – doctors, lawyers, businesswomen and mothers – I stand in awe of your accomplishments in life and feel honored that David and I have been a small part of your success."

Patterson also thanked her staff, both past and present, making special mention of current assistant coach Bryan Raschilla, past assistants Marc Cohen and Scott Mackall, and long-time administrative assistant Rita Martin.

Among the legends in the hall, Patterson is both worthy and unique. In the history of the ASHoF, among its hundreds of inductees, Patterson is both the first coach of a women's sport and the first female coach. She became only the sixth woman to gain entrance to the Alabama Sports Hall of Fame.

ANOTHER HOMECOMING CEREMONY FOR THE PATTERSON FAMILY

Trips to midfield of Bryant-Denny Stadium during halftime of a University of Alabama football game are a fairly common occurrence for the Patterson family. As winners of six NCAA and seven Southeastern Conference Championships since 1998, Sarah and David Patterson have made the trip frequently to receive the rings that signify those championships. The Pattersons' daughter Jordan has also made a trip to midfield to receive both NCAA and SEC Championship rings as a member of the Alabama softball team where the entire family - Sarah, David, their daughter Jessie and her husband Brett celebrated on the sidelines along with Jordan and her teammates.

But in the fall of 2013, just a day after the dedication of the Sarah Patterson Champions Plaza, Sarah and Jessie were at midfield cheering on Jordan as David escorted her out onto to the field as a member of the UA Homecoming Court.

"It was such an incredible moment," Sarah Patterson said. "To watch Jordan and David standing there with the other members of the court ... I was just so proud."

Jordan was nominated to the Homecoming Court ballot by her fellow student-athletes, a tremendous honor in itself, but she was then elected to the court by a vote of the overall student body.

A tremendous honor for Jordan, this fall also continued a Patterson tradition of sorts. Sarah Patterson served as Grand Marshal of the 2012 Homecoming Parade along with Jordan's coach Patrick Murphy.

For David Patterson, this was actually his third time to serve as an escort for a member of the Homecoming Court. In the fall of 1996, David was recovering from surgery related to kidney cancer and missed Alabama's trip to midfield to their NCAA Championship rings earned the previous spring. When Meredith Willard became the first UA gymnast to earn a place on the Homecoming Court, she asked David to accompany her to make up for the ceremony he missed.

"David had just come home from the hospital and was still recovering," Sarah Patterson said. "Meredith wanted him to have that moment in the sun since he couldn't join us earlier in the fall. It was such a sweet moment and a wonderful part of his full recovery."

David also escorted NCAA Champion Morgan Dennis to midfield after she earned a place on the 2009 Homecoming Court as a write-in candidate.

2013 NCAA VAULT CHAMPION DIANDRA MILLINER

In the very first vault of her freshman year, just days after joining the Crimson Tide in January for the spring semester, Diandra Milliner raced down the runway, hit the table, soared through the air and nailed her landing. The crowd roared and Sarah Patterson threw her hands in the air in excitement.

"I thought it was flawless," Patterson said. "Just a beautiful vault."

One of the judges gave the rookie a 9.9 and Milliner's career as the anchor of Alabama's powerful vault lineup was off and running. She would go on to spark the Crimson Tide to the 2011 NCAA and Southeastern Conference Championships, turning in a series of amazing vaults in the process.

As a sophomore, in the second home meet of the 2012 season, she turned another soaring vault, again nailing the landing, and this time, the judges saw perfection, awarding the Wichita, Kan., native a 10.0. Later that season, she led Alabama to its second consecutive NCAA Team Championship and sixth overall, finishing the season as the NCAA Runner-up on the vault.

As a junior, Milliner took that individual silver finish on the vault at the NCAA Championships and turned it into gold.

In front of a six-judge panel, with all scores being averaged, she once again raced down the runway at Pauley Pavilion on the UCLA campus, hit the table, soared into the air, traveling high and far, before nailing her landing.

The judges scored it a 9.925 which was good for the win and Alabama's 24th individual NCAA Championship.

"Diandra has been vaulting like that since her very first meet as a freshman," Sarah Patterson said. "She came so close to winning this title last year, I was thrilled to see her come away with the national title."

Milliner also took second on the floor exercise during the 2013 NCAA Individual Event Finals, marking the third year in a row that an Alabama gymnast has finished either first or second on the floor at the national championships.

Milliner's title was the fourth NCAA vault championship and the first since Ashley Miles won three in 2003, 2004 and 2006.

At halftime of the Alabama-Mississippi football game, Milliner was joined at midfield Sarah Patterson in front of 101,821 fans as she received her national championship pendant from UA Director of Athletics Bill Battle.

ASHLEY PRIESS' AMAZING CRIMSON TIDE CAREER

Ashley Priess finished off her Alabama gymnastics career as a 10-time All-American and a four-year Scholastic All-American. She was a member of the Crimson Tide's 2011 and 2012 NCAA Championship teams as well as its 2009 and 2011 Southeastern Conference Championship teams. She was the first UA gymnast to earn an undergraduate degree while still competing after graduating with a bachelor's in December 2011 and she finished her graduate degree in the summer of 2013 just after leading Alabama to a third-place finish at the NCAA Championships.

A three-time captain of the gymnastics team, she also served president of UA's Student-Athlete Advisory Committee as a senior.

In 2013, she earned the athletics department's Paul W. Bryant Student-Athlete award, which goes to the Tide's top scholar-athlete and was the first Alabama gymnast to earn the team's Lewis Each Courage Award twice in a career. The winner of an NCAA Postgraduate Scholarship, Priess plans to pursue a doctorate in leadership studies.

If that list of accomplishments captured her Alabama career completely, then Priess' invitation to the 2013 NCAA Woman of the Year Banquet, held in Indianapolis, Ind., in October, would have been virtually assured.

But Priess' career was much more than the sum total of her awards and the trophies that went with such success. Her story is one of perseverance in the face of every obstacle, of triumph and challenges, leadership and grace, comebacks and championships.

All that combined is why Alabama forwarded Priess' name to the SEC and why the league selected Priess as its nominee to the NCAA Woman of the Year national ballot. It is also why she was selected as one of the 10 NCAA Division I finalists for the award and was one of 30 women across all NCAA Divisions who were honored at the annual banquet.

"These women are so impressive, all true champions in their own right and there is no doubt that Ashley earned her place among them," Patterson said after the banquet. "As a scholar, an athlete and a leader, she was simply amazing. She was a difference maker for our program in so many ways and I couldn't be prouder of everything that she accomplished."

Through her first two seasons at Alabama, Priess was virtually unstoppable. She earned five-All-American honors and led the Tide to the 2009 SEC Championship, a second place NCAA finish in 2009 and a third place finish in 2010 as well as pair of regional titles. It was during her second NCAA Championship in 2010 that one of her ankles, already fragile, was crunched during the vault rotation of the Super Six Team Finals. Through shear force of will she finished out the night with a 9.95 on the balance beam, securing the Tide's top-3 finish.

After the championships it became apparent that she would need surgery, not just on the injured ankle, but to clean up problems old and new in both ankles. Though she hoped to come back, worked to come back, wanted to come back, those surgeries sidelined her for the entire 2011 season, meaning she could only cheer from the sidelines as her teammates won Alabama's fifth NCAA title.

In the aftermath of the 2011 championships, Priess rededicated herself to her comeback and by the time the first meet of the 2012 season rolled around, she was ready.

At the 2013 NCAA Woman of the Year Banquet – 1. Ashley Priess with her parents Linda and Mel; 2. Priess with CBS reporter and the banquet's host, Tracy Wolfson; 3. Priess with UA instructor Ellen Pate and academic advisor Fern Hampton.

ALABAMA GYMNASTICS AND THE WOMAN OF THE YEAR

When Ashley Priess was announced as the Southeastern Conference's nominee for the 2013 NCAA Woman of the Year award, she added her name to the proud tradition Alabama gymnastics possesses when it comes to the NCAA Woman of the Year, becoming the 10th member of the Crimson Tide to be honored by the program.

The award was originally selected on a state basis with the field narrowed to 10 finalists prior to the overall Woman of the Year being announced. Under that system, the Tide had nine student-athletes earn state honors including four that went on to be finalists including Meredith Willard (1997), Merritt Booth (1998), Kristin Sterner (2003) and Michelle Reeser (2005). The Tide's state winners were Katherine Kelleher (1992), Dana Dobransky (1993), Lexa Evans (2000), Andreé Pickens (2002) and Stephanie Kite (2004).

"I'm extremely proud of the tradition that the University of Alabama has when it comes to this award and the place that our gymnastics team has within that legacy," Patterson said.

In recent years, the award has been selected by schools nominating student-athletes to their conference and conferences forwarding nominees to the national committee. Alabama student-athletes have been the Southeastern Conference's nominee three times in the last four years with Priess joining golfer Brooke Pancake (2012) and softball player Brittany Rogers (2010).

At the end of the 2011 NCAA Championships, Priess watched from the sidelines as Kayla Hoffman sealed the Tide's national title. A year later, she was standing on the podium next to the balance beam in Duluth, Ga., the meet's last competitor, waiting to salute the judges and compete for a championship.

She needed a 9.875 to tie the Florida Gators for the title, anything better would win. Priess worked through her routine as she had a 1,000 times before, and with the hopes and dreams of her gymnastics family on the line, she scored a 9.95 to carry Alabama to its second NCAA Championship in a row and sixth overall.

The photo from that moment is iconic - Priess with her head and arms thrown back and her feet drilled to the mats, a leader and a champion, her comeback complete. She could have finished it there, with that Cinderella moment. She had her degree, she had her comeback, she had it all, and yet she wasn't quite through.

"Ashley could have finished her career with that perfect moment in 2012, but she chose to return for one more season with her teammates," Patterson said. "Through all she's experienced and overcome, she's turned into an amazing leader, one who has used the challenges she's been through to benefit her teammates."

Priess closed out her competitive career in 2013 by leading her teammates to yet another top-3 national finish, the fifth of her career. She again earned All-American and Scholastic All-American honors along with a slew of other individual accolades, but in the end, her final year was not about those things.

"I could have been done after 2012 and had that amazing finish, but I wanted to take this journey one more time with these girls," Priess said. "It wasn't about winning another championship or anything else but the opportunity to share this amazing experience with my gymnastics family just one more time."

A VERY CROWDED HOUSE: ALABAMA GYMNASTICS FANS

For Alabama gymnasts, competing at home is electrifying. Marching into Coleman Coliseum, hearing their names called one by one as 13,000-plus fans roar their approval – it is an experience like no other.

"Our ladies have worked, for some since they were four and five years old, in relative obscurity," Sarah Patterson said. "They don't get near the recognition during their club careers, even at the Elite level, that they will here. I think the recognition they get here is one of the nicer aspects of their careers."

In 2013, on the way to its fifth consecutive top-3 NCAA championship finish, the Crimson Tide was once again among the national leaders when it comes to women's athletics attendance.

Alabama, which averaged 13,422 fans per meet, was ranked second nationally in 2013, standing alongside Tennessee basketball and Utah gymnastics as the only women's programs to draw more than 10,000 fans per event. It was the Tide's second-highest average in school history.

Patterson takes a great deal of pride not only in the number of fans her program draws year-in and year-out, but the type of fans who come to see her gymnasts compete.

"Our fans are truly amazing," Patterson said. "They are so enthusiastic, knowledgeable and supportive; they are constantly lifting our ladies to new heights. They are without a doubt the best fans in the country."

In 2013, the Tide once again led all Southeastern Conference gymnastics teams, averaging 4,500 more fans per meet than Georgia and 7,500 more than Florida. The Tide was also No. 1 among all SEC women's programs, more than 2,000 fans per contest ahead of Tennessee basketball.

All five of Alabama's home meets in 2013 drew more than 11,000 fans. Alabama's meet against Kentucky was the largest gymnastics crowd in the nation in 2013 and marked the Tide's 10th sellout since 1997 and ninth in the past eight years.

The Tide's 2013 turnout was nothing new when it came to crowding Coleman Coliseum. It was the 10th year in a row that the Tide has averaged more than 10,000 fans per meet, a stretch that includes a school and SEC record 13,786 fans per meet in 2010. During that span, Alabama made history in 2008 when it became the first school in gymnastics history to draw two crowds of over 15,000 fans in a single season. In 2006, Alabama set a school and Southeastern Conference single-meet record of 15,162.

"Our fans love when we win," Patterson said. "And they love when we bring home championships, but they are just as appreciative of our success in other areas as well. The fans appreciate the type of people who are involved in the program, the emphasis on community involvement and academics; it's the total package. That's why people support us."

That appreciation is a two-way street. Alabama gymnasts are mindful of how great their fan base is. It is one factor that draws athletes to the Tide.

"Our crowds are so special and you really can't replicate it anywhere else," 2011 Honda Award winner Kayla Hoffman said. "It's just an amazing feeling. We have amazing fans and an electrifying atmosphere. I definitely miss running out and feeling like you were a part of something great."

Outstanding fan support can push a good team to greatness and a great team to championships, a fact clearly exemplified by the Alabama gymnastics program. The Crimson Tide has won three NCAA championships at home in front of some of the biggest crowds in NCAA history.

The journey from Alabama's inaugural meet in 1975 to the packed houses of the past dozen years has been a long one. Success in terms of "box office totals" came gradually, built by each generation of Alabama gymnasts

"I remember in the early days, looking up into the stands between rotations and being able to count the crowd . . . easily," Patterson said. "But we worked at it, every year, in ways big and small. It was important to us not only to have a great team, but that people see that team as well."

The fan support shown the Alabama gymnastics team not only heralds the program's success, it sparks that success.

"The crowd can elevate your performance another notch, to a level above where it has been," Patterson said. "We have used that in a lot of different respects. I like the type of crowd we have. I think they've become extremely educated in the sport of gymnastics, and they continue to get better every year."

2012-13 NCAA WOMEN'S HOME ATTENDANCE LEADERS

Rank	Team	Sport	Average Attendance
1.	Utah	Gymnastics	14,349
2.	**Alabama**	**Gymnastics**	**13,422**
3.	Tennessee	Basketball	11,390
4.	Iowa State	Basketball	9,970
5.	Louisville	Basketball	9,358

2012-13 SEC WOMEN'S HOME ATTENDANCE LEADERS

Rank	Team	Sport	Average Attendance
1.	**Alabama**	**Gymnastics**	**13,422**
2.	Tennessee	Basketball	11,390
3.	Georgia	Gymnastics	8,721
4.	Kentucky	Basketball	6,144
5.	Florida	Gymnastics	5,653

ALABAMA'S YEARLY HOME ATTENDANCE AVERAGES

1.	13,786	2010
2.	**13,422**	**2013**
3.	12,827	2012
4.	12,730	2011
5.	12,578	2006
6.	12,141	2008
7.	11,284	2007
8.	10,570	2005
9.	10,484	2009
10.	10,301	1997
11.	10,274	2004
12.	9,815	1998
13.	9,510	2000
14.	9,427	1999
15.	9,301	1996
16.	8,983	2002
17.	8,496	2001
18.	8,120	2003

ALABAMA GYMNASTICS, SOLD OUT!

More than 50 times since 1995, crowds of more than 10,000 fans have poured into Coleman Coliseum to cheer on the Crimson Tide gymnastics team. But filling the Coliseum all the way to the top, without a seat to be had? At Alabama that has happened an amazing 10 times since 1997 and nine times in the past eight years, including the 2013 meet against Kentucky.

Long one of the top draws in women's athletics, Alabama gymnastics had its first sellout in 1997 when a then-capacity 15,043 fans crammed the Coliseum on Feb. 1 for the Alabama-Georgia meet.

"That was one of the most memorable moments of our career," Sarah Patterson said. "I remember people calling and saying they're still parking out at DCH (Medical Center a half mile away) and not to start the meet yet and there's still people in the lobby and they haven't gotten in yet. When they were singing the National Anthem, I was looking up in the stands and I realized all these seats are full. There are over 15,000 people here to see Alabama gymnastics and to see these truly amazing female athletes."

In 2006, the Crimson Tide opened its home season in the newly renovated Coleman Coliseum versus the Florida Gators. Both teams were wearing pink for the second annual Power of Pink meet, to raise awareness for the fight against breast cancer. Patterson had asked the Tide fans to wear pink and they responded in force.

Before the end of warm-ups word came down, the meet was a sellout, the first for any sport since the Coliseum renovation, and there was a new SEC and Alabama record when a standing room-only crowd of 15,162 filled the arena.

"Tonight was the result of a lot of long, hard work," Patterson said at the time. "More than just the sellout crowd though was the support for the cause. Tonight if one woman helps herself or a loved one, then all our work will be worthwhile."

The Crimson Tide reached another amazing milestone in 2008 when it sold out back-to-back meets, drawing 15,075 fans for the Georgia and Arkansas meets.

"It is such a tremendous sight, to see 15,000 fans fill up Coleman Coliseum and to hear them cheering our ladies on," Patterson said. "But to have that happen twice in one year was truly amazing and one of the great highlights of my career."

NOTEWORTHY ATTENDANCE FIGURES

- Alabama sold out Coleman Coliseum for the 10th time in school history and for the ninth time in the past eight years on Jan. 25, 2013, against Kentucky.
- The 15,075 fans that filled Coleman Coliseum for the Jan. 25 meet against Kentucky stands as the largest crowd in the nation in 2013. It marks the ninth time since 1997 that Alabama has had the largest single-meet attendance in the nation.
- Alabama's crowd of 14,570 against Auburn on Feb. 15, 2013, is the largest attendance UA has had that hasn't reached capacity of 15,075. Overall it is the 11th largest crowd in school history.
- Alabama averaged 13,244 fans per meet in 2013, the second-highest average in program history and the second-highest in all of women's collegiate athletics during the 2012-13 academic year.
- Alabama has drawn crowds of 10,000-plus 51 times since first breaking the 10,000 barrier on March 4, 1995, when 12,021 fans flooded Coleman Coliseum for the Tide's meet against Georgia. The Tide hit the 50 mark with 11,775 against UCLA on March 1, 2013.
- Alabama set the school and Southeastern Conference single-season attendance record of 13,786 fans per meet in 2010.
- Alabama drew a school and SEC record 15,162 fans for its Jan. 20, 2006, meet against Florida.
- Only two schools, Alabama and Utah, have produced crowds of 15,000-plus. Over the past 15 years, Alabama has led the way with 10 of the 15 crowds over 15,000.
- The Tide's meets against Georgia and Arkansas in 2008 marked the first time in collegiate gymnastics history that a program drew over 15,000 fans to two different meets in the same season.
- Alabama holds the 40 largest single-meet attendance marks in SEC history.
- Alabama has averaged more than 10,000 fans per meet in 10 different seasons, including five when the Crimson Tide averaged over 12,000.

ALABAMA GYMNASTICS COLEMAN COLISEUM SELLOUTS

1.	15,043	vs. Georgia	2-1-97
2.	15,162	vs. Florida	1-20-06
3.	15,075	vs. Auburn	1-26-07
4.	15,075	vs. Georgia	2-1-08
5.	15,075	vs. Arkansas	2-8-08
6.	15,075	vs. Auburn	2-27-09
7.	15,075	vs. Arizona	2-19-10
8.	15,075	vs. Auburn	2-11-11
9.	15,075	vs. Arkansas	2-17-12
10.	15,075	vs. Kentucky	1-25-13

ALABAMA GYMNASTICS FACILITIES

Whether for practice, competition or the time in between, the Alabama gymnastics program utilizes some of the finest athletics facilities in the nation and those facilities continue to get better all the time.

THE FRANCES SMITH PRACTICE FACILITY

Long one of the most spacious and well-designed training gyms in the nation, the Frances Smith Gymnastics Practice Facility was revitalized during the summer of 2012, giving it a new look that included all new crimson matting among other amenities.

"Since we moved in after the 1996 season, our facility has been one of the best in the nation, but this summer's renovations really took it to a new level," Sarah Patterson said. "When you step inside, you're in a facility worthy of champions."

The new look includes reminders of the Crimson Tide's rich championship heritage, highlighted by larger-than-life murals of the Tide's 2012 NCAA championship team and the 2011 Southeastern Conference championship team, as well as several Alabama legends.

The passageway that leads from the gym also features seven images that are highlighted by words that define Crimson Tide gymnastics tradition of excellence.

"As we were preparing for this renovation, we asked our alumni to help us come up with words that define what Alabama gymnastics is all about," Sarah Patterson said. "We were able to incorporate the seven words that they came up with – tradition, family, excellence, heart, service, champions and leadership – throughout our facilities. I think it's one of the more meaningful testaments to what our program stands for."

The Tide's team suite also received some upgrades during 2012, including new hot and cold therapy tubs in the gymnastics training room.

"Expanding our training room's therapy room to include both hot and cold tubs is one of those things that will pay immediate dividends in terms of helping our ladies recover after practices," Sarah Patterson said. "It's just another way we can help them be the best that they can be."

All aspects of the complex come together in a marriage of form and function that gives Alabama a training edge. That is important to the coaching staff, which spent countless hours in designing the 12,500 square-foot gym, but the most important aspect of the space isn't readily apparent to the casual observer.

"Our facility was designed to totally minimize and alleviate impact on the gymnasts," Sarah Patterson said. "Not only is it a beautiful facility, but if you look closely you will notice that it was designed with the gymnasts' bodies in mind."

Multiple soft landing pits are available for all four apparatus, giving the Tide the freedom to train skills in enhanced safety. That setup also gives Alabama the capability of teaching a variety of skills at the same time.

"We have the equipment and space to choose how we want to run practice," David Patterson said. "We can split into two or three groups or we can all be on one event if we are having an intra-squad. It gives us the freedom to do that or to have everyone on four different events at the same time. We have the room and the staff to do that and be effective with it. Also, we put enough diverse things into the design of the facility where it is very helpful in terms of teaching new skills."

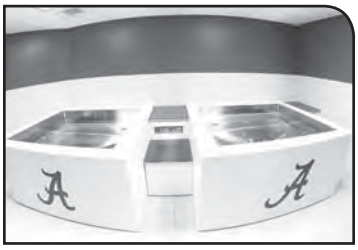
The main practice area includes an in-ground trampoline and tumbling strips. The sound system that drives the Tide's practices is top-notch, surrounding the floor exercise area with the same level of sound Alabama will encounter in a meet setting.

The practice gym also includes a state-of-the-art video analysis system, provided by the Tide's booster organization, The Medalist Club.

"It is an unbelievable tool in the gym," Bryan Raschilla said. "It's like having three extra coaches."

The system has several playback and analysis options that are in use every day in practice, allowing the coaches to provide instant feedback on a routine. Having three complete systems in the gym running at all times allows the coaches and gymnasts constant analysis. The system also helps compress the time it takes to make a change to a skill or routine, allowing the gymnasts to get more out of each practice.

"The video system is a huge help for us," 10-time All-American Ashley Priess said. "It allows you to



make corrections quicker, which ultimately helps you improve faster and more efficiently."

In addition to a variety of playback options, the coaches can also compare and contrast routines using a variety of tools within the Dartfish Pro software.

"If we really want to get in-depth and break down technique and skills, we can use the system's SimulCam and StroMotion features which were both used at the Olympic Games," Raschilla said.

The video system is just the newest technical addition to Alabama's state-of-the-art training facility, which is part of the Coliseum annex completed in 1996. The main practice space boasts a design that is at once attractive and extremely functional. The equipment is all arranged to make the flow of practice extremely fluid. There are five uneven bars stations, six balance beams, two vaults and an oversized floor in place.

A separate 2,000 square-foot aerobics/dance studio is connected to the main practice area and includes the Tide's cardio equipment as well as a separate sound system that is utilized during its workouts.

In addition to a fully equipped training room, the Tide's team suite includes the locker room as well as a team room that includes study and computer stations and a meeting space.

"Our goal is to always ensure that our ladies have everything that they need to be successful and our team suite is part of that commitment," Sarah Patterson said. "From a study area and team meeting room to having a training room positioned between our practice gym and competition arena, our facilities are amazing."

COLEMAN COLISEUM

There are few atmospheres better in collegiate athletics than a gymnastics Friday night in Coleman Coliseum – from the roar of the crowd when Alabama marches in through the last routine. That atmosphere has only improved over the past several years, following major upgrades to the main arena of Coleman Coliseum aimed at enhancing the meet-day atmosphere. The new amenities feature an array of state-of-the-art video boards, including a center-hung display that features four massive, high-definition video panels flanked by two video rings. The entire unit weighs more than 12,000 pounds. The center display is accompanied by a pair of video and stat displays on each end of the facility.

The latest enhancements also include more floor seating for the fans, bringing the crowd closer than ever to the action.

Coleman Coliseum saw its greatest transformation prior to the 2006 season, when the entire facility was updated in grand fashion. Behind a bold modernized facade, the interior lobbies and concourses were expanded and upgraded. In the main seating area, 15,000-plus seats, all theater style, welcome gymnastics crowds along with a 6,400 square-foot club area along the east side of the arena.

All these amenities enhance Coleman Coliseum's reputation as one of the best places in the nation to watch gymnastics. Since the gymnastics team began competing in the Coliseum in the late 1980s, Alabama has hosted some of the biggest gymnastics meets in the country, including the 1991, 1996 and 2002 NCAA championships and the 1988, 1993 and 1999 SEC Championships. The Tide hosted its 13th NCAA Regional Championship in the spring of 2013.

The Coliseum also houses the gymnastics coaches office suite, which was renovated during the summer of 2012 to highlight a championship legacy that includes six national championships, seven SEC titles as well as countless individual accolades. In addition to the coaches offices, the suite includes a conference room and a workroom as well as offices for gymnastics' administrative staff.

The overall renovation to the Tide's athletic facilities, which entailed a more than $200 million capital building campaign, also included a new strength and conditioning center and an athletic training center that is among the nation's very best. Both facilities are located in the Mal Moore Athletic Facility, adjacent to Coleman Coliseum.

Another aspect of the athletics department's building campaign over the past decade that has paid huge dividends is the Bill Battle Academic Center at Paul W. Bryant Hall, one of the finest academic centers in the nation, which opened in 2005 (for more on Bryant Hall, see page 22).

CLASSROOM SUCCESS

The University of Alabama is one of the nation's top scholastic institutions and the Crimson Tide gymnastics program is among those leading the charge of academic excellence, earning countless honors and continually producing outstanding results in the classroom.

The Tide's tremendous success is in direct correlation to the level of importance the coaching staff puts on academics. Priority one at Alabama is a great education that will catapult Tide gymnasts into exciting futures.

"From the day we begin recruiting an athlete to the day she walks across the stage at graduation, we stress academics as the most important aspect of her experience here at Alabama," Sarah Patterson said. "I want our ladies to win national championships and I want them to break records, but first and foremost I want them to do the best they can in the classroom."

The emphasis the coaching staff puts on academics has paid huge dividends. On its way to winning back-to-back NCAA championships in 2011 and 2012, Alabama posted two of its highest team grade point averages in school history, a school record 3.71 in 2011 and a 3.55 in 2012. Over that two-year span, Alabama gymnasts earned 27 Scholastic All-America honors while every member of the team posted over a 3.1 GPA.

The Tide's academic prowess is nothing new. Alabama gymnasts have earned 15 NCAA and 10 Southeastern Conference postgraduate scholarships since 1983, with both totals leading all gymnastics programs on the national and conference levels. Additionally, three Alabama gymnasts have been named the H. Boyd McWhorter Scholar Athlete of the Year, the SEC's most coveted academic honor. The McWhorter is bestowed on the conference's top senior student-athlete, regardless of sport and carries with it a $15,000 scholarship that can be applied to the graduate program of the recipient's choice.

While the Tide has built a sparkling reputation in the academic arena, it is not just a case of letting a squad of naturally academically-talented athletes loose in the classroom.

"Many of our athletes are what I would consider average students, and yet they continue to perform at above-average levels, and that is what I am most proud of," Patterson said. "There's a misconception, I think, that all these young ladies have a great deal of natural ability. They're all bright young women, but I attribute our success to the fact that they come in here knowing that school comes first. They know we feel that way, and they take the support system, which is second to none, and they surround themselves with it and work within that system. That's why we do so well. If the same student came in here and worked the same amount of time, but didn't use the support system, I don't think her grades would be as good."

In fact, some of Alabama's greatest success stories involve student-athletes that came in as at-risk students. Through a combination of their own hard work, unflagging support from the coaching staff and the resources Alabama put at their disposal, they were able to graduate. They then went on to careers that might not have been possible without the education they received at the Capstone.

Once a prospective student-athlete signs, it is up to her how successful she is academically. But because of Alabama's Center for Athletic Student Services and the commitment of its coaches, every opportunity for success is there for the taking.

ACADEMIC EXCELLENCE

Always a source of pride, Alabama gymnastics' academic excellence has hit an impressive stride over the past 25 years, providing some truly awe-inspiring results.

- Over the past decade, Alabama has been a fixture at the top nationally in team grade point average among all gymnastics programs. The Crimson Tide has been especially sharp in its NCAA championship seasons – posting a 3.5 or better team GPA in 2012, 2011, 2002 and 1988 and above a 3.0 in all six national championship seasons.
- After the 2002 NCAA Champions posted an Alabama record 3.6 team GPA, the Tide would go on to better that mark in 2011 with a 3.71.
- Alabama gymnasts have earned 15 NCAA Postgraduate Scholarships, more than any other gymnastics program in the nation.
- 10 Crimson Tide gymnasts have earned SEC Postgraduate Scholarships, more than any other gymnastics program in the SEC.
- Three Alabama gymnasts, Kristin Sterner, Meredith Willard and Julie Estin, have earned the H. Boyd McWhorter SEC Scholar-Athlete of the Year, presented annually to the top student in the league.
- The Tide earned a program-record 14 Scholastic All-America honors in 2011 and followed that with 13 honors in both 2012 and 2013.
- Alabama has earned 189 Scholastic All-America honors since the award's inception in 1991, averaging nearly 10 honors a year over the past decade.
- The Tide's 17 SEC Academic Honor Roll accolades in 2012 is the league record for a single year.
- Alabama has earned SEC Academic Honor Roll honors 262 times since the award was first given out in 1984, more than two dozen better than the rest of the league. That total includes 16 in 2013 and an average of 12 honors per year since 2000.
- Alabama has averaged over a 3.0 team GPA for the past 19 years in a row.

ALABAMA GYMNASTICS: A PERFECT 4-FOR-4 IN NCAA ELITE 89 AWARDS

In 2013, All-American Kim Jacob became the third Alabama gymnast to win the NCAA Elite 89 Award. She earned the Crimson Tide's fourth Elite 89 trophy with a perfect 4.0 grade point average while pursuing a degree in exercise science.

All-American Rachel Terry became the first gymnast to win two NCAA Elite 89 Awards (2011 and 2012).

All-American Kassi Price earned the inaugural NCAA Elite 89 Award in 2010.

Instituted prior to the 2010 season, the NCAA Elite 89 Award recognizes the student athlete with the highest cumulative grade point average who has reached the competition at the finals site for each of the NCAA's 89 men's and women's championships across its three divisions.

When Kim Jacob was presented with the award during the NCAA Championship Banquet at Sony Studios in Los Angles, Calif., she became the third UA gymnast to earn the award and kept the Crimson Tide's streak a perfect four-for-four.

Arguably the most prestigious academic honor bestowed upon a collegiate student-athlete, Alabama gymnastics has dominated the Elite 89 like no other program. Throughout all the sports covered by the award, and over all three NCAA divisions, Alabama gymnastics is the only program to win the award in all four years of its existence.

"I think this award represents the very pinnacle of academic and athletic excellence that we all strive for in collegiate athletics," Sarah Patterson said. "And for our team to win the NCAA Elite 89 in each of its first four years is a truly extraordinary feat, and one that we are extremely proud of."

Jacob earned the award with a perfect 4.0 grade point average while majoring in exercise science. It was just the latest academic honor for the Raleigh, N.C., native who was also named the Southeastern Conference Gymnastics Scholar-Athlete of the Year by a vote of the league coaches for the second year in a row.

"Kim continues to reap the rewards of a career spent dedicated to being the very best she can be in everything she does," Patterson said. "She is the epitome of what we look for in a student-athlete at the University of Alabama and I couldn't be prouder of all she has accomplished."

All-American Kassi Price earned the inaugural award in 2010 with a perfect 4.0 GPA of her own. She was followed by Rachel Terry who won back-to-back trophies in 2011 and 2012, coinciding with the Tide's latest NCAA Championships.

Across all sports, Alabama ranks second nationally in Elite 89 honors with 10 in the award's first four years, just one behind Stanford.

DOUBLING UP ON NCAA POSTGRADUATE SCHOLARSHIP WINNERS

Ashley Priess and Ashley Sledge were integral parts of one of the most extraordinary eras in Alabama gymnastics history. They were a part of the first Crimson Tide teams to win back-to-back NCAA Championships.

The duo also broke new ground in the classroom, becoming the first UA gymnasts to finish their undergraduate degrees while still competing. Priess, a 10-time All-American, earned her undergraduate degree in December 2011 and completed her master's degree in May 2013. Sledge, a two-time All-American, finished her undergraduate degree in December 2012.

Following the Tide's third-place NCAA finish in April 2013, Priess and Sledge continued to break new ground when they were both awarded NCAA Postgraduate Scholarships. It marked the first time in the Tide's history that two of its gymnasts have won the prestigious scholarship in the same year.

"At the University of Alabama we are always striving to be the best in everything we do and I can't think of a better example of that than the success that we enjoyed both academically and athletically last season," Sarah Patterson said. "Our ladies have advanced to more NCAA Super Six Team Finals than any other school in the nation and we also lead the nation in NCAA Postgraduate Scholarships by a wide margin. There is no doubt that at Alabama, you can truly have it all."

Sledge made history of her own when she was awarded one of just 26 NCAA Ethnic Minority and Women's Enhancement Scholarships given out in 2013, making the first Alabama gymnast to earn that scholarship and the first to earn two NCAA Postgraduate Scholarships.

Overall, Alabama leads all gymnastics programs in the nation in NCAA Postgraduate Scholarships by a significant margin with 15 overall. Crimson Tide gymnasts have earned five NCAA Postgraduate Scholarships since 2010, with Kayla Hoffman (2011) and Kassi Price (2010) joining Priess and Sledge in earning the honoring. All four women were a part of the 2010 team, when Price was a senior, Hoffman a junior, Priess a sophomore and Sledge a freshman. Priess, who redshirted in 2011, is also just the second fifth-year senior in Alabama gymnastics history.

NCAA & SEC POSTGRADUATE SCHOLARSHIP WINNERS

One of the most coveted and difficult to acquire national honors available to collegiate athletes, the NCAA Postgraduate Scholarship is awarded to athletes in their final year of competition who have performed with distinction both athletically and academically. Some programs never have an athlete receive the scholarship, while Alabama gymnastics has produced 15 NCAA postgraduate scholarship recipients, including 2013 seniors Ashley Priess and Ashley Sledge. The Tide's total leads all gymnastics programs.

In addition to the NCAA honors, Alabama gymnasts have earned 10 Southeastern Conference Postgraduate Scholarships, including Kayla Hoffman in 2011. The Tide's 10 SEC scholarships also leads all gymnastics programs.

All told, 16 Alabama gymnasts have earned either NCAA or SEC postgraduate scholarships, with half of those earning both.

ASHLEY PRIESS

Ashley Priess was part of the 2011 and 2012 NCAA championships as well as a pair of SEC Championships during her UA tenure. She also became the 14th Alabama gymnast to earn an NCAA Postgraduate Scholarship. She was the first Alabama gymnast to complete her undergraduate degree and earn a master's degree while still competing. An NCAA Woman of the Year Top-30 finalist, Priess also earned The Paul W. Bryant Award. She is now working for renowned leadership expert Tim Elmore.

ASHLEY SLEDGE

Ashley Sledge helped lead Alabama to the 2011 and 2012 NCAA Championships as well as an SEC title during her years at the Capstone. In 2013, she also became the 13th Alabama gymnast to earn an NCAA Postgraduate Scholarship and the first to win two when she also earned an NCAA Ethnic Minority and Women's Enhancement Scholarship. Sledge is pursuing a master's of business administration from Alabama.

KAYLA HOFFMAN

Kayla Hoffman, now Kayla Hughes, led Alabama to the 2011 NCAA championship as well as a pair of SEC Championships during her UA tenure. She also became the 12th Alabama gymnast to earn an NCAA Postgraduate Scholarship and the eighth to take home both an NCAA and SEC Postgraduate Scholarship. Hoffman earned the Honda Award, SEC Female Athlete of the Year and the NCAA Today's Top VIII Award as a senior. She is now teaching at The Goddard School in Baltimore, Md.

KASSI PRICE

Kassi Price helped Alabama to an SEC championship during her years at the Capstone. In 2010, she also became the 11th Alabama gymnast to earn an NCAA Postgraduate Scholarship and the seventh to earn both an NCAA and SEC Postgraduate Scholarship. Alabama's first three-year Academic All-America, she also earned the inaugural NCAA Elite 89 Award. After earning a master's degree in sports administration from Alabama, she is the director of marketing and customer relations at DragonFly Athletics.

NCAA & SEC POSTGRADUATE SCHOLARSHIP WINNERS

STEPHANIE KITE

Stephanie Kite helped Alabama to an NCAA and SEC championship during her years at the Capstone. In 2004, she also became the 10th Alabama gymnast to earn an NCAA Postgraduate Scholarship and was named the 2004 CoSIDA Academic All-America of the Year, a first for a Crimson Tide athlete. After serving as the executive director of the Laps for Cystic Fibrosis Foundation, she is currently the Mission Assistant/Information Coordinator for Mountain Brook Community Church.

KRISTIN STERNER

In 2003, Kristin Sterner, now Dr. Kristin LeGrand, became the sixth Alabama gymnast to earn both an NCAA and SEC Postgraduate Scholarship. She was also the third to be named SEC Scholar-Athlete of the Year. An NCAA Top VIII honoree and NCAA Woman of the Year finalist, She earned three championship rings at Alabama, including the 2002 NCAA championship and the 2000 and 2003 SEC titles. A graduate of Michigan State Medical School, she is practicing family medicine in Vancouver, Wash.

ANDREÉ PICKENS

In 2002, Andreé Pickens, now Andreé Houston, became the first Crimson Tide gymnast to earn the Southeastern Conference's Community Service Postgraduate Scholarship, which was first awarded in 1995. As the president of Alabama's Student Athlete Advisory Board, she directed the Tide's student-athletes to new heights in the area of community outreach and service. She is currently the tutorial coordinator for the Marsha Sharp Center for Student-Athletes at Texas Tech University.

MERRITT BOOTH

Merritt Booth, now Merritt Baumgartner, was part of NCAA and SEC Championship squads. She earned six All-America honors, three each first and second team. A finalist for the NCAA Woman of the Year award and a four-year Scholastic All-America, she earned an NCAA Postgraduate Scholarship. Booth used her scholarship to earn a physician's assistant degree at South Alabama.

MEREDITH WILLARD

Meredith Willard, now Meredith Luber, graduated with an SEC and NCAA championship ring as well as the 1996 NCAA All-Around title. She also took home an NCAA and SEC scholarship. An 11-time first team All-America, NCAA Today's Top VIII award winner and NCAA Woman of the Year finalist during her UA tenure, she obtained a master's of business administration from UNC-Charlotte and worked for public relations company Racing Champions, whose hottest property is NASCAR.

DANA DOBRANSKY

Dana Dobransky, now Dana Duckworth, earned both SEC and NCAA Postgraduate Scholarships to go with an SEC Championship ring, an NCAA championship ring and a pair of individual NCAA balance beam titles. In the fall of 1996, she returned to Alabama to obtain a master's of business administration. After more than a decade in the corporate world, including a highly successful turn with Pfizer Pharmaceutical, she joined the Alabama coaching staff full time in the fall of 2008.

KATHERINE KELLEHER

Katherine Kelleher, now Katherine Laubenthal, graduated with an NCAA and SEC championship ring to keep her NCAA and SEC Postgraduate scholarships company. A three-time All-American, SEC Champion and two-time Regional Champion, she graduated with a degree in corporate finance and investment management. She is a Systems Consultant for Blue Cross Blue Shield in Birmingham.

KELLY GOOD

Kelly Good, now Kelly Baham, graduated with an SEC and NCAA championship ring and a matching pair of scholarships to go with them. The All-American attended Alabama-Birmingham where she received a master's of science in physical therapy. She is now co-owner of Progress Physical Therapy in Richmond, Va.

MARIE ROBBINS

Marie Robbins graduated with one NCAA and two SEC Championship rings as well as an SEC Postgraduate scholarship. The four-time All-American and two-time SEC Champion graduated from Alabama Law School. She then went to work for the Southeastern Conference. She returned to Alabama as Associate Athletics Director for Compliance in 1996 and was promoted to Senior Woman Administrator in 2002.

JULIE ESTIN

Julie Estin, now Dr. Julie Vaughn, a 1987 recipient of both the NCAA and SEC Postgraduate Scholarships, attended Alabama-Birmingham medical school and is a Tuscaloosa area pediatrician. During her tenure at the Capstone, Vaughn was a six-time All-American, two-time SEC champion, five-time Regional champion and Alabama's first SEC Scholar-Athlete of the Year. She was also a two-time GTE Academic All-American.

BARBARA MACK

Barbara Mack, now Barbara Harding, earned the NCAA Postgraduate Scholarship in 1985. Mack was an All-American, SEC and Regional champion and the winner of the AMF American Award as the nation's most outstanding senior. She was also a Rhodes Scholarship finalist. Mack used her scholarships to go on to Georgetown Law School. She served as a prosecutor for the U.S. Department of Justice and is now in private practice.

JULIE GARRETT

Julie Garrett was the first Alabama gymnast to receive an NCAA Postgraduate Scholarship. Garrett was also the Tide's first All-American and SEC champion. She competed before the Southeastern Conference awarded postgraduate scholarships. The league first presented its scholarship in 1985.

THE CENTER FOR ATHLETIC STUDENT SERVICES

The Center for Athletic Student Services (CASS) is a mainstay of the University of Alabama's academic success.

The Crimson Tide's academic home, the Bill Battle Academic Center at Paul W. Bryant Hall, is the crown jewel in Alabama's $125-plus million Crimson Tradition building initiative. The center was named for Bill Battle several years before being named for the Crimson Tide's Director of Athletics in the spring of 2013.

"Academic success is the life's blood of what we do here at the University of Alabama and our CASS center is second to none in providing our student-athletes with the tools they need to obtain that success," Battle said. "I couldn't be prouder to have my name associated with those efforts."

Through the auspices of the Crimson Tradition Fund, Alabama took its former athletic dorm and converted it into a state-of-the-art facility that benefits all 500-plus Crimson Tide student-athletes.

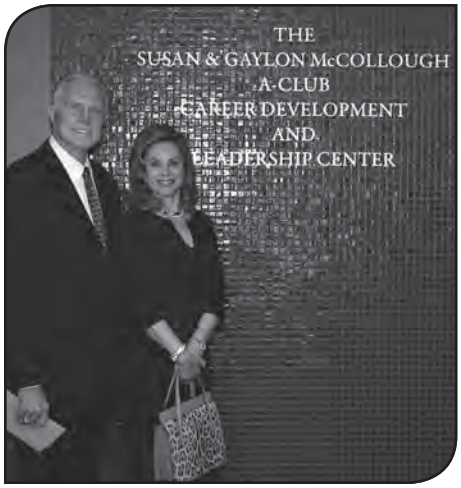
"Bryant Hall is an incredible facility for our student-athletes," Fern Hampton, the gymnastics team's academic advisor said. "I can't help but be proud to give tours to recruits and their parents. Bryant Hall demonstrates the level of commitment to academics of the University of Alabama and its athletics department. With over 55,000 square feet, a student-athlete can meet with their advisor, work with a tutor, attend their orientation class, use the math lab, reading lab, writing lab, or computer lab – all within Bryant Hall – which a tremendous asset for them and their busy schedules."

Among the building's many amenities is a 48-seat computer lab with up-to-date equipment and software. The computer lab also houses 25 laptop computers that can be checked out by student-athletes for use on road trips. There are math, English, and writing labs as well as individual study rooms. The athletic academic advisor offices are also housed in the building, along with several study lounges, two 50-seat classrooms and a 140-seat classroom.

The classrooms utilize cutting-edge teaching devices, including digital overhead projectors and "smart boards" that allow instructors to interact with students on the go. Throughout the building, there are 16 information stations that provide student-athletes with news about tutorials, study sessions and even practice schedules. The building also houses the Tide's Academic Hall of Fame and its nationally recognized LifeSkills program.

CASS is headed by Associate Athletics Director for Student Services Jon Dever. In addition to Hampton, Dever is assisted by Heather Anders, Tom Buttram, Brenda Elliott, Stephanie Godfrey, Lance Walker, Lisa Patrick, Evan Cardwell, Molly Dowd, Tyler Roberts, Jennifer Sanders and Joy Burroughs as well as Jill Lancaster, the director of LifeSkills. The staff also includes five interns and more than 80 part-time tutors.

The CASS staff works as a liaison between the athletics department, undergraduate divisions, and the administrative offices of the University. The staff assists with class scheduling and registration, makes sure all athletes are maintaining satisfactory progress toward their degrees, monitors academic eligibility and provides career counseling. The advisors also secure tutors and schedule study sessions.



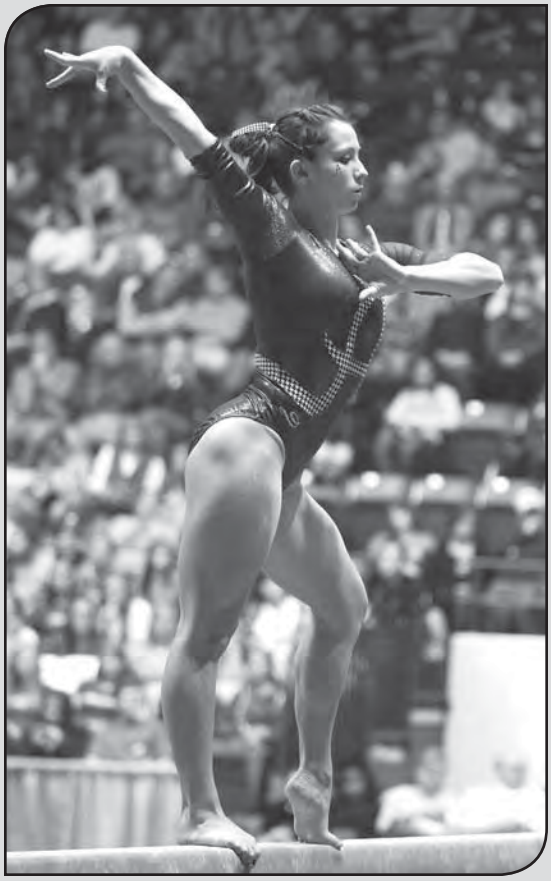
CAREER AND LEADERSHIP CENTER

The latest enhancement to the Bill Battle Academic Center came in the fall of 2013, when the Susan & Gaylon McCollough A-Club Career and Leadership Development Center was dedicated. The center, located on the second floor of the Academic Center, is a place where Alabama student-athletes can hone the skills necessary to take the next step in their lives.

"We felt like this was the next logical step," Dever said. "We try to prepare our student-athletes with everything they need to be successful in the classroom and now, with this new center, we can help them prepare for that next step in their lives."

The center, which will be staffed with a full-time director, will help student-athletes learn everything from creating a resume to utilizing social media in a professional way to how to interview and network effectively.

The suite was named for Alabama football letterman Gaylon McCollough and his wife Susan. McCollough was a center on the Tide's 1964 National Championship team who earned Academic All-America honors in the classroom and was named All-SEC on the field before being drafted by the Dallas Cowboys.



MAKING THE GRADE

The Crimson Tide's Center for Athletic Student Services (CASS) provides many services that help Alabama gymnasts make a smooth transition into the world of collegiate academics. CASS provides tutors, study sessions and works with student-athletes to help them develop study, note taking and organizational skills. CASS will also provide a personal monitor that helps guide the student-athlete as long as she or the team's academic advisor feels it is necessary in order for that student-athlete to be successful in the classroom.

All-American and Scholastic All-American Kayla Hoffman is a shining example of what a student-athlete can accomplish when utilizing all the resources that Alabama and CASS put at their disposal. Hoffman came to the University after being home schooled since the fourth grade.

Kayla is certainly a role model for someone who comes to college after being home schooled," Sarah Patterson said. "She came in, worked hard and used all the resources the University and athletics department put at her disposal and really excelled, earning a 4.0 GPA and Scholastic All-America honors as a freshman and going on to enjoy a truly phenomenal career, both in the classroom and in the gym."

Hoffman finished her career with a 4.0 grade point average in human development and family studies. A first team Capital One/CoSIDA Academic All-American, she was also named the 2011 Academic All-America of the Year.

Hoffman's academic prowess, enhanced by the tools the CASS Center put at her disposal, led to the Union, N.J., native earning NCAA and Southeastern Conference Postgraduate Scholarships. She was also voted the SEC Gymnastics Scholar-Athlete of the Year in 2011.

An amazing senior season culminated in Hoffman receiving the NCAA Today's Top VIII Award, which honors the nation's top eight senior student-athletes in all sports in all NCAA Divisions for excelling athletically and academically as well as making a difference in the community.

"That's exactly what I wanted," Hoffman said on balancing her athletic and academic accomplishments. "I wanted to be someone who was an excellent student and an excellent athlete. I wanted to show future athletes here at our University that you can be both. That really meant a lot to me."

ACADEMIC ADVISOR
FERN HAMPTON

Fern Hampton, Assistant Director of the Center for Athletic Student Services, is in her 13th year with the athletics department and her eighth working with the gymnastics program.

"Fern is an absolute dream to work with," Sarah Patterson said. "She works very hard and is dedicated to making sure that our ladies have everything they need to be successful in the classroom."

That dedication is just one of the reasons that Patterson nominated Hampton and her CASS colleagues for the University's Sam S. May Commitment to Service Award, which recognizes departments that demonstrate exceptional service to their constituents.

"I can't think of anyone who is more deserving of the May award than the CASS staff," Patterson said. "Jon Dever, Fern and everyone at Bryant Hall do so much to make sure that our student-athletes get the absolute most out of their academic experiences. I'm very proud of them and thrilled that they were recognized with this honor."

In addition to this latest honor, Hampton has also received the David Dutton Memorial Award, given to individuals who go above and beyond the call of duty for the Alabama gymnastics program.

Hampton's job includes helping the athletes under her guidance map out their academic plan, from picking a major and registering for classes to requesting a personal monitor and scheduling a tutor. In her 20th year overall with the University, Hampton worked in student recruitment through the undergraduate admissions office before joining the athletics department.

"I really enjoy working with gymnastics," Hampton said. "They are very dedicated young women who work very hard to make sure they are getting the most out of their academic opportunities."

For Alabama gymnasts, the impetus to succeed academically is all around them. The coaching staff makes it clear from day one that their very best is expected in the classroom, while their teammates encourage them to excel through both word and deed. And while the bar is set high by the coaches and athletes themselves, Hampton is there to add her encouragement and provide the tools for that success.

"There are tremendous resources here at Alabama and we make sure that the student-athletes have full access to them, that they have everything they need to be successful," Hampton said. "I absolutely believe you get a top-rate education at the University of Alabama, and we're continuing to expand our services in the Center for Athletic Student Services. If you look at the growth, not just in athletics, but across the board, it's an exciting time to be on this campus."

Hampton's interaction with a student-athlete starts on their recruiting trip. She sets up individual appointments within the department of the recruit's area of study and then the recruit is given a tour of campus and learns about the services provided by CASS. From that point on, she works with the athletes until the day they graduate.

One of the key factors that makes the Winnipeg, Manitoba native's job easier is the commitment the coaching staff has to the education process.

"One of the things that has impressed me the most is Sarah's total accessibility for any questions on academic issues," Hampton said. "I can walk in at any point and we take care of business. Her accessibility and desire for her student-athletes to be successful academically makes it clear she considers it a top priority."

Hampton and her husband Robert Meintzer have two children, a son Robbie, and a daughter Caroline.

ACADEMIC ALL-AMERICAN REUNION

For the first time in its storied history, the Alabama Athletics Department hosted a reunion for its Academic All-Americans during the third weekend of October 2013, inviting back everyone who has earned the honor over the years.

Of the more than 75 Crimson Tide student-athletes who have earned the prestigious honor since 1961, 50 returned to campus and were on hand in Bryant-Denny Stadium to be honored in front of 101,821 fans prior to the kickoff of the Alabama-Arkansas game.

"Our ladies work so hard during their careers to be the best they can be in the classroom and the gym," Sarah Patterson said. "I think it was such an amazing idea to invite all our Academic All-Americans back to campus and honor them for the balance of excellence that this award represents. To then honor them in front of 100,000 fans truly demonstrates the importance we as a department put on academics here at the University of Alabama.

Of the ten Tide gymnasts who have earned the prestigious award since 1986, eight were on hand for the reunion, including Kim Jacob, who earned the honor in 2013 as a junior and assistant coach Dana Dobransky Duckworth who earned the honors in 1992 and 1993, along with Dr. Julie Estin Vaughn, Kelly Good Baham, Merritt Booth Baumgartner, Stephanie Kite, Kassi Price and Kayla Hoffman Hughes. Meredith Willard Luber and Dr. Kristin Sterner LeGrand were unable to make it back to Tuscaloosa for the weekend.

The Tide's 10 Academic All-American gymnasts have combined to earn 15 accolades, led by Price, who became the first Alabama student-athlete to earn the honor three times in a career, and Kite and Hughes, who were named Academic All-Americans of the Year in 2004 and 2011, respectively.

CRIMSON TIDE HONOR ROLL

NCAA Elite 89
2013 Kim Jacob
2012 Rachel Terry
2011 Rachel Terry
2010 Kassi Price

NCAA Postgraduate Scholarship
2013 Ashley Priess
Ashley Sledge *
2011 Kayla Hoffman
2010 Kassi Price
2004 Stephanie Kite
2003 Kristin Sterner
1998 Merritt Booth
1997 Meredith Willard
1993 Dana Dobransky
1992 Katherine Kelleher
1989 Kelly Good
1987 Julie Estin
1985 Barbara Mack
1983 Julie Garrett

** Ashley Sledge earned both an NCAA Postgraduate Scholarship and an NCAA Ethnic Minority and Women's Enhancement Scholarship*

CoSIDA Academic All-America At-Large Team Member of the Year
2011 Kayla Hoffman
2004 Stephanie Kite

CoSIDA Academic All-America
2013 Kim Jacob, first team
2011 Kayla Hoffman, first team
2010 Kassi Price, first team
2009 Kassi Price, first team
2008 Kassi Price, third team
2004 Stephanie Kite, first team
2003 Stephanie Kite, first team
2003 Kristin Sterner, first team
1998 Merritt Booth, third team
1997 Meredith Willard, first team
1993 Dana Dobransky, second team
1992 Dana Dobransky, second team
1988 Kelly Good, third team
1987 Julie Estin, first team
1986 Julie Estin, first team

CoSIDA Academic All-Region
2007 Cassie Martin
2005 Shannon Hrozek
Michelle Reeser
1994 Sheryl Dundas

NCAA Foundation Leadership Conference
2006 Courtney Priess
2001 Andreé Pickens

National Association of Collegiate Gymnastics Coaches Scholastic All-America
2013 Becca Alexin
Lauren Beers
Kaitlyn Clark
Sarah DeMeo
Ria Domier
Lindsey Fowler
Lora Leigh Frost
Marissa Gutierrez
Kim Jacob
Diandra Milliner
Brooke Parker
Ashley Priess
Kayla Williams
2012 Becca Alexin
Kaitlyn Clark
Sarah DeMeo
Ria Domier
Lindsey Fowler
Lora Leigh Frost
Kim Jacob
Diandra Milliner
Brooke Parker
Ashley Priess
Rachel Terry
Hannah Toussaint
Kayla Williams
2011 Becca Alexin
Alyssa Chapman
Sarah DeMeo
Ria Domier
Lindsey Fowler
Kayla Hoffman
Kim Jacob
Megan Mashburn
Jordan Moore
Diandra Milliner
Ashley Priess
Geralen Stack-Eaton
Rachel Terry
Hannah Toussaint
2010 Becca Alexin
Alyssa Chapman
Mary Hauswirth
Kayla Hoffman
Ricki Lebegern
Megan Mashburn
Kassi Price
Ashley Sledge
Rachel Terry
2009 Alyssa Chapman
Jocelyn Fowler
Kayla Hoffman
Ricki Lebegern
Brittany Magee
Megan Mashburn
Amanda Montgomery
Ashley O'Neal
Casey Overton
Kassi Price
Ashley Priess
Rachel Terry
2008 Alyssa Chapman
Kayla Hoffman
Jennifer Iovino
Ricki Lebegern
Brittany Magee
Cassie Martin
Megan Mashburn
Amanda Montgomery
Ashley O'Neal
Casey Overton
Kassi Price
Kaitlin White
2007 Alyssa Chapman
Ricki Lebegern
Brittany Magee
Cassie Martin
Amanda Montgomery
Casey Overton
Kassi Price
Kaitlin White
2006 Melanie Banville
Mari Bayer
Rachael Delahoussaye
Brittany Magee
Cassie Martin
Amanda Montgomery
Dana Pierce
Bianca Puello
Erin Rightley
2005 Mari Bayer
Rachael Delahoussaye
Shannon Hrozek
Meredith Laxton
Michelle Reeser
2004 Mari Bayer
Rachael Delahoussaye
Johnna Gay
Lauren Holdefer
Shannon Hrozek
Stephanie Kite
Meredith Laxton
Michelle Reeser
2003 Mari Bayer
Rachael Delahoussaye
Lauren Holdefer
Shannon Hrozek
Stephanie Kite
Dana Pierce
Michelle Reeser
Kristin Sterner
2002 Natalie Barrington
Helen Burgin
Tiffany Byrd
Krista Gole
Erin Holdefer
Lauren Holdefer
Shannon Hrozek
Stephanie Kite
Alexa Martinez
Whitney Morgan
Andreé Pickens
Michelle Reeser
Kristin Sterner
2001 Natalie Barrington
Tiffany Byrd
Krista Gole
Robin Hawkins
Katie Hornecker
Stephanie Kite
Alexa Martinez
Jeana Rice
Kristin Sterner
2000 Lexa Evans
Robin Hawkins
Katie Hornecker
Alexa Martinez
Whitney Morgan
Sara Scarborough
Lissy Smith
Kristin Sterner
Dara Stewart
1999 Natalie Barrington
Mandy Chapman
Lexa Evans
Robin Hawkins
Gina Logan
April Makinson
Alexa Martinez
Whitney Morgan
Lissy Smith
Raegan Tomasek
1998 Merritt Booth
Mandy Chapman
Lexa Evans
April Makinson
Danielle McAdams
1997 Merritt Booth
Mandy Chapman
Heidi Harriman
Danielle McAdams
Meredith Willard
1996 Merritt Booth
Lisa Gianni
Danielle McAdams
Marna Neubauer
Meredith Willard
1995 Merritt Booth
Chasity Junkin
Danielle McAdams
Marna Neubauer
Meredith Willard
1994 Sheryl Dundas
Chasity Junkin
Kara Stilp

Meredith Willard
1993 Dana Dobransky
Sheryl Dundas
Chasity Junkin
1992 Dana Dobransky
Sheryl Dundas
Chasity Junkin
Katherine Kelleher
Shea McFall
1991 Dana Dobransky
Sheryl Dundas
Katherine Kelleher
Shea McFall

H. Boyd McWhorter SEC Scholar Athlete of the Year
2003 Kristin Sterner
1997 Meredith Willard
1987 Julie Estin

SEC Gymnastics Scholar Athlete of the Year
2013 Kim Jacob
2012 Kim Jacob
2011 Kayla Hoffman
2005 Michelle Reeser

SEC Postgraduate Scholarship
2011 Kayla Hoffman
2010 Kassi Price
2003 Kristin Sterner
2002 Andreé Pickens
1997 Meredith Willard
1993 Dana Dobransky
1992 Katherine Kelleher
1990 Marie Robbins
1989 Kelly Good
1987 Julie Estin

SEC Community Service Team
2013 Kim Jacob
2012 Ria Domier
2011 Alyssa Chapman
2010 Kassi Price
2009 Ricki Lebegern
2008 Ricki Lebegern
2007 Courtney Priess
2006 Dana Pierce
2005 Dana Pierce
2004 Stephanie Kite

Paul W. Bryant Memorial Award
2013 Ashley Priess
2011 Kayla Hoffman
2003 Kristin Sterner
1997 Meredith Willard
1992 Katherine Kelleher
1990 Marie Robbins
1986 Julie Estin
1985 Barbara Mack

Goldwater Scholar
2013 Ria Domier

Commerce & Business Administration Austin Cup
2010 Kassi Price

Commerce & Business Administration Austin Scholar
2010 Kassi Price

F. David Mathews Award
1997 Meredith Willard

Alumni Student Award — University of Alabama National Alumni Association
2002 Andreé Pickens
1997 Meredith Willard

Sington Soaring Spirit Award
2000 Andreé Pickens
1997 Meredith Willard
1993 Dee Foster
1989 1988 NCAA Team Champions

Commerce & Business Administration Athlete of the Year
1997 Meredith Willard
1996 Meredith Willard
1985 Patti Rice

College of Arts and Sciences Dean's Award of Merit
1985 Barbara Mack

University of Alabama Outstanding Junior
1986 Julie Estin

Comer Mathematics Medal
1988 Julie Estin

Freshman Scholarship Achievement Award in Women's Athletics
1986 Kelly Good

College of Arts & Sciences — Woodrow Alvin David Family Student-Athlete Award
2004 Kristin Sterner
2003 Andreé Pickens
1988 Julie Estin

Human Environmental Sciences - Phi Upsilon Omicron Award for Outstanding Freshmen
2010 Rachel Terry

Commerce & Business Administration Outstanding Undergraduate Award
1992 Katherine Kelleher
1992 Shea McFall
1991 Katherine Kelleher

Alpha Epsilon Rho Outstanding TCF Senior Award
1993 Dana Dobransky

Dept. of Marketing Recognition of Excellence
2010 Kassi Price
2009 Kassi Price
2004 Stephanie Kite
2001 April Makinson
1994 Kara Stilp

New College Award of Excellence in Athletics
1993 Dee Foster

Dept. of Management Recognition of Excellence
2008 Amanda Montgomery

New College Outstanding Independent Studies/ Out-of-Class Learning Experiences
1993 Dee Foster

Outstanding Healthcare Management Undergraduate Student
2002 Krista Gole
2001 Krista Gole
1999 Gina Logan
1998 Gina Logan

Economics Freshman Achievement Award
2008 Kassi Price
2001 Stephanie Kite

Barbara Rene Shoemake Memorial Scholarship
2001 Lexa Evans

Charles A. Odewahn Managerial Excellence Award
2002 April Makinson

Linda Lantz Hallmark Consumer Sciences Service Award
2005 Shannon Hrozek

Dow Chemical Undergraduate Award
2003 Stephanie Kite

William Ray Moore Physical Sciences Scholar
2003 Rachael Delahoussaye

National Society of Collegiate Scholars
2011 Jordan Moore
2009 Jocelyn Fowler
Kayla Hoffman
2004 Rachael Delahoussaye
2003 Shannon Hrozek
2002 Michelle Reeser

Council of Presidents Freshman Academic Achievement Award
2003 Dana Pierce

Phi Mu Patience Stevens Award
2006 Dana Pierce

Outstanding Work in Natural Sciences
2007 Rachael Delahoussaye
Cassie Martin

Council of Presidents' Freshman Academic Achievement Awards-Human Environmental Science
2009 Jocelyn Fowler
Rachel Terry
2008 Megan Mashburn

Dean Bernie Sloan Spirit of New College Award
2009 Cassie Martin

Arthur Ashe Award
2008 Ashley O'Neal

Outstanding Graduate Students in Sports Management Award
2009 Kaitlin White

Jean Wickstrom Liles Endowed Scholarship
2010 Megan Mashburn

Highest Scholastic Average in Marketing - Junior
2009 Kassi Price

Harry D. Bonham Marketing Club Highest Scholastic Average - Senior
2010 Kassi Price

Outstanding Marketing Senior
2010 Kassi Price

Birmingham Chapter Sales & Marketing Executive International Award
2010 Kassi Price

Outstanding Senior in Human Environmental Sciences Award
2012 Rachel Terry

Outstanding Graduate Students in Sports Management Award
2012 Kassi Price

Human Environmental Sciences - Emily Strong Award
2012 Rachel Terry

Jacqueline Davis Endowed Scholarship
2012 Rachel Terry

Outstanding Senior in Chemical & Biological Engineering
2013 Ria Domier

HONOR SOCIETIES

XXXI
Merritt Booth
Morgan Dennis
Ria Domier
Lexa Evans
Dee Foster
Kelly Good
Robin Hawkins
Ashley Miles
Andreé Pickens
Marie Robbins
Ashley Sledge
Kristin Sterner
Meredith Willard

Alpha Lambda Delta
Ashley Ford
Lindsey Fowler
Lora Leigh Frost
Lisa Gianni
Lauren Graffeo
Robin Hawkins
Katie Hornecker
Stephanie Kite
April Makinson
Danielle McAdams
Amanda Montgomery
Jordan Moore
Whitney Morgan
Kassi Price
Kristin Sterner
Rachel Terry
Raegan Tomasek

Beta Alpha Psi
Michelle Reeser

Beta Beta Beta
Shay Murphy
Kristin Sterner

Beta Gamma Sigma
Stephanie Kite
April Makinson
Alexa Martinez
Kassi Price
Meredith Willard

Blue Key
Lexa Evans
Kassi Price

Cardinal Key
Lindsey Fowler
Cassie Martin
Kassi Price

Delta Sigma Pi
Stephanie Kite
Kassi Price

Gamma Beta Phi
Merritt Booth
Mandy Chapman
Lexa Evans
Ashley Ford
Lauren Graffeo
Erin Holdefer
Lauren Holdefer
Katie Hornecker
Katherine Kelleher
Gina Logan
Danielle McAdams
Shea McFall
Whitney Morgan
Andreé Pickens
Dana Pierce
Kassi Price
Michelle Reeser
Erin Rightley
Tina Rinker
Dara Stewart
Meredith Willard

Golden Key
Mari Bayer
Merritt Booth
Mandy Chapman
Rachael Delahoussaye
Lexa Evans
Krista Gole
Robin Hawkins
Katie Hornecker
Shannon Hrozek
Chasity Junkin
Ricki Lebegern
Gina Logan
Brittany Magee
Megan Mashburn
Danielle McAdams
Amanda Montgomery
Whitney Morgan
Kassi Price
Lissy Smith
Raegan Tomasek
Meredith Willard

Kappa Delta Pi
Rachel Terry

Kappa Delta Pi
Dana Pierce

Kappa Tau Alpha
Lexa Evans
Robin Hawkins
Alexa Martinez

Lambda Sigma
Lindsey Fowler
Amanda Montgomery
Kassi Price

Mortar Board
Alli Beldon
Dana Dobransky
Ria Domier
Julie Estin
Lexa Evans
Kelly Good
Katherine Kelleher
Patti Kleckner
Barbara Mack
Kassi Price
Patti Rice
Erin Rightley
Tina Rinker
Marie Robbins
Tracey Tillman
Meredith Willard

Omega Chi Epsilon
Ria Domier
Tina Rinker

Omicron Delta Kappa
Mari Bayer
Alli Beldon
Kathy Bilodeau
Merritt Booth
Mandy Chapman
Dana Duckworth
Julie Estin
Lexa Evans
Dee Foster
Kelly Good
Chasity Junkin
Katherine Kelleher
Kim Kelly
Stephanie Kite
Patti Kleckner
Barbara Mack
Brittany Magee
Cassie Martin
Alexa Martinez
Megan Mashburn
Shea McFall
Amanda Montgomery
Heather Nasser
Ashley O'Neal
Andreé Pickens
Kassi Price
Patti Rice
Erin Rightley
Tina Rinker
Marie Robbins
Kristin Sterner
Tracey Tillman
Ann Wilhide
Meredith Willard

Phi Beta Kappa
Merritt Booth
Julie Estin
Kelly Good
Barbara Mack
Cassie Martin

Phi Delta Phi
Natalie Barrington

Phi Eta Sigma
Melanie Banville
Mari Bayer
Helen Burgin
Tiffany Byrd
Alyssa Chapman
Sheryl Dundas
Ashley Ford
Jocelyn Fowler
Lindsey Fowler
Lisa Gianni
Lauren Graffeo
Robin Hawkins
Katie Hornecker
Shannon Hrozek
Jennifer Iovino
Chasity Junkin
Stephanie Kite
Meredith Laxton
Ricki Lebegern
Brittany Magee
April Makinson
Cassie Martin
Danielle McAdams
Amanda Montgomery
Jordan Moore
Whitney Morgan
Dana Pierce
Kassi Price
Bianca Puello
Sara Scarborough
Rachel Terry
Raegan Tomasek
Holly Voorheis
Meredith Willard

Phi Kappa Phi
Kathy Bilodeau
Katherine Kelleher
Kassi Price
Meredith Willard

Phi Upsilon Omicron
Mandy Chapman
Raegan Tomasek

Pi Tau Sigma
Katie Hornecker

Psi Chi
Lauren Holdefer
Lissy Smith

Sigma Alpha Lambda
Melanie Banville
Mari Bayer
Rachael Delahoussaye
Amanda Montgomery
Kassi Price
Erin Rightley

Tau Beta Pi
Whitney Morgan
Tina Rinker

MAKING A DIFFERENCE IN THE COMMUNITY

From day one, Sarah and David Patterson knew that their program would be about one thing: helping prepare young ladies for life beyond gymnastics. They were going to compete for championships and academics were going to be priority one – but more than that, they were going to encourage their gymnasts to be a part of the larger community around them, to have a sense of balance outside the gym as well as within. They were going to make sure that their gymnasts knew the importance of making a difference.

After 35 years, count the Patterson philosophy as a rousing success: winning championships, earning countless academic honors, and above all, graduating successful women who are outstanding members of their communities.

"Hopefully that will be our greatest legacy – the fact that these student-athletes have left here and gone on to make their marks, not just professionally and in their lives, but in giving back," David Patterson said. "It's very rewarding to see so many of them involved in great projects in their communities."

When it comes to working in the community, the Pattersons, along with assistant coaches Bryan Raschilla and Dana Duckworth, definitely lead by example. They are all active in making the community in which they live a better place.

"It's just neat to see the love our coaches have for our community," Sarah Patterson said. "That love stems from spending the majority, if not our entire, professional careers here."

Despite their many hours in the community, the coaches' biggest impact is on the lives of their athletes. With each class they introduce to the fulfillment that comes with community service, they create another generation of Alabama gymnasts who take those lessons out into the world.

"Learning to be involved in the community at this young point is something you can take with you for the rest of your life," Sarah Patterson said. "If you've learned to give back and be very unselfish with your time while in college, then when you are grown, settled, mature and have your own career, you will continue to give back to society."

It is a lesson that the Crimson Tide coaching staff teaches by example, over and over again.

Through the years, Sarah Patterson has worked with dozens of worthwhile causes, including serving as chairperson for the Help & Hope Barbecue, the proceeds of which benefit the DCH Regional Medical Center's Cancer Center, as well as working with the United Way, Cystic Fibrosis, United Cerebral Palsy, Easter Seals and the Salvation Army.

For her efforts in the community, Sarah Patterson received a pair of awards in 2013, including the Tuscaloosa County Citizen of the Year by the Tuscaloosa Civitan Club and the Chamber of Commerce of West Alabama as well as the Amanda Grace Taylor Watson Distinctive Image Award from the Capstone Men and Women. The Distinctive Image Award is given to persons who exemplify the essence of The University of Alabama in all aspects of life.

When a tornado ripped through Tuscaloosa in April of 2011, days after Alabama returned to town with its fifth NCAA championship, the Pattersons sprang in to action, opening their home to those displaced by the damage the storm caused. Sarah Patterson also went to work helping raise money for relief efforts, as part of telethons and on a special "Hey, Coach!" radio broadcast in the days and weeks that followed.

"Tuscaloosa has been home for David and I for more than 30 years," Patterson said. "So as soon as the tornado hit, we knew that first we had to make sure the Alabama gymnastics family was OK, which thankfully everyone was, and then we went about helping, as much as we could, to get the community we love get back on its feet."

Which is why Patterson and the Tide hosted a "Tornado Relief" meet when Missouri came to town in 2012. During the meet, relief workers from Tuscaloosa and Joplin, Mo., which was also devastated by a tornado during the spring of the 2011, were honored.

While the Pattersons' work with Tuscaloosa's tornado relief filled an immediate and pressing need within the community, Sarah Patterson's work with the DCH Medical Center Foundation over the last decade has been about the ongoing fight against a deadly disease.

In December of 2004, she joined with the DCH Foundation to create the DCH Breast Cancer Fund and the Power of Pink initiative to help raise money and awareness in the fight against breast cancer. The results have been phenomenal. The Crimson Tide has hosted nine "pink" meets, bringing more than 130,000 people to Coleman Coliseum.

For her hard work, Sarah Patterson was named to the DCH Foundation, Inc. board in 2005. Most important to Sarah Patterson is that through her work with the cause and as a member of the board, the fight against breast cancer in this community has reached a new level.

"I'm proud to be a part of such an effort," she said. "Everywhere I've gone, everyone I've talked to about what we're trying to do has been so very positive. No one has said no and everyone has asked how they can help. It's very gratifying to see the community embrace such an important cause."

While Sarah's work with the DCH Breast Cancer Fund is most readily identified with the color pink, David Patterson's nearly decade-long involvement with a cause close to his heart is identifiable by a red jersey and two wheels. Starting in 2002 and up until back surgery limited his riding time a few years ago, he was part of the Camp Smile-A-Mile fund raiser, "The Ride of Love," which is based around the 150-plus mile bike ride from Tuscaloosa to Camp SAM, located on the shores of Lake Martin at Children's Harbor.

The fundraiser was started by Stephanie Wilkins, Camp Smile-A-Mile's community relations manager, in 2001. In 2002 David Patterson, a cancer survivor himself, joined Wilkins and The Ride and its impact grew exponentially from there.

"The whole decision process involved my five-year anniversary of having kidney cancer," David Patterson said. "I wanted to do more for others with cancer. I had known Stephanie for several years because she had been our team nutritionist, so I decided I would get involved with her project."

Camp Smile-A-Mile is an organization that gives children with cancer a place to go for camp where they can be themselves and get treatment, go without prosthetic limbs and hair, and be around others who are like them for support.

David Patterson isn't the only member of the Alabama gymnastics family who has made The Ride. In addition to Wilkins, who served as the Tide's nutritionist, assistant coach Bryan Raschilla and team physician Jimmy Robinson have both made the trek. Former gymnasts Kristin Sterner and Whitney Morgan have also ridden for the cause.

"It is a tremendous cause and it means a great deal to me that so many members of the Tide family have chosen to get involved in the Ride," David Patterson said.

In addition to taking part in the Ride of Love, and putting his graphic design skills to good use for the Power of Pink, Raschilla has also swung a hammer for Habitat for Humanity and, after the 2011 tornadoes, he took his chain saw and helped friends, neighbors and strangers alike clear debris and fallen trees.

"I love Alabama and the city of Tuscaloosa," Raschilla said. "It's such a great community and it's an amazing place to raise a family. For me, lending a helping hand is a small way that I can give back to a place that has given me and my family so much."

The 2011 tornado also led Duckworth to create ReadBAMARead, a foundation dedicated to restocking the libraries of community schools that lost everything in the 2011 tornado.

In the days that followed the tornado that ripped through Tuscaloosa in April 2011, help came pouring into the West Alabama community from near and far, filling immediate needs like food, shelter and clothing for those displaced by the storm.

It was in the days that followed the tornado that Duckworth started thinking about the long-term efforts that would be needed to help the community get back on its feet.

"We discovered that, in addition to all the other damage and destruction, there were also three elementary schools and one middle school that either lost their entire library in the storm or had most of their library book inventory destroyed," Duckworth said.

That knowledge was a light bulb moment for Duckworth and at that moment ReadBAMARead was born.

"I've always believed that reading is fundamental to all learning, and I knew immediately that this was something that could make a real difference in our community," Duckworth said.

ReadBAMARead took off immediately. That good start got better when David DeSantis and Tuscaloosa Toyota pledged $200 for every 9.8 or better that Alabama scores during the Crimson Tide's first three meets in 2012.

The Tide tallied 62 scores of 9.8 or better over its first three meets, which meant that Tuscaloosa Toyota donated $12,400 to ReadBAMARead prior to Alabama's "Tornado Relief Meet" against Missouri on March 9, 2012. With Alabama Governor Robert Bentley and Sarah Patterson on hand, David and Terri DeSantis presented Duckworth, co-founder Donna Benjamin and ReadBAMARead with a check for $12,400 which Toyota Motor Sales USA augmented with a check for $10,000, for a total of $22,400.

"That was such an amazing night," Duckworth said. "David DeSantis and everyone at Tuscaloosa Toyota are so incredible and their support of ReadBAMARead throughout the season had already made such a huge difference, so when they presented the second check, I was just speechless."

All together, through its second full year of events, ReadBAMARead has raised $100,000. ReadBAMARead's initial goal is 10,000 bound, library-quality books that cost approximately $15 each for the rebuilt schools. Beyond that, they want to provide a means for people who love Tuscaloosa and the West Alabama community continuing to support its recovery.

"It's my hope that our foundation will give people who want to help a way to stay involved in the recovery effort of our city, and at the same time help facilitate the education of the next generation of Tuscaloosans," Duckworth said.

ALABAMA GYMNASTS LEND A HELPING HAND

The middle of December is routinely one of the busiest times of year for Crimson Tide gymnasts. They are in overdrive getting ready for the season and studying for final exams that are just days away. The holidays are also right around the corner, so there is planning to be done for the upcoming trips home and shopping to be done for Christmas gifts.

But there is at least one December day every year when Alabama gymnasts put aside their worries and the stress that goes with them and the smiles come wide and often.

One of the Tide's longest standing traditions, stretching back for more than 20 years, finds the gymnastics team taking one afternoon just before exams hit and welcoming the children of the Stallings RISE Center, which includes special needs children in its classes, for their annual Christmas party, entertaining them in the Tide's practice gym.

The children love it, running, laughing and having a wonderful time. It is also safe to say that the gymnasts probably get as much out of it as the kids, coming away reenergized and ready for the final push into the New Year.

"As much as I know the children enjoy the chance to come and run around our gym, bouncing and jumping everywhere, I think it means just as much if not more to our ladies," Sarah Patterson said. "They get to take a moment during one of the busiest and most stressful times of the semester, and they get to interact with these amazing children. Everyone is smiling when the day is over."

The fall of 2013 also saw Alabama gymnasts lending a helping hand with Dana Duckworth's ReadBAMARead Foundation, reading with children of the Tuscaloosa community. The Tide also took part in the UA athletics department's Project Angel Tree efforts and the Crimson Tide's Halloween Extravaganza.

The work Alabama gymnasts do in terms of community outreach is often dictated by where the need is the greatest. That's why the Tide gymnasts were so involved in Tuscaloosa's recovery from the April 2011 tornado that tore a swath through the middle of town. In addition to helping with relief efforts in the days and weeks that followed the tornado, they also took part in a Habitat for Humanity work day.

During the season that followed the tornado Alabama gymnastics hosted Missouri – whose state also suffered from severe tornado damage of its own – in a Tornado Relief meet, sporting black and silver leotards with the date of the Tuscaloosa tornado, 4-27-11, emblazoned on the back, as well as a houndstooth ribbon, the symbol adopted by the town to signify the slogan "T-Town Never Down."

Sometimes the need for help involves family, which is why on a bright, sunny, fall Saturday, members of the 2013 gymnastics team - athletes, coaches and staff - grabbed buckets, sponges, soap and towels and gathered in a parking lot along McFarland Boulevard to raise money for "Suds for Sully" by cleaning up Tuscaloosa's roads one car, truck and SUV at a time.

"It was a great day for a great cause," Sarah Patterson said. "We washed a lot of cars and raised over $3,000 for the Sully Adams Special Needs Trust."

A member of the Alabama gymnastics family, Sully Adams is the son of Tracey and Jason Adams. Tracey, then Tracey Tillman, was part of the Crimson Tide's first NCAA championship team in 1988. Sully, now 10, was born with a rare brain disorder that causes seizures and developmental delays. In 2008, Sully underwent successful surgery to arrest the seizures. In September of 2012, he had another surgery to help deal with the ongoing complication from the disorder.

"This was family," Ashley Sledge said. "We wanted to do whatever we could to help Sully and his family. I think it's one of the neatest things about our program. If someone within our family, the University or the community needs help, we try and be there to do what we can, to lend a hand."

Alabama gymnasts are busy throughout the community, whether it is taking part in Easter Seals' annual Walk With Me fundraiser; speaking to local school children about staying away from drugs and alcohol; organizing a bake sale to raise funds for Project Angel Tree; painting faces and helping kids with their somersaults during the Tide's annual Halloween Extravaganza; or helping raise awareness for the fight against breast cancer with the Power of Pink meet.

"In the grand scheme of things, we are trying to develop the most balanced student-athlete possible," Patterson said. "That balance includes helping out where we can. There is no doubt that our ladies understand the importance of giving back, of stepping up to help where they can. It is one of the aspects of this program that I am most proud of."

In 2002, two-time NCAA champion Andreé Pickens earned the Southeastern Conference Community Service Award for her tireless work in the Tuscaloosa and University communities.

"The community has already given so much to this team in terms of support," Pickens said. "When you have crowds in excess of 10,000, it's a great tribute to our program. This is our small way to give to them."

The Tide continues to roll in this crucial area. Kim Jacob was named to the SEC's Community Service Team in 2013. Other gymnasts named to the team include: Ria Domier (2012), Alyssa Chapman (2011), Kassi Price (2010), Ricki Lebegern (2009 and 2008), Courtney Priess (2007), Dana Pierce (2006 and 2005) and Stephanie Kite (2004).

In addition to team projects, each gymnast finds her own way to make a difference, from working in soup kitchens to visiting the elderly at assisted living facilities, and nearly every gymnast has encouraged schoolchildren through various speaking engagements.

"Any time you have a recognizable student-athlete volunteering her time, it shows people in the community the type of individuals we have involved in our program," Patterson said. "Community service helps our student-athletes to realize that winning and losing aren't the entire game. The collegiate experience should be about the experiences of life. Our involvement with these programs does just that."

THE DAVID DESANTIS COMMUNITY SERVICE AWARD

Kim Jacob's incredible 2013 season, during which she earned a trio of All-American honors as well as the NCAA Elite 89 Award while leading Alabama to another top-three national finish, is all the more impressive when taking into account her work in the community.

The Raleigh, N.C., native gave generously of her time to a wide variety of causes, including the Stallings RISE Center, the ReadBAMARead Foundation, Step Out Walk to Stop Diabetes, Suds For Sully, Nite on the Green Golf Tournament, "Tailgating with the Stars," the UA Halloween Extravaganza, Feed the Hungry, Dead Broke Farm, Project Angel Tree and DCH Cancer Center.

"Kim is an amazing and inspirational young woman," Sarah Patterson said. "Not only does she perform at the highest level as both an athlete and a student, but she is so very giving of her time, continually working to make the world around her a better place."

For all her efforts in the community Jacob was not only named to the SEC Community Service Team and was honored with the 2013 David DeSantis Community Service Award, named in 2009 for the local philanthropist and co-owner of Tuscaloosa Toyota.

"David DeSantis is so much more than just a great businessman," Sarah Patterson said. "He works tirelessly in the community and has been one of the greatest champions of our program and the causes we support. His generosity and giving spirit is unmatched. He is someone that our ladies can look to as an example of what it means to be a good neighbor and citizen."

DeSantis has been an integral part in the Crimson Tide's Power of Pink initiative since its inception, helping raise more than $1.46 million for the DCH Breast Cancer Fund through the annual Tuscaloosa Toyota/DCH Foundation Golf Classic and Nite on the Green events. He and Tuscaloosa Toyota also lent a generous hand to Dana Duckworth's ReadBAMARead Foundation in its first year, combining with Toyota Motor Sales USA to contribute over $20,000 to the foundation during the Crimson Tide's 2012 Tornado Relief meet against Missouri.

Assistant coach Dana Duckworth earned the honor in 2012 for her ReadBAMARead Foundation. Scholastic All-American Alyssa Chapman earned the DeSantis Award in 2011 while All-American Kassi Price earned the 2010 honor and All-American Ricki Lebegern became the inaugural recipient of the award in 2009.

THE POWER OF PINK

During the 2013 Power of Pink Meet, from the left, a contingent from the Zeta Tau Alpha National Foundation - (from the left) Jessie Patterson Jones, Susan Beard, Terri Millsap, Julia Hill, Lynn Chapman and Becky Kirwan, president of the ZTA Foundation - presented a check for $25,000 to the DCH Breast Cancer Fund, while Sarah Patterson, Lance Wyatt of Harrison Construction, the presenting sponsor of the DCH Foundation's pink events, Bryan Kindred, CEO of The DCH Health System along with Robert Kuhn and Molly Baldwin of the DCH Foundation, presented a check for $1.35 million representing the total raised for the DCH Breast Cancer Fund since the fall of 2004.

Pink shakers, pink shirts, even the occasional pink boa – once a season, everyone puts on their best pink outfits, grabs their favorite pink accessories and heads to Coleman Coliseum for a gymnastics meet. The pink isn't as much a fashion statement, but a show of support for Sarah Patterson's Power of Pink initiative.

It started with a simple idea. Sarah Patterson wanted to help raise awareness for the fight against breast cancer, a disease that has touched the lives of so many women around the world.

"I realize that I am very lucky," Patterson said. "Not only to be healthy, but also that I have access to excellent medical care. Not everyone is so fortunate, and I wanted to do something that would help those who need it most."

So she picked Alabama vs. Auburn on Feb. 4, 2005, and designated it as the "Drive 4 the Cause" meet. She asked everyone to mark the date and to "Think Pink, Wear Pink."

And they did, in droves. The first Power of Pink meet drew 13,299 fans, the fifth largest crowd in Alabama and Southeastern Conference gymnastics history at the time.

What started with a singular idea and grew into that first meet has continued to blossom into a staggering phenomenon that is now in its 10th year and on Friday, Jan. 24, 2014 Alabama will host its 10th Power of Pink meet, welcoming the Arkansas Razorbacks while resplendent in pink.

"We have this amazing platform at Alabama and I knew that it was something that we could use to help the women of this community," she said. "If just one woman comes to our meets and is helped by what we're doing, then it's all been worth it."

Over the past nine years more than 130,000 fans have filled Coleman Coliseum with pink for the annual event, including an Alabama and Southeastern Conference record 15,162 fans in 2006 and matching sellouts of 15,075 in 2007, 2008, 2009, 2010, 2012 and 2013.

"I have been so amazed at how the community has responded to this, how it has been embraced at every turn and how it continues to grow day-by-day," Patterson said.

Within the UA athletics department the event has grown from gymnastics to other sports to the point where Alabama Athletics' Power of Pink has events three times a year, one in the fall, one in the winter and one in the spring when UA women's teams host events.

The Power of Pink has gone beyond UA athletics and Tuscaloosa, exploding into a nation-wide cause. Since the Crimson Tide hosted its first meet in 2005, more than three dozen of the nation's top gymnastics programs have either hosted or participated in a "pink" meet, including every member of the Southeastern Conference. The Women's Basketball Coaches Association started its pink initiative in 2007, encouraging its members to participate in a "Think Pink" week that has now evolved into the WBCA's "Pink Zone."

There have been similar efforts in women's soccer and volleyball at the collegiate level as well. Even the NFL and Major League Baseball have gotten into the act with NFL players wearing pink gloves, chinstraps and shoes during Breast Cancer Awareness Month in October and MLB players using pink bats on Mother's Day in a show of support in the fight against breast cancer.

"When I look around at all the meets and events and how this has spread through the sports world, it is an unbelievable feeling," Patterson said. "It's such a vital cause and these events really bring attention to the fight that goes on every day. I can't help but smile when I'm out grocery shopping, or working out, or wherever I am, and I see someone wearing a Tuscaloosa Toyota Power of Pink T-shirt, and there is rarely a day that goes by when I don't see someone wearing one, because that tells me that the message continues long after the event is over."

While others sing her praises for all she has done in the community, especially in the fight against breast cancer, Patterson said she receives so much more than she gives.

"I am so fortunate to not only be in a position where I can offer this help," she said. "But to be able to work with so many wonderful, dynamic people who are out there every day making a difference in this community is truly amazing. I draw on their enthusiasm and spirit."

From the beginning, support for Patterson's Power of Pink initiative was swift and widespread. She started to talk to the leaders in the Tuscaloosa community about her idea and everyone she talked to got on board, offering advice and support.

When Alabama sold out the 2013 Power of Pink meet, it marked the seventh time in the event's history that more than 15,000 pink-clad fans have filled Coleman Coliseum.

"So many people have worked extremely hard and put in long hours for this worthy cause, this vital fight," Patterson said. "What we all realize is that as coach Paul Bryant was fond of saying 'The price of victory is high, but so are the rewards.' I can think of no greater reward, no better return on the investment of time and resources so many have put forth, than beating this disease."

Among those who joined with Patterson in the early days of the Power of Pink initiative was Larry O'Neal, who was DCH's vice president of development at the time. O'Neal not only encouraged Patterson when she first brought the idea for the cause to him, but he immediately went to work to support her efforts.

"I will always be grateful to Larry O'Neal, for listening to me and my vision for this event and believing in me and the power of dreams," Patterson said. "Without Larry, none of this would have been possible."

Through the auspices of O'Neal and the DCH Regional Medical Center, the DCH Breast Cancer Fund was set up within the DCH Foundation. The fund is designed to provide disadvantaged women with the means for early detection and treatment of breast cancer.

"Every three minutes a woman in the United States is diagnosed with breast cancer, but how many women experience problems that go undetected due to a lack of knowledge or limited financial abilities to undergo testing?" Patterson said. "After watching firsthand as friends, family members and loved ones deal with the impact of this disease, I felt it was important to use our sport, its visibility, and this event as a platform to help raise the awareness of breast cancer and how women can protect themselves from this disease."

Patterson also found a more-than-willing partner in local businessman David DeSantis, the co-owner of Tuscaloosa Toyota.

"We have come so far because of the vision of David DeSantis," Patterson said. "He is without a doubt the most charitable businessman that I have ever been associated with. Everyone that has been associated with this endeavor will tell you that David's drive and can-do spirit has been a driving force for the Power of Pink."

The Power of Pink continues to grow every day, and because of the way Tuscaloosa has taken to the Power of Pink, women in the West Alabama community have someone in their corner in the fight against breast cancer.

"Coach Sarah Patterson's 'Power of Pink' gymnastics meets have provided a highly visible vehicle to raise funds for a very worthy cause – the DCH Breast Cancer Fund," O'Neal said. "Through her efforts and initiative the DCH Foundation established the Breast Cancer Fund in December 2004. Because of her vision and passion in fighting breast cancer, lives will be saved. What better legacy can one create during a lifetime?"

THE DCH BREAST CANCER FUND

The DCH Foundation established a fund to support Sarah Patterson's Power of Pink initiative in the winter of 2004. Donations can be made to the DCH Breast Cancer Fund by mailing a check to: DCH Foundation, 809 University Blvd. E., Tuscaloosa, AL 35401. The DCH Breast Cancer Fund should be noted on the memo line of the check.

The DCH Foundation, Inc., was established in 1973 to provide a way for citizens of West Alabama to help create for themselves the best health system in the nation.

More about the DCH Breast Cancer Fund: The DCH Breast Cancer Fund's purpose is to promote awareness and provide educational programs on prevention and early detection of breast cancer. The Fund also provides breast screenings to women in need of those services. Patients who meet the eligibility requirements will be provided assistance to pay for early detection services at the DCH Cancer Center. Eligibility criteria will be prepared and provided upon request.

LIGHTING THE UNIVERSITY OF ALABAMA PINK

Since 2005, it has been customary for the inside of Coleman Coliseum to be filled with pink at least once a year to highlight Sarah Patterson's breast cancer awareness campaign, the Power of Pink. There are pink shakers, pink 10 cards and the fans all come wearing their pink to support the cause. Then, in 2010, associate professor Craig Wedderspoon, along with instructor Jamey Grimes and graduate assistant Joe McCreary, all from UA's Department of Art and Art History, spearheaded the effort to light the outside of the coliseum in pink as well. That year, with technical assistance from Tim Porter, Phillip Trull, Donny Jones and other campus electricians along with Duane Lamb, UA Assistant Vice President for both Facilities and Grounds, Coleman Coliseum was bathed in pink light from Bryant Drive all the way to the front doors.

From that point on, the pink lights have continued to spread, first, at Lamb's direction, throughout campus and then, in 2013 throughout the Tuscaloosa community, with local businesses and landmarks joining in.

"It's really such an amazing and inspirational sight," Patterson said. "To see how the lights have spread out from the Coliseum to the point where the week of that meet, the whole town seems to glow pink. I am so thankful for Duane Lamb and Craig Wedderspoon for making this such a labor of love."

With Wedderspoon and company lighting the Coliseum area pink year-after-year, Lamb and his crew take things across campus, lighting the University of Alabama's most recognizable landmark, Denny Chimes, in pink as well as the water in the Ferguson Center fountain, fraternity and sorority houses along with a variety of other buildings and structures.

"I've been so amazed at how this has continued to grow," Patterson said. "To see campus lit up that way is amazing, and then to leave campus and see that pink glow continue on through downtown ... it really is a beautiful site to see."

STANDING ALONGSIDE HEROES

It has become one of the most uplifting and poignant moments during the Alabama gymnastics team's annual Power of Pink/Drive for the Cause meet.

For the past four seasons, Crimson Tide gymnasts have forgone their usual introductions during the pink meet and instead they come into the spotlight with a special guest. Tony Giles, Alabama's longtime public address announcer, introduces each gymnast by class and by name and then introduces a breast cancer survivor. Two at a time, gymnast and survivor, step into the spotlight when their names are called and then fireworks explode as the survivor waves to the crowd, adding additional poignancy to an already inspirational night.

In 2013 three of the 18 women introduced had a special connection to the Alabama gymnastics program. The first was Jessica Bailey who became the first current UA undergraduate student to be introduced as a survivor after being diagnosed earlier in the school year.

"To have someone like Jessica step out there as a survivor really hits home," Sarah Patterson said. "Hopefully her story will let others know that this disease can affect anyone at any age."

The Tide also introduced two of their own in 2013, when Allie Green Hayes and Ann Wilhide Dziadon, both members of Sarah and David Patterson's first recruiting class, stepped up into the spotlight as 16-year and five-year survivors, respectively.

"I think to have Allie and Annie take part in our Power of Pink meet in that way really had an impact on our ladies," Patterson said. "All of these women, and all the survivors who stand up when we recognize all the survivors at the meet, put a very human face on what the Power of Pink is all about. They are all champions in the truest sense of the word."

Bailey, Hayes and Dziadon were joined by Bonita Anderson, Kayce Bell, Pam Washington, Shantel Dillard, Caroline Fulmer, Coleen Kern, Judy McCrory, Donna McJenkins, Vicki Santina, Ivette Steadman, Amy Crossland, Jane Wilson, Doris West, Akeba Vester and David Patterson's mother, Shirley Cook.

Like those that came before them, the 18 women introduced in 2013 ranged from those diagnosed only weeks before the meet to those who are 30-year survivors.

SUPPORTING THE DCH BREAST CANCER FUND

Support for Sarah Patterson's Power of Pink initiative has been tremendous from the very start – from the more than 130,000 fans who have poured into Coleman Coliseum all wearing pink for the Crimson Tide's first eight "Drive 4 the Cause" meets, to the spread of pink events throughout the athletics department, the Southeastern Conference and ultimately the nation.

Support has been equally impressive for the events and organizations that raise money for the DCH Breast Cancer Fund, especially A Nite on the Green and the DCH Foundation Golf Classic. Because of those two events, along with the generous support of the West Alabama community, funding raced past the $1 million mark in 2010. Since 2010, another $350,000 has been donated to the fund, including more than $100,000 from events in 2012.

"The generosity of the West Alabama community never ceases to amaze me," Patterson said. "Every year, through the good times and the tough times, people continue to reach deep to help those around them."

The DCH Breast Cancer Fund was started in the fall of 2004 to support Patterson's Power of Pink initiative, providing awareness, education, screenings and support for those in need in the West Alabama area.

A Nite on the Green evolved from a dinner held before the 2005 Golf Classic to thank players and sponsors. The event also gave non-golfers a way to be a part of the Power of Pink. From that first dinner, a highly successful annual fundraiser for the Breast Cancer Fund has evolved as well as one of Tuscaloosa's "must attend" events, one that features live and silent auctions, music, dancing and great food all for a great cause. The 2013 Nite on the Green was held at the Cypress Inn Pavilion on the Black Warrior River. Music is almost always a part of A Nite on the Green, highlighted by *American Idol's* Taylor Hicks, who performed at the fundraiser in 2011.

The DCH Foundation Golf Classic follows A Nite on the Green a day or two later.

"The support for these events, and the Power of Pink as a whole, has been phenomenal," said David DeSantis of Tuscaloosa Toyota, the longtime chair and supporter of A Nite on the Green and the Golf Classic.

In addition to the money raised by the two annual events, Zeta Tau Alpha sorority – the UA chapter of which has been an integral part of hosting the Tide's Drive for the Cause meets – donated $25,000 to the fund during the summer of 2012 in honor of Sarah Patterson, the keynote speaker at the ZTA's national convention.

KEEPING UP WITH THE CRIMSON TIDE

FOLLOW THE TIDE

BAMAGYMNASTICS

UACOACHSARAH

Whether it is on TV, online or on the radio, keeping up with the Alabama gymnastics team has never been easier. Newspapers, television, radio, magazines and the Internet … if it carries information, you can be guaranteed Alabama gymnastics has a voice in it.

Over the past 30 years, coverage of the Crimson Tide gymnastics program has grown exponentially. There's no secret formula for the Tide's media success. Alabama wins – a lot – with six NCAA championships and seven Southeastern Conference titles since 1988 to go with more than 400 regular-season wins since 1979.

The second part of Alabama's formula for media success is interest. To have such a wide variety of media outlets covering the program on a regular basis, Alabama had to prove that people cared. An average of 11,000-plus fans per meet over the past dozen years certainly qualifies as interest.

"It's not just enough to win if you want the media to cover you," Sarah Patterson said. "You have to convince them that people care. Once our attendance started to rise into the thousands, I think the newspapers and television stations started to understand."

The Crimson Tide has also benefited from the SEC's broadcast package with ESPN and Fox Sports Net. In 2014, five of Alabama's regular-season SEC meets will be broadcast as part of the league's ground-breaking television deal. The 2014 SEC Championships will air on both ESPN2 and ESPNU. The 2014 NCAA Championships will also be broadcast on the ESPN family of networks.

Magazines devoted to Crimson Tide athletics, such as *Bama Magazine*, *Crimson Magazine* and *Tuscaloosa Magazine* routinely cover the gymnastics program, but national magazines such as *Sports Illustrated* and *Glamour* magazine have also featured Tide gymnasts. In 2005, *Sports Illustrated on Campus* featured four-time NCAA Champion Ashley Miles as one of six collegiate athletes to watch, regardless of sport or gender and *Sport Illustrated* covered Alabama's Tornado Relief meet against Missouri in 2012.

Crimson Tide gymnastics also has its own weekly television show. The "Sarah Patterson Show" is in its 15th season in 2014. The half-hour television program, co-hosted by longtime Tide personality Tom Roberts, is broadcast to millions of homes per week.

The Tide is also featured on a weekly video feed that sends highlights and interviews to television stations around the country to be used in local and national broadcasts, so that no matter where a gymnast is from, her hometown media outlets can keep up with her.

All of the Tide's home meets are streamed live over the Internet via RollTide.com and Alabama is in the 10th year of simulcasting all its meets on the radio and Internet. Rich Robinson and Leesa Davis will be calling all the action again in 2014. The broadcasts originate from WVUA-FM in Tuscaloosa and are available over the Internet at www.newrock907.com.

Patterson is a regular on the Tide's weekly radio program, "Hey, Coach!" Radio hosts throughout the state who prefer lively and knowledgeable guests on their shows call on Patterson often.

As for keeping up with the day-to-day aspects of the Tide, the Internet continues to make that easier all the time. BamaGymnastics is the Crimson Tide's handle for Twitter, Instagram, Facebook and YouTube. Patterson keeps everyone up to date on everything Alabama with her own Twitter and Instagram feeds at UACoachSarah.

There are also a pair of websites devoted to Alabama gymnasts and their accomplishments. The official University of Alabama Athletics site is located at RollTide.com. The other key site for those who want to be in the know about UA gymnastics is GymTide.com, a product of Alabama's booster organization, The Medalist Club. The group was one of the first booster organizations for any sport to have its own website. Since the 2000 season, Jan Davis has been providing live online commentary of all the Tide's meets, routine-by-routine, on GymTide.com.

To round out the family affair on GymTide.com, Jan and Leesa Davis' brother Jim has been providing photography and videography for the site since its inception in the late 1990s. Through the Davis family and a host of other hardworking volunteers, Alabama gymnastics enjoys unprecedented online coverage.

"When I started, I had no way of knowing the advances that would be made in communication and technology," Patterson said. "But I did know that I wanted Alabama to compete and achieve at the highest level and I wanted people to know about it. Some of the ways in which we receive coverage boggles my mind, but the amount of coverage is what I had hoped for."

Coverage from Alabama's daily newspapers and television stations has grown to the point that Patterson has a weekly press conference to accommodate all the media. *The Tuscaloosa News* has produced several "GymDay," special sections. The gymnastics team is a regular on the front page of the state's sports sections and occasionally makes its way onto the very front page of the paper.

Alabama is also one of the few women's teams in the nation that produces a full-color program for each regular-season home meet. The souvenir programs include interviews, statistics, features and opponent information.

CRIMSON TIDE GYMNASTICS OVER THE AIRWAVES

From Tuscaloosa to Oklahoma City, from Knoxville, Tenn. to Birmingham, and all the Crimson Tide stops in between, Alabama gymnastics fans who can't see all the action live can once again follow along on the radio courtesy of the Alabama Gymnastics broadcast, sponsored by the Medalist Club and broadcast in conjunction with WVUA-FM.

"Our radio broadcast has been such a success over the years," Sarah Patterson said. "It's another way that we're able to keep the Crimson Tide nation informed, whether they're across the state or around the world. It's especially nice when we're on the road and our hometown fans can keep up with all the action."

Leesa Davis is in her 10th season broadcasting the Alabama gymnastics meets and is joined on the air by Rich Robinson, now in his third season.

A communications major at UA, Robinson landed his spot on the broadcast team as a freshman. That season he found himself broadcasting for a national championship-winning team as a rookie. He credits the University for his success so far.

"The best reason to come to The University of Alabama is for the opportunities," Robinson said. "We are a fast-growing community with a great amount of talent and potential. But … we also have the resources and support to turn that potential into real results."

Robinson has turned these opportunities into successes. He radio broadcasts every home and away meet with Davis, including pre- and post-meet shows and interviews with team members and Patterson.

"It is also a real honor to be around Coach Patterson on a regular basis," Robinson said. "She is a living legend. It's crazy to think that she was hired by Coach 'Bear' Bryant in her early twenties to run a fledgling program that no one really believed in, or understood, and then turned it into a powerhouse."

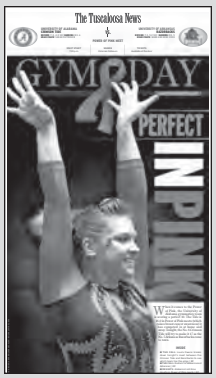
Davis and Robinson make Alabama the only team in the nation to have all its meets, home and away, regular and postseason, broadcast on the radio and the Internet.

The enterprise has been a resounding success, with fans who can't attend the Tide's meets following on the radio or through WVUA's web presence. There are even those who listen to the call while at the meets.

For their hard work in covering the Crimson Tide, the Davis family – sisters Jan and Leesa and brother Jim – were honored with the 2007 David Dutton Memorial Award, which goes to those individuals who go above and beyond for the Alabama gymnastics program.

ALABAMA GYMNASTICS IN THE NEWS

In addition to being regulars on television, on the internet and in magazines, Crimson Tide gymnastics is also front page news for Alabama's daily newspapers. Alabama gymnastics has also warranted its own special section in *The Tuscaloosa News* on average of once a year over the past decade. Those special sections usually come in conjunction with the Tide's biggest meet of the season and explore a variety of topics, including the art of vaulting, the physics of gymnastics, Alabama's ever-growing attendance and the Power of Pink initiative.



THE MEDALIST CLUB: THE BEST SUPPORTED BY THE BEST

Pat Huet is in his third term as president of the The Medalist Club.

When Pat Huet first moved to Tuscaloosa, the former collegiate wrestler was looking for a program to follow and support with his legendary spirit and enthusiasm. He quickly discovered that while there was no wrestling in the Southeastern Conference, there was a gymnastics program at the Capstone that was on the rise.

"I started going to meets and was just immediately drawn in to what was happening in Coleman Coliseum," Huet said. "I realized right away that this was an amazing program and something I really enjoyed being around."

Pretty soon he found the Medalist Club, a group of dedicated fans who would put his high energy personality to work. Before long he was a member of the board and from there it didn't take him long to become an integral and vital part of the club, so much so that the Medalist Club President's Award is named after him.

"I think we all love being a part of this because of the overall excellence of the Alabama program," Huet said. "It's not just the fact that we win, but it's the way we win, the way that the team that gives back to the community and the way that they graduate and then go on to outstanding careers. It's a program that really cares about nurturing the whole person, and that's something that so many of us want to be a part of."

Officially organized in 1987, The Medalist Club was formed to support all aspects of Alabama gymnastics. Since that time, the group has grown to over 300 memberships representing more than 700 people.

"Through everything we've accomplished over the years, the Medalist Club has been there with us," Sarah Patterson said. "The amazing support we receive from our fans, especially the Medalist Club, is vital to our program continuing to excel at a championship level. Year after year, they have filled Coleman Coliseum, as well as arenas around the country, to support our ladies and help carry them to the very top."

Now in his third term as president, Huet and The Medalist Club are in the midst of several key initiatives that will carry through the 2014 season, initiatives that will help support the team's athletic, academic and community service goals. One of the club's primary goals in 2014 is to help drive fan support for the Southeastern Conference and NCAA Championships, both of which will be held in the Birmingham Jefferson Convention Center in Birmingham, Ala.

"We're working hard to augment the championships that will be held in Birmingham this year," Huet said. "Members of our board are working closely with the Alabama Sports Foundation in an effort to promote the championships throughout the year and as a club we're going to do our best to make sure the championships are extremely successful."

The Medalist Club has been instrumental in helping the Tide host the SEC and NCAA competitions that have come to the West Alabama area, both in Tuscaloosa and Coleman Coliseum and in Birmingham over the years, including the 1991, 1996 and 2002 NCAA Championships and the 13 NCAA Regional Championships that have been held hosted by the Crimson Tide.

"The support we get from The Medalist Club in hosting championship meets is one of the reasons that our hospitality is nationally known," Sarah Patterson said. "They are so amazing when it comes to helping us realize our goals and dreams, and I know that they will do everything they can to make the Birmingham championships the best they can be."

In addition to helping promote the 2014 NCAA Championships, The Medalist Club will be focusing on growing the funds that support its postgraduate scholarships.

"We're in the midst of a concentrated drive to help boost our postgraduate scholarship and help it continue to grow," Huet said. "I think the scholarship program is one of the most important and special things that we do as an organization."

Initially started in the late 1990s, The Medalist Club Postgraduate Scholarship provides members of the Crimson Tide gymnastics family a chance to continue their education at the University of Alabama.

In addition to helping Alabama gymnasts with their educational goals after graduation, the club also helps the Tide's current gymnasts reach their goals in the academic realm by supplying up-to-date computer systems for the team room in the gymnastics suite. The latest computer stations allow the gymnasts to study as well as do homework and research from the comforts of the team room.

The computer stations the club purchased prior to the 2013 academic year are just the latest equipment purchased by its boosters to help improve the gymnast experience at Alabama. Other recent purchases include extra touches to furnish and outfit the gymnastics suite, which includes the gymnasts' locker room, team room and athletic training facility, including flat-screen televisions and other amenities as well as a state-of-the-art video system for the practice gym.

"This goes beyond the realm of a plain booster organization that provides financial support," Patterson said. "The emotional support they provide is what sets them apart from any other organization."

To Sarah Patterson's way of thinking, The Medalist Club provides the team with an important link in its chain of success.

"This is a group of people focused together on providing support for our student-athletes in terms of fellowship in a family atmosphere," Patterson explained. "They have taken the art of being a fan and turned it into something that allows everyone, including the student-athletes, to enjoy the benefit of it."

Families are very much a focal point of the booster group. With the inception of "Tide Tykes/Tide Teens" in 1999, children have their own part of the club and have the chance to hang out with the gymnasts in their own special reception. That program continues the sense of family that the Tide gymnastics program has fostered over the past 35 years under Sarah and David Patterson.

"It's a great family activity," Patterson said. "It provides children with the opportunity to be involved with some terrific role models."

The Medalist Club also works diligently to get the good news about Alabama gymnastics out to the world. For the 10th season in a row, the club will help underwrite the radio broadcasts of all the Tide's meets, home and away, on WVUA-FM and the Internet.

The club's website, GymTide.com, sponsored through corporate partnerships, was among the nation's first booster club sites and remains one of the best with a variety of features that allow Tide fans to get to know and keep up with the program. The highly popular site boasts innovative and informative features in a wide array of formats, all designed to give a comprehensive look at one of the nation's top collegiate programs.

"For us, it's an honor to work with the gymnastics program and to be even a small part of the success that Sarah and David and their teams have earned over the years," Huet said. "As a club, we just want to do what we can to lend a helping hand where it's needed."

THE MEDALIST CLUB POSTGRADUATE SCHOLARSHIP

Ashley Sledge is the 12th member of the Alabama gymnastics family to earn a Medalist Club Postgraduate Scholarship.

One of the unique and wonderful aspects of The Medalist Club is its postgraduate scholarship program designed to provide members of the Crimson Tide gymnastics family a chance to continue their education at the University of Alabama.

As a former Alabama gymnastics All-American and Scholastic All-American, Michelle Reeser, the chair for the postgraduate scholarship committee, recognizes the importance and significance of awarding the scholarships.

"The Medalist Club has always been a tremendous asset to the gymnastics program," Reeser said. "This scholarship shows that they are as committed to academic excellence as the coaches, gymnasts and staff are."

Reeser speaks from firsthand experience, having earned a Medalist Club Scholarship while pursuing a master's degree in accounting.

"This again demonstrates that The Medalist Club supports student-athletes," coach Sarah Patterson explained. "It exemplifies the things about the program that we want to emphasize: we are about athletes and education."

Anyone who has made a significant contribution to the Alabama gymnastics program may apply for the postgraduate scholarship. Potential recipients include alumni, trainers and managers. The funding is awarded upon completion of eligibility and graduation.

The scholarship was the first of its kind to be awarded.

"It's nice to set the standard," Patterson said. "We lead the nation in NCAA and SEC postgraduate scholarship winners in our program. This is just another arena that we have opened up to our student-athletes."

All-American Ashley Sledge, a member of the 2011 and 2012 NCAA championship teams, is the most recent recipient of the scholarship. Sledge is pursuing a master's in business administration at the University of Alabama.

Past recipients include Lexa Evans, Gwen Spidle, Andreé Pickens, Alexa Martinez, Michelle Reeser, Kaitlin White, Ashley O'Neal, Sara Scarborough, Kassi Price, Morgan Dennis and Ricki Lebegern.

THE SARAH PATTERSON DISTINGUISHED ALUMNI AWARD

From the left – 2013 Medalist Club President Pat Huet, Candace Burge, Senior Vice President of the award's sponsor, The Bank Of Tuscaloosa, 2013 Distinguished Alumni Michelle Reeser Newberry, and Sarah Patterson.

When Michelle Reeser, now Michelle Newberry, took to the floor of Coleman Coliseum prior to the Crimson Tide's 2013 meet against Kentucky to celebrate, along her teammates, the 10th anniversary of Alabama's 2003 Southeastern Conference Championship, little did she know it wouldn't be the only time she'd be honored that night.

Following the first rotation, Newberry was guided to the floor on the pretense of helping with another presentation, so she can be excused if she was a little surprised when she was presented with the 2013 Sarah Patterson Distinguished Alumni Award.

"I had no idea what was coming," Newberry said. "It was a total shock, but it was also a tremendous honor and one that I am extremely honored to receive.

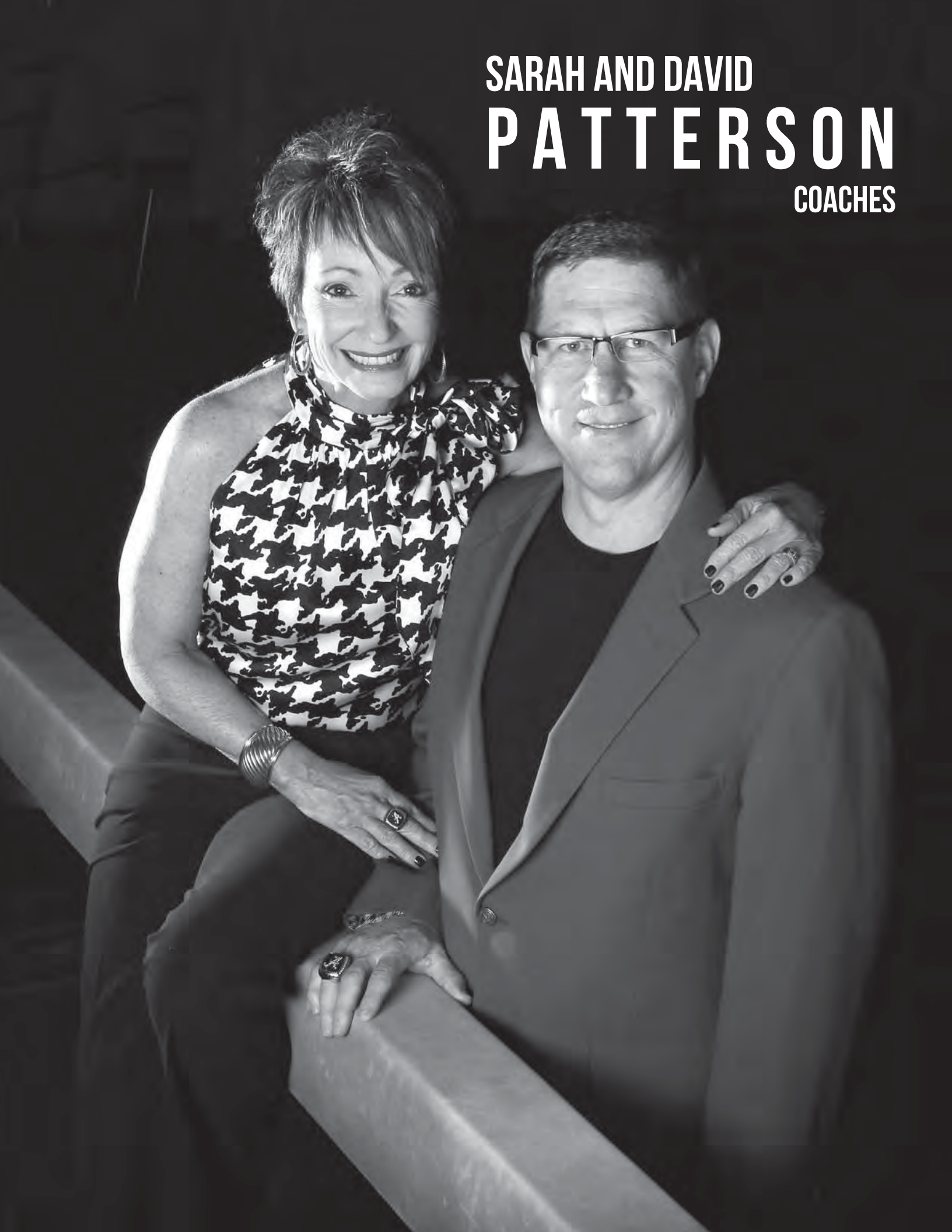
A 2005 graduate with a degree in accounting, the All-American and four-year Scholastic All-American was the SEC Gymnastics Scholar-Athlete of the Year and an NCAA Woman of the Year top-10 finalist as a senior.

Following graduation she joined the accounting firm of Ernst and Young, working in the company's London and New York offices. Newberry went on to earn a Master's of accounting from the Capstone in 2007.

She is currently a financial analyst with Southern Progress, living in Birmingham with her husband Collin and daughter Stella.

The award, first presented in 2005, recognizes members of the Alabama gymnastics family who have gone on to lead lives of distinction. Newberry certainly fits that description, not only in her career, but in her postgraduate service to Alabama Gymnastics and the Medalist Club. The former Medalist Club Postgraduate Scholarship recipient is now the chair of the MC Scholarship Committee.

Newberry followed previous winners Jamie (Jenkins) Burke (2012); Anne (Wilhide) Dziadon, 2011; Meredith (Willard) Luber, 2010; Dr. Julie (Estin) Vaughn, 2009; Dana (Dobransky) Duckworth, 2008; Marie Robbins, 2007; Patti (Rice) Eggers, 2006; and the award's inaugural recipient Barbara (Mack) Harding, 2005.



SARAH AND DAVID
PATTERSON
COACHES

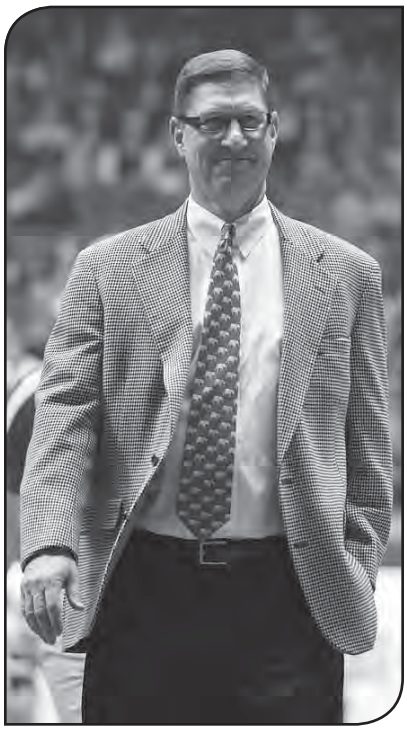
In their tenure at Alabama, Sarah and David Patterson have built a program that has excelled and thrived at the highest levels in all areas of the collegiate experience, leading the Crimson Tide to championship performances in the gym and the classroom while making a difference in the community around them.

"Our philosophy has always been that if you develop the whole person, not just the gymnast, that the scores will take care of themselves," Sarah Patterson said. "We look for those young women who want to excel in everything they do, who want to be part of a family environment and who want to be involved in community – to us, that's what it means to be `Built by Bama.' I think that philosophy is why Alabama gymnastics has been so successful over the years."

That success has reached a fevered pitch over the past five seasons as Alabama continues to reach ever greater heights. Since the start of the 2009 season, Alabama has finished third or better at the NCAA Championships every year, including back-to-back national titles in 2011 and 2012. The Tide is also the only program to advance to the NCAA Super Six Team Finals every year during that span.

Individually since 2009, 15 gymnasts earned 60 All-America honors and two gymnasts, Geralen Stack-Eaton and Diandra Milliner, earned a trio of individual national titles. Also during that span Ashley Priess won the Bryant Award, presented to Alabama's top student-athlete, and was named a top-30 finalist for the NCAA Woman of the Year award while Kayla Hoffman received the 2011 Honda Award, Southeastern Conference Female Athlete of the Year and NCAA Top VIII honors.

The Tide has been just as successful in the classroom over the past five years, with 29 gymnasts earning 61 Scholastic All-America honors, including a school-record 14 in 2011. Kassi Price became the inaugural winner of the NCAA's Elite 89 Award, while Rachel Terry became the first to win the award in back-to-back seasons and in 2013, Kim Jacob kept the award an all-Alabama award. All three women earned the award with perfect 4.0 grade point averages. As a team, Alabama has posted lofty GPAs each year, including a school-record 3.71 GPA in 2011. On a conference level, Hoffman (2011) and Jacob (2012 and 2013) were voted SEC Gymnastics Scholar-Athlete of the Year by the league's coaches. Tide gymnasts also earned a place on the SEC Academic Honor Roll 83 times since 2009, a total that includes a school and SEC-record 17 honorees in 2012.



In the midst of all their athletic and academic success over the past five years, the Tide has maintained an active presence in the community, spending hour upon hour of their free time lending a helping hand to those in need, including such outreach projects as the Power of Pink and ReadBAMARead, plus working to help the West Alabama community recover from the April 2011 tornado that cut a swath through the Tuscaloosa community. The Tide also continued its work with the Stallings RISE Center, Project Angel Tree, Easter Seals and a host of other causes.

While the past five years have been extraordinary, that kind of excellence in all areas is far from new to the Crimson Tide under the Pattersons, who have built a program that has remained a constant among the nation's elite for more than 31 years. That sustained greatness led to the Pattersons becoming the only coaches in collegiate gymnastics history to win NCAA titles in four different decades – with the first coming in the 1980s, followed by two in the 1990s, one in the 2000s and now two in the 2010s.

With six NCAA championships to her credit, Sarah Patterson joined Alabama football coach Paul "Bear" Bryant for the most career national championships by a Crimson Tide head coach. In addition to building Alabama into a football juggernaut, the foundation of the Tide's gymnastics success was also "Built by Bear" after Bryant, in his role as Alabama's athletics director, hired Sarah straight out of Slippery Rock State College in the summer of 1978.

The last coach hired by Bryant, Sarah Patterson gives the legendary coach credit for helping launch Tide gymnastics to its current level of success.

"I was the fifth coach in five years and there hadn't been a winning record during the first four years," she said. "I didn't know it at the time, but the plan was to drop the program after the season."

Alabama won seven meets in 1979, as many as the first four years combined and that caught Bryant's attention.

"Coach Bryant loved a winner," Sarah Patterson said. "So when we had some success that first year, he gave us four scholarships to recruit with and that was our first recruiting class."

Sarah and David Patterson promised that class that Alabama would make it to the national championships during their careers. As seniors, that first recruiting class marched into the 1983 NCAA Championships where the Tide finished an amazing fourth in their first national championship appearance.

The rest, as the saying goes, is history. The Tide has not missed an NCAA Championships appearance since, making it 31 in a row in 2013, the second-longest streak in the history of collegiate gymnastics.

During that 31-year span, Alabama became one of just five teams in collegiate gymnastics history to win an NCAA championship. The Tide has also finished in the top six 29 times, including an NCAA-best 22 top-three finishes.

In addition to being their 35th season at Alabama, the Pattersons also celebrated the 25th anniversary of their first national and conference championships in 2013. If the Tide's first recruiting class earning a trip to the 1983 national championships built the foundation for Alabama's success, the 1988 SEC and NCAA championship team cemented the Tide's place among the nation's elite programs. It also gave credence to the coaching philosophy that Sarah and David Patterson had utilized since day one of their coaching career.

"That season proved you could have our philosophy and have those priorities and still be successful at the highest level," Sarah Patterson said. "It showed you could coach for a championship, you could instill that academic success was first and foremost, and you could treat your student-athletes as maturing individuals who you want to see become better citizens who will continue to grow after graduation."

Alabama followed the 1988 NCAA crown with national championships in 1991, 1996, 2002, 2011 and 2012. The Tide collected SEC titles in 1988, 1990, 1995, 2000, 2003, 2009 and 2011.

Individually, Alabama gymnasts have earned 289 All-America honors and 24 individual NCAA championships. Seven times a member of the Crimson Tide has earned the Honda Award, presented annually to the nation's top gymnast. UA gymnasts have also received the NCAA Top VIII Award – presented annually to the nation's top-eight senior student-athletes, regardless of gender or NCAA division – four times.

Patterson-coached athletes have been awarded 24 NCAA and SEC postgraduate scholarships, another figure that leads the way among all

gymnastics programs, as well as 189 Scholastic All-America and 262 SEC Academic Honor Roll accolades.

While those numbers just scratch the surface of the Pattersons' accomplishments, they do outline a pattern of success that is extraordinary even among the nation's elite collegiate programs. It is why when the University of Alabama decided to create a "Champions Plaza" in front of Coleman Coliseum, its Board of Trustees voted unanimously to name it after Sarah Patterson in recognition of all she and David have accomplished.

It is also one of the reasons that when ESPN began making plans to start a new unit within its sports empire targeted to women, ESPN/W, the network asked Sarah to serve on the advisory panel.

Such recognition of their contributions to the landscape of women's athletics over the past 35 years is certainly gratifying, but what Sarah and David Patterson are most proud of is the success their gymnasts enjoy after they leave Alabama. After spending their collegiate careers at the Alabama, Tide gymnasts invariably go on to lead lives of distinction, both professionally and personally.

"Winning championships never grows old," Sarah Patterson said. "And I have thoroughly enjoyed watching our ladies take home conference and national championships and awards, but there is nothing like the sense of satisfaction I get watching our ladies go out into the world and use what they learned at Alabama, both in the classroom and in the gym, to make themselves successful. It is simply the best feeling in the world."

Alabama's all-time roster is filled with highly successful doctors and lawyers, mothers and executives, teachers and engineers and they all share the common thread that they learned the habit of success at Alabama. That fact is probably the single greatest measure of Sarah and David Patterson's three decades of success at Alabama. The Pattersons are also extremely proud of the role their current gymnasts and alumni play in the community.

"I think as David and I have matured, we've placed a greater emphasis in our own lives on community service and how we can help," Sarah Patterson said. "I feel that if we can instill that quality – that characteristic of giving – in our athletes when they are 18 to 22, and they have the sense of accomplishment that working in the community gives, then when they graduate and go out into the world, they will have gained so much from that experience that they will always be giving people. That's something that's very important."

One of the reasons that the Pattersons have been so successful over the years is that the tenets of excellence upon which the Alabama program has been built have been constant from day one.

"The core of what we are today hasn't changed from 20, 30 years ago," Sarah Patterson said. "Now we've gotten a little older and a little wiser, but when you get right down to it we still have the same philosophy, the same goals and the same drive to succeed on all levels that we did at the start."

There have been some changes along the way, including David Patterson's retirement from the University in the fall of 2008, which allowed him to assume the volunteer coaching position.

"Nothing has really changed as far as the gymnasts are concerned," David Patterson said. "The biggest difference is that now my relationship with our student-athletes begins when they come on campus, instead of on the recruiting trail."

While he isn't on the road recruiting, or spotting in the gym, David Patterson still plans practices as he always has and he is still in the gym every day, watching, teaching and encouraging.

In addition to her coaching duties, Sarah Patterson is the driving force behind the Power of Pink initiative that raises awareness in the fight against breast cancer and has raised more than $1.46 million for the DCH Breast Cancer Fund established by Alabama gymnastics and the DCH Foundation in 2004 to help women in need prevent, detect and treat breast cancer. In 2005 she was also named to the DCH Foundation Board. She also speaks to groups throughout the state of Alabama and she and David are always there to lend a hand with local causes.

Sarah Patterson has served as a part of Alabama's athletic administration as associate athletics director since 1985 and was on the SEC Executive Committee, the NCAA Women's Gymnastics Committee and the NCAA Recruiting Committee.

In addition to their extensive Alabama gymnastics family, the Pattersons have two daughters of their own, Jessie and Jordan, both of whom have made their way to the University of Alabama. Jessie has earned bachelor's and master's degrees from Alabama and joined her parents on the UA staff in 2010 when she was named assistant editor of Alabama's *Alumni Magazine*. She is now a communications specialist in UA's Division of Student Affairs. During her undergraduate days, Jessie worked as a reporter, then sports editor and finally managing editor of *The Crimson White*, the University of Alabama's student paper.

Jordan joined the family enterprise in the fall of 2010 after earning a scholarship to play softball for coach Patrick Murphy and the Crimson Tide. Now a senior, she and her teammates won Alabama's first NCAA Softball championship in 2012 as well as back-to-back SEC championships in 2011 and 2012. In the spring of 2013, Jordan was inducted into the University of Alabama's elite women's honorary, XXXI, and the following fall, she was elected in a campus-wide vote to the UA Homecoming Court after being nominated by her fellow student-athletes.

"After all the years of having Jessie and Jordan in the stands as David and I coached, there is nothing quite like the feeling of satisfaction we get from seeing our daughters enjoy such success at Alabama," Sarah Patterson said. "Being able to be there as a family, watching in the rain

as Jordan and her teammates won the 2012 World Series is a thrill I will never forget."

While the Pattersons may seem to spend most of their time outside of work as softball parents, they also have a variety of hobbies and interests that keep them busy.

Sarah, a 1978 graduate of Slippery Rock State College with a degree in physcial education, is an enthusiastic scrapbooker, a legendary baker of cookies and a big country music fan - filling her iPod with Sara Evans, Carrie Underwood, Toby Keith, Kenny Chesney and others - in her scant spare time.

David Patterson, a 1982 Alabama graduate with a degree in coaching and public relations, has become skilled in woodworking over the past several years, creating ever larger and more intricate projects, graduating to pieces of furniture that are proudly displayed in the Patterson home.

An accomplished fly fisherman, David has caught a fish in all 50 states, after checking Missouri off his list in May of 2010. In the community, he helped spearhead the "Ride of Love," a one-day, 150-mile bicycle ride through Alabama to raise money for Camp Smile-A-Mile, which caters to children with cancer.

With lives as busy as they have ever been, Sarah and David Patterson find their days filled with family and work and the wide variety of details that intertwine everything together. It is an intricate act of balance to keep everything going at such a high level for such a long time, but it is a balancing act at which they excel and thrive.

ALABAMA UNDER THE PATTERSONS

Year at Alabama: 36th Overall Regular Season Record: 422-94-5/35 years

— 6 NCAA Team Championships – 1988, 1991, 1996, 2002, 2011, 2012
— 31 Consecutive NCAA Championship Appearances – 1983-2013
— NCAA-best 22 NCAA Championship top-3 finishes
— NCAA-best 19 Super Six Team Finals
— 7 SEC Team Championships – 1988, 1990, 1995, 2000, 2003, 2009, 2011
— NCAA-best 28 Regional Team Championships -1983-85, 1987-96, 1998-2003, 2005-13
— 4 NCAA Today's Top VIII honorees
— 7 Honda Awards (National Gymnast of the Year)
— 24 individual NCAA championships
— 14 NCAA Postgraduate Scholarships
— 4 NCAA Elite 89 honors
— 64 athletes have earned 289 All-America honors
— 73 athletes have earned 189 Scholastic All-America honors (since 1991)
— 5 SEC Athletes of the Year
— 3 SEC Scholar Athletes of the Year
— 57 individual SEC Championships
— 82 All-SEC honors
— 10 SEC Postgraduate Scholarships
— 262 SEC Academic Honor Roll accolades
— 6 SEC Gymnast of the Year honors
— 3 SEC Freshman of the Year honors
— 8 NCAA Region Gymnast of the Year honors
— 141 individual NCAA Regional Championships
— SEC single-meet attendance record (15,162 vs. Florida; 1/20/06)
— SEC single-season attendance record (13,786 per meet; 2010)

SARAH PATTERSON CAREER CAPSULE

Education: Slippery Rock State College (Pa.), 1978
Major: Physical education

Honors:
— Sarah Patterson Champions Plaza (Dedicated Oct. 4, 2013)
— Sarah Patterson A-Club Endowed Scholarship (established in 2011)
— Alabama Sports Hall of Fame (inducted March 2003)
— National Coach of the Year - 1986, 1988, 1991, 2002
— SEC Coach of the Year - 1985, 1995, 2000, 2010
— 1997 U.S. World University Games Coach (silver medal)
— 1983 U.S. World University Games Coach
— Honorary member of the University of Alabama National Alumni Association
— Alabama State Gymnastics Association Coach of the Year 1978-79

Administration:
— ESPN/W Advisory Panel, 2010-present
— DCH Foundation Board, 2004-present
— Associate Athletic Director, 1985-present
— Senior Woman Administrator, 1985-96
— NCAA Women's Gymnastics Committee, 1985-90
— NCAA Recruiting Committee, 1991-96
— SEC Executive Committee, 1988-91

DAVID PATTERSON CAREER CAPSULE

Education: University of Alabama, 1982
Major: Coaching and public relations

Honors:
— 2011 Lewis Each Courage Award
— 1992 & 1993 NCAA Central Region Assistant Coach of the Year
— 1982-83 Alabama State Gymnastics Association Coach of the Year

Club Coaching Achievements:
— Named assistant coach for the 1989 and 1991 World University Games
— Bama Bounder Age Group Club
  • 2 national champions
  • 10 regional champions
  • 60 state champions

THE PATTERSON RECORD

Year	Record	SEC Finish	Regional Finish	NCAA Finish
2013	7-2-1	2nd	1st	3rd
2012	11-1-0	2nd	1st	1st
2011	11-1-0	1st	1st	1st
2010	9-2-0	2nd	1st	3rd
2009	8-5-0	1st	1st	2nd
2008	10-4-0	2nd	1st	6th
2007	8-2-0	3rd	1st	9th
2006	14-1-0	2nd	1st	3rd
2005	11-3-0	3rd	1st	2nd
2004	12-1-0	2nd	2nd	3rd
2003	10-7-0	1st	1st	2nd
2002	12-3-0	2nd	1st	1st
2001	15-2-1	2nd	1st	4th
2000	14-3-0	1st	1st	5th
1999	8-3-0	2nd	1st	3rd
1998	10-3-0	4th	1st	3rd
1997	13-2-0	4th	2nd	9th
1996	12-1-0	2nd	1st	1st
1995	15-1-0	1st	1st	2nd
1994	7-3-1	2nd	1st	2nd
1993	9-2-0	2nd	1st	2nd
1992	9-4-0	2nd	1st	3rd
1991	16-0-0	2nd	1st	1st
1990	14-1-0	1st	1st	2nd
1989	13-3-0	2nd	1st	3rd
1988	14-3-2	1st	1st	1st
1987	12-5-0	3rd	1st	4th
1986	18-2-0	3rd	2nd	3rd
1985	16-4-0	2nd	1st	4th
1984	15-5-0	—	1st	6th
1983	15-1-0	—	1st	4th
1982	17-2-0	—	—	—
1981	14-1-0	—	—	—
1980	16-4-0	—	—	—
1979	7-7-0	—	—	—

BRYAN RASCHILLA

ASSISTANT COACH

To Bryan Raschilla, now in his 18th season as an assistant coach with the Crimson Tide, there is no better place to be than the University of Alabama and no better job than coaching its gymnastics team.

"I absolutely love what I am doing," Raschilla said. "I get to meet and build relationships with some really wonderful people. The chance to work with this caliber of student-athlete, I don't think you get anywhere else. And what I like the most is that it's not just about gymnastics and it's not just about the four years they're here on campus. Being at Alabama is about creating lifelong relationships."

Most importantly to him, Raschilla has seen class after class of Alabama gymnasts come through the program, grow as athletes and people and graduate, ready to make something great of their lives.

"I'm at Alabama to be a part of a program that does things the right way," Raschilla said. "I have the good fortune to coach athletes who excel in academics, athletics and community service. To be able to have some part in their development is really at the heart of why I coach."

Since he joined the Tide for the 1997 season, Raschilla has helped coach Alabama to NCAA championships in 2002, 2011 and 2012 as well as a trio of NCAA runner-up finishes and 15 top-six national finishes overall. With Raschilla on board, the Tide also owns two of the past five Southeastern Conference titles and four overall, with league championships coming in 2000, 2003, 2009 and 2011.

Alabama gymnasts have won 13 individual NCAA titles during his tenure, including Diandra Milliner's 2013 NCAA vault championship. The Tide has earned 181 All-America honors and 162 Scholastic All-America honors with Raschilla on staff. On a conference level, in addition to the team titles, Alabama gymnasts have won 41 individual SEC titles and been named to the SEC Academic Honor Roll 202 times since he arrived.

The Crimson Tide's tradition of excellence has garnered a staunch following, another aspect of the program that he loves.

"There is no better program in the country in terms of atmosphere," Raschilla said. "Coleman Coliseum is the best arena to compete in. We draw between 12,000 and 15,000 people per home meet and we've sold out multiple times, bringing over 15,000 fans in to watch our ladies compete."

Raschilla's excitement about Alabama goes far beyond the gymnastics program, extending to the University as a whole.

"I love the energy this campus has and how it's growing all the time," Raschilla said. "There's not a better time to be here than right now, and it's not just because Alabama won four national championships in 2012 and gymnastics won its second in a row. It's great people coming together to do amazing things. If you look at how the student body has grown and how campus has grown right along with it, today's students enjoy the best of the best all the time."

For Raschilla the campus atmosphere makes Tuscaloosa a great place to raise his family. While he and wife Laura are Ohio natives, their son Adam, born in 1998, and daughter Kathryn, born in 2001, are native Alabamians born and raised.

"Both our children were born here and we have family that moved here to be with us and to get warm," Raschilla said with a laugh. "Laura and I may be from Ohio originally, but we consider ourselves Alabamians now and we feel fortunate to be raising our family in Tuscaloosa. It's a strong community, one that's growing all the time."

The Raschillas, from the left – Kathryn, Adam, Laura and Bryan

As his own family has grown, Raschilla has come to appreciate the family aspect of the Tide gymnastics program more and more.

"I am impressed and amazed by how our ladies stay connected to the program and to each other," Raschilla said. "They also remain big fans and supporters of the team, from those who graduated over 30 years ago to those who graduated last year. There is just a tremendous bond, one that lasts a lifetime, and it's truly a family, one that is there in the good times and the tough times."

His duties with the Crimson Tide are as wide-ranging as his talents.

"Bryan not only brings his keen technical analysis to the team, he also brings the sort of stability that is expected of this program," Alabama head coach Sarah Patterson said. "After all, he's been with us almost 20 years, which adds a comforting continuity for the athletes."

Raschilla also brings a talent for graphic design to bear on the Tide's posters, logos, advertising, media guide covers along with a host of other projects. His most recent work is on display in the Crimson Tide's newly revitalized practice facility. Raschilla produced the graphics design for the larger-than-life murals that populate the gym.

So how did the 6-foot, 5-inch redhead with a degree in graphic design get involved in the one sport he'd never tried?

"I probably get asked that question a hundred times a year," Raschilla said with a laugh.

Asked to spot for his high school team, Raschilla's interest continued to develop throughout his time at Youngstown State University in Ohio when he coached age-group gymnastics. After 11 years of club gymnastics and countless state champions, national qualifiers and national team members, he moved into the collegiate arena.

"I started in 1983 and I've been coaching ever since," Raschilla said.

Following a two-year stretch coaching at the University of Michigan, Raschilla came to Alabama. In his years with the Crimson Tide in Tuscaloosa, Raschilla has accumulated masses of great memories, but it is not just the championships, the honors and the victories that stick with him.

"As a coach, I think some of my greatest memories come from those moments that no one else sees," Raschilla said. "It's those moments in the gym when someone is having a hard time, but they push through anyway. It's breakthroughs in practice, and all the hard work along the way that sets up the championship moments. Those are some of my best memories."

BRYAN RASCHILLA CAREER CAPSULE

Family: Wife – Laura
Son – Adam
Daughter – Kathryn

Hometown: Mineral Ridge, Ohio

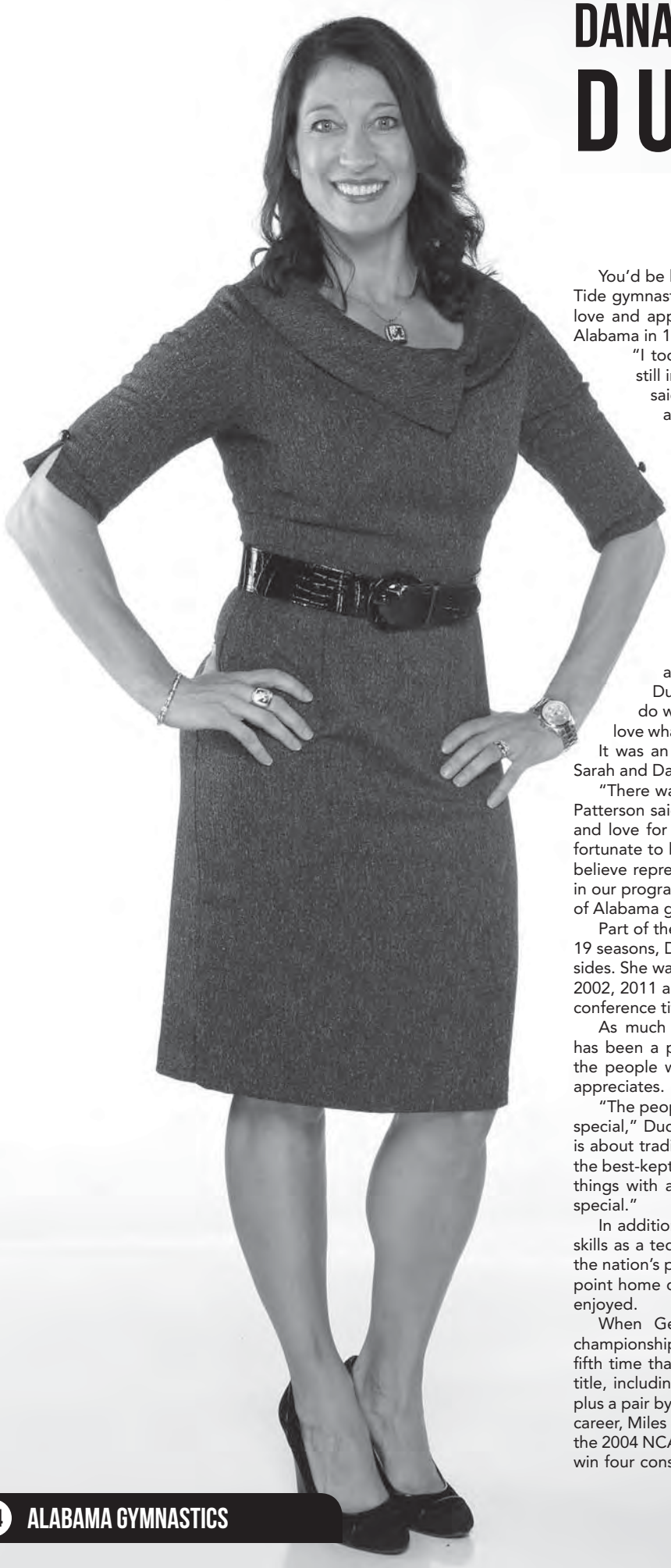
Education: Youngstown State University (Ohio), 1989

Major: Graphic Design

Record at Alabama/Years: 170-44-1/16

THE CRIMSON TIDE WITH RASCHILLA

- 3 NCAA Team Championships - 2002, 2011, 2012
- 4 SEC Team Championships - 2000, 2003, 2009, 2011
- 15 NCAA Regional Team Championships - 1998-2003, 2005-13
- 13 individual NCAA championships
- 9 NCAA Postgraduate Scholarships
- 5 SEC Postgraduate Scholarships
- 40 athletes with 181 All-America honors
- 162 Scholastic All-America honors
- 3 SEC Athletes of the Year
- 2 SEC Scholar Athletes of the Year
- 202 SEC Academic Honor Roll honors
- 42 individual SEC Championships
- 53 All-SEC honors
- 4 NCAA Today's Top VIII Awards
- 8 NCAA Region Gymnast of the Year honors
- 6 SEC Gymnast of the Year Honors
- SEC Freshman of the Year
- SEC single-meet attendance record (15,162 vs. Florida; 1/20/06)
- SEC single-season attendance record (13,786 per meet; 2010)



DANA DUCKWORTH

ASSISTANT COACH

You'd be hard pressed to find anyone with more of a love for Crimson Tide gymnastics and everything it stands for than Dana Duckworth. That love and appreciation began on her recruiting trip to the University of Alabama in 1989, and carries on to today.

"I took recruiting trips to the top five schools – schools that are still in the top five today – and I felt something here," Duckworth said. "I felt a connection with the coaches and with the team, a chemistry that I knew, even then, that I would not find at a different school. I went on four other trips and they just solidified what I felt here at Alabama. I love our environment, I love our culture, I love our tradition and I love the fact that when you go out as an Alabama gymnast you represent all those things."

It was those same elements that made her decision to leave a lucrative career with Pfizer Pharmaceuticals to join the Alabama coaching staff on a full-time basis in the fall of 2008 after nine years as a volunteer coach with the Crimson Tide such an easy one.

"I really enjoyed what I was doing at Pfizer and it's a tremendous company but my heart and my passion have always been here at the Capstone with our program," Duckworth said. "I felt like this was an opportunity for me to do what I love and everyone I have ever talked to has said, if you love what you do, you'll never go to another day of work in your life."

It was an equally easy decision for long-time Crimson Tide mentors Sarah and David Patterson.

"There was no search, there was no thought of someone else," Sarah Patterson said. "We are very excited to have Dana's enthusiasm, passion and love for our program in the gym on a full-time basis. We feel very fortunate to have the opportunity to work side-by-side with someone we believe represents the epitome of everything we have strived to achieve in our program and to have her help shape and mold the next generation of Alabama gymnasts."

Part of the Alabama gymnaastics program as a gymnast and coach for 19 seasons, Duckworth has seen a national team championship from both sides. She was part of the Tide's 1991 NCAA title as a sophomore and the 2002, 2011 and 2012 NCAA championships as a coach. She has also won conference titles as an athlete (1990) and a coach (2003, 2009 and 2011).

As much as Duckworth appreciates the championship tradition she has been a part of for so long, it is the overall atmosphere created by the people who live, work and go to school at Alabama that she truly appreciates.

"The people at the University of Alabama make everything unique and special," Duckworth said. "I love the fact that the University of Alabama is about tradition and culture. I tell people all the time that Tuscaloosa is the best-kept secret because we have it all here and everyone approaches things with a great deal of passion. It makes people's experience very special."

In addition to her infectious enthusiasm for the Crimson Tide and her skills as a technical coach, Duckworth also brings her standing as one of the nation's premier choreographers to the gym. Nothing could drive that point home quite like the success the athletes she has worked with have enjoyed.

When Geralen Stack-Eaton won the 2011 NCAA floor exercise championship to cap off an extraordinary junior season, it marked the fifth time that a Duckworth-choreographed routine won the NCAA floor title, including one each by Alabama's Morgan Dennis and Ashley Miles plus a pair by North Carolina's Courtney Bumpers. During her storied Tide career, Miles earned four top-three national finishes on the floor, including the 2004 NCAA floor exercise championship. Duckworth also helped Miles win four consecutive Southeastern Conference and NCAA Regional floor

The Duckworths – Jace, Joe, Camryn and Dana

exercise titles. Miles is the first gymnast in SEC history to win the same event all four years of her career.

"It's such a wonderful experience to be able to help these athletes bring out their personality and perform routines that shine," Duckworth said.

For the Pattersons, Duckworth brings more than simply coaching and choreography skills to the gym.

"Dana is a great role model for our ladies," Sarah Patterson said. "She enjoyed tremendous success in all aspects of her Alabama career, in the gym and in the classroom. Her experience is an invaluable resource to our ladies."

The Michigan native has also made an impact on the Tuscaloosa community, carrying on the Tide's tradition of community service as cofounder of ReadBAMARead, a charity dedicated to restocking three elementary school libraries that were destroyed in the tornado that tore through Tuscaloosa in April 2011. For her work in the community, she earned the 2012 David DeSantis Community Service Award.

"I'm so proud of what we've been able to accomplish through ReadBAMARead," Duckworth said. "The idea of giving back to the community is one of the bedrocks of our program and it's just one of the reasons I'm so proud to be a part of Alabama gymnastics."

The former Dana Dobransky earned eight All-America accolades and finished her career in 1993 by winning her second consecutive NCAA balance beam title with a perfect 10.0. She was named NCAA Woman of the Year for the State of Alabama in 1993.

As a student, Duckworth was a three-year Scholastic All-American and a two-time CoSIDA at-large Academic All-American, an award that spans several sports. She was inducted into Mortar Board as an undergraduate and earned both an NCAA and SEC Postgraduate Scholarship, utilizing them to attend graduate school at Alabama and obtain her master's of business administration in 1998.

"I could have gone anywhere in the country to get my MBA," Duckworth said. "But I chose to come back to Alabama because Alabama's business school is one of the best in the country and I loved the size of the campus, I loved the MBA program and more than all that, it was a chance to come back to a place I consider home."

After graduating with her bachelor's degree, she moved up the corporate ladder quickly at AMX Corporation, a high tech firm based in Dallas. She finished her tenure there as manager of the company's training programs. After receiving her master's degree, she served as director of marketing of a Trussville-based automotive company followed by a stint as Vice President of Corporate Solutions for a Birmingham company before returning to Tuscaloosa for a highly successful run with Pfizer.

Duckworth's return to Tuscaloosa also saw her start a family. She and her husband Joe, a Tuscaloosa native and co-owner of Duckworth-Morris Real Estate, married in 2000. The couple has a daughter Camryn born in 2004 and a son Jace born in 2006.

DANA DUCKWORTH CAREER CAPSULE

Family: Husband – Joe
Daughter – Camryn
Son – Jace

Hometown: Sterling Heights, Mich.

Education: University of Alabama
Telecommunications & Film, 1993
Master's of Business Administration, 1998

THE TIDE WITH DUCKWORTH

As a Coach

Record at Alabama/Years: 141-38-1/14

— 3 NCAA Team Championships - 2002, 2011, 2012
— 3 SEC Team Championships - 2003, 2009, 2011
— 13 NCAA Regional Team Championships - 1998-99, 2002-03, 2005-13
— 12 individual NCAA Championships
— 158 All-America honors
— 139 Scholastic All-America honors
— 170 SEC Academic Honor Roll honors
— 35 individual SEC Championships
— 47 All-SEC honors

As an Athlete

Record at Alabama/Years: 48-7-0/4

— 1 NCAA Team Championship – 1991
— 1 SEC Team Championship – 1990
— 4 NCAA Regional Team Championships - 1990-93
— 2 NCAA Balance Beam Championships - 1992, 1993
— 8 All-America honors
— NCAA Postgraduate Scholarship
— SEC Postgraduate Scholarship
— NCAA Woman of the Year – State Honoree
— Second-team GTE/CoSIDA Academic All-American
— SEC Academic Honor Roll
— SEC Champion and All-SEC honoree
— Regional Champion

ALABAMA GYMNASTICS HEALTH AND WELLNESS STAFF

Guided by the same passion she showcases while assembling a great team on the floor every season, Sarah Patterson works just as hard to make sure she has the perfect staff helping maintain the health and wellness of her student-athletes. To that end, in conjunction with the Crimson Tide's team physicians, the trio of Monica Decker Kirkpatrick, Stephen Buckner and Amy Bragg, along with their respective staffs, work tirelessly to keep the Crimson Tide in top physical condition.

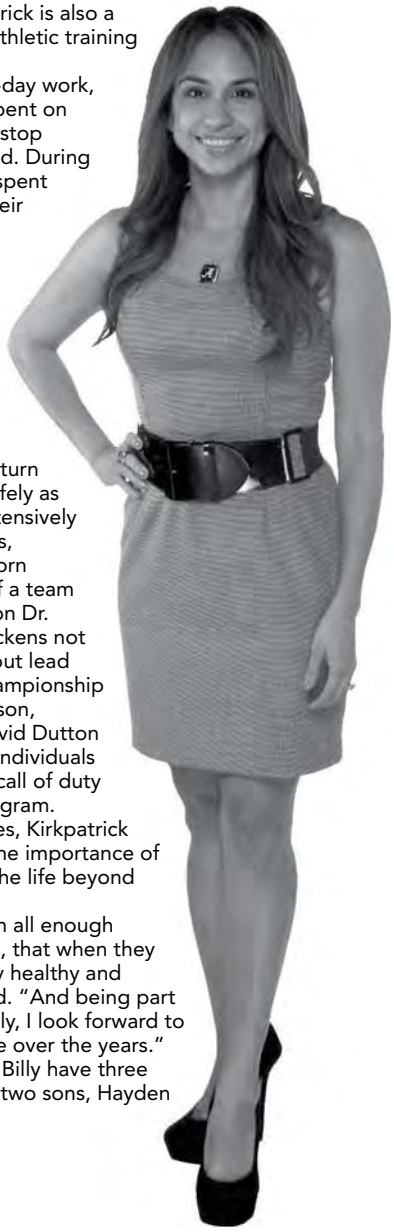
MONICA DECKER KIRKPATRICK:
ATHLETIC TRAINER

There is nothing more important to Sarah Patterson than the health and welfare of her gymnasts, which is why athletic trainer Monica Decker Kirkpatrick, in her 14th year as a member of the gymnastics program, is such an important part of Patterson's staff.

"Monica is by far one of the finest athletic trainers that I have worked with," Patterson said. "Her rapport with the staff and the athletes is exceptional and her knowledge of rehabilitation is outstanding. She has a gift for working with elite-level athletes. I think anyone can know the nuts and bolts of athletic training, but I think it takes someone who is gifted to work with elite-level athletes."

A native of Phoenix, Ariz., Kirkpatrick earned her Bachelor's Degree in Exercise Science from Arizona State in 2000. She earned a Master's in Sports Medicine Health Care from Alabama in 2002 and is pursuing a second Master's in Food and Nutrition.

In addition to serving as a certified athletic trainer on the Tide staff, Kirkpatrick is also a clinical instructor in Alabama's athletic training undergraduate program.



Much of Kirkpatrick's day-to-day work, especially in the preseason, is spent on preventative measures, helping stop problems before they get started. During the season, most of her time is spent helping the athletes maintain their health and fitness levels.

"Positive reinforcement is a big part of the job," Kirkpatrick said. "To be there everyday, encouraging them, letting them know that they are making progress and keeping them positive."

Kirkpatrick is ever-present throughout the rehabilitation process to help the gymnasts return to peak health as quickly and safely as possible. Kirkpatrick worked extensively with 2002 senior Andreé Pickens, helping her come back from a torn Achilles tendon. She was part of a team that included orthopedic surgeon Dr. James Andrews, who helped Pickens not only come back in record time but lead Alabama to its fourth NCAA championship in 2002. For her efforts that season, Kirkpatrick was awarded the David Dutton Memorial Award, presented to individuals who go above and beyond the call of duty for the Alabama gymnastics program.

In addition to her other duties, Kirkpatrick also tries to teach her charges the importance of carrying on healthy habits into the life beyond their career.

"I hope that I can teach them all enough about taking care of themselves, that when they go out into the world they enjoy healthy and successful lives," Kirkpatrick said. "And being part of the Alabama gymnastics family, I look forward to watching them grow and mature over the years."

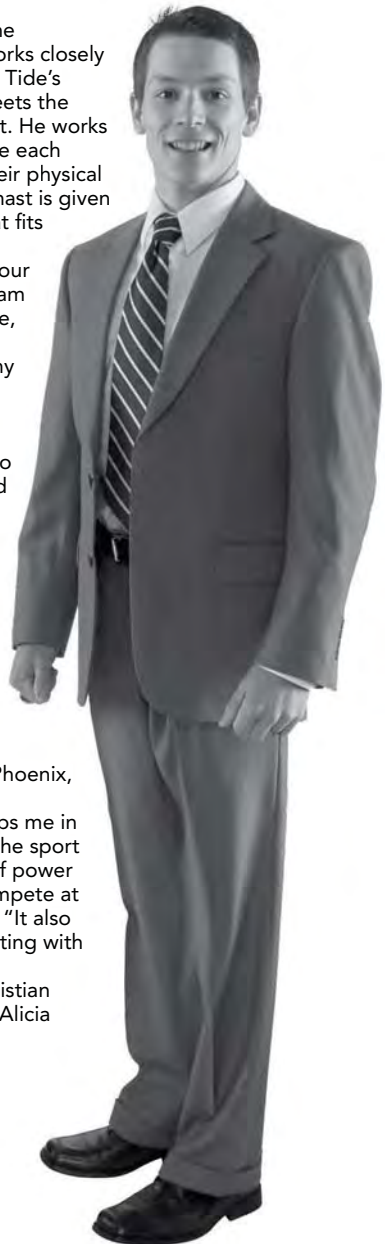
Kirkpatrick and her husband Billy have three children, a daughter Ayana and two sons, Hayden and Christian.

STEPHEN BUCKNER:
STRENGTH AND CONDITIONING COACH

When Sarah Patterson went looking for a new strength and conditioning coach following the 2013 season, she didn't have to look far for the exact mixture of knowledge and experience she was looking for to make sure the Crimson Tide stays in top physical condition required to maintain its status as one of the nation's elite teams.

She chose Stephen Bucker, a former gymnast who spent the last three years working with Alabama as a manager and spotter while pursuing his doctorate in exercise physiology at the University of Alabama.

"Stephen is a perfect fit for our program," Patterson said. "His knowledge of the sport and exercise science is quite impressive. Combine that with his knowledge and experience with our ladies over the last three years and he was able to make this a seamless transition. At this point, we can continue to move forward with an overall program that focuses on creating the kind of strength and conditioning that is specific to gymnastics."



Now in his fourth year with the gymnastics program, Buckner works closely with the coaches to enhance the Tide's program to make sure it best meets the needs of each individual gymnast. He works tirelessly to improve and enhance each gymnast's flexibility as well as their physical and aerobic strength. Each gymnast is given a specific, individual workout that fits her specific needs.

"We work very hard to tailor our strength and conditioning program to be as sport specific as possible, while meeting each individual's needs." Buckner said. "That's why I'm in constant communication with the coaches and each athlete. We want to make our program as specific as possible to give each athlete what they need to be successful."

A former instructor in UA's Department of Kinesiology, Buckner obtained both his bachelor's and master's degrees in exercise physiology from Alabama and is currently completing work on his doctorate.

During his athletic career, Buckner competed as a Class 1 gymnast for Arizona Sunrays in Phoenix, Ariz.

"Being a former gymnast helps me in terms of knowing the demands the sport puts on the body and the type of power and explosiveness it takes to compete at the highest level." Buckner said. "It also helps me in terms of communicating with the gymnasts."

A graduate of Scottsdale Christian Academy, Buckner is married to Alicia Crossen Buckner.

AMY BRAGG: DIRECTOR OF PERFORMANCE NUTRITION

Alabama's Director of Performance Nutrition Amy Bragg chats with All-American Kim Jacob.

If there is any doubt the impact that Alabama's director of performance nutrition Amy Bragg had on the gymnastics program over her first two years at the Capstone, head coach Sarah Patterson is quick to dispel them.

"Next to coach Nick Saban, Amy Bragg has been the single most influential hire for our athletes in recent memory," Patterson said.

Considering that Saban brought Alabama national championships in 2009, 2011 and 2013 and its first in football since 1992, Patterson's praise of the Pittsburg, Texas native carries a lot of weight.

For Bragg, the opportunity to work with championship-caliber programs like gymnastics and football was one of the things that drew her to Alabama.

"Working with Sarah and the gymnastics team has been great," Bragg said. "She is absolutely one of the reasons that I'm here."

Bragg provides nutrition coaching for Alabama's student-athletes as well as managing training table, pregame and travel meals. She also works closely with the coaching, strength and conditioning and sports medicine staffs to maximize the student-athletes' health and performance.

"With gymnastics we want to integrate with sports medicine and strength and conditioning and take an educator's role and a coaching role with the girls," Bragg said. "We work with them on their overall nutrition and then work with the team more in an operations capacity, helping plan meals on the road and nutrition in the locker room and for recovery on a team-wide basis."

Bragg's duties are broad-based, but her focus is specific to each program. With gymnasts, her planning and insight has been very effective.

"For gymnasts, we want precise, confident fueling," Bragg said. "We want the appropriate amount of protein. We want good weight management through the season. We want our athletes to walk out and feel confident. We want maintenance of that muscle and body that we create in the offseason, so that power is maintained through the season."

A registered and licensed dietician who is also a board certified specialist in sports dietetics, Bragg came to Tuscaloosa after six years as director of performance nutrition for Texas A&M Athletics.

"I hadn't worked with a gymnastics team before I came here, so I really tried to spend time and learn about their season, cycle of training, what they go through and what their expectations are, and really how to match with precision what they need nutritionally," Bragg said. "It's great to work with athletes who are so driven. The demand gymnastics puts on their bodies, their strength is amazing and then what they bring as far as trying to be the best they can academically as students, as members of the community. They're very inspirational."

That admiration is a two-way street. Bragg's addition to the Tide's health and wellness team has made an already great program even better.

"She's so knowledgeable and helps educate our ladies in areas of how you can be a great student-athlete," Patterson said. "I think Amy in conjunction with Stephen (Buckner), our strength coach, and Monica (Decker Kirkpatrick), our athletic trainer, along with the knowledge our coaches bring to the table, gives us a huge advantage in keeping our student-athletes healthy and strong. Amy has definitely taken it to a different level. It allows us as coaches to focus on other aspects that will help us be great."

A recognized leader in collegiate sports nutrition, Bragg has presented at numerous professional conferences and has written for or been quoted by *The New York Times* and *The Wall Street Journal* as well as magazines such as *Sports Illustrated*, *Training and Conditioning*, *Athletic Business* and *The NCAA News*. Bragg is a founder and the current president of the Collegiate and Professional Sports Dietitians Association (CPSDA) and is a member of the Academy of Nutrition and Dietetics, plus Sports Cardiovascular and Wellness Nutrition (SCAN), Behavioral Nutrition (BN) and Nutrition Entrepreneurs (NE).

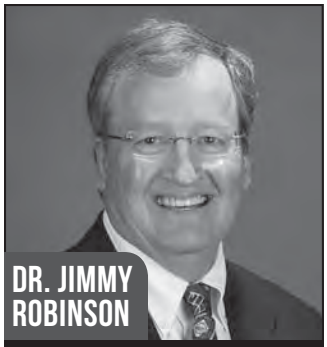
As accomplished a speaker as she is, Bragg uses a more hands-on approach in working with her athletes.

"I don't think we would be very successful if we were just lecturing student-athletes every day," Bragg said. "We really try to customize the nutritional message to each person, because gymnastics and many other sports are all about precision. We want to get the appropriate amount of carbohydrates. We want protein that helps athletes make muscle and be strong and powerful. We want to manage weight through different periods of training when the expenditure is higher and then when we move into the competitive season."

Bragg earned a bachelor's of business administration from the University of Texas in 1995 and a bachelor's of science in human nutrition and foods from the University of Houston in 2000.

Bragg and her husband Bobby have a daughter Becca and a son Beau.

ALABAMA'S MEDICAL STAFF



DR. JIMMY ROBINSON

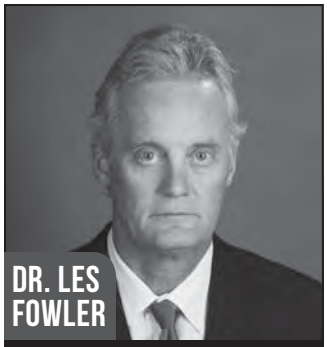
TEAM PHYSICIAN

DR. CRAIG BUETTNER

TEAM PHYSICIAN

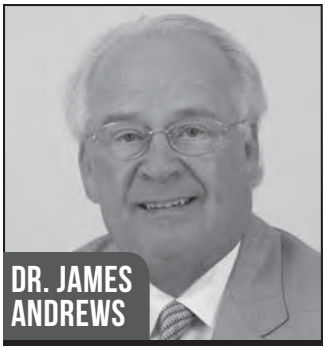
DR. JEFF LAUBENTHAL

TEAM PHYSICIAN



DR. LES FOWLER

TEAM PHYSICIAN



DR. JAMES ANDREWS

TEAM PHYSICIAN

DR. LYLE CAIN

TEAM PHYSICIAN

ALABAMA'S TEAM PHYSICIANS

When Dr. Jimmy Robinson discusses his work with the Alabama Crimson Tide, you can hear the excitement in his voice.

"When I was doing my residency, I got bit by the sports medicine bug," Robinson said. "The more I worked with the teams, the more I wanted to do this kind of medicine."

One of Robinson's rotations during his Family Practice Residency in Tuscaloosa was with Alabama team physician Dr. Bill DeShazo. Not only did Robinson work the required hours of his rotation, but he found himself hanging around and helping out even when he wasn't on duty.

As a matter of fact, Robinson traveled with the gymnastics team to Salt Lake City, in 1988 and was on hand for the Tide's first ever NCAA championship. Robinson and that team celebrated their 25th anniversary in 2013.

"It was a blast," Robinson said. "I was still in training and just getting interested in sports medicine. So to be out there with the gymnasts when they won the first championship Alabama's ever had outside of football, it was definitely an exciting moment."

After completing a fellowship in sports medicine at the Cleveland Clinic in Cleveland, Ohio, Robinson received a call from Sang Lyda, the athletic trainer in charge of the Tide's Olympic Sports. Dr. DeShazo was retiring and Lyda wanted to know if Robinson would be interested in taking over as the team physician for the Olympic Sports programs. It was an opportunity Robinson jumped at.

"I came back and opened a practice in August of 1989 and have been with the University ever since," Robinson said.

As Robinson's practice began to grow, he began to look for someone to join him. With high standards, his search took quite a while. Robinson had been practicing seven years when he asked Craig Buettner to join him and another five after that when Jeff Laubenthal was asked to join the practice.

"Both Craig and Jeff were handpicked," Robinson said. "Both have the right kind of personalities and are smart as can be to boot. When I identified them through the residency program, and they caught the sports medicine bug, we tried to set them on the path that would bring them back here. Both men are big Alabama fans, so working with the athletics department was a big incentive."

Laubenthal in particular is very familiar with the Alabama athletics department. Not only is he a former standout baseball player for the Tide, but he is married to former All-American gymnast Katherine Kelleher.

Now the three men serve as the primary physicians for the Crimson Tide. Robinson and his colleagues are involved in all levels of an athlete's healthcare, from the first physical of the year before an athlete can even start practice, to an exit physical at the end of an athlete's career, and everything in between. The hours involved are long to say the least, but for Robinson and his cohorts the effort is worth it.

"I'm a fan and the opportunity to work with the department is better than a paycheck," Robinson said. "To me, the biggest thrill is when I get to work with an athlete and maybe something I do helps them be as good an athlete as they can be. There's nothing like feeling that in some small way, I made a positive difference in an individual or team's performance."

Robinson's expertise in sports medicine has reached international acclaim. At the 2000 Olympics in Sydney, he was one of eight team physicians for the U.S. Olympic squad. He served in the same capacity at the 1998 Goodwill Games and 1999 Pan Am Games.

In addition to the attention of Robinson, Buettner and Laubenthal, Alabama has several specialists on call including former Alabama quarterback Dr. Les Fowler who serves as the department's orthopedist.

Alabama athletes can also count on Dr. James Andrews who serves on the Tide's medical staff as a consultant. Andrews is one of the world's foremost orthopedic surgeons, internationally known and recognized for his scientific and clinical research contributions in knee, shoulder and elbow injuries and his skill as an orthopedic surgeon. Many of the world's outstanding athletes seek his expertise in sports injuries. His work with Andreé Pickens' ruptured Achilles' tendon allowed her to not only compete her senior year but compete at a higher level than before the

injury. Pickens led Alabama to the 2002 NCAA championship and captured the NCAA uneven bars crown that same year.

In the fall of 2006, Andrews and Dr. Lyle Cain, another Alabama team physician, removed bone chips from both of Terin Humphrey's elbows, allowing her greater range of motion than she had in many years. Their expertise had Humphrey back in the lineup for the start of the season, and winning her second NCAA uneven bars championship by April of 2007.

ATHLETIC TRAINING STAFF

Keeping Crimson Tide gymnasts fine-tuned is the No. 1 job of the University of Alabama trainers. Their "body shop" is the state-of-the-art training room located in Coleman Coliseum, and their tools consist of hot and cold whirlpools, electrical stimulation and ultrasound machines, tape and pre-wrap and QDA spray, and a brain full of knowledge needed to make sure each gymnast performs to her full potential. The Tide gymnasts also have a full training room within its team suite, that includes all the amenities necessary to keep everyone in top shape. In the summer of 2012, Alabama upgraded its gymnastics training room to include full-sized hot and cold tubs. There is also a massage therapy room within the Tide's suite. In addition to the areas within Coleman Coliseum, there is also an extensive training facility in the Mal Moore Athletic Facility.

Jeff Allen serves as the Crimson Tide's Director of Sports Medicine as well as being the Head Football Trainer. Rodney Brown is the Director of Rehabilitation Services.

Amy Bragg, Alabama's Director of Performance Nutrition, in her third year with the Crimson Tide, works with all UA teams.

The Coleman Coliseum training room is staffed by seven full-time athletic trainers, including Sherry Kimbro (soccer and rowing), John Morr (men's basketball and men's and women's golf), Joe Hoffer (baseball and men's and women's tennis), Bernard Burroughs, (men's and women's track and field), Monica Decker Kirkpatrick (gymnastics and men's and women's swimming and diving), Erin Weaver (softball) and Jeri Zemke (women's basketball).

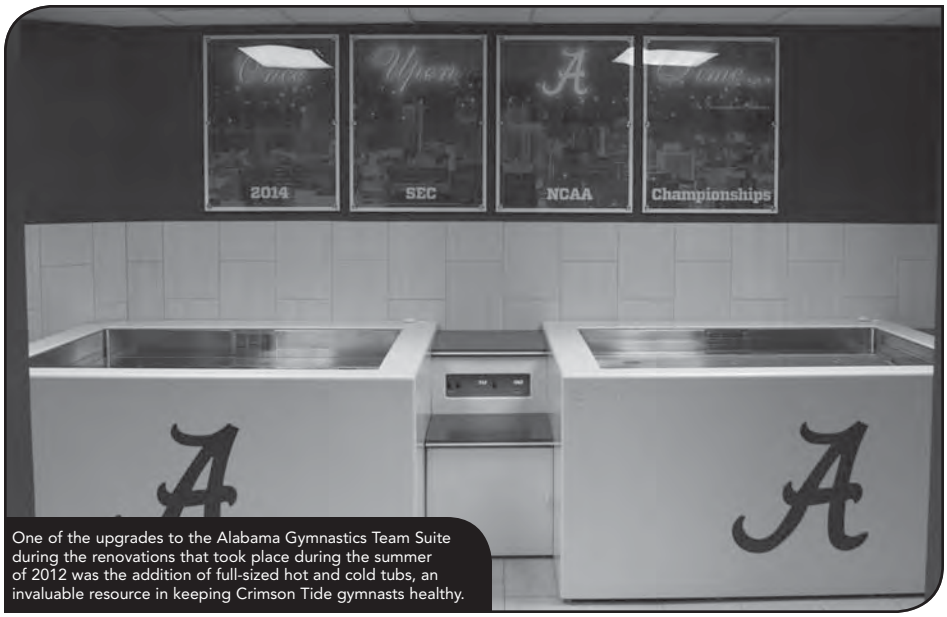
Assisting Allen with football are athletic trainers Ginger Gilmore and Jeremy Gsell as well as graduate assistants Kevin Siesel and Sean O'Conner.

The Coliseum staff also consists of seven graduate assistant athletic trainers: Matt Doell (swimming and diving), Megan McBay (swimming and diving), Kayleigh Zavadil (men's and women's tennis), Tina Meyer (track and field), Katie O'Flaherty (rowing), Tara Moore (rowing), Leigh Waters (volleyball) and Kirby Earnhardt (spirit teams).

Athletic trainers can spend an average of 10 to 12 hours a day on the job depending on what point of the season the team is in.

Alabama ensures the safety of its athletes by assigning at least one athletic trainer to each team to cover home and away events, conditioning, practice and travel.

The Alabama Gymnastics Team Suite includes a training room equipped with the latest equipment, which allows the Crimson Tide gymnasts to receive treatment and individual attention without leaving their team area.



One of the upgrades to the Alabama Gymnastics Team Suite during the renovations that took place during the summer of 2012 was the addition of full-sized hot and cold tubs, an invaluable resource in keeping Crimson Tide gymnasts healthy.

The Alabama Gymnastics Team Suite also includes a massage therapy room.

ALABAMA GYMNASTICS SUPPORT STAFF

ADMINISTRATIVE STAFF

For every minute that Alabama gymnastics shines in the white-hot spotlight of national success, there are thousands of behind-the-scene details that make it possible. For the Crimson Tide, there are two women charged with handling those details and keeping everything running smoothly. Rita Martin, the gymnastics operations director, and Robin Kelley, the Tide's administrative assistant, work hard every day to keep the Alabama gymnastics world shining bright and running like a well-oiled machine.

RITA MARTIN

DIRECTOR OF GYMNASTICS OPERATIONS

As director of gymnastics operations, Rita Martin is responsible for a wide variety of tasks, from daily paperwork to being the meet director for home events to coordinating the pre-meet light show that accompanies the gymnasts' entrance into Coleman Coliseum and everything in between.

The New Jersey native has been a part of the athletics department for more than 25 years and the University for more than 30. When Sarah Patterson added Associate Athletics Director to her list of duties in 1985, Martin became her assistant.

"Rita is so great at keeping everything together," Patterson said. "She allows us to be our best because she handles all the fine points so well."

Martin earned the David Dutton Memorial Award, given to the individual that goes above and beyond for the program, in 1991.

Martin and her husband Buddy have a daughter Kelly, who is a University of Alabama undergraduate, and two sons, Paul and Brett, both of whom are UA graduates.

ROBIN KELLEY

ADMINISTRATIVE ASSISTANT

Robin Kelley is in her 11th year as an administrative assistant with the gymnastics program, though she has been a part of the athletics department for the past 13 years.

The Northport, Ala., native performs a wide variety of duties, including keeping up with the program's correspondence and recruiting efforts. She also travels with the Tide, taking care of the details on the road.

"Robin does so many things for us," Sarah Patterson said. "She is invaluable on the road, taking care of all the arrangements, from where we stay to where we eat and how we get from here to there."

Kelley was presented with the David Dutton Memorial Award, given to the individual that goes above and beyond for the program, in 2013.

Kelley and her husband Jay have two sons, Tanner, who is a sophomore at the University of Alabama, and Jesse.

MANAGERS

From the left – Grey Buxton, Anderson Lovelace, Elizabeth Plant and Blake Sellers

With jobs that vary on a moment-to-moment basis, the Alabama gymnastics team's crew of managers are vital to the Crimson Tide's success.

Anderson Lovelace, Elizabeth Plant and Blake Sellers are all in their second year with the program while Grey Buxton is in his first.

All four have specific duties that keep them busy – making sure each gymnast has the right apparel, videotaping routines and individual skills, playing floor exercise music, or moving the mats and springboards into position during practice and at meets. The main job description is simply helping the team run smoothly.

Plant, who is charged with a variety of in-gym duties during practice and meets, also keeps up with the gymnasts' apparel and equipment. A senior majoring in public relations, Plant is a Tuscaloosa native. A graduate of American Christian Academy, she is the daughter of Tim and Vickey Plant.

Lovelace, Sellers and Buxton are charged with setting up equipment for practice each day and helping put things in the proper place during practice and meets.

Lovelace is a native of Orlando, Fla., and a graduate of William R. Boone High School. A senior with a double major in finance and mathematics, he is the son of Gary and Lucinda Lovelace.

Sellers is a native of Tuscaloosa and a graduate of Tuscaloosa Academy. A sophomore majoring in business, he is the son of Bruce and Sherri Sellers.

While Buxton is in his first year as a manager, he does have strong ties to the program, namely his mother, Penney Hauschild Buxton, the Crimson Tide's first individual NCAA champion, winning two national all-around titles as well as uneven bars and floor exercise crowns.

Buxton is a native of Oakland, Mich., and a graduate of Stoney Creek High School where he was a gymnast and swimmer. A freshman majoring in telecommunications, he is the son of Penney and Bart Buxton.

JUSTIN BRANT

DIRECTOR OF
CRIMSON TIDE PRODUCTIONS

BEVERLY CHANDLER

ASSISTANT TICKET
MANAGER

CHRISTOPHER ENGLAND

TIDETV
PRODUCER

KENT GIDLEY

DIRECTOR OF
ATHLETIC PHOTOGRAPHY

TONY GILES

PUBLIC ADDRESS
ANNOUNCER

TERRY GRIMM

COLEMAN COLISEUM
MANAGER

RAND HARRIS

DIRECTOR OF INFORMATION
TECHNOLOGY

BRENT HOLLINGSWORTH

CRIMSON TIDE PRODUCTIONS
GRAPHIC DESIGNER

KRISTA HUFFMAN

ASSISTANT DIRECTOR OF
MARKETING AND PROMOTIONS

JOSH KIDD

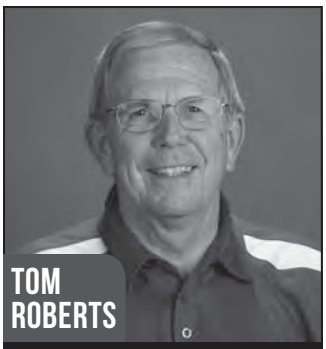
ASSISTANT DIRECTOR OF
INFORMATION TECHNOLOGY

JILL LANCASTER

LIFESKILLS AND COMMUNITY
OUTREACH DIRECTOR

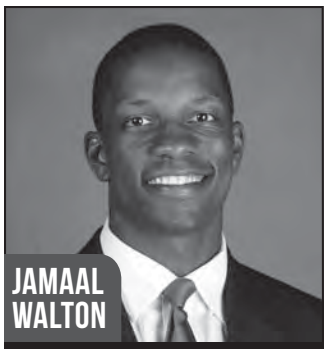
JASON NANCE

ATHLETIC EQUIPMENT
MANAGER



TOM ROBERTS

SARAH PATTERSON
SHOW HOST



JAMAAL WALTON

DIRECTOR OF MARKETING
AND PROMOTIONS

ASHLEY WATERS

ASSISTANT DIRECTOR OF
EVENT MANAGEMENT

JOE WHITEHEAD

ASSISTANT COLEMAN
COLISEUM MANAGER

2014 ALABAMA GYMNASTICS: ONCE UPON A TIME

The 2014 Alabama gymnastics team, from the left – Bottom row, Ria Domier, Sarah DeMeo, Kim Jacob, Diandra Milliner, Mary Lillian Sanders. Middle row: Katie Bailey, Dominique Pegg, Lindsey Fowler, Lora Leigh Frost, Kaitlyn Clark and Kayla Williams. Back row: Keely McNeer, Lauren Beers, Carley Sims, Hunter Dennis, Amanda Jetter and Aja Sims.

"Once upon a time … "

Those are the words that the 2014 Alabama gymnastics team started their season with and those are the words that remind them that this is their story to tell, and that each one of them has a role to play as they create the narrative of this season.

"We want to write our own story," senior Kim Jacob said. "This is a new year, a new team and we're in control of our story. We have this one season together and we want to make the most of every opportunity."

Despite being guided by those words that have launched a thousand bedtime stories, this is no fairy tale. The seniors on this team started their careers with back-to-back national championships and helped lead the Crimson Tide to a third place finish in 2013, so they know that hard work, perseverance and dedication are the keys to the castle, and that unity, spirit and competing with one heartbeat will take them farther than any magic fairy dust ever could.

"This group of girls came together and clicked really quickly," junior Kayla Williams said. "We have amazing chemistry and a great bond."

The Crimson Tide will have the chance to compete for two crowns in their backyard this spring, as both the Southeastern Conference and NCAA Championships will be held in Birmingham, Ala. at the Birmingham Jefferson Convention Center.

"This is a once in a lifetime opportunity," Williams said. "Our castle is in Birmingham and that's where we'll compete for our crown. Each week along the way is another step on that journey and another chapter in our story."

Sarah Patterson knows that this year's team has a tremendous opportunity, one that is afforded to most gymnasts maybe once in their career, and often times, not at all.

"This is a unique and special opportunity for our ladies," Sarah Patterson said. "They can compete for both the SEC and NCAA Championships just up the road in Birmingham. From our freshmen to our seniors, this is their one chance to be a part of a national championship that close to home."

This will be the fifth time that the NCAA Championships have been held in the State of Alabama. The first three times came in Coleman Coliseum in 1991, 1996 and 2002, with the Crimson Tide winning all three of the Tuscaloosa-based championships. The last time nationals were held in Alabama was in 2005, when the Tide took second in the Auburn-hosted event.

"I think you can ask any of our ladies who have had the opportunity to compete for a national championship in front of the home crowd and they'll tell you there's nothing like it," Sarah Patterson said. "The atmosphere is electric."

For the Crimson Tide this season of opportunity comes on the heels of an extraordinarily accomplished run. Over the last five years, Alabama is one of just six teams to advance to the national championships every year, and of those teams, the Tide is the only program to advance to the last night of the season all five years. Since 2009, Alabama has finished in the top-three nationally every year, including national titles in 2011 and 2012.

Overall, that success is in line with the championship tradition that coaches Sarah and David Patterson have created, sustained and nurtured over the past 35 years. Under their direction, Alabama gymnastics has finished in the top-3 at the NCAA Championship 22 times, more than any other team in the history of the sport. The Tide has also won an NCAA-best 28 regional championships on the way to 31 consecutive NCAA Championship appearances.

Now as they turn their attention to another season, the Pattersons and long-time assistants Bryan Raschilla and Dana Duckworth, return a talented lineup complete with six All-Americans, including at least one in each returning class.

THE VETERANS

There are three All-Americans – Diandra Milliner, Kim Jacob and Sarah DeMeo – among the Tide's senior class. Milliner capped her junior season by winning the NCAA Vault Championship, which was Alabama's 24th individual national title. She was also second on the floor exercise and earned first team All-American honors on the vault and floor exercise and was second team on the balance beam. Overall, Milliner is a six-time All-American who enters her fourth year as a formidable anchor to the Tide's power-house vault lineup.

If there is a way to quietly become a superstar, then Jacob has certainly managed it. The rock

on which Alabama's lineup is built during the regular season, the seven-time All-American is always at her best when championship season rolls around. She earned three All-American honors last season, including first-team honors on the floor exercise and second-team in the all-around and balance beam. Jacob heads into her senior season after winning a team-best 16 individual titles, including five in the all-around and leading the Tide with 50 routines in the competitive lineup last season.

DeMeo earned second team All-American honors on the balance beam last season, giving her three such honors for her career. A threat to make the lineup on all four events, she has been a mainstay of the Tide's balance beam and uneven bars since the first meet of her freshman year.

Ria Domier and Lindsey Fowler round out the Tide's five-woman senior class. Both provide valuable depth – Domier on the vault and Fowler on the floor exercise.

All-Americans Kayla Williams and Kaitlyn Clark headline the junior class. Williams earned first-team All-American honors on the balance beam for the second year in a row last season while Clark earned first-team honors on the vault. Williams is explosive on the vault, twice scoring a 9.975 last season, once at LSU and then again at the conference championships where she earned All-SEC honors in the process. In addition to being a constant member of the Tide's vault lineup last season, Clark was also a mainstay of the uneven bars and balance beam lineup.

Junior Lora Leigh Frost was a crowd favorite in Alabama's floor exercise rotation last season with her high-energy routine, posting her best scores of the season at the NCAA Championships, while fellow junior Hunter Dennis continued to provide depth for the Tide on the floor exercise.

Sophomores Lauren Beers and Carley Sims make up what is considered a very small class for the Crimson Tide in recent years. Beers finished off her rookie season by earning first-team All-American honors on the vault. She also made the Tide's floor exercise lineup, earning her best scores of the year in the postseason. Sims competed on the vault and uneven bars during the regular season and provided depth on the floor exercise.

THE ROOKIES

Alabama lost a trio of All-Americans – Marissa Gutierrez, Ashley Priess and Ashley Sledge – to graduation, which means the Tide's freshmen will be counted on to step up and fill some big routines. A total of four freshmen – Dominique Pegg, Katie Bailey, Amanda Jetter and Mary Lillian Sanders – joined the Crimson Tide in August while two more rookies, Aja Sims and Keely McNeer, came on board in December.

Pegg was a member of the 2012 Canadian Olympic team that reached team finals for the first time in its history, while Jetter, McNeer and Sims are all past members of the United States National Team. Bailey is a Junior Olympic National Champion and Sanders is a J.O. National Championship qualifier.

THE ROAD TO BIRMINGHAM

For Alabama's rookies and veterans alike, the road to Birmingham will begin with an exceedingly tough regular-season schedule that includes six home meets, one more than usual, and four road contests including neutral site meets in Knoxville, Tenn. and Oklahoma City, Okla. The Tide's slate includes four of the remaining five teams from last year's NCAA Super Six Team Finals, including No. 1 Florida, No. 2 Oklahoma, No. 5 LSU and No. 6 Georgia.

"This is what I've come to think of as a typical Alabama schedule – exciting and very challenging," Sarah Patterson said. "We will face a majority of the best teams in the nation at home and on the road. It's definitely a schedule that our fans will love and one that will without a doubt prepare us for the championship season."

Alabama opens its regular season in Coleman Coliseum with SEC newcomer Missouri on Friday, Jan. 10 before closing out the year with a trio of home meets including the defending NCAA Champion Gators, national powerhouse Stanford and in-state rival Auburn. In between, Alabama will host SEC powers Arkansas and Georgia.

The Tide's road schedule opens in territory that is familiar to SEC fans but uncommon to SEC gymnastics. Alabama will meet Kentucky and Nebraska in a tri-meet in Knoxville, Tenn. Patterson and company will also travel to LSU and Auburn before closing out its regular-season road slate in Oklahoma City against the Sooners, West Virginia and Michigan on the podium in a championship style meet.

THE JOURNEY ENDS IN BIRMINGHAM

Once the championship season rolls around, a battled tested Crimson Tide will be on largely familiar ground, starting and finishing the postseason in Birmingham. Patterson and company will be looking for their eighth SEC Championship and its seventh NCAA Championship a mere 45 minutes from home. The only time Alabama will leave the state after the quad meet in Oklahoma City in late February will be for the NCAA Regional Championships when the Tide will be looking for its 29th regional title.

At that point in the season, Alabama will be looking for an ending to their tale, following a road map that has already led the Crimson Tide to amazing and consistent success for more than three decades.

"No matter who is on the team, no matter if we finished first, second or third the year before, no matter where the championships are, our goal is always the same," Sarah Patterson said. "We want to be on the floor, the last night of the season, with the chance to win a national title."

THE DETAILS

- Alabama is the defending NCAA Regional Champion
- There are 17 gymnasts on this year's roster – 5 seniors, 4 juniors, 2 sophomores and 6 freshmen – which ties the 2012 and 2013 team for the second largest squad in school history
- Seven Alabama gymnasts earned All-America honors last season and six are back this season: Seniors Kim Jacob, Sarah DeMeo and Diandra Milliner, sophomores Kaitlyn Clark and Kayla Williams and sophomore Lauren Beers
- Alabama returns 17 of its 24 routines from the lineup on the floor at the 2013 NCAA Championships Super Six Team Finals
- There are five individual NCAA Regional Champions on this year's team – Clark, DeMeo, Jacob, Milliner and Williams
- Milliner also won an individual SEC title last season
- Sarah and David Patterson are in their 36th season coaching the Crimson Tide
- Assistant coach Bryan Raschilla is in his 18th season coaching at Alabama
- Assistant coach Dana Dobransky Duckworth, is in her 19th season with the Tide, including four years as a gymnast, nine as a volunteer assistant coach and six as a full-time assistant coach
- The Crimson Tide is coming off its 31st consecutive NCAA Championships appearance, making it one of only two schools in the nation with an active streak of more than 14 national championship appearances in a row
- Alabama is one of just five teams to win an NCAA championship, taking home the crown in 2012, 2011, 2002, 1996, 1991 and 19885
- Alabama has also won seven SEC titles, including two of the past five, and an NCAA-best 28 regional championships

THE CRIMSON TIDE'S 2014 SCHEDULE

Date	Opponent / Event	Location	Time
Fri., Jan. 10	Missouri	Tuscaloosa, Ala.	7:30 p.m.
Sat., Jan. 18	Kentucky & Nebraska	Knoxville, Tenn.	7:00 p.m.
Fri., Jan. 24	Arkansas	Tuscaloosa, Ala.	7:30 p.m.
Fri., Jan. 31	LSU	Baton Rouge, La.	7:00 p.m.
Fri., Feb. 7	Georgia	Tuscaloosa, Ala.	7:30 p.m.
Fri., Feb. 14	Auburn	Auburn, Ala.	7:00 p.m.
Fri., Feb. 21	Oklahoma, Michigan & West Virginia	Oklahoma City, Okla.	7:00 p.m.
Fri., Feb. 28	vs. Florida	Tuscaloosa, Ala.	7:30 p.m.
Fri., March 7	vs. Stanford	Tuscaloosa, Ala.	7:30 p.m.
Fri., March 14	vs. Auburn	Tuscaloosa, Ala.	7:30 p.m.
Sat., March 22	SEC Championships	Birmingham, Ala.	TBA
Sat., April 5	NCAA Regional Championships	TBA	TBA
Fri., April 18	NCAA Champ. – Semifinals	Birmingham, Ala.	TBA
Sat., April 19	NCAA Champ. – Super Six Team Finals	Birmingham, Ala.	TBA
Sun., April 20	NCAA Champ. – Event Finals	Birmingham, Ala.	TBA

2014 UNIVERSITY OF ALABAMA GYMNASTICS ROSTER

Name	Year	Exp.	Ht.	Hometown	Club Team
Katie Bailey	Fr.	HS	5-2	Kernersville, N.C.	High Point Gymnastics Academy
Lauren Beers	So.	1L	5-4	Warren Center, Pa.	Southern Tier Gymnastics Academy
Kaitlyn Clark	Jr.	2L	5-1	Rancho Cucamonga, Calif.	Precision Gymnastics
Sarah DeMeo	Sr.	3L	5-0	Overland Park, Kan.	Eagle Gymnastics
Hunter Dennis	Jr.	2L	5-4	Westampton, N.J.	Will-Moor School of Gymnastics
Ria Domier	Sr.	3L	5-1	Davis, Calif.	Davis Diamonds Gymnastics
Lindsey Fowler	Sr.	3L	5-4	Birmingham, Ala.	JamJev Gymnastics
Lora Leigh Frost	Jr.	2L	5-2	Decatur, Ala.	Calvin Twisters
Kim Jacob	Sr.	3L	5-2	Raleigh, N.C.	Superior Gymnastics
Amanda Jetter	Fr.	HS	5-3	Milford, Ohio	Cincinnati Gymnastics Academy
Keely McNeer	Fr.	HS	5-2	Brandon, Miss.	Courthouse Gymnastics
Diandra Milliner	Sr.	3L	5-3	Wichita, Kan.	Folger's Gymnastics
Dominique Pegg	Fr.	HS	5-2	Sarnia, Ontario, Canada	Bluewater Gymnastics Club
Mary Lillian Sanders	Fr.	HS	5-1	Prattville, Ala.	Prattville YMCA Gymnastics
Aja Sims	Fr.	HS	5-2	Orlando, Fla.	Brandy Johnson's Global Gymnastics
Carley Sims	So.	1L	5-7	Birmingham, Ala.	JamJev Gymnastics
Kayla Williams	Jr.	2L	5-2	Huntington, W.Va.	Cincinnati Gymnastics Academy

HEAD COACH
Sarah Patterson
36th Year

VOLUNTEER COACH
David Patterson
36th Year

ASSISTANT COACH
Bryan Raschilla
18th Year

ASSISTANT COACH
Dana Duckworth
15th Year

PRONUNCIATION GUIDE

Sarah **DeMeo**	Duh-may-oh	Bryan **Raschilla**	Rah-shill-uh
Ria **Domier**	Doh-meyer	**Aja** Sims	A-jah
Diandra Milliner	Dee-ann-dra		

GYMNASTICS SUPPORT STAFF

Director of Gymnastics Operations:	Rita Martin
Administrative Assistant:	Robin Kelley
Athletic Trainer:	Monica Decker Kirkpatrick
Strength and Conditioning Coach:	Stephen Buckner
Managers:	Grey Buxton, Anderson Lovelace, Elizabeth Plant, Blake Sellers
Academic Advisor:	Fern Hampton
Director of Performance Nutrition:	Amy Bragg
Marketing and Promotions Director:	Krista Huffman

STATE-BY-STATE

UNITED STATES

ALABAMA
Lindsey Fowler
Lora Leigh Frost
Mary Lillian Sanders
Carley Sims

CALIFORNIA
Kaitlyn Clark
Ria Domier

FLORIDA
Aja Sims

KANSAS
Sarah DeMeo
Diandra Milliner

MISSISSIPPI
Keely McNeer

NEW JERSEY
Hunter Dennis

NORTH CAROLINA
Katie Bailey
Kim Jacob

PENNSYLVANIA
Lauren Beers

OHIO
Amanda Jetter

WEST VIRGINIA
Kayla Williams

CANADA
ONTARIO
Dominique Pegg

CLASS BREAKDOWN

SENIORS (5)
Sarah DeMeo
Ria Domier
Lindsey Fowler
Kim Jacob
Diandra Milliner

JUNIORS (4)
Kaitlyn Clark
Hunter Dennis
Lora Leigh Frost
Kayla Williams

SOPHOMORES (2)
Lauren Beers
Carley Sims

FRESHMEN (6)
Katie Bailey
Amanda Jetter
Keely McNeer
Dominique Pegg
Mary Lillian Sanders
Aja Sims

RETURNING NCAA CHAMPION (1)
Diandra Milliner (1): 2013 — Vault

RETURNING ALL-AMERICANS (6)
Lauren Beers (1): 2013 — Vault
Kaitlyn Clark (1): 2013 — Vault
Sarah DeMeo (3): 2013 — Beam*
2012 — Beam*
2011 — Bars
Kim Jacob (7): 2013 — Floor, All-Around*, Beam*
2012 — Floor*, Bars*
2011 — All-Around, Beam
Diandra Milliner (6): 2013 — Vault, Floor, Beam*
2012 — Vault, Floor*
2011 — Bars*
Kayla Williams (2): 2013 — Beam
2012 — Beam*

** Denotes second team All-America honor*

RETURNING REGIONAL CHAMPIONS (5)
Kaitlyn Clark (1): 2013 — Bars
Sarah DeMeo (1): 2012 — Beam
Kim Jacob (2): 2013 — Bars, Beam
Diandra Milliner (1): 2013 — Floor
Kayla Williams (1): 2013 — Vault

RETURNING SEC CHAMPIONS (1)
Diandra Milliner (1): 2013 — Floor

RETURNING ALL-SEC (4)
Sarah DeMeo 2011 — Second Team Freshman
Kim Jacob 2011 — Second Team Freshman
Diandra Milliner 2013 — First Team
2011 — Second Team Freshman
Kayla Williams 2013 — First Team

RETURNING SCHOLASTIC ALL-AMERICANS (9)
Lauren Beers, Kaitlyn Clark, Sarah DeMeo, Ria Domier, Lindsey Fowler, Lora Leigh Frost, Kim Jacob, Diandra Milliner, Kayla Williams

RETURNING SEC ACADEMIC HONOR ROLL (10)
Lauren Beers, Kaitlyn Clark, Sarah DeMeo, Ria Domier, Lindsey Fowler, Lora Leigh Frost, Kim Jacob, Diandra Milliner, Carley Sims, Kayla Williams

5-2 • Freshman

KATIE BAILEY

Kernersville, N.C.

5-4 • Sophomore All-American

LAUREN BEERS

Warren Center, Pa.

5-1 • Junior All-American

KAITLYN CLARK

Rancho Cucamonga, Calif.

5-0 • Senior All-American

SARAH DEMEO

Overland Park, Kan.

5-4 • Junior

HUNTER DENNIS

Westampton, N.J.

5-1 • Senior

RIA DOMIER

Davis, Calif.

5-4 • Senior

LINDSEY FOWLER

Birmingham, Ala.

5-2 • Junior

LORA LEIGH FROST

Decatur, Ala.

5-2 • Senior All-American

KIM JACOB

Raleigh, N.C.

5-3 • Freshman

AMANDA JETTER

Milford, Ohio

5-2 • Freshman

KEELY MCNEER

Brandon, Miss.

5-3 • Senior All-American

DIANDRA MILLINER

Wichita, Kan.

5-2 • Freshman

DOMINIQUE PEGG

Sarnia, Ontario, Canada

5-1 • Freshman

MARY LILLIAN SANDERS

Prattville, Ala.

5-2 • Freshman

AJA SIMS

Orlando, Fla.

5-7 • Sophomore

CARLEY SIMS

Birmingham, Ala.

5-2 • Junior All-American

KAYLA WILLIAMS

Huntington, W.Va.

SARAH PATTERSON

Head Coach 36th Year

SLIPPERY ROCK, 1978

DAVID PATTERSON

Volunteer Coach 36th Year

ALABAMA, 1982

BRYAN RASCHILLA

Assistant Coach 18th Year

YOUNGSTOWN STATE, 1989

DANA DUCKWORTH

Assistant Coach 15th Year

ALABAMA, 1993

KATIE BAILEY

FRESHMAN | HS | 5-2 | ALL-AROUND

Major: Communications
Hometown: Kernersville, N.C.
High School: Robert Glenn
Club: High Point Gymnastics Academy

PREP HIGHLIGHTS:

Coached by Rob Travers, Buddy Thorburn and Jenna Squires at High Point Gymnastics Academy … 2011 USA Junior Olympic national all-around and floor exercise champion … five-time J.O. National Championship qualifier … three-time USA J.O. Region 8 all-around champion … two-time North Carolina state all-around champion … 2011 Nastia Liukin Cup qualifier.

PERSONAL INFORMATION:

Full Name: Mary Kaitlyn Bailey … daughter of Katherine and Alex Bailey … brothers – Vance, Ricky and Greg … sisters – Amanda, Kristina and Madison … born July, 4, 1995.

LAUREN BEERS

SOPHOMORE | 1L | 5-4 | ALL-AROUND

Hometown: Warren Center, Pa.
Major: Exercise Science
High School: Home Schooled
Club: Southern Tier Gymnastics Academy

ALABAMA HIGHLIGHTS:

2013 | Freshman *Honors* — First-Team Vault All-American … Scholastic All-American … SEC Academic Honor Roll … SEC Freshman of the Week after her winning performance against Oklahoma … ***Vault* —** Posted a 9.900 on the vault at her first appearance in the NCAA Championships Semifinals and a 9.875 at the NCAA Championships Super Six Finals … scored a career-best 9.950 on vault against Oklahoma, sharing the win with teammate Kayla Williams … posted her career-high road score at LSU with a 9.925 … made her Crimson Tide debut on the vault in the season opener at Missouri … ***Floor Exercise* —** Posted a 9.875 at both the NCAA Championships Semifinals and Super Six Team Finals … tied her career-best floor exercise score with a 9.900 in the SEC Championships and the NCAA Tuscaloosa Regional Championship … posted a 9.9 on floor for three meets in a row … competed on the floor exercise for the first time in the season opener at Missouri … competed on the floor exercise in seven meets in 2013, earning a 9.875 or better in six of them … ***In The Classroom* —** Earned President's List honors with a perfect 4.0 grade point average in the fall and spring … carries a perfect 4.0 GPA for her career.

PREP HIGHLIGHTS:

Coached by Daile Van Patten and Michael Morse at Southern Tier Gymnastics Academy in Endwell, N.Y. … two-time U.S. National Championship qualifier … finished 15th in the all-around at the 2010 VISA National Championships, where she was also ninth on the floor exercise … finished in the top-10 in all four events at the 2011 American Classic, taking sixth in the all-around … five-time competitor at the U.S. Junior Olympic National Championships, finishing second in the all-around in 2012 and fourth in 2008 … carried a 4.0 grade point average for her high school career.

PERSONAL INFORMATION:

Full Name: Lauren Kellie Beers … daughter of Patricia and Rick Beers … brothers – Brandon, Samuel, Noah, Nicolas and Andrew … sister – Rachel … born April 1, 1994.

BEERS' TOP SCORES:

Vault: 9.950 | Bars: 9.825 | Floor: 9.900

KAITLYN CLARK

JUNIOR | 2L | 5-1 | ALL-AROUND

Hometown: Rancho Cucamonga, Calif.
Major: Exercise Science
High School: Ontario Christian
Club: Precision Gymnastics

ALABAMA HIGHLIGHTS:

2013 | Sophomore ***Honors*** **—** First-Team Vault All-American … Scholastic All-American … NCAA Tuscaloosa Regional uneven bars co-champion … SEC Academic Honor Roll … ***Vault*** **—** Competed in the vault lineup in every meet during the season, posting a 9.8 or better every time … tied her career-best with a 9.9 to lead the Tide in the vault during the NCAA Championships Semifinals … also tied her career-best on the vault with 9.9s against LSU and UCLA and at Georgia … ***Uneven Bars*** **—** Scored a career-best 9.900 on the uneven bars during the NCAA Championships Super Six Finals … shared first place on the uneven bars with a career-best 9.9 at the NCAA Tuscaloosa Regional Championship … part of the Tide's competitive uneven bars lineup every meet in 2013 … ***Balance Beam*** **—** Bettered her career-high score on the balance beam with a 9.875 during the NCAA Championships Super Six Finals … part of the competitive balance beam lineup in the last 11 meets of the season … ***Floor Exercise*** **—** Competed in competitive floor exercise lineup for the first time in her UA career in the season opener at Missouri. … ***In The Classroom*** **—** Maintained a 3.5 cumulative grade point average through the end of her sophomore year … earned Dean's List honors (3.5 or better GPA) in the fall.

2012 | Freshman Scholastic All-American … SEC Academic Honor Roll … competed on the uneven bars in all 14 meets of the season … scored a career-high 9.9 on the uneven bars at Oklahoma … scored a career-high 9.9 on the vault against Arkansas … earned Dean's List honors (3.5 or better grade point average) for the spring semester.

PREP HIGHLIGHTS:

Member of the United States National Team … coached by Trent and Jill Spaulding at Precision Gymnastics … finished ninth in the all-around at the 2010 USA Senior National Championships … finished 10th in the all-around at the 2009 USA Senior National Championships … took part in the 2009 USA World Championship team selection camp … participated in the 2008 Pan American Gymnastics Union training camp … active in the Girl Scouts since kindergarten … graduated from Ontario Christian High School … member of the National Honor Society and the California Scholarship Federation.

PERSONAL INFORMATION:

Full name: Kaitlyn Rene Clark … daughter of Monique and Dan Clark … sister – Breanna … brothers – Mathew and Kyle … born June 5, 1993.

CLARK'S TOP SCORES:

Vault: 9.900 | Bars: 9.900 | Beam: 9.875 | Floor: 9.675

SARAH DEMEO

SENIOR | 3L | 5-0 | ALL-AROUND

Hometown: Overland Park, Kan.
Major: Interdisciplinary
High School: Blue Valley
Club: Eagle Gymnastics

ALABAMA HIGHLIGHTS:

2013 | Junior *Honors* — Second-Team Balance Beam All-American … Scholastic All-American … SEC Academic Honor Roll … SEC Specialist of the Week (1/16) … ***Uneven Bars* —** Competed on the uneven bars in every meet of the season, posting a 9.875 or better in 10 of 14 meets … tied her career best of 9.9 on the uneven bars six times during the season including at the SEC Championships and the NCAA Championships Super Six Finals … won the uneven bars at Missouri and Arkansas … ***Balance Beam* —** Competed on the beam in every meet in 2013 … earned a season-best 9.9 on the balance beam at Missouri and Arkansas and against Auburn … won the balance beam at both Missouri and Arkansas … ***Floor Exercise* —** Part of the competitive floor lineup in 13 of 14 meets … Posted a 9.875 on the floor exercise at the 2013 NCAA Championships Super Six Finals … shared first place on the floor exercise in the Tide's first meet against LSU with a career-best 9.900, a score she matched at LSU … competed in the Tide's floor lineup for the first time since her freshman year in the season opener against Missouri … ***In The Classroom* —** Earned Dean's List honors (3.5 or better GPA) in both the fall and spring. … carried a 3.6 cumulative grade point average through the end of her junior season.

2012 | Sophomore Second team Balance Beam All-American … Scholastic All-American … SEC Academic Honor Roll … NCAA Seattle Regional Balance Beam Champion … competed on the uneven bars in every meet of the 2012 season and on the balance beam in 13 of 14 meets … tied her career best of 9.950 to win the balance beam title against North Carolina … also won the balance beam against Florida … posted a season-best 9.875 on the uneven bars against North Carolina … earned Dean's List honors (3.5 or better grade point average) for the fall and spring semesters.

2011 | Freshman First team Uneven Bars All-American … Scholastic All-American … finished third on the uneven bars at the NCAA Championships Individual Event Finals … Second Team All-SEC … SEC All-Freshman … SEC Academic Honor Roll … finished second on the balance beam at the NCAA Tuscaloosa Regional and SEC Championships with matching scores of 9.9 … named SEC Gymnast of the Week after scoring a career-best 39.450 in the all-around and 9.950 on the balance beam, winning both against LSU … scored a career-best 9.875 on the floor exercise against LSU … named SEC Freshman Gymnast of the Week after the Tide's meet at Georgia … competed in the all-around in half of the Tide's meets during the regular season … competed in 43 individual events during the season, posting five wins, including four balance beam titles and an all-around win … scored a career-best 9.875 on the vault at Georgia … scored a career-high 9.9 on the uneven bars in the semifinals of the NCAA Championships … won the balance beam in her first meet for the Tide with a 9.925 against Penn State, the highest score on any event in the meet … named to the Dean's List (3.5 or better GPA) for both the fall and spring semesters.

PREP HIGHLIGHTS:

Coached by Kim Fuchs and Kami Claridge at Eagle Gymnastics … three-year member of the U.S. National Team … won the 2010 Level 10 national balance beam title and finished second in the all-around … won the 2009 Level 10 national uneven bars title … won the all-around title at the state and regional level in 2009 and was fifth nationally … graduated from Blue Valley High School … four-year member of the Principal's Honor Roll.

PERSONAL INFORMATION:

Full name: Sarah Christine DeMeo … daughter of Susan Lucas and Craig DeMeo … sister – Allison … stepsisters – Melissa, Lauren and Candice … stepbrothers – Kyle and Connor … born Jan. 29, 1992.

DEMEO'S TOP SCORES:

All-Around: 39.450 | Vault: 9.875 | Bars: 9.900 | Beam: 9.950 | Floor: 9.900

HUNTER DENNIS

JUNIOR | 2L | 5-4 | VAULT, BARS, FLOOR

Hometown: Westampton, N.J.
Major: General Studies
High School: Holy Cross
Club: Will-Moor School of Gymnastics

ALABAMA HIGHLIGHTS:

2013 | Sophomore *Honors* – SEC Academic Honor Roll.

2012 | Freshman Joined the Crimson Tide in January for the spring semester … went exhibition on both the vault and floor exercise.

PREP HIGHLIGHTS:

Graduated early from Holy Cross High School and joined the Crimson Tide in January of 2012 for the spring semester … coached by Kim and Kevin Bonus, John Wilton and Jeanne Kane at Will-Moor School of Gymnastics … 2010 Junior Olympic National Championships qualifier … six-time Region 7 Championships competitor … won the floor exercise at the IGI Chicago Style Invitational … won the all-around, vault and floor exercise at the Sportsplex Team Classic.

PERSONAL INFORMATION:

Full name: Hunter Alexandra Dennis … daughter of Carla and Al Dennis … brother – Sean ... sister – Morgan, is a former Alabama gymnast who earned eight All-America honors and won the 2007 NCAA Floor Exercise Championship during her Crimson Tide career … born April 6, 1994.

RIA DOMIER

SENIOR | 3L | 5-1 | VAULT, BARS, FLOOR

Hometown: Davis, Calif.
Major: Chemical Engineering
High School: Davis Senior
Club: Davis Diamonds Gymnastics

ALABAMA HIGHLIGHTS:

2013 | Junior *Honors* – Scholastic All-American … Goldwater Scholar … SEC Academic Honor Roll … ***Vault* –** Went exhibition on the vault in six meets during the regular season … ***In the Classroom* –** Named to the President's List (4.0 grade point average) for the fall and spring semester … carried a 4.0 cumulative GPA through the end of junior year.

2012 | Sophomore Scholastic All-American … SEC Academic Honor Roll … named to the 2012 SEC Gymnastics Community Service Team … went exhibition on the vault multiple times through the season … named to the President's List (4.0 grade point average) for the fall and spring semester.

2011 | Freshman Scholastic All-American … SEC Academic Honor Roll … named to the President's List (4.0 grade point average) for the fall semester … earned Dean's List (3.5 or better GPA) for the spring semester.

PREP HIGHLIGHTS:

Coached by Hilde Aune and James Major at Davis Diamonds Gymnastics … won the vault at the 2010 Norcal Level 10 State Championships and took second on the balance beam and fourth in the all-around … took fourth on the vault at the 2010 Region 1 Championships … took third in the all-around and on the vault at the 2010 Junior Olympic NIT Championships as well as taking fifth on balance beam … finished third on the vault and floor exercise at the 2008 Norcal Level 10 State Championships … graduated from Davis Senior High School … National Merit finalist … National AP Scholar … co-president of the DHS Science Bowl Team … project coordinator for the DHS Chapter of the California Scholarship Federation … 2008 National Science League Chemistry school champion … 2010 National Science League Physics school co-champion.

PERSONAL INFORMATION:

Full name: Ria Chandra Domier … daughter of Vinita and Calvin Domier … brother – Arvin … born Oct. 1, 1992.

LINDSEY FOWLER

SENIOR | 3L | 5-4 | ALL-AROUND

Hometown: Birmingham, Ala.
Major: Early Childhood Education
High School: Oak Mountain
Club: JamJev Gymnastics

ALABAMA HIGHLIGHTS:

2013 | Junior *Honors* – Scholastic All-American … SEC Academic Honor Roll … ***In the Classroom* –** Earned Dean's List (3.5 or better grade point average) for both the fall and spring semesters … carried a 3.8 cumulative GPA through the end of her junior year.

2012 | Sophomore Scholastic All-American … SEC Academic Honor Roll … made her debut in the Tide's competitive lineup on the floor exercise at Kentucky … named to the President's List (4.0 grade point average) for the spring semester … earned Dean's List honors (3.5 or better GPA) for the fall semester.

2011 | Freshman Scholastic All-American … SEC Academic Honor Roll … inducted into Alpha Lambda Delta, Phi Eta Sigma and Lambda Sigma honor societies … Council of Presidents Freshman Academic Achievement award winner … named to the President's List (4.0 GPA) for the fall and spring semesters.

PREP HIGHLIGHTS:

Coached by John and Dara Lowery and David and Kelly Hill at JamJev Gymnastics … her coach Dara (Stewart) Lowery was an All-American gymnasts for the Crimson Tide … 2009 Level 10 state champion on the vault and runner-up on the floor exercise … 2009, 2008, 2007 and 2006 Level 10 Regional Championship qualifier … 2008 Level 10 state champion on the balance beam and uneven bars … 2008 Junior National Championships qualifier … 2007 Level 10 state balance beam champion … graduated from Oak Mountain High School … class salutatorian … member of the National Honor Society, Mu Alpha Theta and the Spanish Honor Society.

PERSONAL INFORMATION:

Full name: Lindsey Elaine Fowler … daughter of Laurie and Tony Fowler … brothers – Zack and Riley … born Aug. 14, 1991.

FOWLER'S TOP SCORE:

Floor: 9.650

LORA LEIGH FROST

JUNIOR | 2L | 5-2 | ALL-AROUND

Hometown: Decatur, Ala.
Major: General Health Studies
High School: Decatur Heritage Christian Academy
Club: Calvin Twisters

ALABAMA HIGHLIGHTS:

2013 | Sophomore *Honors* — Scholastic All-American … SEC Academic Honor Roll … ***Floor Exercise* —** Matched her season-best score of 9.875 at the NCAA Championships Super Six Finals … posted a season-best 9.875 on the floor exercise at the SEC Championships … went in the Tide's competitive floor exercise lineup for the first time in 2013 at Georgia, earning a 9.85 … competed in the Tide's competitive floor exercise lineup ten times in 2013, earning 9.825 or better eight times … ***In The Classroom* —** Maintained a 3.7 cumulative grade point average through the end of her junior year … earned Dean's List (3.5 or better GPA) for both the fall and spring semesters.

2012 | Freshman Scholastic All-American … SEC Academic Honor Roll … scored a career-best 9.9 on the floor exercise against Arkansas … named to the President's List (4.0 grade point average) for the spring semester … earned Dean's List (3.5 or better GPA) for the fall semester.

PREP HIGHLIGHTS:

Coached by Lynette Calvin at Calvin Twisters … qualified for the 2011 Junior Olympic National Championships … finished third in the all-around at the 2011 J.O. Region 8 Championships after taking second on the vault, uneven bars and floor exercise … won the all-around at the 2010 JFJ Elite Cup.

PERSONAL INFORMATION:

Full name: Lora Leigh Frost … daughter of Vicki and Barry Frost … born Feb. 28, 1993.

FROST'S TOP SCORE:

Floor: 9.900

KIM JACOB

SENIOR | 3L | 5-2 | ALL-AROUND

Hometown: Raleigh, N.C.
Major: Exercise Science
High School: Homeschooled
Club: Superior Gymnastics

ALABAMA HIGHLIGHTS:

2013 | Junior *Honors* — First Team Floor Exercise All-American … Second Team All-Around and Balance Beam All-American … NCAA Elite 89 Award, given annually to the student-athlete with the highest cumulative grade point average at the NCAA Championships final site … Scholastic All-American … SEC Gymnastics Scholar-Athlete of the Year … SEC Gymnastics Community Service Team … NCAA Tuscaloosa Regional balance beam champion and uneven bars co-champion … SEC Academic Honor Roll … team captain … ***Overall* —** Won a team-best 16 individual titles, including five in the all-around … led the Tide with 50 routines in the competitive lineup … led the Tide with 22 scores of 9.9 or better, including 12 on the floor exercise … ***All-Around* —** Led the Tide in the all-around competition in the NCAA Championships Semifinals with a 39.425 … posted a career-high 39.525 in the all-around at the SEC Championship … only Crimson Tide gymnast to go in the all-around during the regular season … of the six regular-season meets she competed in the all-around, she won five … second in the all-around at the NCAA Regional Championship … opened the season at Missouri by going in the all-around for the first time since the 2011 NCAA Championships Super Six Team Finals, scoring a 39.275 and winning the meet … ***Vault* —** Scored a career-best 9.85 on the vault at Florida … ***Uneven Bars* —** Posted a 9.900 on the uneven bars at the 2013 NCAA Championships Super Six Finals … shared first place on the uneven bars at the 2013 NCAA Regional Championship with a 9.9 … won the uneven bars with a career-best 9.9 against Kentucky … ***Balance Beam* —** Led the Tide on the balance beam with a 9.925 at the NCAA Championships Super Six Finals … won the NCAA Regional balance beam title after tying her career-high of 9.950 … scored a 9.925 on the balance beam at the SEC Championships … scored 9.9 or better on the balance beam in eight of 14 meets, including the SEC Championship, NCAA Tuscaloosa Regional Championship and the NCAA Championships Semifinals … competed on the balance beam in every meet … ***Floor Exercise* —** Posted a 9.950 on the floor exercise at the NCAA Championships Super Six Finals and a 9.925 at the NCAA Championships Semifinals … posted 10 consecutive scores of 9.9 or better on the floor exercise in 2013 … won the floor exercise with a career-best 9.95 against Georgia … shared top honors on the floor exercise against UCLA and won the event at LSU tying her career high of 9.95 … closed the regular season by winning the floor exercise against Oklahoma … part of the competitive floor exercise lineup for every meet of the 2012 and 2013 seasons … ***In The Classroom* —** Earned President's List honors with a 4.0 grade point average in both the fall and spring … maintained a 4.0 cumulative GPA through the end of her junior year.

2012 | Sophomore Second team Uneven Bars and Floor Exercise All-American … Scholastic All-American … SEC Gymnastics Scholar-Athlete of the Year … SEC Academic Honor Roll … competed in the Crimson Tide's balance beam and floor exercise lineups in all 14 meets … only UA gymnast to go in the floor exercise lineup every meet of the season … led off the Tide's balance beam lineup in 11 of 14 meets and the floor exercise lineup in 12 of 14 meets … scored a season-high 9.9 on the balance beam against Arkansas, a score she matched in the semifinals of the NCAA Championships and NCAA Championships Super Six Team Finals … scored a season-high 9.85 on the floor exercise against Florida, a score she matched at the SEC Championships, the semifinals of the NCAA Championships and NCAA Championships Super Six Team Finals … named to the President's List (4.0 GPA) for the fall and spring semesters.

2011 | Freshman First team All-Around and Balance Beam All-American … Scholastic All-American … Second team All-SEC … SEC All-Freshman … SEC Academic Honor Roll … scored a career-best 9.95 in the NCAA Championships Super Six Team Finals, the highest balance beam score of the NCAA Championships … finished seventh in the all-around at the NCAA Championships … finished eighth on the balance beam at the NCAA Championships Individual Event Finals … closed out the season by going all-around in back-to-back nights at the NCAA Championships, after competing in the all-around only twice in the regular season, including a career-best 39.425 in the Super Six Team Final … finished second off the balance beam at the NCAA Tuscaloosa Regional and SEC Championships with a 9.9 each time … won the balance beam at Arkansas from the leadoff spot … competed 40 routines during the season, including going on the balance beam in all 14 meets … earned the Tide's Lewis Each Courage Award … named to the President's List (4.0 GPA) for the fall and spring semesters.

PREP HIGHLIGHTS:

Coached by Krystal Kramer at Superior Gymnastics … Senior International Elite gymnast … qualified for the U.S. Visa Championships in 2008 and 2009, finishing 12th in the all-around in 2009 … 2010 Junior Olympic National all-around champion … won the uneven bars and finished second in the all-around at the 2009 American Classic … 2006 Junior Olympics national all-around, balance beam and floor exercise champion.

PERSONAL INFORMATION:

Full name: Kimberly Anne Jacob … daughter of Victoria and Michael Jacob … brother – Rick … sisters – Tina, Kelsie, Steph and Jenny … born Sept. 18, 1991.

JACOB'S TOP SCORES:

All-Around: 39.525 | Vault: 9.850 | Bars: 9.900 | Beam: 9.950 | Floor: 9.950

AMANDA JETTER

FRESHMAN | HS | 5-3 | ALL-AROUND

Major: Communications
Hometown: Milford, Ohio
High School: Milford
Club: Cincinnati Gymnastics Academy

PREP HIGHLIGHTS:

Coached by Mary Lee Tracy at Cincinnati Gymnastics Academy, the same gym that produced Alabama All-American Ashley Priess … four-year member of the United States National Team … led Team USA to team titles at the 2010 and 2011 City of Jesolo Trophy meets in Jesolo, Italy, taking sixth and eighth place, respectively in the all-around … led Team USA to the win at the 2009 International Tournament of Pas-de-Calais in Argues, France, where she won the all-around and floor exercise … took third in the all-around at the 2008 International Artistic Gymnastics Challenge in Woluwe Saint-Lambert, Belgium … 2007 USA Junior Olympic national all-around champion.

PERSONAL INFORMATION:

Full Name: Amanda Rose Jetter … daughter of Denise and Gerald Jetter … brother – Derek … born Nov. 6, 1994.

KEELY MCNEER

FRESHMAN | HS | 5-2 | ALL-AROUND

Major: Chemical Engineering
Hometown: Brandon, Miss.
High School: University of Nebraska Independent Study High School
Club: Courthouse Gymnastics

PREP HIGHLIGHTS:

Graduated early from the University of Nebraska Independent Study High School to join Alabama in January of 2014 … coached by Mario and Cheryl Gonzalez at Courthouse Gymnastics … placed 15th in the all-around at the 2010 VISA Championships … 2010-11 USA National Team member … graduated high school with a 4.17 cumulative grade point average … National Society of High School Scholars … selected for the National Academy of Future Physicians Medical Scientists Award of Excellence.

PERSONAL INFORMATION:

Full Name: Keely Lynne McNeer … daughter of Cyndy and Mike McNeer … born April 11, 1996.

DIANDRA MILLINER

SENIOR | 3L | 5-3 | ALL-AROUND

Hometown: Wichita, Kan.
Major: General Health Studies
High School: Maize
Club: Folger's Gymnastics

ALABAMA HIGHLIGHTS:

2013 | Junior *Honors* — NCAA Vault Champion … NCAA Floor Exercise Runner-up … First Team Vault and Floor Exercise All-American … Second Team Balance Beam All-American … Scholastic All-American … NCAA Tuscaloosa Regional Floor Exercise Champion … SEC Floor Exercise Champion … First Team All-SEC … SEC Specialist of the Week (3/5) … SEC Academic Honor Roll … ***Vault* —** Won the vault with a 9.925 during the NCAA Championship Individual Finals … won the vault with a 9.925 at Missouri and against LSU and Auburn … competed on vault in every meet of 2013 … ***Balance Beam* —** Won the balance beam at Arkansas, tying her career best of 9.900 from the leadoff spot … ***Floor Exercise* —** Second on the floor exercise at the NCAA Individual Event Finals with a 9.925 … posted the top score on the floor exercise during the NCAA Championships Semifinals with a 9.950 … floor exercise champion at the NCAA Regional Championship with a 9.925 … scored a 9.925 on the floor exercise at the NCAA Championships Super Six Finals … posted a career-best 9.95 on the floor exercise against Georgia, a mark she matched against UCLA and at the SEC Championships … won the SEC floor exercise title with a career-best tying 9.95 earning first team All-SEC honors in the process … SEC Specialist of the Week (3/5) … ***In The Classroom* —** Maintained a 3.5 cumulative grade point average through the end of her junior year … earned Dean's List honors (3.5 or better GPA) in both the fall and spring semesters.

2012 | Sophomore NCAA Championships Vault Runner-up … First team Vault All-American … Second team Floor Exercise All-American … Scholastic All-American … SEC Academic Honor Roll … scored a 10.0 to win the vault against Florida … became the 14th Alabama gymnast to score at least one 10.0 during her career and the eighth to score a 10.0 on the vault … competed on the vault and balance beam in all 14 meets of the season … won the vault at LSU and against UNC … matched her career high of 9.925 on the floor against Arkansas … scored a career-high 9.9 to win the balance beam against Florida … made her Crimson Tide all-around debut at Auburn … scored 9.95 on the vault in both the semifinals of the NCAA Championships and the NCAA Championships Super Six Team Finals … competed 42 routines during the season … earned Dean's List honors (3.5 or better grade point average) for the spring semester.

2011 | Freshman Second Team Balance Beam All-American … Scholastic All-American … scored a 9.95 at the NCAA Championships Super Six Team Finals for the highest vault score of the night … Second Team All-SEC … SEC All-Freshman Team … joined the Crimson Tide on Dec. 26 for the second semester after graduating early from high school … twice named SEC Freshman Gymnast of the Week, after the Tide's meets against Auburn and LSU … posted a career-high 9.975 on the vault against LSU … scored a 39.450 against Kentucky in her first all-around appearance … scored a career-high 9.825 on the uneven bars against Kentucky … scored a season-best 9.925 on the floor exercise against Kentucky and LSU … competed 40 routines during the season ... anchored Alabama's vault lineup in all 14 meets … won five of 10 individual vault titles during the regular season … scored a career-high 9.875 on the balance beam at the Metroplex Challenge … in the first routine of her first meet for the Crimson Tide, she won the vault against Penn State with a 9.9 … earned Dean's List honors (3.5 or better grade point average) for the spring semester.

PREP HIGHLIGHTS:

Graduated early from Maize High School and joined the Crimson Tide for the 2011 spring semester … coached by Mark Folger at Folger's Gymnastics … 2010 Junior Olympic National vault and floor exercise champion … won the vault and finished second in the all-around at the 2009 Junior Olympic National Championships … took first on the vault, uneven bars and floor exercise at the 2010 Junior Olympic Regional Championships … won the vault and floor exercise at the 2010 Nastia Liukin Cup.

PERSONAL INFORMATION:

Full name: Diandra Quinn Milliner … daughter of Traci and Reuben Milliner … sisters – Aleah and Micala … born Oct. 18, 1992.

MILLINER'S TOP SCORES:

All-Around: 39.450 | Vault: 10.000 | Bars: 9.825 | Beam: 9.900 | Floor: 9.950

DOMINIQUE PEGG

FRESHMAN | HS | 5-2 | ALL-AROUND

Major: Psychology
Hometown: Sarnia, Ontario, Canada
High School: St. Christopher
Club: Bluewater Gymnastics Club

PREP HIGHLIGHTS:

Coached by David and Elizabeth Brubaker at Bluewater Gymnastics Club … part of the Canadian Olympic team that made team finals for the first time in its history, finishing fifth at the London Olympiad … finished 17th in the Olympic all-around final … earned silver in the senior all-around event and bronze in both the vault and balance beam events at the 2012 Canadian National Championships … part of Canada's 2011 and 2010 World Championship teams … also competed at the 2010 Pan American Games and the 2007 and 2009 Junior Pan American Games … part of the 2010 Canadian Pacific Rim Championships team, winning the vault and finishing eighth in the all-around.

PERSONAL INFORMATION:

Full Name: Dominique Rosella Pegg … daughter of Cathi Parker and Chuck Pegg … sister – Cassiah … brother – Nick … born Jan. 8, 1995.

MARY LILLIAN SANDERS

FRESHMAN | HS | 5-1 | ALL-AROUND

Major: Communications
Hometown: Prattville, Ala.
High School: Evangel Family Christian Academy
Club: Prattville YMCA Gymnastics

PREP HIGHLIGHTS:

Coached by Elena Bodrikova, Jessica Sedgwick and Otis Reeves at Prattville YMCA Gymnastics … USA Junior Olympic National Championships qualifier in 2008 and 2013 … 2013 Alabama State and J.O. Region 8 vault champion … won the vault and balance beam at the 2013 National Gymnastics Challenge … named Art Student of the Year as a freshman … earned a place on the "A" honor roll as a junior and senior.

PERSONAL INFORMATION:

Full Name: Mary Lillian Sanders … daughter of Stephanie and Bill Sanders … sister – LouAnne Sanders Owens … born May 24, 1995.

AJA SIMS

FRESHMAN | HS | 5-2 | ALL-AROUND

Major: Pre-Physical Therapy
Hometown: Orlando, Fla.
High School: William R. Boone
Club: Brandy Johnson's Global Gymnastics

PREP HIGHLIGHTS:

Graduated early from William R. Boone High School to join Alabama in January of 2014 … coached by Kelly Pitzen and Brandy Johnson at Brandy Johnson's Global Gymnastics … member of the USA Junior Olympic team in 2011-12 … an uneven bars skill, "The Sims" is named for her … 2012 JO National all-around, uneven bars and balance beam champion … accepted into the Law Magnet Program in high school … graduated with a 4.7 cumulative grade point average.

PERSONAL INFORMATION:

Full Name: Aja Monet Sims … daughter of Daisy Canady and Clinton Sims … sister – Leslie Canady … born Oct. 4, 1995.

CARLEY SIMS

SOPHOMORE | 1L | 5-7 | ALL-AROUND

Major: Pre-Physical Therapy
Hometown: Birmingham, Ala.
High School: Ramsay
Club: JamJev Gymnastics

ALABAMA HIGHLIGHTS:

2013 | Freshman *Honors* — SEC Academic Honor Roll … ***Vault* —** Made her debut in the Tide's competitive vault lineup against UCLA, earning a 9.800 … posted a career-best 9.875 on the vault at LSU … ***Uneven Bars* —** Went exhibition on the uneven bars at Georgia and Florida and against Auburn and UCLA … made her debut in the Crimson Tide's competitive lineup at Arkansas with a 9.775 on the uneven bars … ***Floor Exercise* —** Went exhibition on the floor exercise at Missouri to open her Alabama career … ***In The Classroom* —** Earned Dean's List honors (3.5 or better grade point average) for the fall semester.

PREP HIGHLIGHTS:

Coached by former Alabama All-American Dara (Stewart) Lowery as well as John Lowery and David Hill at JamJev Gymnastics … double-medalist at the 2011 U.S. Junior Olympic National Championships … finished second on the floor exercise and third on the vault at the 2011 J.O. National Championships after posting three top-10 finishes at the same meet in 2010 … five-time competitor at the U.S. Junior Olympic National Championships … won four events, including the all-around, at the 2011 Region 8 Championships, and was second on the balance beam … won all four events and the all-around at the 2011 Alabama State Championships … graduated with a 3.5 cumulative grade point average.

PERSONAL INFORMATION:

Full Name: Carley Victoria Sims … daughter of Pam Felder and Carl Sims … brother – Bryant Felder … sister – Brianna … born Jan. 5, 1994.

SIMS' TOP SCORES:

Vault: 9.875 | Bars: 9.775

KAYLA WILLIAMS

JUNIOR | 2L | 5-2 | ALL-AROUND

Hometown: Huntington, W.Va.
Major: Public Relations
High School: Huntington
Club: Cincinnati Gymnastics Academy

ALABAMA HIGHLIGHTS:

2013 | Sophomore *Honors* — First Team Balance Beam All-American … Scholastic All-American … First Team All-SEC … NCAA Tuscaloosa Regional vault champion … SEC Academic Honor Roll … ***Vault* —** Won the NCAA Tuscaloosa Regional vault title after posting a 9.925 … won the vault at LSU with a career-best 9.975, the highest score for the Tide on any event in 2013 … tied her season-best of 9.975 on the vault at the SEC Championships, taking second place and earning All-SEC honors in the process … won the vault against Oklahoma with a 9.95 from the leadoff spot … tied for first place on the vault with a 9.925 in the Tide's first regular-season meet against LSU … part of the competitive vault lineup in the last 13 meets of the season … ***Balance Beam* —** Shared top honors on the balance beam at the NCAA Championships Semifinals with a score of a 9.900 … posted a career-best 9.925 on the balance beam at the SEC Championship … won the balance beam with a 9.900 against Kentucky … competed on the balance beam at every meet of the season … ***In The Classroom* —** Earned President's List honors with a perfect 4.0 grade point average in the fall … earned Dean's List honors (3.5 or better GPA) in the spring … maintained a 3.7 cumulative GPA through the end of her junior year.

2012 | Freshman Second team Balance Beam All-American … Scholastic All-American … SEC Academic Honor Roll … scored a career-high 9.9 on the vault at the NCAA Championships Super Six Team Finals … scored a career-high 9.9 on the balance beam against North Carolina … tied her career high of 9.9 on the balance beam in both the semifinals of the NCAA Championships and the NCAA Super Six Team Finals … earned Dean's List honors (3.5 or better grade point average) for the spring semester.

PREP HIGHLIGHTS:

Won the vault at the 2009 World Championships in London, England … member of the United States 2009 World Championship team … coached by Mary Lee Tracy at Cincinnati Gymnastics Academy, the same gym that produced Alabama All-American Ashley Priess … won the vault at the USA Junior and Senior National Championships as well as the World Championships in 2009 … three-year member of the Region 7 All-Star team … won the 2009 USA Junior Olympic National Championships all-around, floor exercise and vault titles in 2009 … National Honor Society.

PERSONAL INFORMATION:

Full name: Kayla Rose Williams … daughter of Elizabeth and William Williams … born Feb. 28, 1992.

WILLIAM'S TOP SCORES:

Vault: 9.975 | Beam: 9.925

TRAVELING IN STYLE WITH THE CRIMSON TIDE

Oh, the places they'll go! An Alabama gymnast will travel far and wide during her Crimson Tide tenure and will get there in style. Alabama travels to the vast majority of its competitions by charter plane, keeping time away from home to a minimum. Chartering also allows Sarah Patterson to adjust departure times to best accommodate her athletes' class schedules.

Nothing brings a team together like time on the road. Time on the plane is spent studying, reading, listening to music and watching movies. Time is also spent chatting, singing and generally having a good time.

Just to make sure everything runs smoothly on a trip, a laminated travel card is handed out before the Tide sets off for the Tuscaloosa Airport, detailing the schedule, what to wear and other important information.

During the regular season, once the plane touches down, a bus comes plane-side to pick the Tide up and take them to the hotel. The team then makes its way to a team dinner, usually at a well-known local restaurant that has the kind of variety where the gymnasts, coaches and staff can sample local cuisine or personal favorites.

Back at the hotel after dinner, everyone goes their own way, some back to their room to study or chat, some gathering in one room or another to watch a movie.

Breakfast usually finds everyone on their own, after which there is a trip to the mall arranged for those who want to hit the shops.

Team lunch starts the pre-meet ritual, with the Tide taking over a section of a local restaurant or having the meal catered at the hotel. After the competition, the bus takes Alabama back to the airport, where the charter plane stands ready to whisk them back to Tuscaloosa.

On longer trips, especially during the postseason, Alabama travels with its massage therapist, allowing them to get massages in preparation for competition.

While many trips find the Tide flying in and out of town for a meet, the trips are sometimes stretched to accommodate some exploring.

In five of the past eight years, trips to the West Coast have allowed Alabama to see the sites, including stops in Seattle, and a trip to the Space Needle and the exterior set of "Grey's Anatomy", San Francisco, for cable car rides and wandering around Fisherman's Wharf, and Los Angeles, with tours of Hollywood and a walk on the red carpet at Sony Studios.

The gymnasts aren't the only ones hitting the road for away meets. The Tide has a dedicated group of family, friends and fans who follow them from one end of the country to the other. There is never a meet that doesn't see some crimson and white-clad fans in the stands. And for those that can't make it to an away meet, the Tide is the only school in the country whose home and away meets are broadcast on the radio and online as well.

2013 SEASON IN REVIEW

For Alabama gymnastics, the 2013 season was typical in its brilliance, with the team posting its fifth consecutive top-three national finish, rounding out an amazing stretch that includes back-to-back NCAA Championships in 2011 and 2012 and a runner-up trophy in 2009 as well as taking third place finishes in 2010 and again last season. Sarah and David Patterson's gymnasts also once again enjoyed phenomenal success in the classroom, earning scores of national, regional and conference honors along the way.

THE REGULAR SEASON

Alabama posted a 7-2-1 record during the regular season, including a perfect 5-0 mark at home. The Crimson Tide opened the season with a win at newly-minted Southeastern Conference foe Missouri and closed the season off with wins over No. 6 UCLA, No. 4 LSU and No. 1 Oklahoma. Kim Jacob led the way for the Tide winning 14 individual titles, including five all-around crowns during the dual-meet season.

DRAWING A CROWD

Alabama led the nation in both overall (home and away) and single meet attendance during the 2013 regular season. The Crimson Tide averaged 10,266 fans per meet between five home and five road regular-season dates. Alabama was the only collegiate women's program in the nation to average over 10,000 fans per outing in 2013.

Alabama's capacity crowd of 15,075 against Kentucky on Jan. 25 was the largest women's gymnastics crowd in the nation in 2013. The Tide was second in average home attendance, bringing in 13,422 fans per meet in 2013, the second-highest total in school history.

Alabama and Utah gymnastics, along with Tennessee basketball, were the top three collegiate women's programs in terms of home attendance and the only women's programs to draw over 10,000 fans per home event in 2013.

THE SOUTHEASTERN CONFERENCE

Alabama opened the 2013 postseason by battling Florida down to the finish at the Southeastern Conference Championship in Little Rock, Ark., before finishing second to the Gators with a season-high score of 197.800. It marked the 22nd time in school history that the Tide has finished either first or second at the league championships. Diandra Milliner won the first of her three individual postseason titles by winning the SEC floor exercise championship while Kayla Williams took second on the vault with a near-perfect 9.975. Both women also earned All-SEC honors.

Prior to the championships, it was announced that by a vote of the league's coaches Kim Jacob was named the SEC Gymnastics Scholar-Athlete of the Year for the second year in a row. Jacob was also named to the SEC Gymnastics Community Service Team. The Raleigh, N.C., native dedicated countless hours to community service, serving a myriad of causes and charities.

During the regular season, Ashley Sledge and Ashley Priess were both named SEC Gymnast of the Week, while Milliner earned SEC Specialist of the Week and Lauren Beers was named the SEC Freshman of the week.

REGIONAL CHAMPIONSHIPS

Alabama used a 197.400 to win its ninth consecutive regional title and 28th overall, outpacing second-place Utah by a full point. Alabama was led by Ashley Priess and Kim Jacob, who took first and second, respectively in the all-around. Priess also won the uneven bars, sharing top honors with Jacob and Kaitlyn Clark. Kayla Williams won the regional vault title while Diandra Milliner took top honors on the floor exercise.

THE HOME STREAK

After beating five other teams to take first at the 2013 NCAA Tuscaloosa Regional in Coleman Coliseum, Alabama finished undefeated at home for the fourth season in a row.

Overall, the Crimson Tide's home win streak went to 39-0-0 at the conclusion of 2013 and dates back to the mid-way point of the 2009 season. The streak includes 13 regular-season wins over top-10 opponents, including then No. 1 Oklahoma in 2013.

THE NCAA CHAMPIONSHIPS

Alabama opened the Los Angles based and UCLA Bruin hosted 2013 NCAA Championships by winning its semifinal session with a 197.350 led by Kim Jacob's 39.425 and Ashley Priess' 39.325 in the all-around. With the win, Alabama advanced to the finals for the 19th time since the Super Six format was instituted in 1993, more than any other school in collegiate gymnastics history.

The next night, for the third year in a row, Alabama went into the final rotation with a chance to win the national title, coming up just short this time, taking third place, just .025 out of second and less than a quarter of a point behind first-time champion Florida. Priess led the way for the Tide in her last competition, posting a 39.400 in the all-around.

In its 31 consecutive NCAA Championship appearances, Alabama has finished in the top three an NCAA-best 22 times, a tally that includes six national titles, seven runner-up finishes and nine third-place finishes.

Diandra Milliner closed out Alabama's 2013 NCAA Championship appearance with a bang, winning the national vault title and boosting Alabama's individual NCAA Championship total to 24. She also took second on the floor exercise, just a fraction of a point out of first place.

ALL-AMERICANS

A total of seven UA gymnasts earned 12 All-American honors in 2013, giving the Tide 64 athletes with 289 honors all-time.

Kim Jacob and Diandra Milliner led the way with three honors a piece. It bumped Jacob's career total to seven and Milliner's to six. Jacob

was first team on the floor exercise and second team in the all-around and on the balance beam while Milliner was first team on the vault and floor exercise and second team on the balance beam.

Kayla Williams earned first-team honors on the balance beam and has two honors for her career. Kaitlyn Clark and Lauren Beers both earned first-team honors on the vault for the first honors of their careers.

Ashley Priess earned second-team honors in the all-around and on the uneven bars, giving her 10 All-American accolades for her career. Sarah DeMeo earned second-team honors on the beam to make her a three-time All-American.

ACADEMIC EXCELLENCE

Alabama continued its long standing tradition of academic excellence in 2013. Highlights from the classroom include the Tide extending its streak of NCAA Elite 89 Award winners to a perfect four-for-four at the 2013 NCAA Championship Banquet held at Sony Studios in Los Angeles.

Kim Jacob was presented with the award that goes to the student-athlete with the highest cumulative grade point average participating at the final site for each of the NCAA's 89 championships.

With Jacob's honor, Alabama remains the only gymnastics program to win the award since its inception in 2010. The junior from Raleigh, N.C., joins Kassi Price, who earned the inaugural honor, and Rachel Terry who won the award in 2011 and 2012. Jacob carries a perfect 4.0 grade point average in exercise science for her career.

On the national front, seniors Ashley Priess and Ashley Sledge both earned prestigious NCAA Postgraduate Scholarships while Ria Domier became UA gymnastics' first Goldwater Scholar, which is the nation's most prestigious collegiate engineering honor.

The SEC Gymnastics Scholar-Athlete of the Year for the second year in a row, Jacob was also named to the Capital One Academic All-America At-Large First Team in 2013 while she and 12 of her teammates earned Scholastic All-American honors, including Becca Alexin, Lauren Beers, Kaitlyn Clark, Sarah DeMeo, Domier, Lindsey Fowler, Lora Leigh Frost, Marissa Gutierrez, Jacob, Diandra Milliner, Brooke Parker and Kayla Williams.

In addition, the Tide saw 16 gymnasts named to the SEC Academic Honor Roll, including Alexin, Beers, Clark, DeMeo, Hunter Dennis, Domier, Fowler, Frost, Gutierrez, Jacob, Milliner, Parker, Priess, Carley Sims, Sledge and Williams.

CRIMSON TIDE HONORS

At The Medalist Club Awards Banquet, Kim Jacob, Ashley Priess and Ashley Sledge were named tri-captains while Lindsey Fowler earned the Tide's highest team honor, the Lewis Each Courage Award. Also at the banquet, Jacob received the David DeSantis Community Service Award and Medalist Club board member Terry Grosse earned the booster organization's Pat Huet President's Award.

At the Alabama Student-Athletes Awards Dinner, Priess, the president of UA's Student-Athlete Advisory Committee was awarded the Paul W. Bryant Award, given annually to the Tide's top student-athlete by the Tuscaloosa County Chapter of the University of Alabama Alumni Association.

Priess finished out her career by being honored at the NCAA Woman of the Year banquet as a top-30 finalist for the award.

NOTES FROM THE 2013 SEASON

- Alabama finished third at the NCAA Championships, second at the Southeastern Conference Championships and won the NCAA Tuscaloosa Regional Championship, after finishing 7-2-1 during the regular season.
- Following the conclusion of the 2013 season, Alabama is 29-4-1 overall and 16-3-1 in SEC competition in regular-season competition since the start of the 2011 season. The Tide is 97-10-1 over that three-year span when including postseason competition.
- With a third place finish in 2013, Alabama has now finished in the top-3 at the NCAA Championships 22 times, more than any other team in the history of collegiate gymnastics.
- Alabama Gymnastics also leads the nation in NCAA Championship Super Six Team Finals appearances with 19 after advancing yet again 2013.
- Alabama is the only program in the nation to advance to the NCAA Championships Super Six Team Finals each of the last five years.
- Alabama has won more NCAA Regional Championships than any other school in collegiate gymnastics history with 28, including the last nine in a row.
- Alabama's two highest scores of the 2013 season both came on the road. Alabama scored a 197.800 at the Southeastern Conference Championships in Little Rock, Ark., the 10th best score in program history. Alabama scored a 197.725 at LSU in its last regular-season road meet of the year.
- Alabama scored better than 197 in each of its last nine meets of the season.

THE 2013 SEASON

TEAM RESULTS

Date	Alabama Rank	Alabama Score	Opponent (Opp. Rank)	Opponent Score	Att.	Site	Overall	SEC
Jan. 11	No. 1	196.450	Missouri (21)	192.025	5,760	Columbia, Mo.	1-0-0	1-0-0
Jan. 18	**No. 6**	**196.575**	**LSU (5)**	**195.525**	**13,912**	**Tuscaloosa, Ala.**	**2-0-0**	**2-0-0**
Jan. 25	**No. 5**	**196.575**	**Kentucky (15)**	**194.800**	**15,075**	**Tuscaloosa, Ala.**	**3-0-0**	**3-0-0**
Feb. 2	No. 5	196.950	Georgia (8)	197.500	9,924	Athens, Ga.	3-1-0	3-1-0
Feb. 8	No. 5	196.850	Florida (1)	198.100	8,074	Gainesville, Fla.	3-2-0	3-2-0
Feb. 15	**No. 5**	**197.650**	**Auburn (15)**	**196.575**	**14,570**	**Tuscaloosa**	**4-2-0**	**4-2-0**
Feb. 22	No. 4	197.100	Arkansas (19)	197.100	3,229	Fayetteville, Ark.	4-2-1	4-2-1
March 1	**No. 4**	**197.075**	**UCLA (6)**	**196.375**	**11,775**	**Tuscaloosa, Ala.**	**5-2-1**	**4-2-1**
March 8	No. 5	197.725	LSU (4)	197.500	8,574	Baton Rouge, La.	6-2-1	4-2-1
March 15	**No. 4**	**197.525**	**Oklahoma (1)**	**196.900**	**11,776**	**Tuscaloosa, Ala.**	**7-2-1**	**4-2-1**
March 23	No. 3	197.800	SEC Championships		5,395	Little Rock, Ark.	2nd	
			Florida (1)	198.000				
			LSU (5)	197.700				
			Georgia (6)	197.325				
			Auburn (12)	196.550				
			Arkansas (16)	196.400				
			Missouri (44)	195.525				
			Kentucky (19)	194.600				
April 6	**No. 3**	**197.400**	NCAA Regional Championships		**7,758**	**Tuscaloosa, Ala.**	**1st**	
			Utah (9)	**196.400**				
			Iowa State (35)	**195.400**				
			Denver (15)	**195.275**				
			BYU (30)	**194.450**				
			Kent State (23)	**193.500**				
April 19	No. 3	197.350	NCAA Championships - Semifinals		2,832	Los Angeles, Calif.	1st	
			Oklahoma (2)	197.200				
			UCLA (6)	197.200				
			Michigan (5)	196.850				
			Utah (9)	196.200				
			Arkansas (16)	196.150				
April 20	No. 3	197.350	NCAA Championships - Super Six		4,601	Los Angeles, Calif.	3rd	
			Florida (1)	197.575				
			Oklahoma (2)	197.375				
			UCLA (6)	197.100				
			LSU (7)	197.050				
			Georgia (4)	196.675				

INDIVIDUAL RESULTS

Becca Alexin	V	UB	BB	FX	AA
@Missouri	—	9.750	—	—	—
LSU	—	9.850	—	—	—
Kentucky	—	9.850	—	—	—
@Georgia	—	9.825	—	—	—
@Florida	—	9.825	—	—	—
Auburn	—	9.825	—	—	—
@Arkansas	—	9.825	—	—	—
UCLA	—	9.800	—	—	—
@LSU	—	9.850	—	—	—
Oklahoma	—	9.850	—	—	—
SECs	—	**9.875**	—	—	—
Regionals	—	9.800	—	—	—
NCAA Semifinals	—	9.800	—	—	—
NCAA Super Six	—	9.800	—	—	—
Career Best	**—**	**9.875**	**—**	**—**	**—**

Lauren Beers	V	UB	BB	FX	AA
@Missouri	9.450	—	—	9.650	—
Kentucky	9.650e	—	9.800e	—	—
@Georgia	9.775	—	9.750e	9.825e	—
@Florida	9.825e	—	—	—	—
Auburn	9.875	—	9.775e	—	—
@Arkansas	9.825	—	—	9.700e	—
UCLA	9.850	—	9.775e	9.325	—
@LSU	9.925	—	—	9.875	—
Oklahoma	**9.950**	**9.825**	9.750e	**9.900**	—
SECs	9.875	**9.825**	—	**9.900**	—
Regionals	9.850	—	—	**9.900**	
NCAA Semifinals	9.900	—	—	9.875	—
NCAA Super Six	9.875	—	—	9.875	—
NCAA Individual	9.875	—	—	—	—
Career Best	**9.950**	**9.825**	**—**	**9.900**	**—**

Kaitlyn Clark	V	UB	BB	FX	AA
@Missouri	9.825	9.750	9.775e	**9.675**	—
LSU	**9.900**	9.775	9.775e	—	—
Kentucky	9.800	9.875	—	—	—
@Georgia	**9.900**	9.275	9.800	—	—
@Florida	9.850	9.800	9.725	—	—
Auburn	9.825	9.800	9.850	—	—
@Arkansas	9.875	9.825	9.775	—	—
UCLA	**9.900**	9.725	9.825	—	—
@LSU	9.850	9.850	9.800	—	—
Oklahoma	9.850	9.850	9.800	—	—
SECs	9.875	9.825	9.850	—	—
Regionals	9.850	**9.900**	9.250	—	—
NCAA Semifinals	9.850	9.850	9.800	—	—
NCAA Super Six	9.800	**9.900**	**9.875**	—	—
NCAA Individual	9.875	—	—	—	—
Career Best	**9.900**	**9.900**	**9.875**	**9.675**	**—**

Sarah DeMeo	V	UB	BB	FX	AA
@Missouri	—	**9.900**	**9.900**	9.850	—
LSU	—	**9.900**	9.750	**9.900**	—
Kentucky	—	9.800	9.825	9.500	—
@Georgia	—	9.875	9.150	9.800	—
@Florida	—	9.875	9.800	9.825	—
Auburn	—	9.875	**9.900**	—	—
@Arkansas	—	**9.900**	**9.900**	9.875	—
UCLA	—	8.650	9.850	9.875	—
@LSU	—	9.825	9.300	**9.900**	—
Oklahoma	—	**9.900**	9.700	9.875	—
SECs	—	**9.900**	9.825	9.750	—
Regionals	—	9.275	9.850	**9.900**	—
NCAA Semifinals	—	9.875	9.850	9.850	—
NCAA Super Six	—	**9.900**	9.300	9.875	—
Career Best	**9.875**	**9.900**	**9.950**	**9.900**	**39.450**

Ria Domier	V	UB	BB	FX	AA
@Missouri	9.625e	—	—	—	—
LSU	9.750e	—	—	—	—
@Georgia	9.775e	—	—	—	—
Auburn	9.775e	—	—	—	—
UCLA	9.775e	—	—	—	—
Oklahoma	9.750e	—	—	—	—
Career Best	**—**	**—**	**—**	**—**	**—**

Lora Leigh Frost	V	UB	BB	FX	AA
LSU	—	—	—	9.800e	—
@Georgia	—	—	—	9.850	—
@Florida	—	—	—	9.850	—
Auburn	—	—	—	9.825	—
@Arkansas	—	—	—	9.825	—
UCLA	—	—	—	9.800	—
@LSU	—	—	—	9.775	—
Oklahoma	—	—	—	9.775e	—
SECs	—	—	—	**9.875**	—
Regionals	—	—	—	9.850	—
NCAA Semifinals	—	—	—	9.850	—
NCAA Super Six	—	—	—	**9.875**	—
Career Best	**—**	**—**	**—**	**9.900**	**—**

Marissa Gutierrez	V	UB	BB	FX	AA
@Missouri	9.825	—	9.775	—	—
LSU	9.850	—	9.800	9.300	—
Kentucky	9.825	—	9.350	9.900	—
@Georgia	9.900	—	**9.825**	9.900	—
@Florida	**9.950**	—	9.800e	9.900	—
Auburn	9.925	—	—	**9.925**	—
@Arkansas	**9.950**	—	—	—	—
SECs	9.900	—	—	—	—
Career Best	**9.950**	**—**	**9.875**	**9.925**	**—**

Kim Jacob	V	UB	BB	FX	AA
@Missouri	9.800	9.700	9.900	9.875	39.275
LSU	9.825	9.775	9.875	9.900	39.375
Kentucky	9.700	**9.900**	9.750	9.925	39.275
@Georgia	9.825	9.625	9.850	**9.950**	39.250
@Florida	**9.850**	9.800	9.875	9.900	39.425
Auburn	—	9.775	9.900	9.900	—
@Arkansas	9.775e	—	9.825	9.900	—
UCLA	9.775	9.800	9.900	**9.950**	39.425
@LSU	—	9.800	9.925	**9.950**	—
Oklahoma	9.775	9.800e	9.900	9.900	—
SECs	9.800	9.875	9.925	9.925	**39.525**
Regionals	9.825	**9.900**	**9.950**	9.800	39.475
NCAA Semifinals	9.800	9.850	9.850	9.925	39.425
NCAA Super Six	—	**9.900**	9.925	**9.950**	—
NCAA Individual	—	—	—	9.800	—
Career Best	**9.850**	**9.900**	**9.950**	**9.950**	**39.525**

Diandra Milliner	V	UB	BB	FX	AA
@Missouri	**9.925**	—	9.800	9.850	—
LSU	**9.925**	—	9.750	9.375	—
Kentucky	9.875	—	9.800	9.900	—
@Georgia	9.900	—	—	**9.950**	—
@Florida	9.825	—	9.775	9.800	—
Auburn	**9.925**	—	9.825	9.900	—
@Arkansas	9.875	—	**9.900**	—	—
UCLA	9.875	—	9.850	**9.950**	—
@LSU	9.875	—	9.850	9.900	—
Oklahoma	**9.925**	—	9.875	9.775	—
SECs	**9.925**	—	9.800	**9.950**	—
NCAA Regionals	9.775	—	9.800	9.925	—
NCAA Semifinals	9.900	—	9.850	**9.950**	—
NCAA Super Six	9.825	—	9.875	9.925	—
NCAA Individual	**9.925**	—	—	9.925	—
Career Best	**10.000**	**9.825**	**9.900**	**9.950**	**39.450**

Brooke Parker	V	UB	BB	FX	AA
@Missouri	—	9.000e	—	**9.825**	—
LSU	—	—	—	9.725	—
Kentucky	—	—	—	9.800e	—
@Georgia	—	—	—	**9.825**	—
@Florida	—	—	—	9.650e	—
Auburn	—	—	—	9.650e	—
Career Best	**—**	**—**	**—**	**9.825**	**—**

Ashley Priess	V	UB	BB	FX	AA
@Missouri	—	9.825	9.750	—	—
LSU	—	9.900	9.850	—	—
Kentucky	—	9.900	9.375	9.750	—
@Georgia	—	9.850	9.875	—	—
@Florida	—	9.825	9.825	—	—
Auburn	—	9.850	9.875	9.875	—
@Arkansas	—	9.800	9.900	9.800	—
UCLA	—	9.825	9.925	9.875	—
@LSU	—	**9.925**	**9.950**	9.875	—
Oklahoma	—	9.875	9.875	9.875	—
SECs	—	**9.925**	9.875	**9.900**	—
Regionals	**9.900**	9.900	9.900	**9.900**	**39.600**
NCAA Semifinals	9.800	9.900	9.825	9.800	39.325
NCAA Super Six	9.825	9.825	9.925	9.825	39.400
Career Best	**9.950**	**9.925**	**9.950**	**9.950**	**39.625**

Carley Sims	V	UB	BB	FX	AA
@Missouri	—	—	—	9.175e	—
@Georgia	—	9.775e	—	—	—
@Florida	—	9.750e	—	—	—
Auburn	—	9.750e	—	—	—
@Arkansas	—	**9.775**	—	—	—
UCLA	9.800	9.750e	—	9.175e	—
@LSU	**9.875**	—	—	—	—
Oklahoma	9.800e	9.800e	—	—	—
Career Best	**9.875**	**9.775**	**—**	**—**	**—**

Ashley Sledge	V	UB	BB	FX	AA
@Missouri	9.800	9.825	—	—	—
LSU	9.850	9.900	—	9.850	—
Kentucky	9.875	9.875	—	9.875	—
@Georgia	—	9.775	—	—	—
@Florida	9.775	9.850	—	9.850	—
Auburn	**9.900**	9.900	—	**9.900**	—
@Arkansas	9.875	9.825	—	9.800	—
UCLA	—	9.850	—	—	—
@LSU	9.875	9.900	—	—	—
Oklahoma	9.850	**9.950**	—	9.875	—
Regionals	—	9.875	—	—	—
Semifinals	—	9.800	—	—	—
NCAA Super Six	**9.900**	9.850	—	—	—
Career Best	**9.975**	**9.950**	**9.850**	**9.900**	**39.450**

Kayla Williams	V	UB	BB	FX	AA
@Missouri	—	—	9.775	—	—
LSU	9.925	9.800e	9.775	—	—
Kentucky	9.800	9.825e	9.900	—	—
@Georgia	9.850	—	9.800	—	—
@Florida	9.850	—	9.750	—	—
Auburn	9.850	—	9.900	—	—
@Arkansas	9.850	9.775e	9.650	—	—
UCLA	9.850	—	9.825	—	—
@LSU	**9.975**	—	9.825	—	—
Oklahoma	9.950	—	9.650	—	—
SECs	**9.975**	—	**9.925**	—	—
Regionals	9.925	—	9.800	—	—
NCAA Semifinals	9.850	—	9.900	—	—
NCAA Super Six	9.825	—	9.625	—	—
NCAA Individual	—	—	9.850	—	—
Career Best	**9.975**	**—**	**9.925**	**—**	**—**

TEAM SCORES

	Vault	Bars	Beam	Floor	Totals
@Missouri	49.175	49.050	49.150	49.075	196.450
LSU	49.450	49.325	49.050	48.750	196.575
Kentucky	49.175	49.400	48.650	49.350	196.575
@Georgia	49.375	48.950	49.150	49.475	196.950
@Florida	49.325	49.175	49.025	49.325	196.850
Auburn	49.475	49.250	**49.425**	49.500	197.650
@Arkansas	49.425	49.175	49.300	49.200	197.100
UCLA	49.275	49.000	49.350	49.450	197.075
@LSU	49.525	49.350	49.350	49.500	197.725
Oklahoma	49.525	**49.425**	49.150	49.425	197.525
SECs	**49.550**	49.300	49.400	**49.550**	**197.800**
Regionals	49.350	49.375	49.200	49.475	197.400
Semifinals	49.350	49.275	49.275	49.450	197.350
Super Six	49.250	49.375	49.225	49.500	197.350
Season Best	**49.550**	**49.425**	**49.425**	**49.550**	**197.800**

SEASON HIGH SCORES

Gymnast	V	UB	BB	FX	AA
Becca Alexin	—	9.875	—	—	—
Lauren Beers	9.950	9.825	—	9.900	—
Kaitlyn Clark	9.900	9.900	9.875	9.675	—
Sarah DeMeo	—	9.900	9.900	9.900	—
Lora Leigh Frost	—	—	—	9.875	—
Marissa Gutierrez	9.950	—	9.825	9.925	—
Kim Jacob	9.850	9.900	9.950	9.950	39.525
Diandra Milliner	9.925	—	9.900	9.950	—
Brooke Parker	—	—	—	9.825	—
Ashley Priess	9.900	9.925	9.950	9.900	39.600
Carley Sims	9.875	9.775	—	—	—
Ashley Sledge	9.900	9.950	—	9.900	—
Kayla Williams	9.975	—	9.925	—	—
TEAM TOTALS	**49.550**	**49.425**	**49.425**	**49.550**	**197.800**

e = exhibition routine

NCAA CHAMPIONSHIPS

• April 19-21 | Los Angeles, Calif.

— SUPER SIX TEAM FINAL

	Vault	Bars	Beam	Floor	Totals
Florida	49.500	49.475	48.875	49.725	197.575
Oklahoma	49.125	49.375	49.475	49.400	197.375
Alabama	**49.250**	**49.375**	**49.225**	**49.500**	**197.350**
UCLA	49.100	49.375	49.175	49.450	197.100
LSU	49.175	49.200	49.125	49.550	197.050
Georgia	49.200	49.200	49.225	49.050	196.675

— PRELIMINARIES

AFTERNOON SESSION

	Vault	Bars	Beam	Floor	Totals
Florida	49.450	49.525	49.475	49.325	197.775
LSU	49.500	49.475	49.000	49.350	197.325
Georgia	49.450	49.500	48.975	49.225	197.150
Minnesota	49.175	48.825	49.175	49.200	196.375
Illinois	48.850	48.675	48.975	49.200	195.700
Stanford	48.950	48.200	48.525	49.025	194.700

EVENING SESSION

	Vault	Bars	Beam	Floor	Totals
Alabama	**49.350**	**49.275**	**49.275**	**49.450**	**197.350**
Oklahoma	49.275	49.500	49.150	49.275	197.200
UCLA	49.500	49.175	49.075	49.450	197.200
Michigan	49.275	49.400	48.775	49.400	196.850
Utah	49.200	49.475	48.225	49.300	196.200
Arkansas	48.975	48.900	49.000	49.275	196.150

NCAA REGIONAL CHAMPIONSHIPS

• April 6 | Tuscaloosa, Ala.

	Vault	Bars	Beam	Floor	Totals
Alabama	**49.350**	**49.375**	**49.200**	**49.475**	**197.400**
Utah	49.400	49.175	48.650	49.175	196.400
Iowa State	48.875	48.900	48.550	49.075	195.400
Denver	48.875	48.950	48.275	49.175	195.275
BYU	48.925	48.100	48.350	49.075	194.450
Kent State	48.575	48.525	48.275	48.125	193.500

SEC CHAMPIONSHIPS

• March 23 | Little Rock, Ark.

	Vault	Bars	Beam	Floor	Totals
Florida	49.375	49.500	49.500	49.625	198.000
Alabama	**49.550**	***49.300**	**49.400**	**49.550**	**197.800**
LSU	49.525	49.175	49.375	49.625	197.700
Georgia	49.225	49.550	49.500	49.350	197.625
Auburn	49.100	48.875	49.275	49.300	196.550
Arkansas	49.150	48.850	49.100	49.300	196.400
Missouri	48.450	48.850	49.250	48.975	195.525
Kentucky	48.825	48.150	48.500	49.125	194.600

** One tenth out of order deduction*

CRIMSON TIDE HISTORY

A TRADITION OF EXCELLENCE — A LEGACY OF CHAMPIONS

It started quietly. The University of Alabama's brand-new gymnastics squad, under the direction of Riki Sutton that first year, came together in the fall of 1974 and would compete for the first time in January of 1975. That first team finished third at the state championships and sixth at the regionals. Through the first four seasons of the program there are four different coaches and no winning seasons, and there is talk about discontinuing the program. That talk will come to an abrupt halt soon though, because things are about to get better for the young program, much, much better.

In the summer of 1978, "Grease" reigned at the box office and ABBA's "Take a Chance on Me" filled dance floors coast to coast. "Laverne and Shirley" was the most popular TV series on the air, though it was in re-runs. It is the summer of 1978 and things are about to turn around for the Crimson Tide, because Sarah Patterson has said yes.

She didn't ask about salary, or facilities or equipment. When the letter came asking if she would be Alabama's head coach, Patterson, all of 22 years old and just out of Slippery Rock State College, gave the Crimson Tide an emphatic and unequivocal "yes."

Her first move as Alabama's coach was to hire David Patterson, coming out of his freshman year as a Crimson Tide diver, as an assistant coach. The couple, married in 1984, then turned to the task at hand, taking a team without a winning season and creating a juggernaut that has performed at the highest conceivable level for three decades.

Fast forward 35 years and "The Goodwife," "American Idol" and "Modern Family" are keeping everyone glued to the small screens, while sequels reign supreme on the big screen with "Iron Man 3," "Despicable Me 2" and "Monsters University" filling the theaters. On the radio, the ladies rule the charts with Lorde, Katy Perry, Lady Gaga and Taylor Swift leading the way. And 2014 finds the little program that couldn't quite find its feet before Sarah and David Patterson came along with six NCAA championships, seven Southeastern Conference crowns, 28 NCAA Regional titles, 24 individual NCAA championships and earned 289 All-America honors.

The adventures along the way came fast and furious. Sarah found herself explaining to her boss Paul "Bear" Bryant, the Tide's legendary football coach and athletics director, why a wrestling mat with a hole in the middle wouldn't do as a floor exercise mat.

"Once I explained what we needed," Sarah Patterson said, "Coach Bryant told Coach Sam Bailey (Bryant's right-hand man administratively) to get us what we needed. Coach Bryant wanted all our sports to be winners and he was willing to provide us with the tools."

And the facilities that Sarah hadn't asked about when taking the job, started with Foster Auditorium, where the Tide shared its practice space with the volleyball team.

"It was interesting," David Patterson said. "Every once in a while you'd have a stray volleyball come zinging through practice. Before every practice we'd have to set up all the equipment and the mats and at the end of every practice we'd have to break it all down again."

Things progressed quickly though. Prior to their first season, Sarah and David scoured the dorms on campus looking for anyone with tumbling experience, just so they could fill their lineup. They were though, doing some far more important recruiting farther afield.

In signing their first class, Sarah and David made one basic promise to their recruits. They promised the freshmen of 1980 that they would go to the national championships.

"The first real defining moment of our program was the first year we went to NCAAs," Sarah said. "Our first recruiting class was in their senior year. We had promised them that we would make it to NCAAs. In their junior year, we finished 11th and they took 10 teams. At the end of 1982, we all knew that we had one year to fulfill our commitment to these ladies. Seeing it happen their senior year, making it to the NCAA Championships — I couldn't have been prouder."

One promise fulfilled and another goal on the horizon. Sarah and David built their program, almost from scratch on the simple premise that Alabama would develop the whole person instead of just the athlete. From the beginning, Patterson-coached student-athletes excelled not only in the gym, but in the classroom as well. And beyond that, they developed lives outside of both. By the mid-1980s, the Pattersons began to wonder if their system would take the Tide to a national championship. They began to wonder if the Tide could truly have the best of all worlds.

The answer came as another emphatic yes in 1988 when the Tide won its first Southeastern Conference and NCAA championships.

"Before '88, I think sometimes we looked back and said, 'Maybe you can't have this philosophy of developing the whole person and be number one,'" Sarah Patterson said. "When we won, it was a validation of that philosophy. We could do it this way and be successful on all fronts. We may not win every year, but we will be successful."

And just to prove that 1988 was no fluke, the Pattersons led the Tide to NCAA titles in 1991, 1996, 2002, 2011 and 2012. Under their direction, Alabama is the only gymnastics program to win NCAA championships in four different decades.

Everything else has progressed as well. Alabama is also one of the nation's top academic programs, earning a national-best 15 NCAA Postgraduate Scholarships and over 260 SEC Academic Honor Roll honors. And long gone are the days of stray volleyballs flying through practice. Since 1996, the Tide has trained in a state-of-the art practice facility dedicated to gymnastics alone.

The fanbase has grown by leaps and bounds as well. Alabama gymnastics is one of the top draws in women's collegiate athletics, averaging a school and SEC-record 13,786 fans in 2010 and ranked second in the nation for all women's sports in 2013 and 2011 and third in 2012. That wasn't always the case, though.

"In the early days, we'd have three dozen people and two dozen would be Ann Wood's family and friends," Sarah Patterson said.

Most importantly to the Pattersons is that the student-athletes who helped turn Alabama into a national powerhouse have themselves developed into outstanding women making a difference in the world around them. The Tide's all-time roster is filled with doctors, lawyers, mothers and executives all excelling at the highest level.

"We are so proud of all the ladies who have come through our program and every championship won and every honor earned," Sarah Patterson said. "But more than anything, we are proud of the tremendously rich and full lives they go on to lead after graduation. To have been a small part of their success is a great thrill."

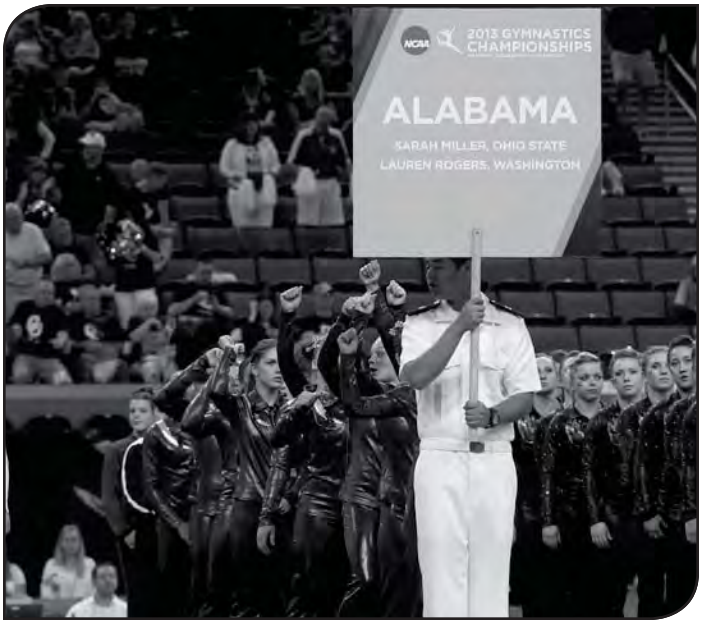
That attitude has created more than one of the nation's best overall athletic programs, it has built a family that stretches back to the class of 1979 and up through the freshmen of 2014. And that mindset gives credence to another top song from 1978 by Sister Sledge, one that sums up the first 35 years of Alabama gymnastics under Sarah and David Patterson. "We are family … I got all my sisters and me … "

GREAT MOMENTS IN ALABAMA GYMNASTICS HISTORY

After years of planning and months of construction, the Sarah Patterson Champions Plaza officially opens on **October 4, 2013** when the Crimson Tide's legendary gymnastics and the plaza's namesake cuts the ceremonial ribbon. The beautiful monument highlights not just Sarah and David Patterson's championship legacy, which includes six NCAA Championships and seven Southeastern Conference Championships, but Alabama's championship heritage in all its varsity sports. The plaza, which is located in front of Coleman Coliseum, includes brick and precision concrete plaques that honor each of Alabama's varsity sports and their history. There is special recognition of Alabama's NCAA and SEC championship teams and its national championship coaches, all of which are on hand for the plaza's dedication.

In what has quickly become an annual occurrence, Kim Jacob picks up Alabama's fourth consecutive NCAA Elite 89 Award during the NCAA Championship Banquet on **April 18, 2013** in Los Angeles, Calif. In the four-year history of the award, which goes to the student-athlete at each of the NCAA's 89 championships with the highest cumulative grade point average, the Crimson Tide is the only women's gymnastics program to win the award. In fact, across all three NCAA Divisions and all its championships in all its sports, Alabama gymnastics is the only program to sweep the award.

Already on track to graduate in four years with a bachelor's and master's degree in chemical engineering with matching 4.0 grade point averages, junior Ria Domier solidifies her amazing academic standing on **April 12, 2013**, when she is named a Goldwater Scholar, earning a prestigious $7,500 a year Goldwater Scholarship. The 2013 Goldwater Scholars were selected on the basis of academic merit from a field of 1,107 mathematics, science and engineering students nominated by the faculties of colleges and universities nationwide. The Goldwater Foundation Scholarship Program is designed to foster and encourage outstanding students to pursue careers in mathematics, natural sciences and engineering, and is the premier undergraduate award in those fields.



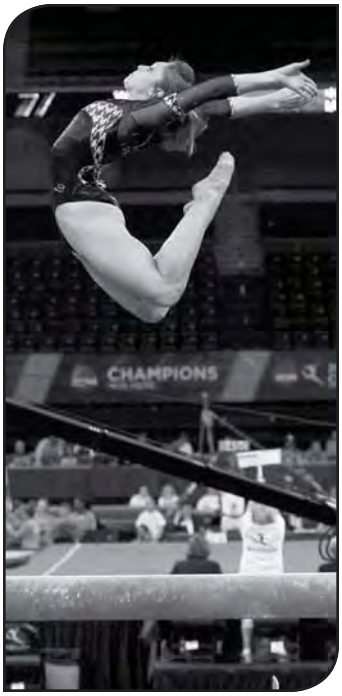
When Alabama gymnastics wins its NCAA Championships Semifinals session on **April 19, 2013**, the Crimson Tide advanced to the Super Six Team Finals for the 19th time since the format's inception in 1993, breaking a tie with Utah for the most Super Six appearances. Alabama broke away from the pack in terms of Super Six appearances by being the only team in the nation to advance to team finals every year between 2009-13.

Diandra Milliner opens her junior season with a 9.925 on the vault at Missouri, a score she matches on **April 21, 2013** with her last vault of the year. The difference is this last vault, a Yurchenko one and a half, wins the Wichita, Kan., native the 2013 NCAA Vault Championship. It is the Crimson Tide's 24th individual national title and fourth on the vault.

Earning an NCAA Postgraduate Scholarship is nothing new for the Crimson Tide gymnasts, but on **May 21, 2013**, Ashley Priess and Ashley Sledge break new ground, becoming the first duo to earn the prestigious award in the same year. It was Sledge's second NCAA Scholarship, after earning an NCAA Ethnic Minority and Women's Enhancement Scholarship earlier in the spring. With Priess and Sledge accounting for three NCAA scholarships in one month, Alabama's total rises to 15 since Julie Garrett earned the first in 1983.

GREAT MOMENTS IN ALABAMA GYMNASTICS HISTORY

One of the greatest legacies in collegiate athletics continues when on **July 1, 2012**, Sarah and David Patterson begin their 35th year coaching the Alabama gymnastics team. They are the longest-tenured coaches in Alabama athletics history and own six NCAA championships and 30 consecutive NCAA Championships appearances. Together, the Pattersons have won NCAA championships in the 1980s, 1990s and 2000s as well as two already in the 2010s with the first back-to-back national titles of their careers coming in 2011 and 2012.



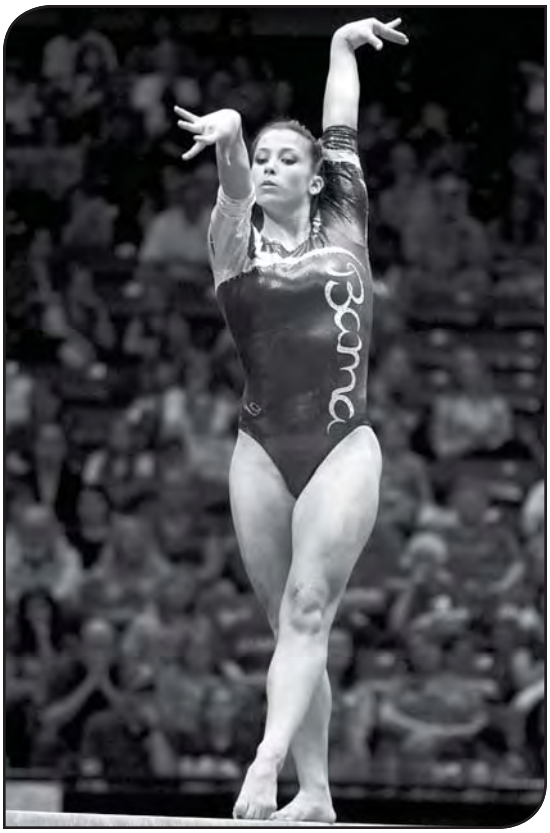
Geralen Stack-Eaton closes out her amazing Crimson Tide career by winning her second individual NCAA championship and Alabama's 23rd overall on **April 22, 2012**, by taking top honors on the balance beam. The Horsham, Pa., native also finishes second on the floor exercise after winning the event in 2011. She is the sixth Alabama gymnast to win multiple national titles and the fourth to win NCAA gold on two different apparatus.

In a scenario that feels familiar, Alabama goes into the final rotation of the NCAA Championships on **April 21, 2012**, within .025 of the Florida Gators, with one team headed to the balance beam and the other to the floor exercise. But unlike the year before, when Alabama finished off its fifth NCAA title on the floor exercise to beat UCLA, this time it was the Crimson Tide headed to the beam and instead of leading by .025, as it had in 2011, Alabama trailed Florida by the smallest margin possible. The final outcome was the same though, as Alabama posted a 49.5 to beat the Gators by .075 and third-place UCLA by a tenth of a point, the smallest margin between first and third in NCAA history. It marks the first time that Alabama has won back-to-back national titles. The Tide's victory is assured by redshirt junior Ashley Priess, who scores a 9.95 in the final routine of the championship. It was a fitting finish for the Wheaton, Ill., native who was sidelined during Alabama's 2011 championship run following surgery on both ankles. Led by senior Geralen Stack-Eaton's career-best 39.700 all-around score, Alabama posts the highest scores of the night on the vault, floor exercise and of course balance beam. A total of eight UA gymnasts earn 16 All-America honors, led by Stack-Eaton's four honors and three by Priess. Junior Marissa Gutierrez and sophomores Kim Jacob and Diandra Milliner earn a pair of All-America honors while junior Ashley Sledge, sophomore Sarah DeMeo and freshman Kayla Williams earn one each. Senior Rachel Terry, junior Becca Alexin, sophomores Olivia Carisella, Ria Domier, Lindsey Fowler and Hannah Toussaint, and freshmen Kaitlyn Clark, Hunter Dennis, Lora Leigh Frost and Brooke Parker round out Alabama's championship team.

When Rachel Terry accepts the NCAA Elite 89 Award on **April 19, 2012**, during the NCAA Championships banquet in Duluth, Ga., she became the first gymnast to earn the award twice. The Hoover, Ala., native's two-year reign in 2011 and 2012 also keeps the award, which is presented annually to the student-athlete with the highest cumulative grade point average participating at the finals site for each of the NCAA championships, exclusive to the Crimson Tide after Kassi Price won the inaugural award in 2010. Terry, who carried a perfect 4.0 GPA for her career, graduated from the Capstone with a degree in early childhood education in May 2012, as both an All-American and Scholastic All-American.

Already named the Bryant Award Winner, given annually to the athletic department's top student-athlete, the SEC Gymnast of the Year, the SEC Gymnastics Scholar-Athlete of the Year and the NCAA Central Region Gymnast of the Year, Kayla Hoffman adds to her growing list of honors on **June 9, 2011**, when she not only earns First Team Academic All-America honors, but is also honored as the Capital One/CoSIDA Academic All-American of the Year. Hoffman is the second Alabama gymnast to earn the accolade, joining 2004 honoree Stephanie Kite.

On her way to being one of the most decorated student-athletes in Alabama history, Kayla Hoffman adds SEC Female Athlete of the Year honors to her resume when SEC Commissioner Mike Slive hands her the honor at the SEC Legends Dinner on **December 2, 2011**. She is the fifth Crimson Tide gymnast and sixth Alabama athlete to earn the award.



Every year, athletics directors around the country select the nation's top senior student-athletes, regardless of gender or NCAA division, and honor them with the NCAA Today's Top VIII Award. On **November 1, 2011**, the NCAA announces that Kayla Hoffman is the fourth Crimson Tide gymnast to earn the award, which recognizes senior student-athletes who have completed their athletic eligibility for their success in competition, in the classroom and in the community.

Kayla Hoffman reaps the rewards of a truly remarkable senior season when she is named the 2011 Honda Award winner on **April 27, 2011**. She is the sixth UA gymnast to win the honor that annually recognizes the nation's best gymnast.

GREAT MOMENTS IN ALABAMA GYMNASTICS HISTORY

Alabama goes into the final rotation of the NCAA Championships leading UCLA by the slightest of margins and comes out on the other side as national champions on **April 16, 2011**, in Cleveland, Ohio. Alabama starts the meet with the highest scoring vault rotation of the day and finishes with the highest floor exercise score led by junior Geralen Stack-Eaton's 9.925 and senior Kayla Hoffman's 9.95, the two highest floor scores of the meet. Leading the Bruins by just .025 going into the final rotation, Alabama ends up winning by more than a quarter of a point, posting a 197.650, its second-highest score of the season, to UCLA's 197.375. In addition to giving Alabama its fifth NCAA title, the victory, coming on the heels of SEC and NCAA Regional titles, also caps the Tide's second championship "triple crown." Seven Alabama gymnasts earn 13 All-America honors led by Stack-Eaton's four honors and Hoffman's three. Freshman Kim Jacob earns a pair of All-America honors while sophomores Marissa Gutierrez and Ashley Sledge along with rookies Sarah DeMeo and Diandra Milliner all earn one each. Seniors Alyssa Chapman and Megan Mashburn, juniors Rachel Terry and Ashley Priess, sophomore Becca Alexin and freshmen Olivia Carisella, Ria Domier, Lindsey Fowler, Jordan Moore and Hannah Toussaint are also part of Alabama's championship team.

An extraordinary weekend in Cleveland, Ohio, turns golden all over again on **April 17, 2011,** when Geralen Stack-Eaton follows up the Crimson Tide's team win the day before with the NCAA Floor Exercise Championship. It is the junior's fourth postseason title of the year and Alabama's 22nd individual national title.

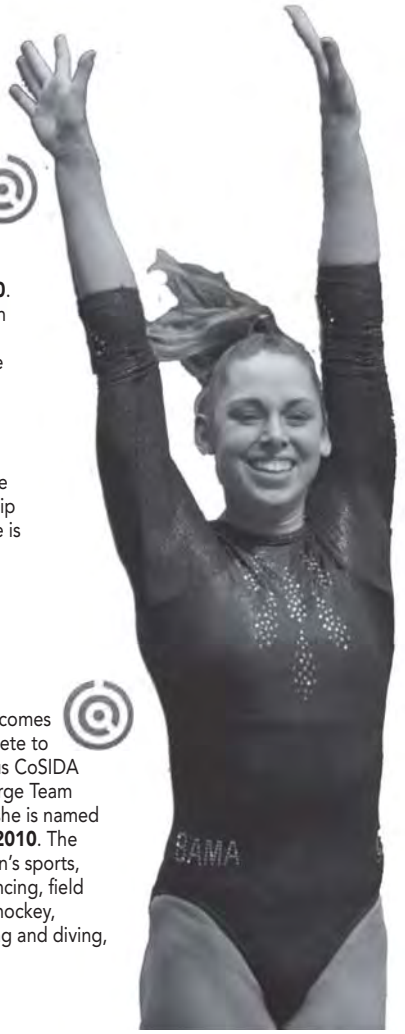
On **March 19, 2011**, for the second time in three years and seventh time overall, the Alabama Crimson Tide raises the Southeastern Conference Championship trophy aloft. Starting on the uneven bars, Alabama got better with every rotation and was led by junior Geralen Stack-Eaton, who won the balance beam and floor exercise titles, and senior Kayla Hoffman, who won the vault title with a 9.95. In addition to Stack-Eaton and Hoffman, who both earned first team All-SEC honors, sophomores Marissa Gutierrez and Ashley Sledge both earn second team honors while rookies Sarah DeMeo, Kim Jacob and Diandra Milliner earn both second team and SEC All-Freshman accolades. Seniors Alyssa Chapman and Megan Mashburn, juniors Rachel Terry and Ashley Priess, sophomore Becca Alexin, and freshmen Olivia Carisella, Ria Domier, Lindsey Fowler, Jordan Moore and Hannah Toussaint round out the Tide's championship roster.

On **March 19, 2011**, Kayla Hoffman kicks her senior season into high gear when she becomes the first student-athlete in league history to win both SEC Gymnast of the Year and the SEC Gymnastics Scholar-Athlete of the Year honors in the same season.

More than 13,000 fans came to the Crimson Tide's first Power of Pink meet in 2005 followed by an Alabama and SEC record 15,162 fans the next year. That second Power of Pink meet also saw the first check presentation to the DCH Breast Cancer Fund – $90,000. A fast five years later, the proceeds of the 2010 Tuscaloosa Toyota/ DCH Foundation Golf Classic and the fifth Nite on the Green fundraisers in October push the DCH Breast Cancer Fund to a major milestone. On **Feb. 19, 2011**, prior to the start of the seventh annual Power of Pink meet, a check for $1 million dollars, representing the total raised for the DCH Breast Cancer Fund since its inception, is presented to the DCH Foundation in front of 14,000-plus cheering fans.

It has become such a Crimson Tide habit that it is doubtful many fans noticed when on **April 10, 2010**, Alabama passed another milestone, winning its 25th NCAA Regional title. On the way to the victory, which propelled the Tide to its 28th consecutive NCAA Championship appearance, UA gymnasts swept the individual events with sophomores Geralen Stack-Eaton and Ashley Priess taking first and second respectively in the all-around. The Tide's regional title total ranks as the best in the nation. Only four times since NCAA competition began in 1982, has Alabama not won a regional team title, and all four times the Tide was second.

Kassi Price, who earned countless academic honors during her Crimson Tide career, takes home the inaugural NCAA Elite 88 Award on **April 24, 2010**. The honor, which Sarah Patterson called the culminating honor of Price's career, is presented to the student-athlete with the highest cumulative grade point average participating at the finals site for each of the NCAA's 88 championships. Price receives the award at the NCAA Championship Awards Brunch, during which she is also recognized with her third uneven bars All-American honor.

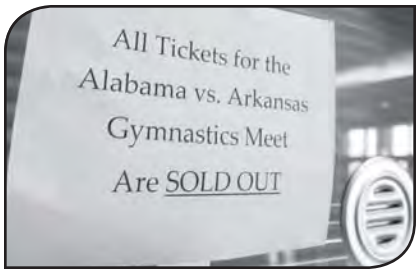


In another first, Kassi Price becomes the first Alabama student-athlete to earn a place on the prestigious CoSIDA Academic All-American At-Large Team three times in a career when she is named to the first team on **May 20, 2010**. The at-large team spans 13 women's sports, including bowling, rowing, fencing, field hockey, golf, gymnastics, ice hockey, lacrosse, rifle, skiing, swimming and diving, tennis and water polo.

Forged in the fire of a tough regular season, Alabama's team starts to peak at just the right time and on **March 21, 2009**, with a total team performance, Alabama wins its sixth Southeastern Conference Championship. The Crimson Tide starts the meet in Nashville, Tenn. with the best vault score of the meet and never lets up, finishing off with a 197.300, to beat second-place Georgia by nearly four-tenths of a point. Junior Morgan Dennis opens the meet by winning the SEC vault title and finishes off the Tide's title with a win on the floor exercise. She earns All-SEC honors for the third year in a row. Junior Ricki Lebegern, sophomore Kayla Hoffman and freshman Ashley Priess all earn second team All-SEC honors while rookies Priess, Geralen Stack-Eaton and Caitlin Sullivan make up more than half of the SEC All-Freshman list. Seniors Brittany Magee, Amanda Montgomery and Ashley O'Neal, juniors Alyssa Chapman, Casey Overton, Kassi Price and Jacqueline Shealy, sophomore Megan Mashburn along with freshmen Jocelyn Fowler, Erika Pearson and Rachel Terry all do their part to bring home the big trophy to Tuscaloosa.

GREAT MOMENTS IN ALABAMA GYMNASTICS HISTORY

Being first is not new to Barbara Mack Harding. As an Alabama gymnast in the early 1980s, she was the first, and to date only, freshman to be chosen captain of a Sarah Patterson coached team. She also led Alabama to its first NCAA championship appearance as a sophomore in 1983. Harding was among Alabama's first All-Americans and NCAA Regional and SEC Champions. And on **September 6, 2008**, she led the way again, becoming the first female to be honored with the Paul W. Bryant Alumni-Athlete Award, which recognizes those outstanding alumni whose accomplishments since leaving the Capstone represent excellence in the areas of character, contributions to society, professional achievement and service to their community. It wasn't the first time that Harding was honored with an award bearing the name of Alabama's legendary football coach, who won six national championships with the Crimson Tide during his 25-year Alabama career. She was the inaugural winner of the Paul W. Bryant Scholar-Athlete Award as a senior in 1985.



They came in droves to support Sarah Patterson's Power of Pink initiative and they brought their friends, and on **January 20, 2006**, for only the second time in school history, an Alabama gymnastics meet sells out, drawing a Southeastern Conference and Alabama record 15,162 fans to Coleman Coliseum. It is the largest collegiate gymnastics crowd in the nation since 1993 and the third largest all-time. Everyone at the UA-Florida gymnastics meet, both teams included, wears pink in support of "Drive 4 the Cause." The meet raises awareness for the fight against breast cancer.

When Alabama sells out its 2008 meeting with Georgia, it is exciting, but nothing new. The Tide has sold out one meet each of the two previous seasons and three times prior to the 2008 season, but on **Feb. 8, 2008**, the Crimson Tide once again makes history by selling out its second meet in as many weeks with 15,075 on hand to see Alabama take on Arkansas. The Tide, one of only two schools to draw more than 12,000 for a single meet, becomes the first program in collegiate gymnastics history to have 15,000-plus fans at two meets in a single season.

Alabama caps the 2007 season with a pair of individual NCAA championships on **April 26, 2007**, when junior Terin Humphrey and freshman Morgan Dennis take home the nation's top prize on the uneven bars and floor exercise, respectively. Humphrey, who also won the 2005 NCAA Uneven Bars title, is the fifth Tide gymnast to win multiple national championships. Dennis becomes the fifth Alabama gymnast to win an NCAA title as a rookie. It is the sixth year in a row that Alabama has won at least one individual NCAA title.

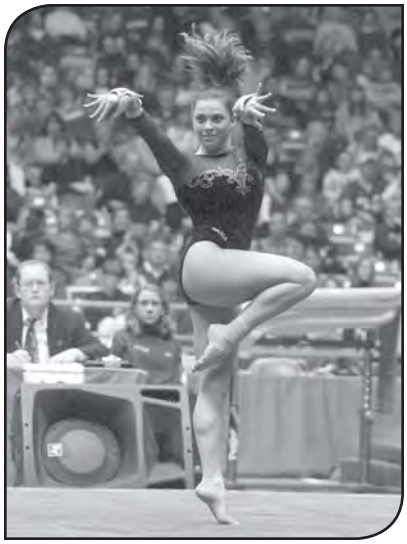
Already a legend, Ashley Miles secures her legacy on **April 22, 2006**, by winning her third NCAA vault championship, making her only the second gymnast in NCAA history, and first in more than 20 years, to win a trio of vault titles. She finished her career with four individual national titles, tying her for third in NCAA history.

On **October 29, 2005**, Michelle Reeser caps off her Crimson Tide career by being honored at the NCAA Woman of the Year Banquet in Indianapolis. She is the fourth Alabama gymnast to be named a top-10 finalist for the honor and the ninth to be honored as a state winner. As a senior, Reeser earned All-America honors on the balance beam and was named the SEC Gymnastics Scholar-Athlete of the Year.

Doing the amazing is nothing new for Ashley Miles, and so no one is surprised when on **March 25, 2006**, she becomes the first gymnast in Southeastern Conference history to win the same event four years in a row taking home the SEC floor exercise title. She finishes her career with 20 individual postseason titles, including four NCAA championships, six SEC titles and 10 NCAA Regional championships.

On **May 3, 2006**, Ashley Miles wins Alabama's sixth Honda Award, capping a senior season that includes her fourth NCAA title with the national gymnast of the year award. A month later, she becomes a top-5 finalist for the Honda-Broderick Cup, given annually to the nation's top female athletes. She receives her Honda Award in front of 92,000-plus fans at half time of an Alabama football game.

On **August 22, 2004**, freshman-to-be Terin Humphrey, who had already helped guide the United States to a silver medal in the team competition at the 2004 Athens Olympics, earns a silver of her own on the uneven bars. When she joins the Crimson Tide on Dec. 26, 2004, after traveling with the T.J. Maxx Tour of Champions through the fall, she becomes the Tide's first Olympian and first Olympic medalist. Humphrey keeps things rolling along in that first season with the Tide, winning the NCAA Uneven Bars Championship.



Jeana Rice won six postseason titles as a senior, including a clean sweep of the Southeastern Conference, NCAA West Regional and NCAA All-Around Championships and finishes her career with an NCAA record 18 All-America honors. For all that she accomplished, on **April 23, 2004**, Rice is named the 2004 Honda Award Winner given annually to the nation's best gymnast. It marks the fifth time an Alabama gymnast earns that recognition. She is also named SEC "Athlete of the Year" by the conference's athletics directors.

Not only will Kristin Sterner graduate with three championship rings, including one for the 2002 NCAA championship and one each for the 2000 and 2003 Southeastern Conference titles, but she will also earn 11 All-America honors, serve as the Tide's captain as a junior and senior and post a 3.9 grade point average in biology during her standout career. Such excellence is recognized on **May 29, 2003**, when Sterner is named the Southeastern Conference's Scholar-Athlete of the Year. It marks the third time in school history that an Alabama gymnast has earned this award, with Sterner joining Julie Estin (1987) and Meredith Willard (1997). Sterner will also earn the prestigious NCAA Top VIII Award, making her the third Alabama gymnast to do so, joining Willard (1997) and Andreé Pickens (2002).

On **April 17, 2004**, Ashley Miles becomes the first Crimson Tide gymnast to defend an NCAA vault title. For good measure, she throws in the NCAA Floor Exercise title as well. Miles becomes the first Alabama gymnast to win two different NCAA apparatus titles in the same season. In addition to winning the NCAA floor exercise crown, Miles repeats as SEC and NCAA Regional floor exercise champion.

In a show of overwhelming generosity, businessman Steve Smith makes a $1 million gift to the Crimson Tradition Fund in honor of his mother, a life-long Alabama fan who "never misses a home gymnastics meet." In honor of his donation, the University of Alabama gymnastics practice facility, part of the Coleman Coliseum Annex, is dedicated the "Frances Smith Gymnastics Practice Facility" on **November 5, 2004**.

Ashley Miles had scored other 10s, and she'd even scored 10s at the NCAA Championships before, but none were as dramatic as her back-to-back 10s on **April 22, 2005**, during the NCAA Super Six Team Final, when the San Antonio, Texas native posts perfect marks on the floor exercise and vault, leading Alabama to a second-place team finish.

On **March 8, 2003**, Sarah Patterson is inducted into the Alabama Sports Hall of Fame. She is just the sixth woman ever elected to the hall and the first female coach. "It's my name they're going to call out," Sarah Patterson said of the honor. "But as anybody who has followed our program knows, it is honoring what David and I have accomplished together." The induction comes on the heels of the Tide's fourth NCAA championship under the Pattersons and Sarah Patterson being named National Coach of the Year for a fourth time. It precedes Alabama winning its fifth SEC championship under the Pattersons and posting its 14th top-3 finish at the NCAA Championships, where the Tide finishes second.

On **January 12, 2003**, Andreé Pickens caps a career that is second to none with the most prestigious award given by the NCAA. The 14-time All-American and two-time NCAA champion is chosen as one of the NCAA Today's Top VIII, an award that spans both men and women as well as all sports and divisions of the NCAA. Not only is Pickens chosen for this award, she is also asked to give the keynote address, delivering a speech that brings those gathered at the NCAA Convention to their feet.

GREAT MOMENTS IN ALABAMA GYMNASTICS HISTORY

After wowing fans throughout the season with her soaring vaults, on **April 26, 2003**, freshman Ashley Miles impresses the toughest crowd of all by winning the Crimson Tide's first national vault crown, scoring a 10.0 on her first vault and a 9.875 on her second to secure the NCAA championship in Lincoln, Neb. Miles had already scored two 10.0s in NCAA Championship competition, winning the NCAA Central Region floor exercise title with a perfect mark and scoring a 10.0 during the first night of the NCAA team competition.

It is **March 15, 2003**, and Alabama wins Southeastern Conference title No. 5 in a competition that comes down to the Tide's last competitor on the last event, clipping second-place Georgia 197.275-197.225. Junior Jeana Rice wins the all-around, balance beam and uneven bars and is named SEC Gymnast of the Year, marking the fourth year in a row an Alabama athlete has won the award. Freshman Ashley Miles posts a 9.975 floor exercise routine that not only clinches the Tide's title but wins the event and earns her All-SEC honors as well. Freshman Larissa Stewart posts a career best on the uneven bars, earning second team All-SEC honors in the process and sophomore Michelle Reeser's leadoff balance beam routine earns her second team All-SEC honors on that event. Senior Kristin Sterner, juniors Lauren Holdefer and Stephanie Kite, sophomores Alexis Brion and Shannon Hrozek and freshmen Mari Bayer, Rachael Delahoussaye, Dana Filetti, Dana Pierce and Lauren Pruitt all do their part to bring home the big trophy to Tuscaloosa.

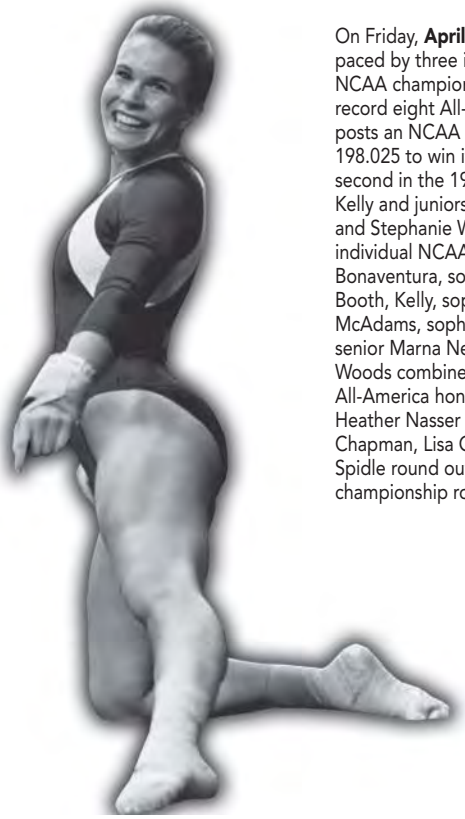
Andreé Pickens wins her second NCAA championship and the 13th in Alabama history on **April 20, 2002**. It is her 12th routine in three days and the Houston, Texas native is exhausted, but she finds the energy for one more routine, the last of her career, and makes it count. The 14-time All-America and winner of both the AAI American Award and the Honda Award for Gymnastics, scores a 9.925 on the uneven bars to win. With a tired wave to a crowd that is giving her a standing ovation, Pickens closes out a career that was legendary even before she won the title.

Alabama rolls to NCAA championship No. 4 on **April 19, 2002**, in Coleman Coliseum with a rock-solid performance on all four events, especially the balance beam, where the Tide finished off the meet (and all the other teams) for the fourth time in a row. Senior Andreé Pickens posts the night's top all-around score and earns five All-America honors in leading the Tide to victory. In all, Alabama earns a meet-high 14 All-America honors with sophomore Jeana Rice earning three, junior Kristin Sterner and sophomore Alexis Brion taking two a piece while senior Natalie Barrington and freshman Shannon Hrozek earn one each. Seniors Alexa Martinez, Whitney Morgan and Raegan Tomasek, junior Sara Scarborough, sophomores Helen Burgin, Tiffany Byrd, Erin Holdefer, Lauren Holdefer and Stephanie Kite and freshman Michelle Reeser round out the championship roster.

Senior Andreé Pickens has the most dominating performance in Southeastern Conference Championship history on **March 23, 2002**, when she wins four of the five individual titles up for grabs that night at Bartow Arena. Not only is she the first gymnast to win four SEC titles in one year, she also earns her third SEC Gymnast of the Year honor. Pickens becomes the only gymnast to win the award more than once. She finishes her career with seven SEC titles, including two all-arounds, the SEC Community Service Postgraduate Scholarship and the SEC Athlete of the Year award.

Alabama travels to Gainesville for the 2000 Southeastern Conference Championship and falls into a groove that carries it through a dominating performance to win SEC title No. 3 on **March 18, 2000**. Sophomore Andreé Pickens wins the vault, uneven bars and all-around titles and is named SEC Gymnast of the Year. She and freshman Kristin Sterner earn first-team All-SEC honors, while juniors Katie Hornecker and Dara Stewart (pictured above with their championship rings) along with sophomore Natalie Barrington all earned second team All-SEC honors. Seniors Lexa Evans and Gina Logan, juniors Robin Hawkins, April Makinson and Lissy Smith, sophomores Krista Gole, Alexa Martinez, Whitney Morgan and Raegan Tomasek and freshman Sara Scarborough round out the championship roster.

She didn't believe it. "Check again," she admonished everyone within her grasp. "There's been some kind of mistake," she told them. She tugged urgently at the sleeve of the nearest meet official, asking him to check, then double check the scores. There had been a mistake, someone else was supposed to be where she was. No mistake, the scores were right. On Thursday, **April 25, 1996**, Meredith Willard, the ultimate team player in a sport filled with individuals, had won the NCAA All-Around Championship.



On Friday, **April 26, 1996**, paced by three individual NCAA champions and a program-record eight All-Americans, the Tide posts an NCAA Super Six record 198.025 to win its third NCAA title, second in the 1990s. Senior Kim Kelly and juniors Meredith Willard and Stephanie Woods all earn individual NCAA titles. Junior Kim Bonaventura, sophomore Merritt Booth, Kelly, sophomore Danielle McAdams, sophomore Shay Murphy, senior Marna Neubauer, Willard and Woods combine to earn 18 All-America honors. Sophomore Heather Nasser and freshmen Mandy Chapman, Lisa Gianni and Gwen Spidle round out Alabama's championship roster.

The shine on Meredith Willard's career, in and out of the gym, continues to grow. On **January 11, 1998**, the Clemmons, N.C., native becomes the first Alabama athlete to earn the NCAA's prestigious Top VIII award, given annually to the nation's top eight senior athletes regardless of gender, sport or division. The award encompasses athletics, academics and character.

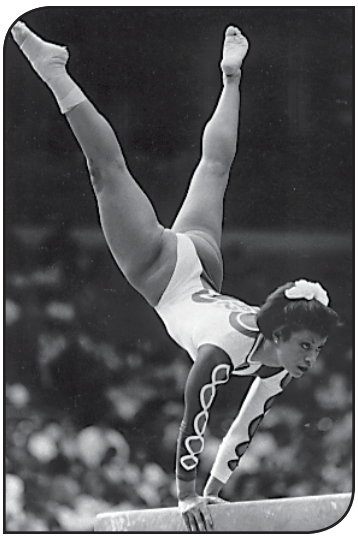
In a hint of the career to come, Andreé Pickens wins the NCAA Balance Beam Championship as a freshman on **April 24, 1999**, capping a championship where she becomes the first freshman in NCAA history to earn five All-America honors.

One fan after another made their way into Coleman Coliseum on **February 1, 1997**, until finally, just before 7 p.m. and the start of the Alabama-Georgia gymnastics meet, history is made and Alabama gymnastics sells out. A capacity crowd of 15,043 fills Alabama's arena. It is the largest crowd to ever see a women's athletic event in the state of Alabama and the largest crowd to ever see an SEC gymnastics meet. Alabama's challenge for the national record is foiled not by lack of fans, but lack of seats. Reportedly more than 400 fans were turned away from the doors of the Coliseum.

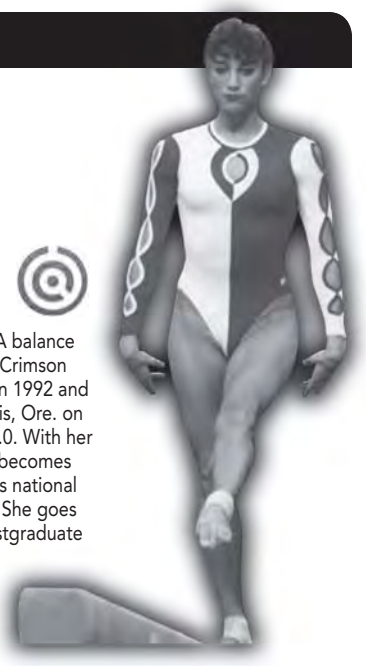
Stephanie Woods knew that the uneven bars routine she had just finished had been special, she just wasn't sure if anyone else knew. It was the night of the event finals at the NCAA Championships and she had just completed her routine. But the Austin, Texas, native's feeling about her routine carried over to the judges, who knew they had seen something of championship caliber. On Saturday, **April 27, 1996**, Woods won the NCAA Uneven Bars Championship, etching her name in Crimson legend.

GREAT MOMENTS IN ALABAMA GYMNASTICS HISTORY

In the final performance of her Crimson Tide career, as the music of her floor routine reached its final beat and tears streams down her face, Kim Kelly's success-studded career turns golden. The King of Prussia, Pa., native wins the 1996 NCAA Floor Exercise Championship in front of the home crowd with a perfect 10.0 and an avalanche of applause. For Kelly, that's how it ends on Saturday, **April 27, 1996**. One last floor routine, perfect in execution – a moment in time – for all time, filled with tears of joy and sadness – and rolls upon rolls of cheers.



No one could say that Dana Dobransky was not a pressure player. Dobransky wins two NCAA balance beam titles during her legendary Crimson Tide career. The first title comes in 1992 and the second, as a senior, in Corvallis, Ore. on **April 17, 1993**, with a perfect 10.0. With her perfect performance, Dobransky becomes the first Tide gymnast to repeat as national champion on an individual event. She goes on to earn an NCAA and SEC Postgraduate Scholarships, putting an exclamation mark on one of the greatest careers in Crimson Tide history.



On **May 29, 1990**, Dee Foster becomes the first freshman in Southeastern Conference history to be named the league's Athlete of the Year. Foster is an obvious choice, after winning the 1990 NCAA All-Around Championship with an NCAA record of 39.30 and earning four All-America honors as a rookie. She led Alabama to a second-place national finish and the Tide's second SEC Team title.

Junior Dee Foster, already a Crimson Tide legend, turns perfect on **March 14, 1992**, during a dual meet with Georgia in Athens, scoring a 10.0 on a vault. Foster will earn eight 10.0s during her storied Tide career — five 10.0s on the vault, one on the uneven bars and two on the floor exercise.

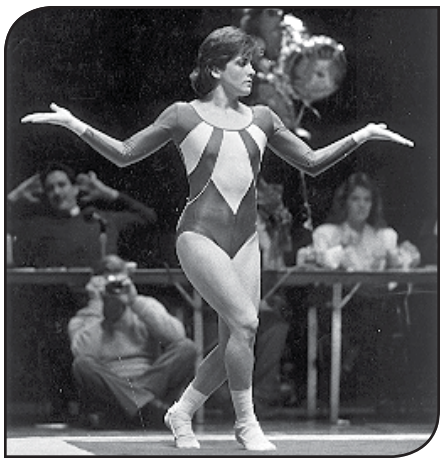
The Crimson Tide starts the 1990s off on the right foot. Alabama marches into the Georgia Coliseum on **March 25, 1990**, and marches out with its second SEC team title. Alabama finishes more than a point ahead of second-place LSU. The Tide's 193.55 total sets an SEC Championship record. Senior Marie Robbins caps an outstanding career wearing the crimson and white of Alabama by winning the Tide's second-ever SEC all-around title, with a championship record score. That same year, a program-record eight members of the championship squad earn SEC Academic Honor Roll honors and Robbins earns an SEC Postgraduate Scholarship. Seniors Ali Blumberg, Tracey Tillman and Cheri Way, juniors Kim Masters and Tina Rinker, sophomores Gina Basile, Katherine Kelleher and Shea McFall, and freshman Dana Dobransky all help bring home the Tide's second SEC trophy.

The theme of the 1991 NCAA Gymnastics Championships is "Stars Fall on Alabama" and nothing could be closer to the truth as the host Crimson Tide uses a slew of talented ladies on **April 19, 1991**, to keep the championship in Tuscaloosa. Alabama's 195.125 total sets an NCAA Championship scoring record. The Tide outdistances second-place Utah by three-quarters of a point. Georgia is third followed by Oregon State, Penn State and Florida. Senior Kim Masters, juniors Gina Basile, Katherine Kelleher and Shea McFall, sophomores Dana Dobransky and Dee Foster, and freshman Kara Stilp all earn All-America honors. Senior Tina Rinker and freshmen Keri Duley, Sheryl Dundas, and Marti Watson round out the Tide's hometown championship roster.

After three rotations of the 1995 Southeastern Conference Championships being held in Gainesville, Fla., the Crimson Tide find themselves in fourth place with the chance for a third SEC Championship looking bleak. Fortunately, Alabama sees not a chance to give up, but a chance to make history. Alabama soars past Georgia, LSU and Florida on the strength of the best vault total in NCAA history on rotation No. 4 to win the SEC title on **March 25, 1995**. The Tide's 196.175 is just .05 in front of second-place LSU. Alabama counts nothing lower than a 9.900 on the way to setting the vault mark. Junior Kim Kelly hits a 10.0 to win the vault. Senior Chasity Junkin and freshman Merritt Booth both turn in career-high 9.975s on the vault. Sophomore Stephanie Woods wins the SEC uneven bars title. Junior Marna Neubauer, sophomores Kim Bonaventura and Meredith Willard, and freshmen Danielle McAdams, Shay Murphy and Heather Nasser all contribute to bringing SEC title No. 3 home to Tuscaloosa.

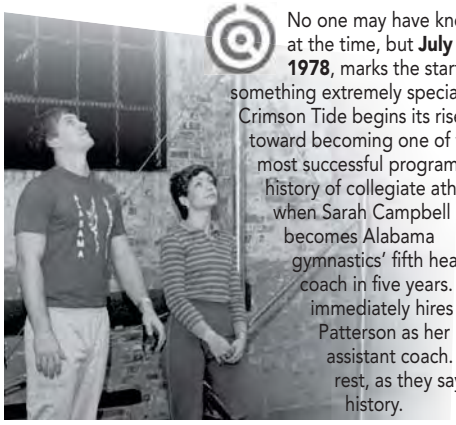
Eleven gymnasts and a lifetime of dreams come together on **April 22, 1988**, as Alabama wins its first NCAA team championship. Alabama scores an NCAA Championship record 190.05 in front of a rowdy handful of Tide faithful in Salt Lake City. Utah is second followed by UCLA, LSU, Georgia and Florida. The Tide is led by four All-Americans – senior Kathy Bilodeau, sophomores Marie Robbins and Cheri Way, and freshman Tina Rinker. Senior Alli Beldon, sophomores Ali Blumberg and Tracey Tillman and freshmen Wendy Anderson, Kim Masters and Susie Pierce round out the Tide's championship roster.

Alabama is competing at its third NCAA Championship on **April 12-13, 1985**, when junior Penney Hauschild explodes into a Crimson Tide legend by winning the NCAA All-Around Championship in Salt Lake City, Utah. It is the first time that an athlete from Utah fails to win the all-around title. The Pennsylvania native also wins the uneven bars title. Hauschild is the first individual NCAA champion in Alabama gymnastics history. Her all-around total is an NCAA Championships record. Hauschild will go on to win four NCAA titles during her legendary career, repeating as all-around champion in 1986 and adding the floor exercise title to her resume that same year.



Crimson Tide legend Penney Hauschild caps a brilliant Crimson Tide career with her second consecutive Honda Broderick Award on **January 11, 1986**. The Honda Broderick Award is given annually to the nation's best gymnast. Hauschild's career includes two NCAA All-Around championships, an NCAA Uneven Bars title and an NCAA Floor Exercise title. Hauschild earned 10 All-America honors during her storied career. She earned five NCAA Central Regional titles and one SEC all-around crown.

All-American Barbara Mack – a Rhodes Scholarship finalist, the first Alabama gymnast to win the Paul W. Bryant Award, an NCAA Postgraduate Scholarship winner and a two-time Region Champion – caps a brilliant Crimson Tide career by becoming the first Alabama gymnast to win the AMF American Award on **April 13, 1985**.



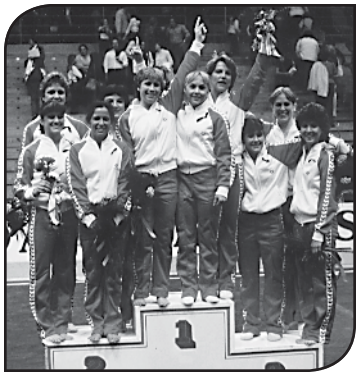
No one may have known it at the time, but **July 1, 1978**, marks the start of something extremely special as the Crimson Tide begins its rise toward becoming one of the most successful programs in the history of collegiate athletics when Sarah Campbell becomes Alabama gymnastics' fifth head coach in five years. She immediately hires David Patterson as her assistant coach. The rest, as they say, is history.

On **May 27, 1987**, Julie Estin becomes the first athlete from Alabama to be honored as the Southeastern Conference Scholar-Athlete of the Year. Estin also earns NCAA and SEC Postgraduate Scholarships, which she puts to good use. In July 1996, Dr. Julie Vaughn set up practice in Tuscaloosa as a pediatrician.

Julie Garrett becomes Alabama's first All-American on **April 4, 1982**. Garrett paces the Tide to a fourth-place finish at the 1982 AIAW National Championships before attending the first NCAA Championship as an individual. Undaunted by her first NCAA appearance, Garrett earns All-America recognition on the uneven bars.

History didn't record the first meeting, the first practice or the first vault – those dates are lost in time – but the first meet, the first time the University of Alabama put forth a group of young women wearing crimson and white leotards came on **January 10, 1975**. Alabama opens at home, falling to Georgia College 83.75-65.80. And with that, the program that will become one of the most celebrated in collegiate athletics is underway.

Alabama wins its first NCAA Regional title on **March 26, 1983**, earning its first trip to the NCAA Championships which will be held at Salt Lake City, Utah, two weeks later. Sarah and David Patterson's first recruiting class helps take the Tide to the top of the South Region, downing the region's until-then dominant team, Florida, the meet's host.



ALABAMA GYMNASTICS HALL OF FAME

MARISSA GUTIERREZ | 2013

2012 and 2011 NCAA championship teams • 2011 SEC Championship team • Three-time All-American • NCAA Regional Champion • All-SEC • Scholastic All-American • Four-year SEC Academic Honor Roll

GERALEN STACK-EATON | 2012

2012 and 2011 NCAA championship teams • 2011 and 2009 SEC Championship teams • 2012 NCAA Balance Beam Champion • 2011 NCAA Floor Exercise Champion • 12-time All-America • Scholastic All-America • Seven-time NCAA Regional Champion • Two-time SEC Champion • Three-year All-SEC • Four-year SEC Academic Honor Roll

MORGAN DENNIS | 2010

2007 NCAA Floor Exercise Champion • Eight-time All-American • Six-time NCAA Regional Champion • 2009 SEC Championship team • Six-time SEC Champion • Four-year All-SEC • Four-year SEC Academic Honor Roll • Two-year team captain

ASHLEY PRIESS | 2013

2012 and 2011 NCAA championship teams • 2011 and 2009 SEC Championship teams • NCAA Woman of the Year Top-30 • 10-time All-American • Five-time Regional Champion • Two-time SEC Champion • Three-year All-SEC • NCAA Postgraduate Scholarship Winner • Four-year Scholastic All-American • Five-year SEC Academic Honor Roll • Three-year Team Captain • SAAC President • Paul W. Bryant Award

RACHEL TERRY | 2012

2012 and 2011 NCAA championship teams • 2011 and 2009 SEC Championship teams • 2012 NCAA Elite 89 Award • 2011 NCAA Elite 89 Award • First two-time winner of the NCAA Elite 89 Award • All-American • Four-year Scholastic All-American • Four-year SEC Academic Honor Roll

RICKI LEBEGERN | 2010

Four-time All-American • Four-year Scholastic All-American • 2009 SEC Championship team • Three-time SEC Champion • Four-year All-SEC • Four-year SEC Academic Honor Roll • SEC Community Service Team • Team captain

ASHLEY SLEDGE | 2013

2012 and 2011 NCAA championship teams • 2011 SEC Championship team • Two-time All-American • NCAA Regional Champion • All-SEC • NCAA Postgraduate Scholarship Winner • NCAA Ethnic Minority and Women's Enhancement Scholarship Winner • Scholastic All-American • Four-year SEC Academic Honor Roll • Two-year Team Captain

KAYLA HOFFMAN | 2011

2011 NCAA championship team • 2011 and 2009 SEC Championship teams • 2012 NCAA Top VIII • 2011 Honda Award • 2011 SEC Female Athlete of the Year • 2011 Capital One/CoSIDA Academic All-America of the Year • 2011 NCAA All-Around Runner-up • Five-time All-American • 2011 SEC Gymnast of the Year • 2011 SEC Gymnastics Scholar-Athlete of the Year • Seven-time NCAA Regional Champion • 2011 SEC Vault Champion • NCAA Central Region Gymnast of the Year • NCAA Postgraduate Scholarship Winner • Four-year All-SEC • SEC Postgraduate Scholarship • Four-year Scholastic All-American • 2011 Capital One/CoSIDA Academic All-American • Four-year SEC Academic Honor Roll

CASEY OVERTON | 2010

All-American • Three-year Scholastic All-American • 2009 SEC Championship team • SEC Champion • All-SEC • Four-year SEC Academic Honor Roll

KASSI PRICE | 2010

Three-time All-American • NCAA Elite 89 Award • NCAA and SEC Postgraduate Scholarships • Four-year Scholastic All-American • Three-year CoSIDA Academic All-American At-Large Team • Three-time NCAA Regional Champion • 2009 SEC Championship team • Four-year SEC Academic Honor Roll • SEC Community Service Team • Paul W. Bryant Award • Austin Cup

MARI BAYER | 2006

2003 SEC Championship team • Two-time All-American • Four-year Scholastic All-American • Four-year SEC Academic Honor Roll

ALEXIS BRION | 2005

2002 NCAA championship team • 2003 SEC Championship team • Five-time All-American • NCAA Regional Vault Champion

BRITTANY MAGEE | 2009

2009 SEC Championship team • All-American • Three-time NCAA Regional Champion • SEC Champion • All-SEC • Four-year Scholastic All-American • Three-year SEC Academic Honor Roll

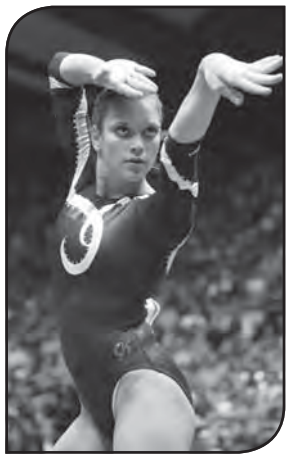
DANA FILETTI | 2006

2003 SEC Championship team • All-American • SEC Academic Honor Roll

MICHELLE REESER | 2005

2002 NCAA championship team • 2003 SEC Championship team • NCAA Woman of the Year finalist • All-American • SEC Gymnastics Scholar-Athlete of the Year • Four-year Scholastic All-American • Four-year SEC Academic Honor Roll • All-SEC

TERIN HUMPHREY | 2008



2005 and 2007 NCAA Uneven Bars Champion • 10-time All-American • Three-time NCAA Regional Champion • SEC Champion • All-SEC • SEC Academic Honor Roll

ASHLEY MILES | 2006

2003 SEC Championship team • Four-time NCAA Champion – 2006, 2004, 2003 Vault, 2004 Floor Exercise • 10-time NCAA Regional Champion • 12-time All-American • Honda Award Winner • Six-time SEC Champion – 2006, 2005, 2004, 2003 Floor Exercise, 2005 Vault, 2005 Uneven Bars • Four-year All-SEC • SEC Academic Honor Roll

SHANNON HROZEK | 2005

2002 NCAA championship team • 2003 SEC Championship team • 3-time All-American • NCAA Regional Champion • Four-year Scholastic All-American • Four-year SEC Academic Honor Roll

ALABAMA GYMNASTICS HALL OF FAME

STEPHANIE KITE | 2004

2002 NCAA championship team • 2003 SEC Championship team • All-American • NCAA Woman of the Year State Honoree • Four-year Scholastic All-American • CoSIDA Academic All-American At-Large Student-Athlete of the Year • Two-year CoSIDA Academic All-American At-Large First Team • Three-year SEC Academic Honor Roll

NATALIE BARRINGTON | 2002

2002 NCAA championship team • 2000 SEC Championship team • Three-time All-American • Two-year Scholastic All-American • Three-year SEC Academic Honor Roll

KATIE HORNECKER | 2001

2000 SEC Championship team • All-American • Two-year Scholastic All-American • Three-year SEC Academic Honor Roll • All-SEC

JEANA RICE | 2004

2002 NCAA championship team • 2003 SEC Championship team • 18-time All-American • NCAA All-Around Champion • Honda Award • SEC Athlete of the Year • SEC Gymnast of the Year • Six-time SEC Champion • Three-year NCAA Regional All-Around Champion • SEC All-Around Record

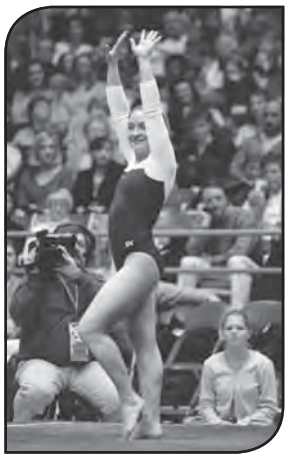
ANDREÉ PICKENS | 2002

2002 NCAA championship team • 2000 SEC Championship team • NCAA Today's Top VIII Award • Honda Award • 1999 NCAA Balance Beam Champion • 2002 NCAA Uneven Bars Champion • 14-time All-American • Scholastic All-American • State of Alabama NCAA Woman of the Year • SEC Postgraduate Scholarship • Three-year SEC Academic Honor Roll

LISSY SMITH | 2001

2000 SEC Championship team • Three-time All-American • Three-year Scholastic All-American • Three-year SEC Academic Honor Roll • All-SEC • 2001 SEC Balance Beam Champion • Three-year NCAA Regional Balance Beam Champion

KRISTIN STERNER | 2003



2002 NCAA championship team • 2000 & 2003 SEC Championship teams • NCAA Today's Top VIII Award • NCAA Woman of the Year finalist • SEC Scholar-Athlete of the Year • NCAA Postgraduate Scholarship • CoSIDA Academic All-American • 11-time All-American • Four-time NCAA Regional Champion • Two-year All-SEC • Four-year Scholastic All-America • Three-year SEC Academic Honor Roll

RAEGAN TOMASEK | 2002

2002 NCAA championship team • 2000 SEC Championship team • All-American • Scholastic All-American • Three-year SEC Academic Honor Roll

DARA STEWART | 2001

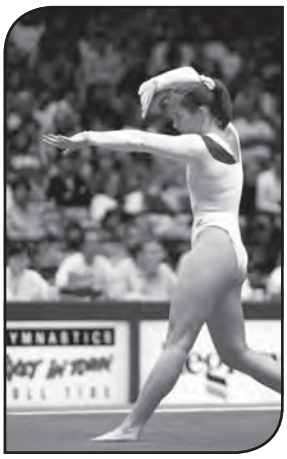
2000 SEC Championship team • Three-time All-American • Two-year Scholastic All-American • Three-year SEC Academic Honor Roll • 1998 and 2000 NCAA Regional Uneven Bars Champion • All-SEC

LEXA EVANS | 2000

2000 SEC Championship team • NCAA Woman of the Year, State of Alabama • All-American • Three-year SEC Academic Honor Roll • Three-year Scholastic All-American

MERRITT BOOTH | 1998

1996 NCAA championship team • 1995 SEC Championship team • Six-time All-American • Four-year Scholastic All-American • Three-year SEC Academic Honor Roll • NCAA Woman of the Year finalist • GTE Academic All-American • NCAA Postgraduate Scholarship Winner

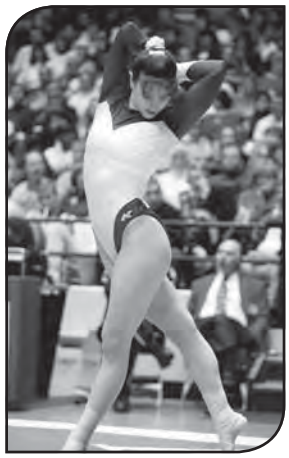


MEREDITH WILLARD | 1997

1996 NCAA championship team • 1995 SEC Championship team • NCAA Team Record squad • NCAA All-Around Champion • 11-time All-American • NCAA Top VIII Award • SEC Scholar-Athlete of the Year • H. Boyd McWhorter SEC Postgraduate Scholarship Winner • NCAA Postgraduate Scholarship Winner • SEC Gymnast of the Year • NCAA Woman of the Year finalist • NCAA Central Regional Champion • Four-year Scholastic All-American • CoSIDA Academic All-American • Three-year SEC Academic Honor Roll

MANDY CHAPMAN | 1999

1996 NCAA championship team • All-American • Three-year Scholastic All-American • Two-year All-SEC • Three-year SEC Academic Honor Roll

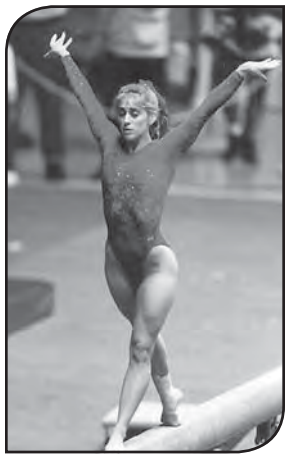


SHAY MURPHY | 1998

1996 NCAA championship team • 1995 SEC Championship team • Two-time All-American • Three-year SEC Academic Honor Roll • Scored a 10.0 on the floor exercise in 1998 • NCAA Team Record squad

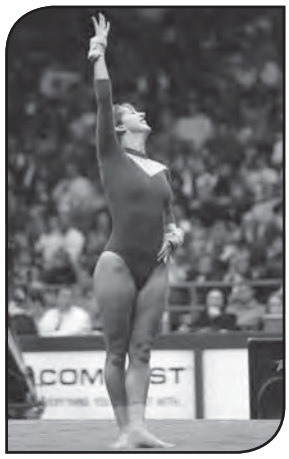
KIM BONAVENTURA | 1997

1996 NCAA championship team • 1995 SEC Championship team • NCAA Team Record squad • Four-time All-American • NCAA Central Regional Champion



GWEN SPIDLE | 1999

1996 NCAA championship team • Five-time All-American • Three-year SEC Academic Honor Roll • NCAA Team Record squad

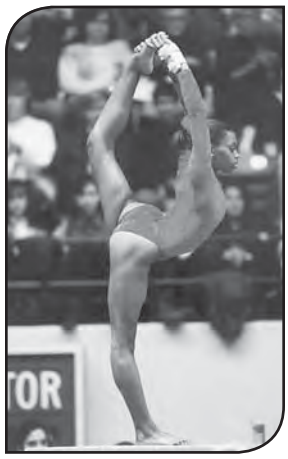


DANIELLE MCADAMS | 1998

1996 NCAA championship team • 1995 SEC Championship team • Three-time All-American • Four-year Scholastic All-American • Three-year SEC Academic Honor Roll • Scored a 10.0 on the vault at the 1996 NCAA Championships • NCAA Team Record squad

STEPHANIE WOODS | 1997

1996 NCAA championship team • 1995 SEC Championship team • NCAA Uneven Bars Champion • NCAA Team Record squad • Five-time All-American • Three-time NCAA Regional Champion • SEC Uneven Bars Champion

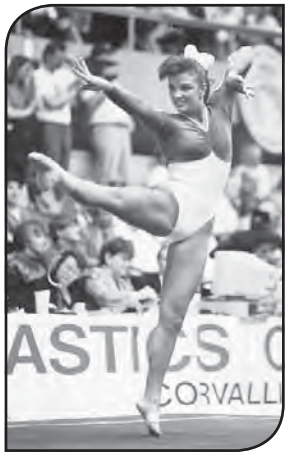


ALABAMA GYMNASTICS HALL OF FAME

KIM KELLY | 1996

1996 NCAA championship team • 1995 SEC Championship team • NCAA Floor Exercise Champion • NCAA Team Record squad • Nine-time All-American • NCAA Team Vault Record • NCAA Team Floor Exercise Record • Five-time Regional Champion • Two-time SEC Champion • Three-year All-SEC • Scholastic All-American • Two-year SEC Academic Honor Roll

SHERYL DUNDAS | 1994



1991 NCAA championship team • NCAA Central Region Balance Beam Champion • Phi Eta Sigma • All-American • SEC Academic Honor Roll • Scholastic All-American

DANA DOBRANSKY | 1993

1991 NCAA championship team • 1990 SEC Championship team • Two-time NCAA Balance Beam Champion • Five-time All-American • NCAA Postgraduate Scholarship • SEC Postgraduate Scholarship • NCAA Woman of the Year – State Honoree • GTE/CoSIDA Academic All-American • SEC Academic Honor Roll • All-SEC • Regional Champion • SEC Champion

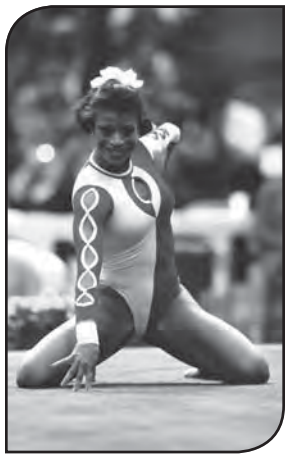
MARNA NEUBAUER | 1996

1996 NCAA championship team • 1995 SEC Championship team • NCAA Team Record squad • Three-time All-American • NCAA Floor Exercise Team Record • Two-year Scholastic All-American • Two-year SEC Academic Honor Roll

SHEA MCFALL | 1994

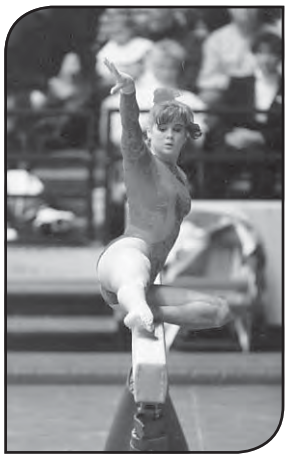
1991 NCAA championship team • Two-time All-American • Three-time SEC Academic Honor Roll • All-SEC • Scholastic All-American

DEE FOSTER | 1993



1991 NCAA championship team • 1990 SEC Championship team • Honda Award for Gymnastics • NCAA All-Around Champion • SEC Athlete of the Year • 17-time All-American • Four-time SEC Champion • Nine-time Regional Champion • Four-time All-SEC • 1993 Alabama Amateur Athlete of the Year

CHASITY JUNKIN | 1995

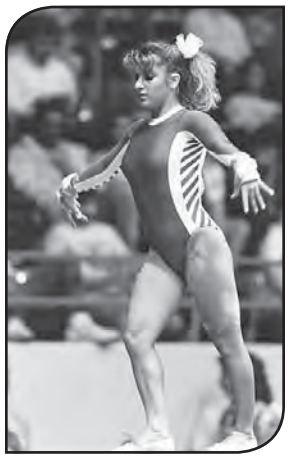


1995 SEC Championship Team • Two-time All-American • AAI Senior Award Finalist • Three-year Scholastic All-American • Three-year SEC Academic Honor Roll

KARA STILP | 1994

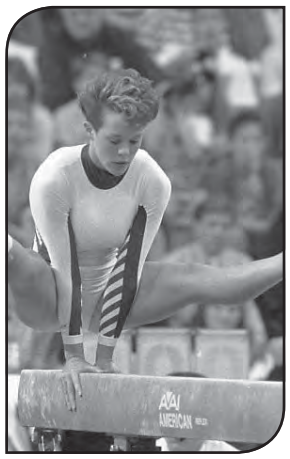
1991 NCAA championship team • Two-time All-American • Scholastic All-American • SEC Academic Honor Roll

GINA BASILE | 1992



1991 NCAA championship team • 1990 SEC Championship Team • NCAA Champion • All-American • All-SEC • Two-time SEC Academic Honor Roll • SEC Champion • Regional Champion

KATHERINE KELLEHER | 1992



1991 NCAA championship team • 1990 SEC Championship Team • Three-time All-American • NCAA & SEC Postgraduate Scholarships • Alabama NCAA Woman of the Year • Two-time All-SEC • Three-time SEC Academic Honor Roll • Paul W. Bryant Award • SEC Champion • Two-Time Regional Champion • Scholastic All-American

MARIE ROBBINS | 1990

1988 NCAA championship team • 1988 SEC Championship Team • Four-time All-American • Two-time SEC Champion • Two-time Regional Champion • Two-time All-SEC • Paul W. Bryant Award • NCAA Postgraduate Scholarship • Three-time SEC Academic Honor Roll

KATHY BILODEAU | 1988

1988 NCAA championship team • 1988 SEC Championship Team • Two-time All-American • Two-time SEC Academic Honor Roll

KIM MASTERS | 1991

1988 & 1991 NCAA championship teams • 1988 & 1990 SEC Championship Teams • Three-time All-American • Two-time All-SEC • Four-time Regional Champion • SEC Academic Honor Roll

CHERI WAY | 1990

1988 NCAA championship team • 1988 SEC Championship Team • Three-time All-American • Two-time SEC Academic Honor Roll • Four-time Regional Champion

JULIE ESTIN | 1987

Six-time All-American • Two-time SEC Champion • Five-time Regional Champion • NCAA Postgraduate Scholarship • SEC Scholar Athlete of the Year • Four-time All-SEC • Two-time GTE Academic All-American • Paul W. Bryant Award • Three-time Academic All-SEC

TINA RINKER | 1991

1988 & 1991 NCAA championship teams • 1988 & 1990 SEC Championship Teams • All-American • Two-time All-SEC • Regional Champion • Three-Time SEC Academic Honor Roll

KELLY GOOD | 1989

1988 NCAA championship team • 1988 SEC Championship Team • All-American • GTE District IV Academic All-American • NCAA Postgraduate Scholarship • SEC Postgraduate Scholarship • Two-time SEC Academic Honor Roll

PENNEY HAUSCHILD | 1986

Two-time NCAA All-Around Champion • Floor Exercise Champion • NCAA Uneven Bars Champion • 10-time All-American • Two-time Broderick Award Winner • AMF American Award • SEC Athlete of the Year • SEC Champion • Five-time Regional Champion • Two-time All-SEC • World University Games

ALABAMA GYMNASTICS HALL OF FAME

BARBARA MACK | 1985

All-American • SEC Champion • AMF American Award • Rhodes Scholarship Finalist • Paul W. Bryant Award • NCAA Postgraduate Scholarship • Two-time Regional Champion • Two-time SEC Academic Honor Roll

DENISE BALK | 1983

All-SEC

PATTI KLECKNER | 1983

All-SEC

PATTI RICE | 1984

SEC Champion • All-SEC • SEC Academic Honor Roll

LUANN GUZZETTI | 1983

All-SEC

ANGIE ALEXANDER | 1982

All-SEC

JULIE GARRETT | 1983

Three-time All-American • SEC Champion • Two-time All-SEC • Regional Champion • NCAA Post-graduate Scholarship

ANN WILHIDE | 1983

All-SEC

ALABAMA GYMNASTICS YEAR-BY-YEAR

2013 | **REGULAR SEASON RECORD —** 7-2-1
CHAMPIONSHIPS —
NCAA 3rd | Regional 1st | SEC 2nd

THE TEAM:

Becca Alexin, Sr.
Lauren Beers, Fr.
Olivia Carisella, Jr.
Kaitlyn Clark, So.
Sarah DeMeo, Jr.
Hunter Dennis, So.
Ria Domier, Jr.
Lindsey Fowler, Jr.
Lora Leigh Frost, So.
Marissa Gutierrez, Sr.
Kim Jacob, Jr.
Diandra Milliner, Jr.
Brooke Parker, So.
Ashley Priess, Sr.
Carley Sims, Fr.
Ashley Sledge, Sr.
Kayla Williams, So.
Head Coach:
Sarah Patterson
Volunteer Coach:
David Patterson
Assistant Coach:
Bryan Raschilla
Assistant Coach:
Dana Duckworth

2012 | **REGULAR SEASON RECORD —** 11-1-0
CHAMPIONSHIPS —
NCAA 1st | Regional 1st | SEC 2nd

THE TEAM:

Becca Alexin, Jr.
Olivia Carisella, So.
Kaitlyn Clark, Fr.
Sarah DeMeo, So.
Hunter Dennis, Fr.
Ria Domier, So.
Lindsey Fowler, So.
Lora Leigh Frost, Fr.
Marissa Gutierrez, Jr.
Kim Jacob, So.
Diandra Milliner, So.
Brooke Parker, Fr.
Ashley Priess, Sr.
Ashley Sledge, Jr.
Geralen Stack-Eaton, Sr.
Rachel Terry, Sr.
Hannah Toussaint, So.
Kayla Williams, Fr.
Head Coach:
Sarah Patterson
Volunteer Coach:
David Patterson
Assistant Coach:
Bryan Raschilla
Assistant Coach:
Dana Duckworth

2011 | **REGULAR SEASON RECORD —** 11-1-0
CHAMPIONSHIPS —
NCAA 1st | Regional 1st | SEC 1st

THE TEAM:

Becca Alexin, So.
Olivia Carisella, Fr.
Alyssa Chapman, Sr.
Sarah DeMeo, Fr.
Ria Domier, Fr.
Lindsey Fowler, Fr.
Marissa Gutierrez, So.
Kayla Hoffman, Sr.
Kim Jacob, Fr.
Megan Mashburn, Sr.
Diandra Milliner, Fr.
Jordan Moore, Fr.
Ashley Priess, Jr.
Ashley Sledge, So.
Geralen Stack-Eaton, Jr.
Rachel Terry, Jr.
Hannah Toussaint, Fr.
Head Coach:
Sarah Patterson
Volunteer Coach:
David Patterson
Assistant Coach:
Bryan Raschilla
Assistant Coach:
Dana Duckworth

2010 | **REGULAR SEASON RECORD —** 9-2-0
CHAMPIONSHIPS —
NCAA 3rd | Regional 1st | SEC 2nd

THE TEAM:

Becca Alexin, Fr.
Courtney Bell, Fr.
Alyssa Chapman, Sr.
Morgan Dennis, Sr.
Jocelyn Fowler, So.
Marissa Gutierrez, Fr.
Mary Hauswirth, Fr.
Kayla Hoffman, Jr.
Ricki Lebegern, Sr.
Megan Mashburn, Jr.
Casey Overton, Sr.
Erika Pearson, So.
Kassi Price, Sr.
Ashley Priess, So.
Ashley Sledge, Fr.
Geralen Stack-Eaton, So.
Rachel Terry, So.
Head Coach:
Sarah Patterson
Volunteer Coach:
David Patterson
Assistant Coach:
Bryan Raschilla
Assistant Coach:
Dana Duckworth

2009 | **REGULAR SEASON RECORD —** 8-5-0
CHAMPIONSHIPS —
NCAA 2nd | Regional 1st | SEC 1st

THE TEAM:

Alyssa Chapman, Jr.
Morgan Dennis, Jr.
Jocelyn Fowler, Fr.
Kayla Hoffman, So.
Ricki Lebegern, Jr.
Brittany Magee, Sr.
Megan Mashburn, So.
Amanda Montgomery, Sr.
Ashley O'Neal, Sr.
Casey Overton, Jr.
Erika Pearson, Fr.
Kassi Price, Jr.
Ashley Priess, Fr.
Jacqueline Shealy, Jr.
Geralen Stack-Eaton, Fr.
Caitlin Sullivan, Fr.
Rachel Terry, Fr.
Head Coach:
Sarah Patterson
Volunteer Coach:
David Patterson
Assistant Coach:
Bryan Raschilla
Assistant Coach:
Dana Duckworth

2008 | **REGULAR SEASON RECORD —** 10-4-0
CHAMPIONSHIPS —
NCAA 6th | Regional 1st | SEC 2nd

THE TEAM:

Alyssa Chapman, So.
Morgan Dennis, So.
Kayla Hoffman, Fr.
Terin Humphrey, Sr.
Jennifer Iovino, Fr.
Ricki Lebegern, So.
Brittany Magee, Jr.
Cassie Martin, Jr.
Megan Mashburn, Fr.
Amanda Montgomery, Jr.
Ashley O'Neal, Jr.
Casey Overton, So.
Kassi Price, So.
Courtney Priess, Jr.
Jacqueline Shealy, So.
Kaitlin White, Sr.
Head Coach:
Sarah Patterson
Assistant Head Coach:
David Patterson
Assistant Coach:
Bryan Raschilla
Volunteer Coach:
Dana Duckworth

CHAMPIONS

2007

REGULAR SEASON RECORD — 8-2-0
CHAMPIONSHIPS —
NCAA 9th | Regional 1st | SEC 3rd

THE TEAM:

Alyssa Chapman, Fr.
Morgan Dennis, Fr.
Terin Humphrey, Jr.
Ricki Lebegern, Fr.
Brittany Magee, So.
Cassie Martin, So.
Amanda Montgomery, So.
Ashley O'Neal, So.
Casey Overton, Fr.
Kassi Price, Fr.
Courtney Priess, So.
Erin Rightley, Sr.
Jacqueline Shealy, Fr.
Kaitlin White, Jr.
Head Coach:
Sarah Patterson
Assistant Head Coach:
David Patterson
Assistant Coach:
Bryan Raschilla
Volunteer Coach:
Dana Duckworth

2006

REGULAR SEASON RECORD — 14-1-0
CHAMPIONSHIPS —
NCAA 3rd | Regional 1st | SEC 2nd

THE TEAM:

Melanie Banville, Fr.
Mari Bayer, Sr.
Rachael Delahoussaye, Sr.
Dana Filetti, Sr.
Ashley Ford, Fr.
Terin Humphrey, So.
Brittany Magee, Fr.
Cassie Martin, Fr.
Ashley Miles, Sr.
Amanda Montgomery, Fr.
Ashley O'Neal, Fr.
Dana Pierce, Sr.
Courtney Priess, Fr.
Erin Rightley, Jr.
Kaitlin White, So.
Head Coach:
Sarah Patterson
Assistant Head Coach:
David Patterson
Assistant Coach:
Bryan Raschilla
Volunteer Coach:
Dana Duckworth

2005

REGULAR SEASON RECORD — 11-3-0
CHAMPIONSHIPS —
NCAA 2nd | Regional 1st | SEC 3rd

THE TEAM:

Mari Bayer, Jr.
Alexis Brion, Sr.
Brittany Comeaux, So.
Rachael Delahoussaye, Jr.
Dana Filetti, Jr.
Shannon Hrozek, Sr.
Terin Humphrey, Fr.
Meredith Laxton, So.
Ashley Miles, Jr.
Dana Pierce, Jr.
Michelle Reeser, Sr.
Erin Rightley, So.
Jessie Silver, Fr.
Kaitlin White, Fr.
Head Coach:
Sarah Patterson
Assistant Head Coach:
David Patterson
Assistant Coach:
Bryan Raschilla
Volunteer Coach:
Dana Duckworth

2004

REGULAR SEASON RECORD — 12-1-0
CHAMPIONSHIPS —
NCAA 3rd | Regional 2nd | SEC 2nd

THE TEAM:

Mari Bayer, So.
Alexis Brion, Jr.
Brittany Comeaux, Fr.
Rachael Delahoussaye, So.
Dana Filetti, So.
Johnna Gay, Fr.
Lauren Holdefer, Sr.
Shannon Hrozek, Jr.
Stephanie Kite, Sr.
Meredith Laxton, Fr.
Ashley Miles, So.
Dana Pierce, So.
Michelle Reeser, Jr.
Jeana Rice, Sr.
Erin Rightley, Fr.
Larissa Stewart, So.
Head Coach:
Sarah Patterson
Assistant Head Coach:
David Patterson
Assistant Coach:
Bryan Raschilla
Volunteer Coach:
Dana Duckworth

2003

REGULAR SEASON RECORD — 10-7-0
CHAMPIONSHIPS —
NCAA 2nd | Regional 1st | SEC 1st

THE TEAM:

Mari Bayer, Fr.
Alexis Brion, So.
Rachael Delahoussaye, Fr.
Dana Filetti, Fr.
Lauren Holdefer, Jr.
Shannon Hrozek, So.
Stephanie Kite, Jr.
Ashley Miles, Fr.
Dana Pierce, Fr.
Lauren Pruitt, Fr.
Michelle Reeser, So
Jeana Rice, Jr.
Kristin Sterner, Sr.
Larissa Stewart, Fr.
Head Coach:
Sarah Patterson
Assistant Head Coach:
David Patterson
Assistant Coach:
Bryan Raschilla
Volunteer Coach:
Dana Duckworth

2002

REGULAR SEASON RECORD — 12-3-0
CHAMPIONSHIPS —
NCAA 1st | Regional 1st | SEC 2nd

THE TEAM:

Natalie Barrington, Sr.
Alexis Brion, Fr.
Helen Burgin, So.
Tiffany Byrd, So.
Erin Holdefer, So.
Lauren Holdefer, So.
Shannon Hrozek, Fr.
Stephanie Kite, So.
Alexa Martinez, Sr.
Whitney Morgan, Sr.
Andreé Pickens, Sr.
Michelle Reeser, Fr.
Jeana Rice, So.
Sara Scarborough, Jr.
Kristin Sterner, Jr.
Raegan Tomasek, Sr.
Head Coach:
Sarah Patterson
Assistant Head Coach:
David Patterson
Assistant Coach:
Bryan Raschilla
Volunteer Coach:
Dana Duckworth

2001

REGULAR SEASON RECORD — 15-2-1
CHAMPIONSHIPS —
NCAA 4th | Regional 1st | SEC 2nd

THE TEAM:

Natalie Barrington, Jr.
Helen Burgin, Fr.
Tiffany Byrd, Fr.
Robin Hawkins, Sr.
Erin Holdefer, Fr.
Lauren Holdefer, Fr.
Katie Hornecker, Sr.
Stephanie Kite, Fr.
Alexa Martinez, Jr.
Whitney Morgan, Jr.
Andreé Pickens, Jr.
Jeana Rice, Fr.
Sara Scarborough, So.
Lissy Smith, Sr.
Kristin Sterner, So.
Dara Stewart, Sr.
Raegan Tomasek, Jr.
Head Coach:
Sarah Patterson
Assistant Head Coach:
David Patterson
Assistant Coach:
Bryan Raschilla
Volunteer Coach:
Tom Haley

2000

REGULAR SEASON RECORD — 14-3-0
CHAMPIONSHIPS —
NCAA 5th | Regional 1st | SEC 1st

THE TEAM:

Natalie Barrington, So.
Lexa Evans, Sr.
Krista Gole, So.
Robin Hawkins, Jr.
Katie Hornecker, Jr.
Gina Logan, Sr.
April Makinson, Jr.
Alexa Martinez, So.
Whitney Morgan, So.
Andreé Pickens, So.
Sara Scarborough, Fr.
Lissy Smith, Jr.
Kristin Sterner, Fr.
Dara Stewart, Jr.
Raegan Tomasek, So.
Head Coach:
Sarah Patterson
Assistant Head Coach:
David Patterson
Assistant Coach:
Bryan Raschilla
Volunteer Coach:
Tom Haley

1999

REGULAR SEASON RECORD — 8-3-0
CHAMPIONSHIPS —
NCAA 3rd | Regional 1st | SEC 2nd

THE TEAM:

Natalie Barrington, Fr.
Mandy Chapman, Sr.
Lexa Evans, Jr.
Krista Gole, Fr.
Robin Hawkins, So.
Katie Hornecker, So.
Gina Logan, Jr.
April Makinson, So.
Alexa Martinez, Fr.
Whitney Morgan, Fr.
Andreé Pickens, Fr.
Lissy Smith, So.
Gwen Spidle, Sr.
Dara Stewart, So.
Raegan Tomasek, Fr.
Head Coach:
Sarah Patterson
Assistant Head Coach:
David Patterson
Assistant Coach:
Bryan Raschilla
Volunteer Coach:
Dana Dobransky

1998

REGULAR SEASON RECORD — 10-3-0
CHAMPIONSHIPS —
NCAA 3rd | Regional 1st | SEC 4th

THE TEAM:

Merritt Booth, Sr.
Mandy Chapman, Jr.
Lexa Evans, So.
Becca Fields, So.
Robin Hawkins, Fr.
Katie Hornecker, Fr.
Gina Logan, So.
April Makinson, Fr.
Danielle McAdams, Sr.
Shay Murphy, Sr.
Lissy Smith, Fr.
Gwen Spidle, Jr.
Dara Stewart, Fr.
Head Coach:
Sarah Patterson
Assistant Head Coach:
David Patterson
Assistant Coach:
Bryan Raschilla
Volunteer Coach:
Dana Dobransky

1997

REGULAR SEASON RECORD — 13-2-0
CHAMPIONSHIPS —
NCAA 9th | Regional 2nd | SEC 4th

THE TEAM:

Kim Bonaventura, Sr.
Merritt Booth, Jr.
Mandy Chapman, So.
Lexa Evans, Fr.
Becca Fields, Fr.
Lisa Gianni, So.
Lauren Graffeo, Fr.
Heidi Harriman, Fr.
Gina Logan, Fr.
Danielle McAdams, Jr.
Shay Murphy, Jr.
Heather Nasser, Jr.
Rachel Rochelli, Fr.
Gwen Spidle, So.
Meredith Willard, Sr.
Stephanie Woods, Sr.
Head Coach:
Sarah Patterson
Assistant Head Coach:
David Patterson
Assistant Coach:
Bryan Raschilla

1996

REGULAR SEASON RECORD — 12-1-0
CHAMPIONSHIPS —
NCAA 1st | Regional 1st | SEC 2nd

THE TEAM:

Kim Bonaventura, Jr.
Merritt Booth, So.
Mandy Chapman, Fr.
Lisa Gianni, Fr.
Kim Kelly, Sr.
Danielle McAdams, So.
Shay Murphy, So.
Heather Nasser, So.
Marna Neubauer, Sr.
Gwen Spidle, Fr.
Meredith Willard, Jr.
Stephanie Woods, Jr.
Head Coach:
Sarah Patterson
Assistant Coach:
David Patterson
Assistant Coach:
Scott Mackall

1995

REGULAR SEASON RECORD — 15-1-0
CHAMPIONSHIPS —
NCAA 2nd | Regional 1st | SEC 1st

THE TEAM:

Kim Bonaventura, So.
Merritt Booth, Fr.
Chasity Junkin, Sr.
Kim Kelly, Jr.
Danielle McAdams, Fr.
Shay Murphy, Fr.
Heather Nasser, Fr.
Marna Neubauer, Jr.
Meredith Willard, So.
Stephanie Woods, So.
Head Coach:
Sarah Patterson
Assistant Coach:
David Patterson
Assistant Coach:
Scott Mackall

1994

REGULAR SEASON RECORD — 7-3-1
CHAMPIONSHIPS —
NCAA 2nd | Regional 1st | SEC 2nd

THE TEAM:

Kim Bonaventura, Fr.
Keri Duley, Sr.
Sheryl Dundas, Sr.
Kim Gigante, Fr.
Chasity Junkin, Jr.
Kim Kelly, So.
Marna Neubauer, So.
Kara Stilp, Sr.
Gretchen Stockley, Jr.
Marti Watson, Sr.
Meredith Willard, Fr.
Stephanie Woods, Fr.
Head Coach:
Sarah Patterson
Assistant Coach:
David Patterson
Assistant Coach:
Scott Mackall

1993

REGULAR SEASON RECORD — 9-2-0
CHAMPIONSHIPS —
NCAA 2nd | Regional 1st | SEC 2nd

THE TEAM:

Dana Dobransky, Sr.
Keri Duley, Jr.
Sheryl Dundas, Jr.
Dee Foster, Sr.
Chasity Junkin, So.
Kim Kelly, Fr.
Marna Neubauer, Fr.
Jenny McKernan, Fr.
Kara Stilp, Jr.
Gretchen Stockley, So.
Marti Watson, Jr.
Head Coach:
Sarah Patterson
Assistant Coach:
David Patterson
Assistant Coach:
Scott Mackall

1992

REGULAR SEASON RECORD — 8-4-0
CHAMPIONSHIPS —
NCAA 3rd | Regional 1st | SEC 2nd

THE TEAM:

Gina Basile, Sr.
Dana Dobransky, Jr.
Keri Duley, So.
Sheryl Dundas, So.
Dee Foster, Jr.
Chasity Junkin, Fr.
Katherine Kelleher, Sr.
Shea McFall, Sr.
Kara Stilp, So.
Gretchen Stockley, Fr.
Holly Voorheis, Fr.
Marti Watson, So.
Head Coach:
Sarah Patterson
Assistant Coach:
David Patterson

CHAMPIONS

1991

REGULAR SEASON RECORD — 16-0-0
CHAMPIONSHIPS —
NCAA 1st | Regional 1st | SEC 2nd

THE TEAM:

Gina Basile, Jr.
Dana Dobransky So.
Keri Duley, Fr.
Sheryl Dundas, Fr.
Dee Foster, So.
Katherine Kelleher, Jr.
Shea McFall, Jr.
Kim Masters, Sr.
Tina Rinker, Sr.
Kara Stilp, Fr.
Marti Watson, Fr.
Head Coach:
Sarah Patterson
Assistant Coach:
David Patterson

1990

REGULAR SEASON RECORD — 14-1-0
CHAMPIONSHIPS —
NCAA 2nd | Regional 1st | SEC 1st

THE TEAM:

Gina Basile, So.
Ali Blumberg, Sr.
Dana Dobransky, Fr.
Dee Foster, Fr.
Katherine Kelleher, So.
Shea McFall, So.
Kim Masters, Jr.
Tina Rinker, Jr.
Marie Robbins, Sr.
Tracey Tillman, Sr.
Cheri Way, Sr.
Head Coach:
Sarah Patterson
Assistant Coach:
David Patterson

1989

REGULAR SEASON RECORD — 13-3-0
CHAMPIONSHIPS —
NCAA 3rd | Regional 1st | SEC 2nd

THE TEAM:

Wendy Anderson, So.
Gina Basile, Fr.
Ali Blumberg, Jr.
Kelly Good, Sr.
Katherine Kelleher, Fr.
Kim Masters, So.
Michelle Maxwell, Fr.
Shea McFall, Fr.
Tina Rinker, So.
Marie Robbins, Jr.
Tracey Tillman, Jr.
Cheri Way, Jr.
Head Coach:
Sarah Patterson
Assistant Coach:
Marc Cohen
Assistant Coach:
David Patterson

1988

REGULAR SEASON RECORD — 14-3-0
CHAMPIONSHIPS —
NCAA 1st | Regional 1st | SEC 1st

THE TEAM:

Wendy Anderson, Fr.
Alli Beldon, Sr.
Kathy Bilodeau, Sr.
Ali Blumberg, So.
Kelly Good, Jr.
Kim Masters, Fr.
Susie Pierce, Fr.
Tina Rinker, Fr.
Marie Robbins, So.
Tracey Tillman, So.
Cheri Way, So.
Head Coach:
Sarah Patterson
Assistant Coach:
David Patterson
Assistant Coach:
Marc Cohen

1987

REGULAR SEASON RECORD — 12-5-0
CHAMPIONSHIPS —
NCAA 4th | Regional 1st | SEC 3rd

THE TEAM:

Wendy Anderson, Fr.
Alli Beldon, Sr.
Kathy Bilodeau, Sr.
Ali Blumberg, So.
Kelly Good, Jr.
Kim Masters, Fr.
Susie Pierce, Fr.
Tina Rinker, Fr.
Marie Robbins, So.
Tracey Tillman, So.
Cheri Way, So.
Head Coach:
Sarah Patterson
Assistant Coach:
David Patterson
Assistant Coach:
Marc Cohen

1986

REGULAR SEASON RECORD — 18-2-0
CHAMPIONSHIPS —
NCAA 3rd | Regional 2nd | SEC 3rd

THE TEAM:

Alli Beldon, So.
Kathy Bilodeau, So.
Julie Estin, Jr.
Lisa Farley, So.
Kelly Good, Fr.
Penney Hauschild, Sr.
Jamie Jenkins, Fr.
Stephanie Kehr, So.
Patty O'Donohue, Fr.
Cindy Wilson, Jr.
Ann Winston, Fr.
Head Coach:
Sarah Patterson
Assistant Coach:
David Patterson
Assistant Coach:
Marc Cohen

1985

REGULAR SEASON RECORD — 16-4-0
CHAMPIONSHIPS —
NCAA 4th | Regional 1st | SEC 2nd

THE TEAM:

Alli Beldon, Fr.
Kathy Bilodeau, Fr.
Julie Estin, So.
Lisa Farley, Fr.
Penney Hauschild, Jr.
Stephanie Kehr, Fr.
Barbara Mack, Sr.
Patti Rice, Sr.
Cindy Wilson, So.
Head Coach:
Sarah Patterson
Assistant Coach:
David Patterson
Assistant Coach:
Marc Cohen

1984

REGULAR SEASON RECORD — 15-5-0
CHAMPIONSHIPS —
NCAA 6th | Regional 1st | SEC 3rd

THE TEAM:

Julie Estin, Fr.
Beverly Fry, So.
Penney Hauschild, So.
Stacey Helm, So.
Nora Kirk, Jr.
Barbara Mack, Jr.
Patti Rice, Jr.
Wendy Wilfong, Fr.
Cindy Wilson, Fr.
Head Coach:
Sarah Patterson
Assistant Coach:
David Patterson

1983

REGULAR SEASON RECORD — 15-1-0
CHAMPIONSHIPS —
NCAA 4th | Regional 1st | SEC 2nd

THE TEAM:

Denise Balk, Sr.
Beverly Fry, Fr.
Julie Garrett, Sr.
LuAnn Guzzetti, Sr.
Penney Hauschild, Fr.
Stacey Helm, Fr.
Nora Kirk, So.
Patricia Kleckner, Sr.
Barbara Mack, So.
Patti Rice, So.
Ann Wilhide, Sr.
Wendy Wilfong, Fr.
Head Coach:
Sarah Patterson
Assistant Coach:
David Patterson

1982

REGULAR SEASON RECORD — 17-2-0
CHAMPIONSHIPS —
AIAW: 4th | Regional 2nd | SEC 2nd

THE TEAM:

Angie Alexander, So.
Denise Balk, Jr.
Kim Drane, Fr.
Julie Garrett, Jr.
LuAnn Guzzetti, Jr.
Nora Kirk, Fr.
Patti Kleckner, Jr.
Barbara Mack, Fr.
Ann Wilhide, Jr.
Head Coach:
Sarah Campbell
Assistant Coach:
David Patterson

1981

REGULAR SEASON RECORD — 14-1-0
CHAMPIONSHIPS —
SEC 4th

THE TEAM:

Angie Alexander, Fr.
Cindy DeLucas, Fr.
Alison Green, So.
LuAnn Guzzetti, So.
Patti Kleckner, So.
Stacy Murin, So.
Lisa Palk, So.
Ann Wilhide, So.
Head Coach:
Sarah Campbell
Assistant Coach:
David Patterson

1980

REGULAR SEASON RECORD — 16-4-0

THE TEAM:

Susan Blake, Fr.
Beth Cook, Jr.
Alison Green, Fr.
LuAnn Guzzetti, Fr.
Patti Kleckner, Fr.
Stacy Murin, Fr.
Judie Norton, Sr.
Lisa Palk, Fr.
Ann Wilhide, Fr.
Head Coach:
Sarah Campbell
Assistant Coach:
David Patterson

1979

REGULAR SEASON RECORD — 7-7-0

THE TEAM:

Debra Bodley, Jr.
Leslie Chrisman, Fr.
Judie Norton, Jr.
Snow White, Sr.
Kathy Willis, So.
Stacey Willis, Fr.
Ann Wood, So.
Head Coach:
Sarah Campbell
Assistant Coach:
David Patterson

1978

REGULAR SEASON RECORD — 6-7-0

THE TEAM:

Holley Brauer, So.
Cindy Dorman, Jr.
Beth Mandy, Jr.
Judie Norton, So.
Patty Sprado, Jr.
Snow White, Jr.
Kathy Willis, Fr.
Ann Wood, Fr.
Head Coach:
Tom Steele

1977

REGULAR SEASON RECORD — 1-7-0

THE TEAM:

Cindy Beckler, So.
Melissa Hunt, Fr.
Beth Mandy, So.
Judie Norton, Fr.
Patty Sprado, So.
Carla Spruill, So.
Janice Stramiello, So.
Snow White, So.
Head Coach:
Phyllis Draper

1976

REGULAR SEASON RECORD — 3-7-0

THE TEAM:

Cindy Beckler, Fr.
Sherry Johnson, Fr.
Beth Mandy, So.
Becky Payne, Fr.
Patty Sprado, Fr.
Beth Troxell, Fr.
Harriet Troxell, Fr.
Snow White, Fr.
Head Coach:
Sheila Hill

1975

REGULAR SEASON RECORD — 4-4-0

THE TEAM:

Deane Chapman, Fr.
Carmen Charnock, Fr.
Lucy Harris, Sr.
Joy Kelly, Sr.
Pam McAneny, Jr.
Debbie Moore, So.
Francie Scarborough, So.
Susan Smith, So.
Janice Stramiello, So.
Head Coach:
Riki Sutton

ALABAMA AT THE NCAA CHAMPIONSHIPS

On the national level, Alabama has enjoyed staggering success for 31 years ever since vaulting into the NCAA standings in 1983 with a fourth-place finish. The Crimson Tide won its sixth national championship, and second in a row, in 2012, marking the first time in Alabama's storied history that the team has won back-to-back titles.

The 2013 season marked Alabama's 31st consecutive NCAA Championship appearance, a stretch that includes 26 top-4 finishes, and 13 top-2 finishes.

Alabama gymnasts have also excelled individually, winning 24 individual NCAA championships, including Diandra Milliner's vault title in 2013. Milliner's championship gives Alabama 12 NCAA individual titles since 2002.

Geralen Stack-Eaton won NCAA Championships on the balance beam and floor exercise in 2011 and 2012, respectively. In 2007, Morgan Dennis won the NCAA floor exercise title as a freshman while Terin Humphrey won her second national uneven bars title that same season, adding it to her 2005 championship.

Ashley Miles won four NCAA championships during her career, including three vault titles, 2003, 2004, 2006 and the 2004 floor exercise crown. In 2006, she became the first collegiate gymnast in 20 years to win the same event three times.

Jeana Rice brought home Alabama's fifth NCAA all-around title in 2004, joining Penney Hauschild, Alabama's first NCAA champion, who won all-around titles in 1985 and 1986, as well as Dee Foster and Meredith Willard who managed the feat in 1990 and 1996, respectively. Foster became the first collegiate gymnast to finish top-3 in the all-around all four years of her career. She was first in 1990, second in 1991 and 1993, and third in 1992.

In addition to her all-around titles, Hauschild won the uneven bars championship in 1985 and took home top marks in the floor exercise in 1986. Gina Basile was awarded the balance beam title in 1991, while Dana Dobransky was the first Tide gymnast to repeat on an individual event when she won back-to-back balance beam titles in 1992 and 1993.

Kim Kelly finished off her stellar career with a winning 10.0 floor exercise performance at the 1996 NCAA Individual Event Finals. That same year, Stephanie Woods won the uneven bars title as a junior. In 1999, Andreé Pickens won the NCAA balance beam as a rookie. She added a Cinderella finish to her standout career with the 2002 NCAA Uneven Bars Championship.

When it comes to All-America honors, Alabama has been extremely prolific as 64 Tide gymnasts have earned All-America honors a total of 289 times. In 1993, Foster set an NCAA record when she ended her career with 17 first team All-America honors, a mark that still stands. In 2004, Rice set the national mark for All-America honors in a career, finishing with 18 combined first- and second-team honors.

2012

2011

2002

1996

1991

1988

ALABAMA'S NCAA TEAM CHAMPIONSHIPS:
2012, 2011, 2002, 1996, 1991, 1988

ALABAMA'S INDIVIDUAL NCAA CHAMPIONS:
Diandra Milliner – 1, Geralen Stack-Eaton – 2, Morgan Dennis – 1, Terin Humphrey – 2, Ashley Miles – 4, Jeana Rice – 1, Andreé Pickens – 2, Meredith Willard – 1, Kim Kelly – 1, Stephanie Woods – 1, Dana Dobransky – 2, Gina Basile – 1, Dee Foster – 1, Penney Hauschild – 4

ALABAMA AT THE NCAA CHAMPIONSHIPS YEAR-BY-YEAR:

2013	3rd	2005	2nd	1997	9th	1989	3rd
2012	**1st**	2004	t-3rd	**1996**	**1st**	**1988**	**1st**
2011	**1st**	2003	2nd	1995	t-2nd	1987	4th
2010	3rd	**2002**	**1st**	1994	2nd	1986	3rd
2009	2nd	2001	4th	1993	2nd	1985	4th
2008	6th	2000	5th	1992	3rd	1984	6th
2007	9th	1999	3rd	**1991**	**1st**	1983	4th
2006	3rd	1998	3rd	1990	2nd		

THE NCAA CHAMPIONSHIPS

2013 | LOS ANGELES, CALIF.

1.	Florida	197.575
2.	Oklahoma	197.375
3.	**ALABAMA**	**197.350**
4.	UCLA	197.100
5.	LSU	197.050
6.	Georgia	196.675

Alabama NCAA Champion-
Diandra Milliner V

2012 | DULUTH, GA.

1.	**ALABAMA**	**197.850**
2.	Florida	197.775
3.	UCLA	197.750
4.	Stanford	197.500
5.	Utah	197.375
6.	Arkansas	196.300

Alabama NCAA Champion-
Geralen Stack-Eaton BB

2011 | CLEVELAND, OHIO

1.	**ALABAMA**	**197.650**
2.	UCLA	197.375
3.	Oklahoma	197.250
4.	Nebraska	196.725
5.	Utah	196.500
6.	Michigan	196.425

Alabama NCAA Champion-
Geralen Stack-Eaton FX

2010 | GAINESVILLE, FLA.

1.	UCLA	197.725
2.	Oklahoma	197.250
3.	**ALABAMA**	**197.225**
4.	Stanford	197.100
5.	Florida	197.000
6.	Utah	196.225

2009 | LINCOLN, NEB.

1.	Georgia	197.825
2.	**ALABAMA**	**197.575**
3.	Utah	197.425
4.	Florida	196.725
5.	Arkansas	196.475
6.	LSU	196.375

2008 | ATHENS, GA.

1.	Georgia	197.450
2.	Utah	197.125
3.	Stanford	196.750
4.	Florida	196.700
5.	LSU	196.350
6.	**ALABAMA**	**196.125**

2007 | SALT LAKE CITY, UTAH

1.	Georgia	197.850
2.	Utah	197.250
3.	Florida	197.225
4.	UCLA	196.925
5.	Stanford	196.825
6.	Nebraska	195.975
7.	LSU	196.275
8.	Oklahoma	196.250
9.	**ALABAMA**	**196.125**
10.	Denver	195.575
11.	Oregon State	195.100
	Michigan	195.100

Alabama NCAA Champion-
Terin Humphrey UB
Morgan Dennis FX

2006 | CORVALLIS, ORE.

1.	Georgia	197.750
2.	Utah	196.800
3 .	**ALABAMA**	**196.725**
4 .	Florida	196.275
5 .	Nebraska	196.175
6.	Iowa State	194.725

Alabama NCAA Champion-
Ashley Miles V

2005 | AUBURN, ALA.

1.	Georgia	197.825
2.	**ALABAMA**	**197.400**
3.	UCLA	197.275
4.	Utah	197.150
5.	Michigan	196.575
6.	Nebraska	196.425

Alabama NCAA Champion-
Terin Humphrey UB

2004 | LOS ANGELES, CALIF.

1.	UCLA	198.125
2.	Georgia	197.200
3.	**ALABAMA**	**197.125**
	Stanford	197.125
5.	Florida	196.800
6.	Utah	195.775

Alabama NCAA Champions-
Ashley Miles V, FX
Jeana Rice AA

2003 | LINCOLN, NEB.

1.	UCLA	197.825
2.	**ALABAMA**	**197.275**
3.	Georgia	197.150
4.	Nebraska	197.125
5.	Michigan	196.050
6.	Utah	195.300

Alabama NCAA Champion-
Ashley Miles V

2002 | TUSCALOOSA, ALA.

1.	**ALABAMA**	**197.575**
2.	Georgia	197.250
3.	UCLA	197.150
4.	Utah	196.950
5.	Nebraska	196.425
6.	Stanford	196.025

Alabama NCAA Champion-
Andreé Pickens UB

2001 | ATHENS, GA.

1.	UCLA	197.575
2.	Georgia	197.400
3.	Michigan	197.275
4.	**ALABAMA**	**196.550**
5.	Utah	196.025
	Nebraska	196.025

2000 | BOISE, IDAHO

1.	UCLA	197.300
2.	Utah	196.875
3.	Georgia	196.800
4.	Nebraska	196.725
5.	**ALABAMA**	**196.500**
6.	Michigan	195.725

1999 | SALT LAKE CITY, UTAH

1.	Georgia	196.850
2.	Michigan	196.550
3.	**ALABAMA**	**195.950**
4.	Arizona State	195.900
5.	UCLA	195.850
6.	Nebraska	194.800

Alabama NCAA Champion-
Andreé Pickens BB

1998 | LOS ANGELES, CALIF.

1.	Georgia	197.725
2.	Florida	196.350
3.	**ALABAMA**	**196.300**
4.	Utah	196.025
5.	UCLA	195.750
6.	Arizona State	195.450

1997 | GAINESVILLE, FLA.

1.	UCLA	197.150
2.	Arizona State	196.850
3.	Georgia	196.600
4.	Michigan	196.500
5.	Florida	196.425
6.	Nebraska	195.250
7.	Utah	196.025
8.	Washington	195.975
9.	**ALABAMA**	**195.600**
10.	Minnesota	194.775
11.	Penn State	194.300
12.	LSU	193.825

1996 | TUSCALOOSA, ALA.

1.	**ALABAMA**	**198.025**
2.	UCLA	197.475
3.	Utah	196.775
	Georgia	196.775
5.	Oregon State	196.525
6.	Michigan	196.375

Alabama NCAA Champions-
Meredith Willard AA
Kim Kelly FX
Stephanie Woods UB

1995 | ATHENS, GA.

1.	Utah	196.650
2.	**ALABAMA**	**196.425**
	Michigan	196.425
4.	UCLA	196.150
5.	Georgia	196.075
6.	Oregon State	194.850

1994 | SALT LAKE CITY, UTAH

1.	Utah	196.400
2.	**ALABAMA**	**196.350**
3.	Georgia	195.850
4.	Michigan	195.150
5.	UCLA	194.975
6.	Florida	194.850

1993 | CORVALLIS, ORE.

1.	Georgia	198.000
2.	**ALABAMA**	**196.825**
3.	Utah	195.825
4.	UCLA	194.925
5.	Auburn	194.725
6.	Arizona	194.075

Alabama NCAA Champion-
Dana Dobransky BB

1992 | SAINT PAUL, MINN.

1.	Utah	195.650
2.	Georgia	194.600
3.	**ALABAMA**	**193.350**
4.	Penn State	192.700
5.	Arizona	191.950
6.	Oregon State	191.300

Alabama NCAA Champion-
Dana Dobransky BB

1991 | TUSCALOOSA, ALA.

1.	**ALABAMA**	**195.125**
2.	Utah	194.375
3.	Georgia	193.375
4.	Oregon State	192.350
5.	Penn State	190.950
6.	Florida	189.700
7.	LSU	188.600
8.	BYU	187.700
9.	Arizona State	187.650
	Auburn	187.650
11.	Arizona	187.450
12.	Utah State	185.950

1990 | CORVALLIS, ORE.

1.	Utah	194.900
2.	**ALABAMA**	**194.575**
3.	Georgia	193.225
4.	UCLA	193.100
5.	Nebraska	192.225
6.	LSU	192.100
7.	Oregon State	189.950
8.	CS Fullerton	189.700
9.	Towson State	187.975
10.	Arizona	187.175
	Florida	187.175
12.	Ohio State	183.650

Alabama NCAA Champion-
Dee Foster AA

1989 | ATHENS, GA.

1.	Georgia	192.650
2.	UCLA	192.600
3.	**ALABAMA**	**192.100**
4.	Nebraska	190.800
5.	Utah	190.200
6.	CS Fullerton	189.450
7.	Arizona State	187.900
	Oregon State	187.900
9.	Oklahoma	187.050
10.	Florida	187.000
11.	Arizona	186.500
12.	Ohio State	186.400

1988 | SALT LAKE CITY, UTAH

1.	**ALABAMA**	**190.050**
2.	Utah	189.500
3.	UCLA	188.800
4.	LSU	187.900
5.	Georgia	186.800
6.	Florida	186.650
7.	Oregon State	186.500
8.	Arizona State	185.100
9.	Arizona	184.000
10.	Nebraska	183.550
11.	Penn State	179.700
12.	Michigan State	178.800

1987 | SALT LAKE CITY, UTAH

1.	Georgia	187.900
2.	Utah	187.550
3.	UCLA	187.000
4.	**ALABAMA**	**186.600**
5.	Arizona State	184.000
6.	Florida	183.800
7.	LSU	181.500
8.	Ohio State	180.200
9.	Washington	179.850
10.	Nebraska	179.500
11.	Arizona	179.450
12.	Oregon State	174.500

1986 | GAINESVILLE, FLA.

1.	Utah	186.950
2.	Arizona State	186.700
3.	**ALABAMA**	**186.350**
4.	Georgia	185.450
5.	CS Fullerton	185.000
6.	Penn State	182.700
7.	UCLA	181.700
8.	Florida	181.300
9.	LSU	180.550
10.	Ohio State	177.800

Alabama NCAA Champion-
Penney Hauschild FX, AA

1985 | SALT LAKE CITY, UTAH

1.	Utah	188.350
2.	Arizona State	186.600
3.	Florida	184.300
4.	**ALABAMA**	**184.050**
5.	CS Fullerton	183.500
6.	Oregon	183.150
7.	Georgia	180.900
8.	Ohio State	179.750
9.	Penn State	179.000
10.	Oklahoma	177.400

Alabama NCAA Champion-
Penney Hauschild UB, AA

1984 | LOS ANGELES, CALIF.

1.	Utah	186.050
2.	UCLA	185.550
3.	CS Fullerton	183.900
4.	Arizona State	183.650
5.	Florida	182.200
6.	**ALABAMA**	**180.800**
7.	Penn State	179.450
8.	Washington	178.550
9.	Georgia	177.600
10.	Arizona	176.900

1983 | SALT LAKE CITY, UTAH

1.	Utah	184.650
2.	Arizona State	183.300
3.	CS Fullerton	179.250
4.	**ALABAMA**	**179.050**
5.	Florida	177.850
6.	LSU	177.800
	UCLA	177.800
8.	Ohio State	176.650
9.	Oregon State	173.550
10.	Nebraska	165.550

1982 | SALT LAKE CITY, UTAH

1.	Utah	148.600
2.	CS Fullerton	144.150
3.	Penn State	143.100
4.	Oregon State	143.000
5.	Arizona State	142.950
6.	UCLA	142.400
7.	Florida	140.900
8.	Nebraska	138.100
9.	Oklahoma State	137.200
10.	Michigan	136.900

ALABAMA'S NATIONAL HONORS

Allyson Edwards, Division Manager for Honda Manufacturing of Alabama, 2011 Honda Award winner Kayla Hoffman and Sarah Patterson.

HONDA AWARD

Awarded to the nation's top collegiate gymnast.

2011 Kayla Hoffman
2006 Ashley Miles
2004 Jeana Rice
2002 Andreé Pickens
1993 Dee Foster
1986 Penney Hauschild
1985 Penney Hauschild

NCAA TODAY'S TOP VIII

The NCAA's most prestigious award, which encompasses athletics, academics and character, is presented annually to the nation's top eight senior athletes regardless of gender, sport or division.

2011 Kayla Hoffman
2003 Kristin Sterner
2002 Andreé Pickens
1997 Meredith Willard

NCAA ELITE 89

Started in 2010, the award is given to the student-athlete with the top grade point average at the NCAA Championships.

2013 Kim Jacob
2012 Rachel Terry
2011 Rachel Terry
2010 Kassi Price

NCAA POSTGRADUATE SCHOLARSHIPS

2013 Ashley Sledge*
Ashley Priess
2011 Kayla Hoffman
2010 Kassi Price
2004 Stephanie Kite
2003 Kristin Sterner
1998 Merritt Booth
1997 Meredith Willard
1993 Dana Dobransky
1992 Katherine Kelleher
1989 Kelly Good
1987 Julie Estin
1985 Barbara Mack
1983 Julie Garrett

** Ashley Sledge also earned an NCAA Ethnic Minority and Women's Enhancement Scholarship, which gives Alabama 15 NCAA Postgraduate Scholarships since 1983.*

NATIONAL COACH OF THE YEAR

2002 Sarah Patterson
1991 Sarah Patterson
1988 Sarah Patterson
1986 Sarah Patterson

NCAA WOMAN OF THE YEAR

First awarded in 1991, the Woman of the Year program honors academic and athletics excellence, as well as community service and leadership, on a national level. From 1991 to 2006, there were three levels: state winner, finalist and Woman of the Year. There are now four levels, conference winner, Top-30, Top-9 and Woman of the Year. The middle two tiers are now divided among the three NCAA Divisions, which means that for Division I, there are 10 finalists among the Top-30 and three among the Top-9.

2013 Ashley Priess.....Top-30 Finalist
2005 Michelle Reeser.....Top-10 Finalist
2004 Stephanie Kite.....State Winner
2003 Kristin Sterner.....Top-10 Finalist
2002 Andreé Pickens.....State Winner
2000 Lexa Evans.....State Winner
1998 Merritt Booth.....Top-10 Finalist
1997 Meredith Willard.....Top-10 Finalist
1993 Dana Dobransky.....State Winner
1992 Katherine Kelleher.....State Winner

NCAA TODAY'S TOP VIII AWARD

Among the highest honors that the NCAA can bestow, Alabama gymnasts have earned a place among the NCAA Today's Top VIII honorees four times. The Crimson Tide's honorees, from the left: **Kayla Hoffman** with former Alabama Director of Athletics **Mal Moore** in 2011; **Kristin Sterner** with ESPN personality and Alabama graduate **Rece Davis** in 2003; **Andreé Pickens** with former UA gymnast and current Associate Athletics Director **Marie Robbins** in 2002; and **Meredith Willard**, who took home Alabama gymnastics' first honor in 1997, with former UA president **Dr. Andrew Sorensen**.

HONDA AWARD

Kayla Hoffman, pictured on the opposite page with her Honda Award, is the sixth Alabama gymnast to take home the award given annually to the national gymnast of the year. Hoffman joined (from the left) **Ashley Miles** (2006), **Jeana Rice** (2004), **Andreé Pickens** (2002), **Dee Foster** (1993) and **Penney Hauschild**, who won it twice, in 1985 and 1986, giving Alabama seven Honda Awards overall.

NATIONAL COACH OF THE YEAR

Sarah Patterson has been named the National Coach of the Year four times in three different decades, including 1986, 1988, 1991 and 2002.

NCAA ELITE 89 AWARD WINNERS

The newest national honor given by the NCAA, the Elite 89 Award, began in 2010 and is presented to the student-athlete with the highest cumulative grade point average at each of the NCAA's 89 national championships. The award has been bestowed on a UA gymnast each of its first four years, including **Kim Jacob** who was presented with the award by NCAA Championship Committee Chair **Kim Green (left)**. In 2012, **Rachel Terry** became the first gymnast to win the award more than once. **Terry** was presented with the 2012 Elite 89 Award by **Green** (second from the left). Former NCAA Championship Committee Chair **Paul Plinske** presented Terry (third from the left) with the 2011 award. He also presented the award to **Kassi Price** in 2010 (right).

THE 2012 NCAA CHAMPIONS

For the Alabama gymnastics team, the final rotation of the 2012 NCAA Championships was like déjà vu of the best kind. In fact, the Crimson Tide's entire national championship experience in 2012 was reminiscent of 2011 in Cleveland, when Alabama won its fifth national title, though there were certainly twists along the way.

In 2011, Alabama headed into the championship's final rotation only .025 ahead of UCLA. In 2012, Alabama trailed No. 1 seed Florida by the same margin. In 2011, Alabama headed to the floor exercise while defending NCAA champion UCLA took to the balance beam, and Oklahoma sat on a bye with a score good enough to win, if the Crimson Tide and Bruins faltered. In 2012, the Gators went to the floor while defending champion Alabama headed to the beam and UCLA sat on a bye with a score that would have won the previous two championships.

If all that wasn't enough, Alabama and Florida were tied at the midpoint of that final rotation, just as the Bruins and Tide had been in 2011.

From there things were a little different. While Alabama took the lead with its fourth routine in 2011 and never looked back, in 2012 the Gators retook the lead with their fourth routine and stayed in front after their fifth. When the final Gator scored a 9.925, it gave Florida a team score of 197.775, just ahead of the Bruins with everyone in the arena waiting on Alabama's final competitor to see if it was enough to put the Tide on top once again.

While that final 2012 rotation seemed very familiar to the rest of the Crimson Tide veterans, it was a vastly different experience for Ashley Priess. In 2011, following surgery on both ankles prior to the regular season, she had been on the sidelines as her teammates powered their way to the title. Now Priess was standing on the podium, waiting to salute the judges and compete for a championship.

After senior Geralen Stack-Eaton's 9.9 in the fifth position, Priess needed a 9.875 to tie the Gators; anything better would win. After watching Kayla Hoffman in the same position the year before, Priess was ready.

"Championships always come down to the last routine and no matter if it was a close meet or not a close meet, I knew I had to do my job and I knew that I was capable of doing it to the best of my ability," Priess said. "The only thing that was going through my mind was to be calm, cool and collected and just do my job."

With every eye inside The Arena at Gwinnett Center on her, the Illinois native did just that. She mounted the beam and proceeded to confidently sweep through a near flawless routine. After nailing her dismount, Priess raced down the podium steps and into the arms of her jubilant teammates.

"All the way through Ashley's routine, we were all grouped together and holding onto each other and talking to her as she was going through her routine," Stack-Eaton said. "We were saying 'Okay, come on, connect!' and 'Chest up!' and 'Stick!' and we just all jumped up in the air when she finished. We didn't know what our fate was, but we just knew that we all did what we possibly could."

When Priess' score came up, the celebration started all over again as a 9.95 flashed, giving the Crimson Tide its second NCAA championship in a row, this time by just .075. All told, the top five teams finished with scores over 197 and the difference between first and third place was the closest in championship history at only a tenth of a point.

"I said going into the championship that it would be the closest and most competitive championship that I had ever coached in," Patterson said. "I felt like because of the quality of teams, it was going to come down to the very end, and it did."

It certainly was a storybook ending to Priess' comeback season, and it was all that Patterson had hoped for.

"Ashley came back this year and used the hurt and frustration from a year ago to fuel herself and this team," Patterson said moments after the championship.

While the Tide's finish is the stuff of legend, its entire championship run was magical and it both started and ended on the balance beam.

Alabama began Friday night's semifinal session on the balance beam, setting the tone for the rest of the weekend with an extraordinary 49.6 performance. Kim Jacob started the Tide off with a 9.9, a scored matched by Kayla Williams and Sarah DeMeo before Stack-Eaton and Priess powered through to the end with matching 9.95s. After its strong start, Alabama went on to total a 197.675, the highest semifinal score of either session, edging out the Gators by .025.

In the Super Six, Alabama picked up where it left off the night before, posting a 49.450 on the floor exercise, anchored by a 9.95 from Stack-Eaton. Things got even better on the vault, where they had five 9.9 or better routines, including a 9.95 from Diandra Milliner and a 9.975 from Stack-Eaton, resulting in a 49.625. A 49.275 on the uneven bars by the Tide and a 49.475 on the balance beam by the Gators, allowed Florida to pull ahead going into the sixth and final rotation setting up an edge-of-the-seat championship finale for the second year in a row.

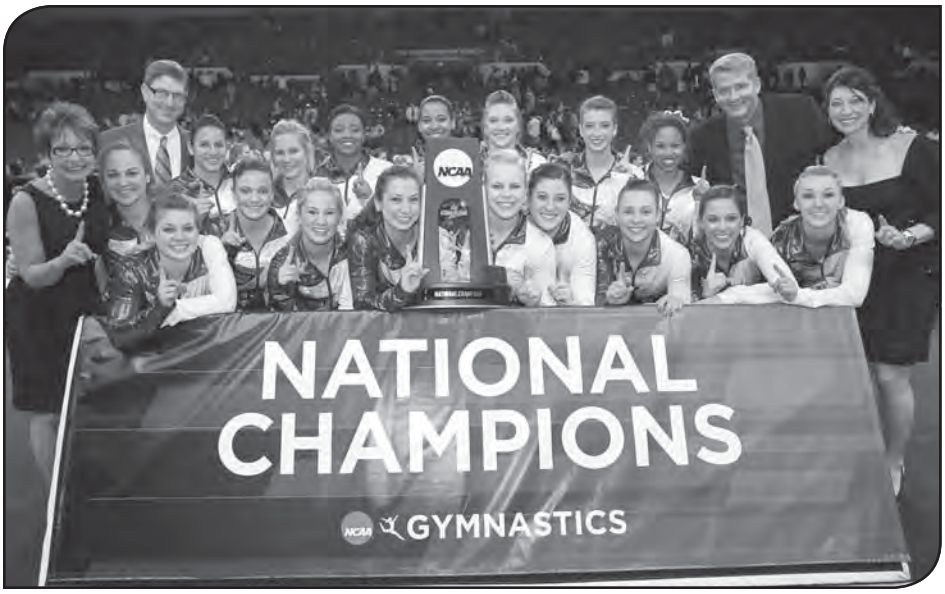
When all the scores were tallied, Alabama turned in the highest scores of the Super Six on the floor exercise, vault and balance beam. The Tide's 49.6 beam performance during the semifinals matched the highest beam score in history of the national championships.

Individually, Stack-Eaton scored a career-best 39.700 while Priess posted a 39.575, the second-highest score of her career. During their two days of balance beam dominance, Jacob led off both nights with a 9.9 while Williams, who competed on the beam for the first time in the Tide's regular-season finale, scored matching 9.9s of her own while Priess scored 9.95 both nights.

In the relative quiet of the post-championship press conference, Priess told the gathered media what she felt had made the difference that day for Alabama.

"Before the competition, we all had an assignment from the coaches to write down why we love being an Alabama gymnast and pretty much every single person answered that it was about the tradition, and that it was about how we are all family and that we all have each other's backs through good times and bad," Priess said. "I think that came out tonight, the way that we love each other and truly care about each other and I think it brings out the best in us all."

THE 2011 NCAA CHAMPIONS



It was the perfect moment.

The Alabama Crimson Tide – gymnasts, coaches, managers, trainers and all – standing in front of the first-place banner at the national championships, holding their golden trophy high while a rowdy throng of Tide fans cheered them mightily from the stands of the Wolstein Center in Cleveland, Ohio.

That moment was the pinnacle of a journey that began in August when the freshmen reported to campus, joining nine returnees. From that moment, Sarah Patterson and company went about the task of building its latest team, starting down a road that ultimately culminated in the Tide claiming its fifth national championship.

"To have everything come together like it did – to win SECs, regionals and then the national championship – it was a dream come true," Sarah Patterson said. "I don't think I could have asked for a better year with a more rewarding, talented and unified team, or a more perfect ending to an amazing season."

That's not to say that Alabama was perfect on its way to winning its fifth NCAA championship. There were bumps along the way, but the manner in which the team handled the adversity, coming together as a team – staying positive and looking ahead with confidence – made all the difference.

"The moment that really stands out to me was when Kayla Hoffman fell off beam in the Super Six Team Final and we still had Sarah DeMeo and Geralen Stack-Eaton to compete," Patterson said. "We knew that if we had to count that fall we'd be out of contention. When Kayla came off the beam, she smiled at me, looked at Sarah and with a sense of confidence and purpose, said 'You got this.' "

Hoffman's confidence in her teammates settled DeMeo, a freshman competing at her first national championships, keeping her from getting rattled.

"Kayla relaxed Sarah in a way that no coach could do and I felt 100-percent confident that Sarah and Geralen would make their routines and keep the championship within reach," Patterson said.

As big as DeMeo and Stack-Eaton hitting their routines was, it was Hoffman's reaction to her fall that told Patterson the national championship was within their grasp.

"There was a time when Kayla as a competitor would not have been able to handle her disappointment of falling that way," Patterson said. "I knew we had come great distances and that Kayla's reaction after she made that mistake was a turning point for our team."

For Hoffman, the knowledge that her teammates had her back and would lift her up if she made a mistake grew throughout the season. By the time they reached the championship season, that trust in one another was absolute.

"It's sports. Sports are going to be messy. Sports are never going to be completely perfect," Hoffman said. "It's what you do from that. It's how you recover from a mistake, or a little slip-up, how you recover, how you work together, that is most important."

While Alabama's beam set in the Super Six Team Final is the moment that stands out in Sarah Patterson's mind, it was the next rotation, with Alabama on the floor exercise and defending champion UCLA on the balance beam just a few feet away that is burned in the minds of everyone who saw the epic, down-to-the-wire battle that determined who would be the 2011 national champions.

After being tied with the Bruins at the halfway point of the meet, the Tide went into the final rotation with a slim .025 lead.

"Going into the last event I wanted to help the ladies stay focused on being calm and knowing that if they could do their routines to the best of their ability, we could come out as champions," Patterson said. "I think when you get in the heat of the moment, you don't want anyone to be scared. You want them to be confident and to know that they have this. It was great to be on floor exercise, because it's an event you can go all out on."

The Tide and Bruins opened that deciding rotation with matching scores of 9.85 before UCLA tied the meet with a 9.825 from their second gymnast while Alabama posted a 9.8. The Bruins moved ahead by .025 after their third gymnast scored a 9.875 and the Tide answered with a 9.850. Alabama took the lead back with its next routine before Geralen Stack-Eaton – who would go on to win the NCAA Floor Exercise Championship the next night during individual event finals – extended the Tide's lead with a 9.925, the highest floor score of the day to that point. From there, it was up to Hoffman.

A solid routine and Alabama would complete its championship sweep. Hoffman did more than just hit her routine, she nailed it, posting a 9.95 to push Alabama to a 197.650 and a .275 margin of victory over the Bruins.

"I knew when Kayla landed that last pass that we had won," Patterson said. "There was a sense of sheer excitement and joy in knowing that we'd helped these young women achieve the dream of a lifetime."

So how did a team that lost four All-Americans to graduation and a fifth, Ashley Priess, to ankle surgery in the fall, and had a championship lineup that included 13 routines that weren't in the mix the year before, win all three postseason titles? Perhaps Kayla Hoffman summed it up best in the moments after clinching the championship sweep.

"Sometimes, it's not about talent, it's about heart," she told CBS' Amanda Borden. "Because we're so close – that made the difference."

THE 2002 NCAA CHAMPIONS

On the way to winning its fourth NCAA championship, Alabama was a study in contrast. In the locker room, which the coaches and gymnasts had turned into a beach getaway, complete with sand, umbrellas, floats and beach music, the Tide was laid back and laughing. Out in the arena, moving ever closer to the title, they were cool, calm and collected.

"We have always done our best when we are loose and laughing," Kristin Sterner said. "So the coaches made sure that while we were in the locker room, we didn't get tense or uptight."

On the night of the Super Six, head coach Sarah Patterson even went so far as to pull out the dress she wore to the championships the first time Alabama won at home, in 1991, a red and white striped, strapless sequined number.

"At first they were surprised, and then they started laughing pretty hard," Patterson said. "I think they really enjoyed seeing that, especially since it's pretty far removed from the kinds of things I wear today."

Sarah and David Patterson, coaching at their 20th NCAA Championship, knew that staying loose would give their team an edge in a tight competition. The night of the NCAA Super Six, none of the six teams had a fall. It would be the second-highest scoring night in championship history.

The high-caliber opposition didn't seem to matter though, the higher the other teams turned up the heat, the cooler Alabama gymnasts were.

For two nights in a row, Alabama started the night on the floor exercise, which means that for two nights in a row, Alabama's championship hopes came down to six routines on the balance beam, often the most daunting event of the four, especially when the pressure is on.

On the final night, just to add more drama to the evening, Alabama was on the balance beam during the last rotation while second-place Georgia was on the floor exercise. Not only would Alabama have to hit their routines, but they would also have to hold off Georgia.

Each routine grew in importance as both teams moved through the rotation. Alabama hit routine after routine until Sterner came up in the number five spot. A hit routine from Sterner and the championship belonged to Alabama; a miss would open the door for Georgia.

Sterner put together a rock-solid routine and finished it off by nailing her landing. The title belonged once again to the Tide. But the team didn't know that, not for sure. For Alabama, there was one more routine to go from the Tide's all-everything senior Andreé Pickens.

"I started to cry when Kristin landed her routine," Pickens said. "Jeana Rice came over to me and told me that it was OK, I could do it, I could do it one more time. That whole routine was in slow motion. It wasn't rushed and I wasn't nervous, I was happy and I was confident."

Pickens nailed her routine. And when she threw her arms in the air after her dismount, the Coleman Coliseum crowd knew what had happened. They knew the Alabama team had again, as the Tide fight song says, "Writ her name in crimson flame … " and brought a fourth national title to Tuscaloosa. They roared their approval, stomping, clapping and screaming, much like the pandemonium that had broken out on the floor amongst the Tide athletes, coaches and staff.

It had been a remarkable run. Since counting a fall on the final event of the SEC Championships, Alabama had gone a perfect 72 for 72 during their championship march. Pickens, senior Natalie Barrington, Sterner, sophomore Jeana Rice and freshmen Alexis Brion and Shannon Hrozek earned 14 All-America honors between them, the most of any team at the championship. On Saturday, an exhausted Pickens, who competed 12 routines in three days, had enough energy left to win the NCAA uneven bars title to go with the American Award, which denotes the nation's top senior, that she'd picked up earlier in the day.

There would be more moments of celebration in the days and weeks that followed. Alabama received their championship rings in front of 83,000-plus fans at the halftime of the Alabama-Southern Mississippi football game. They were also honored at the Homecoming parade and the pep rally/bonfire the night before.

But perhaps the best moment came immediately after the team received the trophy from Alabama Director of Athletics Mal Moore, when everyone was laughing and hugging. It was Pickens – who had come back from a torn Achilles that ended her junior season just days before the 2001 NCAA Championship – who put it best.

Standing in the middle of her teammates, tightly clutching the Tide's golden prize to her chest, Pickens said, "This is why I came back. This is why I worked so hard for so many months to get back – to be able to share this moment, this feeling with these girls and this crowd.

"This," she said again, sweeping her eyes over the mob scene in Coleman Coliseum, "is what we wanted."

THE 1996 NCAA CHAMPIONS

For the Alabama gymnastics team, two long years of planning, training and dedication had come down to the next 24 hours. Their motto for the season had been "Enjoy the Journey," and they had, with great success. Now, in April 1996, Alabama was on the verge of competing for the national championship on its home floor. Sarah and David Patterson gathered their team and told them, "We've enjoyed the journey, now it's time to enjoy our destination."

Alabama started its drive for its third NCAA championship on the same two events where it had counted falls on the first night of team competition. On the uneven bars, sophomore Danielle McAdams produced a 9.875, a mark echoed by freshman Gwen Spidle who was followed by junior Meredith Willard's 9.9. In the fourth position senior Kim Kelly suffered a fall, putting the Tide's final two performers in clutch positions. Junior Stephanie Woods responded with a 9.95. Senior Marna Neubauer came up in the final position. Battling a sore shoulder for the latter half of the season, she came up big for the Tide, swinging to a 9.875. Alabama produced a 49.475, the second-best total in school history.

Alabama then moved to the balance beam. Willard took to the beam in her customary first spot and for the first time all season, on any event, she fell. Sarah Patterson gathered the team together and told them, "Meredith has been our rock all season long. Now we'll be there for her."

Sophomore Shay Murphy was next up and responded with a solid 9.8. Senior Kim Bonaventura posted a 9.825 and Kelly scored 9.9. McAdams came up in the fifth position. Midway through her routine, she wobbled on a landing, staying on the beam seemingly through sheer force of will. McAdams steadied herself and finished the routine to thunderous applause and a 9.725 score. Woods finished things off for the Tide with a 9.9. The Tide posted a 49.150.

Despite a strong first half, Alabama still trailed UCLA, a squad making a push for the top, by .075 with two rotations left.

The Tide moved to the floor exercise, and it was there that Alabama and the crowd of 10,000-plus fans caught fire. Neubauer scored a 9.85, followed by Booth's 9.875.

Then Kelly brought out her floor routine, the one she had learned during the season, and introduced only four meets before. To the strains of "Yea Alabama" and "Sweet Home Alabama," the Pennsylvania native captured her audience and the judges, producing a perfect 10.0 performance and raising the decibel level in Coleman Coliseum to near-deafening heights.

Willard carried the banner of enthusiasm throughout her performance, producing a 9.95. McAdams came up in the final spot and capped Alabama's rotation with a career-high 9.95.

When the counting was done, Alabama had produced an NCAA floor exercise record 49.625.

The Bruins were tenacious though, matching the Tide's record floor effort with an NCAA record of their own on the balance beam (49.50). Going into the last rotation, perennial favorites Georgia and Utah were already out of the championship picture – barring a complete meltdown by both the Crimson Tide and the Bruins. It came down to two teams and one last rotation.

Alabama headed to the vault, just .05 ahead of floor exercise bound UCLA.

What happened during the last rotation is the stuff of legend. Alabama ran off a blistering set of vaults in which the Tide scored nothing lower than a 9.9 and posted two perfect, golden 10.0s.

Booth got Alabama off to a 9.925 start. Bonaventura and Neubauer chimed in with back-to-back 9.9 scores. McAdams came up in the fourth spot and put the ultimate exclamation point on what had already been a career night. She flew down the runway, hit the springboard, then the vault, landed on the mat and did not move. Feet planted, arms thrown back and head held high, McAdams scored her first perfect 10.0 and the fans roared, clapped and screamed their approval. Kelly responded with a 10.0 of her own, the sixth perfect vault of her career and one that raised the roof right off the coliseum. Willard finished the Tide's evening with a 9.95.

The Tide's vault total, 49.775, set yet another NCAA record. UCLA mustered a 49.275 on the floor. The title was Alabama's.

Alabama totaled a 198.025, setting an NCAA 'Super Six' record, to win its third NCAA title and second in front of the home crowd. UCLA was second with a 197.475, a score that would have won all but one other NCAA championship. Utah and Georgia tied for third with a 196.775. Oregon State was fifth with a 196.525, while Michigan finished sixth with a 196.375. It marked the first time in NCAA history that all six members of the "Super Six" scored 196 or better.

Willard started the Tide's winning ways on the first night of competition, earning Alabama's fourth NCAA All-Around title.

The Tide rolled to two more titles during Saturday night's individual competition. Woods posted a 9.975 to win the NCAA Uneven Bars title. And Kelly, in the last meet of her storied career, inked the perfect final chapter. She posted yet another perfect 10.0 floor routine to win that title.

THE 1991 NCAA CHAMPIONS

In 1991, Sarah Patterson finally had the championships right where she wanted them – in Coleman Coliseum.

Alabama had already gained national prominence, winning its first title in 1988. In 1990, the team brought home its second Southeastern Conference title and placed second to Utah at the national championships. The 1991 team boasted a contingent that included five All-Americans and the 1990 NCAA all-around champion. If the gymnasts did their jobs, there was no doubt in Patterson's mind they would compete in front of the home crowd that final Friday of competition.

"I remember being told that you build a crowd by winning a national championship, but you could also do it by hosting a championship," Patterson said.

The first step toward building the fan base was accomplished with the 1988 NCAA title, which spurred increased interest in the program.

The Tide was young in 1991, with six underclassmen, including four freshmen. The two seniors, Kim Masters and Tina Rinker, sought to weave the 11 girls together to form a squad reminiscent of the 1988 championship they were members of as freshmen.

"I remember feeling that the team had so much talent that we should be able to win the national championship if we could become unified and get into the flow," Rinker reminisced.

Alabama had the opportunity to shine at home, but the team was not fulfilling expectations in the preseason.

"I can remember in December thinking that we were hosting the championships and that we might not even be there," Patterson said.

Preseason practices were not characteristic of a team that should be in contention for a gold, and Patterson predicted a nightmarish outcome if the team did not shape up.

"One day, Sarah sat us down and we got a good lecture," Kara Stilp recalled. "I will never forget it. She told us that we were going to be really embarrassed when we hosted nationals, and we would not be competing in it. We agreed that we all needed to get in gear."

That speech proved to be a turning point for the gymnasts. Once its first competition rolled around, the Tide was ready to go. If preseason was tough, the competition season was just as demanding.

The Tide defeated Auburn in the 1991 season opener even though they had to count three falls on balance beam, an event on which the program had built its reputation. In its home opener against Penn State, the team tumbled to three more falls from the 4-inch wide apparatus. Fortunately, they still came away with a win.

To Patterson, these mistakes were unacceptable for a championship-caliber team. Beam intra-squads came frequently, and the team's self-assurance rose. The team members began to refer to themselves as the "Beam Team."

"We had so much confidence because Sarah made us do so many intra-squads," Sheryl Dundas said. "We could do routines in our sleep."

The Tide traveled to Lexington, Ky., for the Southeastern Conference Championships. Forced to count two falls on the final event, vault, the SEC title slipped from Alabama's hands by .05. The disappointment and frustration made the Tide even more determined to earn the national crown.

"Good teams aren't going to let defeats defeat them overall," Katherine Kelleher told reporters at the time. "They use it to their advantage. That's what we are going to do."

"I've always said that in this conference, you can be third at the conference championship and win the national championship," Patterson explained. "1991 was definitely indicative of that scenario."

At the regional championships at Auburn, the Tide turned in one of its best performances of the season and entered the NCAAs as the No. 1 seed.

The Tide drew a favorable rotation at the NCAA Championships, starting on the vault, finishing on the floor exercise. After charging through the first two events, the "Beam Team" was put to its final test, hitting all six routines, passing the exam with flying colors. The Tide was the only team without a fall on the balance beam at the NCAA Championships.

Before the team rotated to floor, Patterson offered only one piece of advice to her charges.

"I just told the kids to land on their feet and stay in bounds," Patterson said.

The floor music reverberated through the Coliseum and each tumbling pass was met with louder and louder cheers and at the end of six routines the Crimson Tide emerged victorious.

"Winning one championship was great, but there was nothing like winning at home," Patterson said. "I felt like winning a second champions validated our program at that point. It wasn't just a one-time thing. Yes, we can have this philosophy of having the best students and athletes and well-rounded individuals and still win a championship."

The team also taught Patterson a thing or two about the seven-month journey to the national championship competition, as well as the expectations that come with the quest.

"It doesn't matter where you start in December," Patterson said. "It only matters where you end in April. Sometimes, when it looks like you have your hardest road to go in preseason, you need to stay focused on the outcome and take it one step at a time. More than anything, I learned from this team to not look too far down that road."

THE 1988 NCAA CHAMPIONS

Sarah and David Patterson were celebrating their 10th anniversary of coaching the Crimson Tide in 1988. Their success had been nothing short of amazing, with five consecutive top-6 finishes including a high of third in 1986. Alabama was a strong team, with a solid foundation built on its coaches and the type of athletes they chose to bring into the program.

The questions began brewing in the Pattersons' minds though. Could their philosophy of developing the whole person produce championships? Would they be able to do things the way they wanted and still climb the final rung and produce a championship? The questions were answered emphatically in 1988.

Alabama started the year 10-strong. It was a young squad, with two seniors, one junior, four sophomores and three freshmen. The Pattersons added to the Tide's arsenal in January, when Kim Masters joined the Tide. Masters had planned to delay college for a year to train for the Seoul Olympics. After finishing ninth at the USA Gymnastics Championships the previous summer, her aspirations for the Olympic rings seemed within her grasp. Striving for that goal lost its appeal though and after much thought, Masters opted for college and the Tide. With its roster set, the season began.

Alabama reeled off a trio of wins to get things going. Then something strange happened – Alabama tied LSU. With fractions of points being added up over the course of 24 individual performances, ties are rare in collegiate gymnastics. Then, at the next meet, Alabama did it again; tying Georgia at the UA-hosted Red and White Classic and beating Utah.

In any other season, that would have been what the year would be known by, the year of two ties. This squad, though, was destined for far greater things.

Alabama set the tone for the postseason by winning its first Southeastern Conference Championship with a 190.15. It was only the second time in school history that the Tide had scored in the 190s. The Tide beat second-place Georgia by .95.

The regionals were next for the Tide and a good performance would be necessary to advance to the NCAA Championships. Instead of a good performance, Alabama produced a school and NCAA-best mark of 191.75. The Tide posted the meet's top score on all four events both individually and as a team. Masters won the all-around followed by Marie Robbins in second and Tina Rinker in fourth.

"I didn't think it was going to be possible to exceed what we did at the Southeastern Conference Championship, but they certainly did," Sarah Patterson said. "They came back and did a better job."

Nationals were in Salt Lake City, Utah, home of five-time NCAA champion Utah, the No. 2 seed. Alabama would also face defending NCAA champs Georgia, No. 3 seed LSU and No. 4 seed Florida. Both the competition and the arena were familiar, being the No. 1 seed was not.

"I don't think there's extra pressure on us being the No. 1 seed," Sarah Patterson said prior to NCAAs. "We just achieved so many things – winning the SEC, the record in the regionals and the No. 1 seed – that we're too proud of what we've already accomplished to feel pressure."

If Alabama disagreed with their coach, it did not show. Those watching from the stands and those on press row observed a Crimson Tide team that was calm and loose going into the championships, having fun, being playful and displaying an indomitable team spirit.

Alabama scored an NCAA Championship record on the way to its first national championship, shattering the mark previously held by Utah (188.35) with a 190.05. The Tide's highest all-around finish was ninth-place, highlighting the team effort it took to win the championship.

Consistency, along with confidence and enthusiasm were the keys for the Crimson Tide. The Pattersons' crew hit 23 of 24 routines, including a six-for-six balance beam rotation.

"It was the beam – that's where we won it," Sarah Patterson said. "That was our best beam score of the year."

And if the beam was the event that led Alabama to the title, its seniors were the class pointing the way.

"This national championship is for our two seniors – Alli Beldon and Kathy Bilodeau," Sarah Patterson said after the meet. "They hit all three events tonight. They were models for us all year. We just learned from their consistency, which has been our forte all season."

Four Alabama gymnasts earned seven All-America honors. Sarah Patterson was named NCAA Coach of the Year, but most importantly, Alabama had its first NCAA championship.

"It's so unbelievable," Robbins said. "We had so much fun. That's when we are at our best."

Sophomore Cheri Way noted the seeds were sown long before the trip to Utah.

"I realized we could win the national title after one long and tiresome Tuesday practice when we decided to go out and do it for us," Way said. "When I realized we had won . . . my whole body went numb."

The good times were far from over.

"The best part about winning the championship was coming back home to Alabama," Ali Blumberg said, a sentiment echoed by all her teammates at one point or another during that magical year.

On April 30, 1988, the state of Alabama declared "Alabama Gymnasts Day." There was a parade and a ceremony at the base of Denny Chimes. The next fall, the gymnasts received their championship rings at halftime of the Vanderbilt football game.

ALABAMA'S INDIVIDUAL NCAA CHAMPIONS

The Alabama gymnastics program has always been focused on the team aspect of the sport. It is one of the reasons that the Crimson Tide has enjoyed such tremendous success over the years, including six NCAA Championships, seven Southeastern Conference titles and an NCAA-record 28 regional titles. While team always comes first for Alabama, there have been numerous individual accomplishments over the years including an amazing 24 individual NCAA Championships by 14 different gymnasts. Alabama has also won at least three individual NCAA titles in each of the last four decades, with four in the 1980s, eight in the 1990s, nine in the 2000s and three through the first three years of the 2010s.

Penney Hauschild won Alabama's first individual NCAA titles when she brought home the all-around and uneven bars title in 1985. She upped her career total to four when she repeated as all-around champion and added a floor exercise title as a senior in 1986. She was followed by Dee Foster, who won the Tide's third all-around title as a freshman in 1990. Foster's title was the first of four in a row to start the 1990s, followed by Gina Basile's 1991 balance beam championship and back-to-back balance beam titles from current assistant coach Dana Duckworth, then Dana Dobransky, in 1992 and 1993. Duckworth became the first Tide gymnast to repeat as a champion on a single apparatus, winning her second beam title with a perfect 10.

Alabama not only won the team title in 1996, it also added a trio of individual titles by three different women. Meredith Willard won Alabama's fourth all-around championship while Stephanie Woods won the uneven bars and Kim Kelly took top honors on the floor exercise with a 10. Andreé Pickens closed out the decade of the '90s by winning the balance beam title as a freshman.

Pickens would also win Alabama's first national title of the '00s by winning the 2002 uneven bars championship after leading the Tide to the 2002 team championship. Ashley Miles went on a tear in the mid-00s, becoming the second Alabama gymnast to win four titles in a career, taking first on the vault in 2003, 2004 and 2006 and adding the floor exercise championship in 2004. When she won her third vault title in 2006, she became the first NCAA gymnast in 20 years to win a trio of vault titles in a career. Jeana Rice won Alabama's fifth all-around title in 2004. Rice's 2004 title, combined with Miles vault and floor exercise championships that same year, gave Alabama three individual titles in the same year for the second time.

Terin Humrphey won two uneven bars championships, the first as a freshman in 2005 and the second in 2007, the same year that Morgan Dennis won the floor exercise championship as a rookie.

Geralen Stack-Eaton not only led Alabama to back-to-back NCAA team titles in 2011 and 2012, she also won back-to-back individual championships, taking top honors on the floor exercise in 2011 and the balance beam in 2012. Coincidentally Stack-Eaton's titles came on the same events - floor exercise in 2011 and balance beam in 2012 - that Alabama clinched the NCAA team titles on both years.

In 2013, Diandra Milliner won Alabama's latest title, taking first on the vault, marking the Tide's fourth vault title and first since Miles won three between 2003-06.

Gymnast	Title	Year
Diandra Milliner	Vault	2013
Geralen Stack-Eaton	Balance Beam	2012
Geralen Stack-Eaton	Floor Exercise	2011
Morgan Dennis	Floor Exercise	2007
Terin Humphrey	Uneven Bars	2007
Terin Humphrey	Uneven Bars	2005
Ashley Miles	Vault	2006
Ashley Miles	Vault	2004
Ashley Miles	Floor Exercise	2004
Jeana Rice	All-Around	2004
Ashley Miles	Vault	2003
Andreé Pickens	Uneven Bars	2002
Andreé Pickens	Balance Beam	1999
Kim Kelly	Floor Exercise	1996
Stephanie Woods	Uneven Bars	1996
Meredith Willard	All-Around	1996
Dana Duckworth	Balance Beam	1993
Dana Duckworth	Balance Beam	1992
Gina Basile	Balance Beam	1991
Dee Foster	All-Around	1990
Penney Hauschild	All-Around	1986
Penney Hauschild	Floor Exercise	1986
Penney Hauschild	All-Around	1985
Penney Hauschild	Uneven Bars	1985

Alabama gymnastics' first individual NCAA Champion, Penney Hauschild won four individual titles between 1985-86.

ALABAMA'S INDIVIDUAL NCAA CHAMPIONS

DIANDRA MILLINER
2013 NCAA Vault Champion

It was a familiar score for Diandra Milliner when it came to the vault, a 9.925, which is what flashed up on the last day of the 2013 NCAA Championships in Los Angeles, Calif. It was the sixth time she'd posted that exact mark during the season including her first score of the year at Missouri and now her last.

The difference was this one was for the national championship and after all the scores were tallied – which took quite a while since there were six judges on hand for individual event finals and all six scores were averaged for the final score and there were a jaw dropping 23 gymnasts in vault finals – Milliner's oh so familiar score was good for Alabama's 24th individual NCAA title.

Milliner had come close the year before in Duluth, Ga., taking second place in the vault, but in 2013 the Tide's anchor on vault since the first meet of her freshman year came away with the gold.

The Wichita, Kansas, native is just the second Crimson Tide gymnast to win an NCAA vault championship, joining Ashley Miles who won three, in 2003, 2004 and 2006.

GERALEN STACK-EATON
2012 NCAA Balance Beam Champion
2011 NCAA Floor Exercise Champion

In 2012, for the second year a row, the NCAA team championship belonged to the Alabama Crimson Tide, and for the second year in a row, Geralen Stack-Eaton made sure that there was individual gold to go with the team trophy.

As a junior, Stack-Eaton closed out her season by winning the NCAA Floor Exercise Championship, the same event that Alabama had finished on to win its fifth national team championship the night before. Her dynamic routine tallied a score of 9.9375, winning the Tide's third floor title since 2004 and fifth overall.

As a senior, Stack-Eaton was once again instrumental in leading Alabama to the national team title, marking the first time the Tide had won back-to-back team championships. And just as she had the year before, the Horsham, Pa., native returned the next day for an individual title, extending the Tide's weekend-long mastery of the balance beam. During team competition, she posted scores of 9.95 and 9.9 on the beam, helping push Alabama to the two highest balance beam team marks at the championships. During event finals, she tallied a 9.9375 on the beam, winning Alabama's 23rd individual NCAA title overall and fifth on the balance beam.

MORGAN DENNIS
2007 NCAA Floor Exercise Champion

Just a freshman, Morgan Dennis had already learned the trick of bringing the crowd to its feet. Her huge tumbling and feet-nailed-to-the-floor landings were enough to excite even veteran gymnastics fans. But a national title, on the floor exercise, as a rookie? That was going to take some doing, especially in 2007 when 18 gymnasts reached the floor exercise final.

But Dennis didn't get rattled. She calmly waited, going 17th in the lineup. And when her turn finally did come around, she made the most of it, electrifying the crowd and scoring a 9.9625, the best of the night to that point. One more routine was to come, so after waiting most of the night to show what she had, she waited a little longer to see if her routine was golden. The last gymnast came close, with a 9.95, but not close enough and the Alabama rookie took home gold.

TERIN HUMPHREY
2005 & 2007 NCAA Uneven Bars Champion

She wanted it back. As a freshman, Terin Humphrey had gone from Olympic silver to NCAA gold, winning the NCAA Uneven Bars Championship. As a sophomore, she earned All-America honors on the uneven bars, but did not repeat as champion.

Winning title No. 2 wasn't going to be easy. In October Humphrey had double elbow surgery to help ease problems she had worked through for years. She also faced the deepest, most talented uneven bars field in NCAA history, one loaded with Olympians and U.S. champions. Humphrey was not to be denied, though, scoring a 9.95 to win her second title and reaffirm her place as queen of the uneven bars.

Humphrey's first NCAA title came at the end of a long year, one that included the U.S. Olympic Trials, a spot on the Olympic team that included a pair of silver medals at the Athens Olympiad, and a stint on the T.J. Maxx Olympic Tour before joining the Tide in January. At the end of that very long freshman year, she found herself with one more routine to do. Up last, she had her work cut out for her with a 9.925 already on the board. The Olympic silver medalist was undaunted though, taking NCAA gold with a 9.9375.

ASHLEY MILES
2003, 2004 & 2006 NCAA Vault Champion
2004 NCAA Floor Exercise Champion

Ashley Miles made it look easy. She made it look like flying. Her huge vaults and tumbling passes on the floor exercise made her the must-

see gymnast wherever she was, even at the NCAA Championships.

"Wherever we were, when Ashley was on an event, all eyes in the gym were drawn to her," Sarah Patterson said. "It was an amazing phenomenon."

An outsized brand of gymnastics earned Miles four individual NCAA titles, tying Penney Hauschild for most in an Alabama career. She is the first Alabama gymnast to win more than two national apparatus titles during a career.

When she won the 2006 NCAA vault title, Miles became only the second gymnast in NCAA history to win three national vault championships and the first to do so in 20 years. She is one of only six gymnasts in NCAA history to win the same event three times and the first in more than a decade to manage the feat. Her four individual national titles are tied for third all-time in NCAA history.

JEANA RICE

2004 NCAA All-Around Champion

She'd spent a career being as good as anyone in the nation and at her last NCAA Championships, Jeana Rice proved herself better than anyone else. On the first day of competition at the UCLA-hosted championships, Rice – who had already won two SEC and three NCAA Regional all-around titles in her career – posted a 39.650 to win the NCAA All-Around Championship.

Rice's career had been building to this moment from day one. She won six individual SEC championships and seven NCAA Regional titles over her four years. At the NCAA Championships, she finished in the top six in the all-around competition every year as well as posting five finishes in the top six on individual events.

Rice was rewarded for an outstanding senior year with the Honda Award for Gymnastics, presented annually to the national gymnast of the year.

In addition to all her championship hardware, Rice set a national record as a senior, becoming the first NCAA gymnast to earn five All-America honors in three different seasons. She also set the national record for All-America honors in a career, earning 18 first- and second-team accolades.

ANDREÉ PICKENS

1999 NCAA Balance Beam Champion
2002 NCAA Uneven Bars Champion

It is a testament to Andreé Pickens' talent and drive that she managed not only to win two NCAA titles, but win them in the most challenging fashion imaginable.

As a freshman, Pickens competed in every event all three days of the NCAA Championships. On the last day, after leading Alabama to a third-place finish in the thin air of Salt Lake City the day before, she harnessed her strength and boundless energy to win the NCAA Balance Beam title, earning gold on the event that made her nervous all season.

Three years later, after coming back from a ruptured Achilles tendon that ended her junior season, Pickens again competed in 12 events over three days. But the four events on Saturday were simply icing on the cake for the Houston, Texas native who the night before had led the Tide to its fourth NCAA team title.

In the waning moments of a spectacular career, Pickens brought the grit and determination that carried her through injury and rehab to bear on one final routine, winning the NCAA Uneven Bars title. After landing that routine, Pickens gave a tired wave to the crowd, knowing she had given everything she had and it had been more than enough.

KIM KELLY

1996 NCAA Floor Exercise Champion

In the final performance of her Crimson Tide career, as the music of her floor routine reached its final beat and tears streamed down her face, Kim Kelly's success-studded career turned golden. The King of Prussia, Penn., native won the 1996 NCAA Floor Exercise Championship in front of the home crowd with a perfect 10.0 and an avalanche of applause.

As extraordinary as the ending was, the genesis of her championship floor routine is even more so. In college gymnastics, the norm is to change floor routines only once during a career and a mid-season change was unheard of, until Kim Kelly.

Tide freshman Lisa Gianni's floor routine was set to the strains of the Alabama fight song. When Gianni went down after the second meet of the season with a ruptured Achilles tendon, there was no one to carry the routine into the Tide-hosted nationals, until Kelly undertook the challenge.

It was a move that Tide coach Sarah Patterson says she would not have been able to consider with anyone except Kelly. The move paid off when Kelly completed the postseason triple play, winning the SEC, NCAA Central Regional and NCAA Championships.

MEREDITH WILLARD

1996 NCAA All-Around Champion

She tugged urgently at the sleeve of the nearest meet official, asking him to check and then double check the scores. There had been a mistake, someone else was supposed to be where she was.

No mistake, the scores were right. Meredith Willard, the ultimate team player in a sport filled with individuals, had won the 1996 NCAA All-Around Championship.

Willard's title shouldn't have come as a surprise. She had been, throughout the 1996 season, the nation's most consistent gymnast. Going into the NCAA Championships, she had hit an astounding and perfect 44 of 44 routines. She had also competed in 45 of a possible 48 events going into the championships. She had been very virtually unstoppable.

Willard had not just been consistent, she had been consistently brilliant. She bettered or tied her career best all-around mark six times during the season. And at the NCAA Championships, on the night of the all-around, she was the best of the best, winning with a 39.450 total. Willard's talent and ability led her to Alabama's ninth individual NCAA crown. Her poise and leadership led Alabama to a national team championship the next day.

STEPHANIE WOODS

1996 NCAA Uneven Bars Champion

Stephanie Woods knew that the uneven bars routine she had just finished had been special – she just wasn't sure if anyone else knew. It was the night of the event finals at the 1996 NCAA Championships and she had just completed her routine.

But the Austin, Texas, native's feeling about her routine carried over to the judges, who knew they had seen something special, something of championship caliber.

In the history of the NCAA Championships, only three competitors have scored better on the uneven bars. There are three 10s scattered over the years. Woods is the first to earn a 9.975.

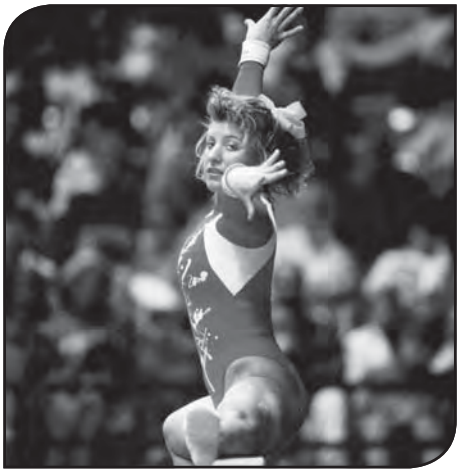
Woods had been brilliantly consistent all season on the uneven bars. Of her 15 routines, 12 scored 9.9 or better. She collected the 1996 NCAA Central Regional uneven bars and balance beam titles coming into the NCAA Championships. Woods scored back-to-back 9.950s in the NCAA semifinals and Super Six rounds. Her national championship performance was a career best.

DANA DOBRANSKY

1992 NCAA Balance Beam Champion
1993 NCAA Balance Beam Champion

On her 1993 beam title: "Ending my career with a 10.0 on balance beam finally represented that I had worked for perfection. It made all of the mental perfection, all of the hard work, all of the falling, and getting up, worth it. It was great to be able to represent the University of Alabama with a perfect 10."

Best memory: "My most lasting memory is the love and support of our fans. That fan support was one of the reasons that I was attracted to Alabama, and when I got there, it was just great. I know that we wouldn't have been as successful as we were, or are, without the love and support of all of our fans. The fans at Alabama are so supporting of everything, and that is the one thing that really stands out in my mind."



GINA BASILE

1991 NCAA Balance Beam Champion

On the 1991 team title: "It was a very rewarding experience for me. It was especially great because it was at home in front of our families and our fans. It's really a feeling that you can't put into words. The best way that I can describe winning the national team title is that it is 11 girls, separated around the country, who are bonded together for life by a ring which represents talent, dedication, friendship and crimson pride."

Best memory: "Really, the thing that stands out in my mind is that there was no real pressure. There was some pressure, but really we just had a good time. Usually the person who wants it the most wins, and we just always pulled together, had a good time, and usually won. That's what I will always remember."

DEE FOSTER

1990 NCAA All-Around Champion

On her title: "There were advantages and disadvantages to winning a national title. The advantages were, of course, the respect and national recognition in a sport that I had dedicated my life to. And the main disadvantage was the pressure to repeat. Thankfully, I had 10 other people there to help me through each of the next three years."

Best memory: "My junior year, during the Homecoming football game, we got our national championship rings down on the field at halftime. My best friend was there to enjoy it with me, and that made it extra special."

PENNEY HAUSCHILD

1985 NCAA All-Around Champion
1985 NCAA Uneven Bars Champion
1986 NCAA All-Around Champion
1986 NCAA Floor Exercise Champion

On her national championships: "It was definitely the pinnacle of my gymnastics career. But I know that nothing could have been done without Sarah, David, my teammates, the trainers, and really the entire athletic department. Although my titles were a great experience, I would have given anything to be able to be with the team in 1988 when they won the team national title."

Best memory: "After my floor exercise at the 1986 Nationals, which was the last event of my career, Sarah was standing right there. She had tears in her eyes, I had tears in my eyes, and we just came together and hugged. That will always be the one moment that will stand out in my mind."

CHAMPIONS

ALABAMA'S ALL-AMERICANS

A total of seven Crimson Tide gymnasts earned All-American honors last season, including five that came away with first-team honors. Pictured above, the Tide's coaches and 2013 first team All-Americans, from the left – David Patterson, Sarah Patterson, Kaitlyn Clark, Lauren Beers, Diandra Milliner, Kayla Williams, Kim Jacob, Dana Duckworth and Bryan Raschilla.

FIRST TEAM ALL-AMERICANS

2013
Lauren Beers V (11th)
Kaitlyn Clark V (11th)
Kim Jacob FX (10th)
Diandra Milliner V (1st), FX (2nd)
Kayla Williams BB (5th)

2012
Marissa Gutierrez V (4th)
Diandra Milliner V (2nd)
Ashley Priess BB (7th)
Geralen Stack-Eaton AA (4th), BB (1st), FX (2nd)

2011
Sarah DeMeo UB (3rd)
Marissa Gutierrez V (5th)
Kayla Hoffman AA (2nd), BB (2nd), V (4th)
Kim Jacob AA (7th), BB (8th)
Ashley Sledge V (7th)
Geralen Stack-Eaton AA (3rd), FX (1st), V (7th), UB (15th)

2010
Morgan Dennis V, FX (5th)
Kayla Hoffman UB (8th)
Kassi Price UB (8th)
Ashley Priess BB (10th)
Geralen Stack-Eaton AA (4th), BB (6th), V (15th)

2009
Morgan Dennis UB (10th)
Ricki Lebegern BB (10th)
Ashley Priess BB (3rd), UB (12th)

2008
Morgan Dennis FX (4th)
Kayla Hoffman V (5th)
Kassi Price UB (8th)

2007
Terin Humphrey UB (1st), BB (8th)
Morgan Dennis FX (1st)

2006
Terin Humphrey BB (4th)
Ashley Miles AA (5th), V (1st), FX (3rd)

2005
Dana Filetti UB (10th)
Terin Humphrey BB (5th), UB (1st), FX (5th)
Ashley Miles AA (3rd), V (4th), UB (7th), FX (2nd)

2004
Alexis Brion FX (5th)
Ashley Miles V (1st), FX (1st), UB (6th)
Jeana Rice AA (1st), BB (2nd), UB (13th)

2003
Mari Bayer UB (8th)
Alexis Brion V
Ashley Miles V (1st), FX (3rd)
Jeana Rice AA (4th), V (8th), BB (3rd), UB (4th)
Kristin Sterner BB (6th)

2002
Natalie Barrington UB (4th)
Andreé Pickens AA (2nd), V (3rd), BB (5th), UB (1st), FX (5th)
Shannon Hrozek BB (9th)
Alexis Brion V (6th), FX (4th)
Jeana Rice AA (6th), BB(2nd)
Kristin Sterner BB (3rd), FX (11th)

2001
Natalie Barrington UB (6th)
Jeana Rice AA (3rd), FX (6th)
Lissy Smith BB (6th)
Kristin Sterner BB (5th)

2000
Natalie Barrington UB (7th)
Katie Hornecker V (8th)
Andreé Pickens AA (8th), V (2nd), UB (4th)
Kristin Sterner UB (11th), FX (5th)
Dara Stewart UB (9th)

1999
Andreé Pickens AA (4th), V (5th), UB (4th), BB (1st), FX (10th)
Lissy Smith BB (4th)
Gwen Spidle V (8th)

1998
Merritt Booth FX (17th)
Shay Murphy FX (8th)
Gwen Spidle AA (3rd), BB (8th)

1997
Meredith Willard AA (2nd), V, UB (4th), BB (3rd), FX (4th)
Stephanie Woods UB (2nd)

1996
Merritt Booth V (5th)
Kim Kelly FX (1st), BB (8th)
Danielle McAdams FX (3rd)
Marna Neubauer V (9th)
Meredith Willard AA (1st), UB (4th), FX (7th)
Stephanie Woods UB (1st)

1995
Kim Bonaventura UB (3rd)
Merritt Booth FX (9th)
Meredith Willard FX (11th)
Stephanie Woods BB (5th), UB (6th)

1994
Chasity Junkin - AA (6th), V (7th)
Kim Kelly - V (8th), UB (11th), FX (11th)
Kara Stilp UB (10th)
Meredith Willard - AA (3rd), FX (4th)

1993
Dana Dobransky - BB (1st), FX (11th)
Dee Foster AA (2nd), V (4th), UB (9th), FX (4th)

1992
Dana Dobransky - BB (1st)
Sheryl Dundas - BB (6th)
Dee Foster - AA (3rd), UB (3rd), BB (3rd), FX (2nd)
Katherine Kelleher V (11th)

1991
Gina Basile - BB (3rd)
Dana Dobransky - BB (6th), FX (3rd)
Dee Foster - AA (2nd), V, UB, BB, FX
Katherine Kelleher - V (7th)
Shea McFall - V (6th)
Kim Masters - V (5th), AA (8th)
Kara Stilp - FX (8th)

1990
Dee Foster - AA (1st), V (4th), UB (2nd), BB (2nd)
Katherine Kelleher - BB (7th)
Shea McFall - V (7th)

1989
Kim Masters - AA (6th)
Cheri Way - BB (7th)

1988
Kathy Bilodeau - BB (6th), FX (7th)
Tina Rinker - UB (7th)
Marie Robbins - UB (2nd), BB (5th)
Cheri Way - UB (3rd), FX (6th)

1987
Julie Estin AA (4th), BB (4th), FX (7th)
Marie Robbins - UB (5th), FX (3rd)

1986
Julie Estin - AA (5th)
Lisa Farley - BB (7th)
Kelly Good - V (6th)
Penney Hauschild - AA (1st), V (3rd), UB (3rd), FX (1st)

1985
Julie Estin - V (7th), UB (4th)
Penney Hauschild - AA (1st), UB (1st), BB (4th)

1984
Penney Hauschild - AA (4th), UB (2nd), BB (4th)
Barbara Mack BB (6th)

1982
Julie Garrett - UB (4th), AIAW AA (5th), AIAW UB (4th)

SECOND TEAM ALL-AMERICANS

2013
Sarah DeMeo – BB
Kim Jacob – AA, BB
Diandra Milliner – BB
Ashley Priess – AA, UB

2012
Sarah DeMeo – BB
Marissa Gutierrez – FX
Kim Jacob – FX, UB
Diandra Milliner – FX
Ashley Priess – AA, UB
Ashley Sledge – UB
Geralen Stack-Eaton – UB
Kayla Williams – BB

2011
Diandra Milliner – BB

2010
Ricki Lebegern – BB
Geralen Stack-Eaton – UB

2009
Ricki Lebegern – AA, FX
Ashley Priess – AA, FX
Rachel Terry – V

2008
Morgan Dennis – AA, UB
Casey Overton – BB

2007
Morgan Dennis – AA
Kassi Price – UB

2006
Melanie Banville – UB
Terin Humphrey – AA, UB, FX
Brittany Magee – FX

2005
Shannon Hrozek – BB
Terin Humphrey – AA
Michelle Reeser – BB

2004
Alexis Brion – V
Jeana Rice – V, FX

2003
Mari Bayer – BB
Shannon Hrozek – BB
Stephanie Kite – FX
Jeana Rice – FX
Kristin Sterner – AA

2002
Jeana Rice – V

2001
Jeana Rice – V, UB, BB
Kristin Sterner – AA, V, FX
Raegan Tomasek – BB

2000
Andreé Pickens – FX
Lissy Smith – BB
Kristin Sterner – AA

1999
Lexa Evans – FX
Dara Stewart – UB

1998
Merritt Booth – V
Gwen Spidle – V
Dara Stewart – UB

1997
Merritt Booth – FX
Mandy Chapman – BB
Gwen Spidle – FX

1996
Kim Bonaventura – BB
Merritt Booth – FX
Kim Kelly – AA, V
Danielle McAdams – V, UB
Shay Murphy – BB
Marna Neubauer – FX
Meredith Willard – BB

1995
Kim Bonaventura – BB
Kim Kelly – BB, FX, V
Marna Neubauer – UB
Meredith Willard – AA

1994
Kim Bonaventura – UB
Meredith Willard – V, UB, BB
Stephanie Woods – BB

1993
Dana Dobransky – AA
Kara Stilp – FX

1992
Dana Dobransky – AA, UB
Katherine Kelleher – UB

In addition to winning the 1990 NCAA all-around title, Dee Foster earned 17 first team All-America honors, the most in NCAA history.

ALL-AMERICANS BY CAREER TOTAL

Jeana Rice, 2001-04	18
Dee Foster, 1990-93	17 *
Meredith Willard, 1994-97	16
Andreé Pickens, 1999-2002	14
Ashley Miles, 2003-06	12
Geralen Stack-Eaton, 2009-12	12
Kristin Sterner, 2000-03	11
Penney Hauschild, 1983-86	10
Kim Kelly, 1993-96	10
Terin Humphrey, 2005-08	10
Ashley Priess, 2009-13	10
Dana Dobransky, 1990-93	8
Morgan Dennis, 2007-10	8
Kim Jacob, 2011-present	**7**
Julie Estin, 1984-87	6
Merritt Booth, 1995-98	6
Diandra Milliner, 2011-present	**6**
Stephanie Woods, 1994-97	5
Gwen Spidle, 1996-99	5
Alexis Brion, 2002-05	5
Kayla Hoffman, 2008-11	5
Marie Robbins, 1987-90	4
Kim Bonaventura, 1994-97	4
Katherine Kelleher, 1989-92	4
Ricki Lebegern, 2007-10	4
Marna Neubauer, 1993-96	3
Lissy Smith, 1998-2001	3
Kim Masters, 1988-91	3
Kara Stilp, 1991-94	3
Julie Garrett, 1982-83	3
Dara Stewart, 1998-2001	3
Danielle McAdams, 1995-98	3
Cheri Way, 1987-90	3
Natalie Barrington, 1999-2002	3
Shannon Hrozek, 2002-05	3
Kassi Price, 2007-10	3
Marissa Gutierrez, 2010-13	3
Sarah DeMeo, 2011-present	**3**
Shea McFall, 1989-92	2
Shay Murphy, 1995-98	2
Kathy Bilodeau, 1985-88	2
Chasity Junkin, 1992-95	2
Mari Bayer, 2003-06	2
Ashley Sledge, 2010-13	2
Kayla Williams, 2012-present	**2**
Barbara Mack, 1982-85	1
Tina Rinker, 1984-87	1
Lisa Farley, 1985-87	1
Kelly Good, 1986-89	1
Gina Basile, 1989-92	1
Sheryl Dundas, 1991-94	1
Mandy Chapman, 1996-98	1
Lexa Evans, 1997-2000	1
Katie Hornecker, 1998-2001	1
Raegan Tomasek, 1999-02	1
Stephanie Kite, 2001-04	1
Michelle Reeser, 2002-05	1
Dana Filetti, 2003-06	1
Melanie Banville, 2006	1
Brittany Magee, 2006-09	1
Casey Overton, 2007-10	1
Rachel Terry, 2009-12	1
Lauren Beers, 2013-present	**1**
Kaitlyn Clark, 2012-present	**1**

64 ATHLETES WITH 289 HONORS

* NCAA record for first team All-American honors in a career.

ALABAMA AT THE NCAA REGIONAL CHAMPIONSHIPS

The 2013 NCAA Tuscaloosa Regional Champions

Alabama has dominated the NCAA Regional Championships for more than 25 years and the 2013 season was no exception.

Alabama came away with its 28th regional title in 2013, advancing to its 31st consecutive NCAA Championship, led by Ashley Priess' all-around title. She also shared top honors on the uneven bars with Kim Jacob and Kaitlyn Clark while Kayla Williams won the vault and Diandra Milliner won the floor exercise.

The regional is a crucial step to making it to the NCAA Championships. The top 36 teams around the nation advance to six regional sites. The top 18 teams in the nation are seeded into the regions, while teams 19-36 stay in their home region or are placed in the next nearest regional. To advance to the NCAA Championships, a team must finish first or second in one of the six regions.

Alabama gymnasts have won 141 individual regional titles over the past 30 years. Geralen Stack-Eaton was voted the NCAA Central Region Gymnast of the Year in 2012. Kayla Hoffman earned the honor in 2011 while Ashley Miles won it in 2006 and Andreé Pickens earned the same award four years running, from 1999 to 2002 before giving way to Jeana Rice in 2003.

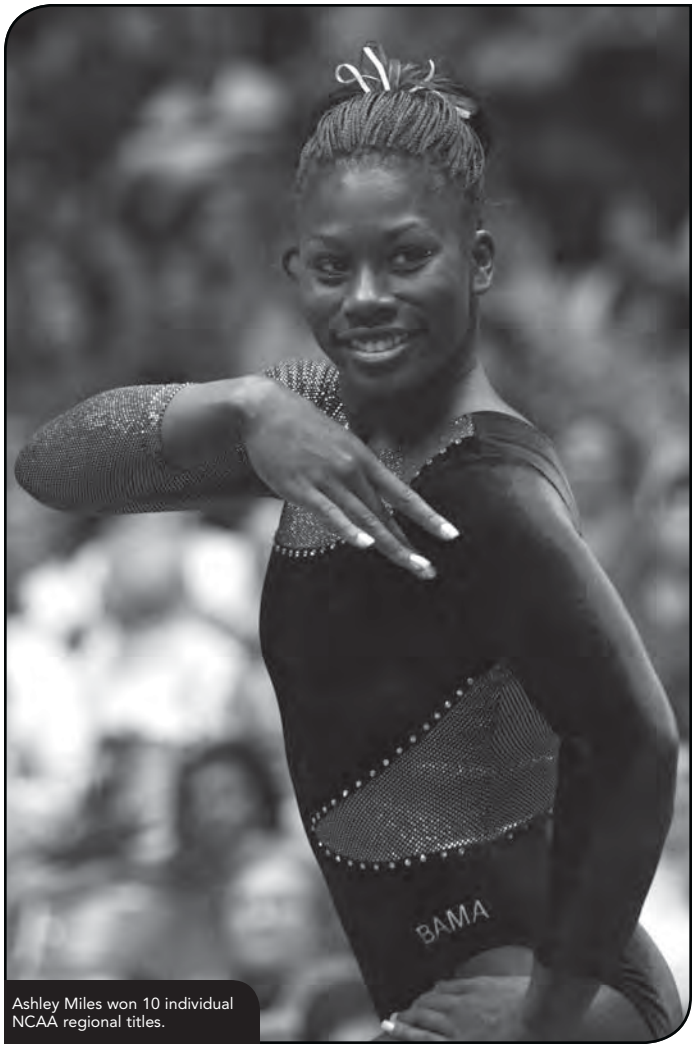
Miles set the Alabama career record for regional titles in 2006 after winning a pair of titles to push her all-time mark to 10. She is also the first Tide gymnast to win the same regional event all four years of her career, sweeping both the vault and floor exercise from 2003 to 2006.

On her way to the Tide regional title record, Miles passed Pickens and Dee Foster, who are tied with nine each. Hoffman, Miles and Foster are tied for the most titles in a single season. Foster won four in 1993, a number Miles matched in 2005 and Hoffman in 2011.

Twice, in 1992 and 1993, David Patterson was named NCAA Central Region Assistant Coach of the Year. In 2000 and 2002, former UA gymnast and current Associate Athletics Director for the Crimson Tide Marie Robbins was named NCAA Central Region Administrator of the Year.

The Crimson Tide earned one Southeast Regional title in 1983, before making the jump to the Central Region, and winning 13 there. In 1999, the region structure changed, going to six regions. Alabama won the inaugural Region 6 title in 1999 and the Region 4 title in 2000. For the 2001 season, the names of the regions were changed back to directional designations and Alabama was once again competing out of the Central Region. Starting in 2009, the regional championships were named after the host city, which means Alabama competed in and won the NCAA Seattle Regional Championship in 2012.

The Tide is in the midst of its second-longest regional win streak, earning eight titles in a row since finishing second in 2004. The Tide's longest regional win streak is 10 championships between 1987 and 1996. Overall, Alabama has won an NCAA-best 28 regional titles.



Ashley Miles won 10 individual NCAA regional titles.

ALABAMA'S INDIVIDUAL NCAA REGIONAL CHAMPIONS:

Ashley Miles – 10; Andreé Pickens – 9; Dee Foster – 9; Jeana Rice – 7; Kayla Hoffman – 7; Geralen Stack-Eaton – 7; Kim Kelly – 6; Morgan Dennis – 6; Julie Estin – 5; Penney Hauschild – 5; Ashley Priess – 5; Kim Masters – 4; Kristin Sterner – 4; Meredith Willard – 4; Terin Humphrey – 4; Brittany Magee – 3; Cheri Way – 3; Lissy Smith – 3; Marie Robbins – 3; Stephanie Woods – 3; Kassi Price – 3; Barbara Mack – 2; Dara Stewart – 2; Gina Basile – 2; Katherine Kelleher – 2; Kathy Bilodeau – 2; Alexa Martinez – 1; Alexis Brion – 1; Cindy Wilson – 1; Dana Dobransky – 1; Danielle McAdams – 1; Gina Logan – 1; Gwen Spidle – 1; Kara Stilp – 1; Kim Bonaventura – 1; Robin Hawkins – 1; Shannon Hrozek – 1; Sheryl Dundas – 1; Tina Rinker – 1; Kaitlyn Clark – 1; Kim Jacob – 1; Diandra Milliner – 1; Kayla Williams – 1

ALABAMA AT THE NCAA REGIONAL CHAMPIONSHIPS:

2013	**1st**	**2007**	**1st**	**2001**	**1st**	**1995**	**1st**	**1989**	**1st**	**1983**	**1st**
2012	**1st**	**2006**	**1st**	**2000**	**1st**	**1994**	**1st**	**1988**	**1st**	1982	2nd
2011	**1st**	**2005**	**1st**	**1999**	**1st**	**1993**	**1st**	**1987**	**1st**		
2010	**1st**	2004	2nd	**1998**	**1st**	**1992**	**1st**	1986	2nd		
2009	**1st**	**2003**	**1st**	1997	2nd	**1991**	**1st**	**1985**	**1st**		
2008	**1st**	**2002**	**1st**	1**996**	**1st**	**1990**	**1st**	**1984**	**1st**		

THE NCAA REGIONAL CHAMPIONSHIPS

2013 | TUSCALOOSA, ALA.

1.	**ALABAMA**	**197.400**
2.	Utah	196.400
3.	Iowa State	195.400

Alabama Regional Champions-

AA	Ashley Priess	39.600
V	Kayla Williams	9.925
UB	Kaitlyn Clark	9.900
	Kim Jacob	9.900
	Ashley Priess	9.900
BB	Kim Jacob	9.950
FX	Diandra Milliner	9.925

2012 | SEATTLE, WASH.

1.	**ALABAMA**	**197.025**
2.	LSU	196.075
3.	Washington	195.825

Alabama Regional Champions-

AA	Geralen Stack-Eaton	39.400
UB	Geralen Stack-Eaton	9.900
	Ashley Sledge	9.900
BB	Sarah DeMeo	9.900
FX	Geralen Stack-Eaton	9.875
	Marissa Gutierrez	9.875

2011 | TUSCALOOSA, ALA.

1.	**ALABAMA**	**197.275**
2.	Illinois	195.925
3.	Penn State	195.850

Alabama Regional Champions-

AA	Kayla Hoffman	39.600
V	Kayla Hoffman	9.925
UB	Kayla Hoffman	9.925
BB	Geralen Stack-Eaton	9.950
FX	Kayla Hoffman	9.925

2010 | LEXINGTON, KY.

1.	**ALABAMA**	**197.400**
2.	Nebraska	195.975
3.	Illinois	195.425

Alabama Regional Champions-

AA	Geralen Stack-Eaton	39.550
V	Geralen Stack-Eaton	9.900
	Kayla Hoffman	9.900
UB	Geralen Stack-Eaton	9.900
	Kassi Price	9.900
BB	Ashley Priess	9.875
FX	Morgan Dennis	9.950

2009 | TUSCALOOSA, ALA.

1.	**ALABAMA**	**197.000**
2.	Oklahoma	196.600
3.	Missouri	196.000

Alabama Regional Champions-

AA	Ashley Priess	39.550
V	Kayla Hoffman	9.925
UB	Kayla Hoffman	9.950
BB	Ashley Priess	9.950
FX	Morgan Dennis	9.925

2008 | NORMAN, OKLA.

1.	**ALABAMA**	**197.300**
2.	Oklahoma	195.875
3.	Iowa	195.425

Alabama Regional Champions-

AA	Morgan Dennis	39.625
V	Morgan Dennis	9.950
UB	Kassi Price	9.900
BB	Kassi Price	9.900
	Brittany Magee	9.900
FX	Morgan Dennis	9.925

2007 | TUSCALOOSA, ALA.

1.	**ALABAMA**	**196.475**
2.	*Oklahoma	195.925
3.	Iowa State	195.925

**Advanced on the tiebreaker*

Alabama Regional Champions-

AA	Terin Humphrey	9.900
V	Morgan Dennis	9.950
UB	Terin Humphrey	9.900

2006 | PALO ALTO, CALIF.

1.	**ALABAMA**	**196.475**
2.	Oregon State	195.800
3.	Stanford	195.275

Alabama Regional Champions-

V	Ashley Miles	9.900
	Brittany Magee	9.900
BB	Terin Humphrey	9.900
FX	Ashley Miles	9.900
	Brittany Magee	9.900

2005 | TUSCALOOSA, ALA.

1.	**ALABAMA**	**196.675**
2.	Iowa State	195.625
3.	Auburn	194.800

Alabama Regional Champions-

AA	Ashley Miles	39.525
V	Ashley Miles	9.925
UB	Ashley Miles	9.850
	Terin Humphrey	9.850
FX	Ashley Miles	9.950

2004 | CORVALLIS, ORE.

1.	Oklahoma	197.100
2.	**ALABAMA**	**196.900**
3.	Oregon State	196.850

Alabama Regional Champions-

AA	Jeana Rice	39.550
V	Ashley Miles	9.950
UB	Jeana Rice	9.900
	Shannon Hrozek	9.900
FX	Ashley Miles	9.950

2003 | TUSCALOOSA, ALA.

1.	**ALABAMA**	**197.550**
2.	*Auburn	196.350
3.	Central Michigan	196.350

**Advanced on the tiebreaker*

Alabama Regional Champions-

AA	Kristin Sterner	39.625
V	Ashley Miles	9.950
BB	Kristin Sterner	9.950
FX	Ashley Miles	10.000

2002 | MORGANTOWN, W.VA.

1.	**ALABAMA**	**197.900**
2.	Minnesota	196.050
3.	West Virginia	194.850

Alabama Regional Champions-

AA	Jeana Rice	39.625
V	Alexis Brion	9.900
	Jeana Rice	9.900
UB	Andreé Pickens	9.975
BB	Alexa Martinez	9.950
	Andreé Pickens	9.950
	Jeana Rice	9.950
	Kristin Sterner	9.950
FX	Andreé Pickens	9.950

2001 | TUSCALOOSA, ALA.

1.	**ALABAMA**	**198.000**
2.	Arizona State	195.950
3.	Minnesota	195.800

Alabama Regional Champions-

AA	Jeana Rice	39.475
V	Andreé Pickens	9.925
	Kristin Sterner	9.925
UB	Andreé Pickens	9.950
BB	Lissy Smith	9.950
FX	Jeana Rice	9.975

2000 | TUSCALOOSA, ALA.

1.	**ALABAMA**	**197.300**
2.	Iowa State	196.100
3.	Central Michigan	193.200

Alabama Regional Champions-

AA	Andreé Pickens	39.475
UB	Dara Stewart	9.975
BB	Lissy Smith	9.925
FX	Andreé Pickens	9.925

1999 | MORGANTOWN, W.VA.

1.	**ALABAMA**	**196.625**
2.	West Virginia	195.275
3.	NC State	194.900

Alabama Regional Champions-

AA	Robin Hawkins	39.225
UB	Andreé Pickens	9.875
BB	Lissy Smith	9.925
FX	Andreé Pickens	9.950

1998 | TUSCALOOSA, ALA.

1.	**ALABAMA**	**196.550**
2.	Michigan	196.000
3.	LSU	195.250

Alabama Regional Champions-

UB	Dara Stewart	9.900
BB	Gina Logan	9.900
	Gwen Spidle	9.900
	Danielle McAdams	9.900

1997 | ANN ARBOR, MICH.

1.	Michigan	197.700
2.	**ALABAMA**	**196.250**
3.	LSU	196.175

Alabama Regional Champions-

AA	Meredith Willard	39.625
BB	Meredith Willard	9.925

1996 | BATON ROUGE, LA.

1.	**ALABAMA**	**198.075**
2.	Michigan	196.275
3.	LSU	194.525

Alabama Regional Champions-

AA	Kim Kelly	39.750
V	Kim Kelly	9.950
UB	Meredith Willard	9.925
	Stephanie Woods	9.925
BB	Kim Kelly	9.900
	Meredith Willard	9.900
	Stephanie Woods	9.900
FX	Kim Kelly	10.00

1995 | ANN ARBOR, MICH.

1.	**ALABAMA**	**196.675**
2.	Michigan	195.725
3.	LSU	195.075

Alabama Regional Champions-

V	Kim Kelly	10.000
UB	Kim Bonaventura	9.850
BB	Stephanie Woods	9.950

1994 | TUSCALOOSA, ALA.

1.	**ALABAMA**	**196.900**
2.	LSU	194.400
3.	Michigan	193.600

Alabama Regional Champions-

FX	Kim Kelly	9.925

1993 | BATON ROUGE, LA.

1.	**ALABAMA**	**196.075**
2.	LSU	194.700
3.	Auburn	194.200

Alabama Regional Champions-

AA	Dee Foster	39.800
V	Dee Foster	9.925
BB	Dee Foster	9.950
FX	Dee Foster	9.975

1992 | COLUMBIA, MO.

1.	**ALABAMA**	**193.125**
2.	Michigan	189.775
3.	Auburn	188.525

Alabama Regional Champions-

V	Dee Foster	9.850
BB	Gina Basile	9.800
FX	Kara Stilp	9.700

1991 | AUBURN, ALA.

1.	**ALABAMA**	**195.575**
2.	Auburn	192.150
3.	LSU	191.750

Alabama Regional Champions-

AA	Dee Foster	39.375
V	Kim Masters	9.850
UB	Dee Foster	9.825
	Katherine Kelleher	9.825
BB	Sheryl Dundas	9.925
FX	Dee Foster	9.925

1990 | MINNEAPOLIS, MINN.

1.	**ALABAMA**	**194.150**
2.	LSU	190.850
3.	Minnesota	188.650

Alabama Regional Champions-

V	Marie Robbins	9.800
BB	Dana Dobransky	9.725
FX	Dee Foster	9.825

1989 | TUSCALOOSA, ALA.

1.	**ALABAMA**	**192.750**
2.	LSU	187.550
3.	Michigan State	186.700

Alabama Regional Champions-

UB	Gina Basile	9.800
	Cheri Way	9.800
BB	Katherine Kelleher	9.700
FX	Tina Rinker	9.850

1988 | BATON ROUGE, LA.

1.	**ALABAMA**	**191.750**
2.	LSU	190.050
3.	Michigan State	187.150

Alabama Regional Champions-

AA	Kim Masters	38.600
V	Kim Masters	9.750
UB	Kim Masters	9.750
	Marie Robbins	9.750
BB	Kathy Bilodeau	9.700
FX	Cheri Way	9.750

1987 | TUSCALOOSA, ALA.

1.	**Alabama**	**189.050**
2.	LSU	186.600
3.	Michigan State	183.600

Alabama Regional Champions-

AA	Marie Robbins	38.150
FX	Cheri Way	9.700

1986 | BATON ROUGE, LA.

1.	LSU	185.250
2.	**ALABAMA**	**185.050**
3.	Michigan State	177.950

Alabama Regional Champions-

AA	Julie Estin	37.850
UB	Julie Estin	9.600
FX	Penney Hauschild	9.650

1985 | TUSCALOOSA, ALA.

1.	**ALABAMA**	**186.350**
2.	LSU	181.500
3.	Michigan State	178.350

Alabama Regional Champions-

AA	Penney Hauschild	37.700
V	Cindy Wilson	9.550
UB	Penney Hauschild	9.550
	Barbara Mack	9.550
BB	Barbara Mack	9.600
FX	Kathy Bilodeau	9.550

1984 | COLUMBIA, MO.

1.	**ALABAMA**	**180.500**
2.	Southern Illinois	173.550
3.	Missouri	173.300

Alabama Regional Champions-

AA	Julie Estin	37.350
UB	Penney Hauschild	9.400
BB	Julie Estin	9.200
FX	Julie Estin	9.400
	Penney Hauschild	9.400

1983 | GAINESVILLE, FLA.

1.	**ALABAMA**	**184.750**
2.	Florida	184.650
3.	LSU	182.650

1982 | ATHENS, GA.

1.	Florida	144.850
2.	**Alabama**	**143.900**
3.	Georgia	143.700

This list includes all of Alabama's NCAA Regional appearances. The Crimson Tide competed in the Southeast region in 1982 and 1983. From 1984 to 1998, the Tide competed in the Central region. In 1999 and 2000, after the NCAA went from five to six regions, Alabama competed out of Region 4. In 2002, Region 4 was renamed the Central region.

ALABAMA AND THE SOUTHEASTERN CONFERENCE

Kayla Hoffman, pictured above with Commissioner Mike Slive, earned almost every accolade the Southeastern Conference has to offer in 2011, including the league's top honor when she was named the SEC Female Athlete of the Year. She was also the first in league history to win SEC Gymnast of the Year and SEC Gymnastics Scholar-Athlete of the Year honors in the same season. Hoffman received an SEC Postgraduate Scholarship and was a finalist for the H. Boyd McWhorter SEC Scholar-Athlete of the Year.

If there was any question that the Southeastern Conference is the most dominant gymnastics conference in the nation, it was laid to rest in 2009 when five of the teams that advanced to the NCAA Super Six Team Final were from the SEC, including the top two teams, Georgia and Alabama. In fact, since the first NCAA championship in 1982, the SEC has had at least one team in the top-10 and since 1983, the conference has placed at least one team in the top-5 and at least two teams in the top-10. Alabama has been the league's top finisher at the NCAA Championships 13 times.

In each of the past 29 years, the conference has placed at least one team in the NCAA top-3 and in 1998 the national top-3 all hailed from the SEC, as Georgia, Florida and Alabama took first, second and third respectively. The SEC put a conference-high five teams in the national top-10 in 1993, 2003, 2008 and 2009. An SEC school has stood atop the collegiate gymnastics world as national champions 17 times since 1987, with Alabama winning six titles, including back-to-back in 2011 and 2012.

The SEC has done well on an individual level as well, with a conference athlete taking home the NCAA all-around title 14 times. Alabama athletes have been especially productive in that area, with four Crimson Tide athletes producing five all-around titles (Jeana Rice 2004, Meredith Willard 1996, Dee Foster 1990, Penney Hauschild 1985 and 1986). From 1989-98, the conference claimed nine of the 10 all-around crowns, including six straight from 1993-98.

Of the 14 conference schools, eight sponsor gymnastics programs: Alabama, Arkansas, Auburn, Florida, Georgia, Kentucky, LSU and Missouri.

ALABAMA IN THE SEC

The Crimson Tide has won seven SEC Championships, the first coming in 1988 and the most recent in 2011, as well as posting 24 top-two finishes. Individually, Alabama has tallied 57 conference crowns, including an incredible 40 titles since 2000. In 2013 Diandra Milliner won the floor exercise title while Geralen Stack-Eaton won the balance beam and floor exercise championships while Kayla Hoffman clinched the Tide's seventh SEC team title by winning the vault championship with a score of 9.95 in 2011.

Hoffman was also named the 2011 SEC Female Athlete of the Year, an award that spans all sports offered by the league, marking the fifth time an Alabama gymnast has earned that title. Tide gymnasts alone have earned more SEC Female Athlete of the Year honors than all but one other school.

The league's top scholar-athlete has come from the Tide three times, with Kristin Sterner (2003), Meredith Willard (1997) and Julie Estin (1987) earning the H. Boyd McWhorter Postgraduate Scholarship.

The SEC Gymnast of the Year has hailed from Alabama six times, including Hoffman in 2011, while the Freshman Gymnast of the Year has worn Alabama's crimson and white three times. In the classroom, Alabama has earned SEC Academic Honor Roll honors 262 times, including a conference-record 17 in 2012.

ALABAMA'S SEC TEAM CHAMPIONSHIPS:

2011, 2009, 2003, 2000, 1995, 1990, 1988

ALABAMA'S INDIVIDUAL SEC CHAMPIONS:

Andreé Pickens	7	Gina Basile	1
Ashley Miles	6	Julie Garrett	1
Jeana Rice	6	Katherine Kelleher	1
Morgan Dennis	6	Kayla Hoffman	1
Dee Foster	4	Lissy Smith	1
Ricki Lebegern	3	Marie Robbins	1
Ashley Priess	2	Melanie Banville	1
Geralen Stack-Eaton	2	Natalie Barrington	1
Julie Estin	2	Patti Rice	1
Kim Kelly	2	Penney Hauschild	1
Barbara Mack	1	Stephanie Woods	1
Brittany Magee	1	Terin Humphrey	1
Casey Overton	1	Diandra Milliner	1
Dana Dobransky	1		

ALABAMA AT THE SEC CHAMPIONSHIPS:

2013	2nd	1996	2nd
2012	2nd	**1995**	**1st**
2011	**1st**	1994	2nd
2010	2nd	1993	2nd
2009	**1st**	1992	2nd
2008	2nd	1991	2nd
2007	3rd	**1990**	**1st**
2006	2nd	1989	2nd
2005	3rd	**1988**	**1st**
2004	2nd	1987	3rd
2003	**1st**	1986	3rd
2002	2nd	1985	2nd
2001	2nd	1984	3rd
2000	**1st**	1983	2nd
1999	2nd	1982	2nd
1998	4th	1981	3rd
1997	4th		

ALABAMA'S SEC HONORS

Kim Jacob, pictured above, was named the Southeastern Conference Gymnastics Scholar-Athlete of the Year in both 2012 and 2013, giving the Crimson Tide back-to-back-to-back honors after **Kayla Hoffman** earned the same honor in 2011.

SEC ATHLETE OF THE YEAR
2011 Kayla Hoffman
2004 Jeana Rice
2002 Andreé Pickens
1990 Dee Foster
1985 Penney Hauschild

H. BOYD MCWHORTER SEC SCHOLAR-ATHLETE OF THE YEAR
2003 Kristin Sterner
1997 Meredith Willard
1987 Julie Estin

SEC GYMNAST OF THE YEAR
2011 Kayla Hoffman
2003 Jeana Rice
2002 Andreé Pickens
2001 Andreé Pickens
2000 Andreé Pickens
1997 Meredith Willard

SEC GYMNASTICS FRESHMAN OF THE YEAR
1999 Andreé Pickens
1998 Robin Hawkins
1994 Meredith Willard

SEC COACH OF THE YEAR
2010 Sarah Patterson
2000 Sarah Patterson
1995 Sarah Patterson
1985 Sarah Patterson

SEC POSTGRADUATE SCHOLARSHIP
2011 Kayla Hoffman
2010 Kassi Price
2003 Kristin Sterner
2002 Andreé Pickens
1997 Meredith Willard
1993 Dana Dobransky
1992 Katherine Kelleher
1990 Marie Robbins
1989 Kelly Good
1987 Julie Estin

SEC GYMNASTICS SCHOLAR-ATHLETE OF THE YEAR
2013 Kim Jacob
2012 Kim Jacob
2011 Kayla Hoffman
2005 Michelle Reeser

SEC COMMUNITY SERVICE TEAM
2013 Kim Jacob
2012 Ria Domier
2011 Alyssa Chapman
2010 Kassi Price
2009 Ricki Lebegern
2008 Ricki Lebegern
2007 Courtney Priess
2006 Dana Pierce
2005 Dana Pierce
2004 Stephanie Kite

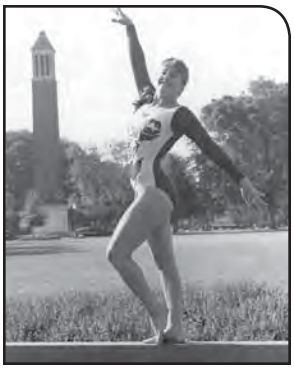
SEC ATHLETE OF THE YEAR

KAYLA HOFFMAN
2011

JEANA RICE
2004

ANDREÉ PICKENS
2002

DEE FOSTER
1990



PENNEY HAUSCHILD
1985

SEC SCHOLAR-ATHLETE OF THE YEAR

KRISTIN STERNER
2003

MEREDITH WILLARD
1997

JULIE ESTIN
1987

ALABAMA'S SEC TEAM CHAMPIONSHIPS

2011 SEC CHAMPIONS

The Crimson Tide started off the 2011 SEC Championships with a solid score on the uneven bars and proceeded to improve every rotation after that, finishing off with the best score of the night by any team on any event, when it scored a 49.5 on the vault. The Tide was on a bye for the last rotation, waiting in its "Bama Bubble" to see if anyone could catch them. In the end, second-place Florida came up a quarter of a point short and the Tide won title No. 7 with a 197.225.

Senior Kayla Hoffman won the vault with a 9.95 while junior Geralen Stack-Eaton won the balance beam and floor exercise with matching scores of 9.925. Hoffman and Stack-Eaton both earned first team All-SEC honors, while sophomore Marissa Gutierrez and Ashley Sledge earned second-team honors. Sarah DeMeo, Kim Jacob and Diandra Milliner all earned second-team and All-SEC and SEC All-Freshman honors.

2009 SEC CHAMPIONS

Alabama rolled to its sixth SEC title with a complete team performance that saw everyone adding to the Crimson Tide's win. After finishing in second place by .025 in 2008, Alabama came back strong in 2009, out-pointing second place Georgia by .375, 197.300-196.925. Junior Morgan Dennis led the way with wins on the vault and floor exercise while junior Ricki Lebegern, sophomore Kayla Hoffman and freshman Ashley Priess all earned second team All-SEC honors. Priess and Geralen Stack-Eaton also earned SEC All-Freshman honors.

2003 SEC CHAMPIONS

It was a battle from the word go. But in the end, the youngest team Alabama had ever put on the floor won the program's fifth SEC team title, upending second-place Georgia 197.575-197.525. Junior Jeana Rice was named SEC Gymnast of the Year after winning three events, including the all-around. Freshman Ashley Miles won the floor exercise with a 9.975 to clinch the Tide's victory. Sophomore Michelle Reeser and freshman Larissa Stewart earned second team All-SEC on the balance beam and uneven bars, respectively.

2000 SEC CHAMPIONS

Sarah Patterson and company couldn't have been much looser coming into the championships. Warm-ups in Florida's O'Connell Center were filled with laughter. Time in the locker room was spent playing games and singing along with music the Tide had brought along. Along with the laughter and the smiles, there was a quiet confidence.

By the time Alabama finished their last vault, they knew they had won the meet over LSU and Georgia, which tied for second, by .375. In addition to winning the all-around, vault and uneven bars, Andreé Pickens earned All-SEC honors and was named SEC Gymnast of the Year. Her three SEC titles in one season matched Dee Foster's 1991 effort for best in Tide history.

1995 SEC CHAMPIONS

Alabama was in Gainesville, Fla., for the SEC Championships and going into its last rotation, the vault, Alabama was fourth. The Crimson Tide responded with the highest vault total in NCAA history, counting nothing less than a 9.9. Freshman Merritt Booth and senior Chasity Junkin both posted career-best marks of 9.975. Junior Kim Kelly stuck a perfect 10.0 to finish the series. Now the Tide had to wait and see if their best had been good enough. Even the coaches didn't know until the scores were announced. Auburn was sixth, Kentucky fifth, Florida fourth, Georgia third, at this point a sigh of relief went up from the Crimson Tide contingent – they were at least second. LSU was second, and the Alabama contingent roared with the pleasure of winning by .05.

1990 SEC CHAMPIONS

Alabama started the decade of the 1990s off with a bang. Sarah and David Patterson and company won the 1990 SEC Championship in Athens, Ga. Senior Marie Robbins led the Tide, winning the all-around. It marked a triumphant return from an ankle injury that had cut short her 1989 season. And if Florida was Alabama's main rival in the early to mid 1980s, Georgia stepped into that position in the late 1980s through the next two decades, which made the win in Athens all the sweeter.

1988 SEC CHAMPIONS

At the 1988 SEC Championships the Crimson Tide faced Georgia, LSU and Florida, all three ranked in the top-10 nationally. All three, along with the Tide, would be in the hunt for the NCAA title come April.

The championships were in Tuscaloosa, where they had been in 1985, the year current Alabama senior captains Alli Beldon and Kathy Bilodeau had been freshmen.

Alabama didn't claim a single individual title but came away with its first conference crown, and an SEC championship record as well. UA's 190.15 marked only the second time in school history that it had scored in the 190s. The Tide outpointed second-place Georgia by .95.

THE SEC CHAMPIONSHIPS

2013 | LITTLE ROCK, ARK.

1.	Florida	198.000
2.	**ALABAMA**	**197.800**
3.	LSU	197.700
4.	Georgia	197.625
5.	Auburn	196.550
6.	Arkansas	196.400
7.	Missouri	195.525

Alabama SEC Champions

FX	Diandra Milliner	9.950

2012 | DULUTH, GA.

1.	Florida	197.150
2.	**ALABAMA**	**196.775**
3.	Georgia	196.575
4.	LSU	196.425
5.	Kentucky	194.350
6.	Arkansas	194.175
7.	Auburn	194.100

2011 | BIRMINGHAM, ALA.

1.	**ALABAMA**	**197.225**
2.	Florida	196.975
3.	Georgia	196.650
4.	Arkansas	195.800
5.	LSU	195.475
6.	Auburn	195.325
7.	Kentucky	193.950

Alabama SEC Champions-

V	Kayla Hoffman	9.950
BB	Geralen Stack-Eaton	9.925
FX	Geralen Stack-Eaton	9.925

2010 | JACKSONVILLE, FLA.

1.	Florida	197.050
2.	**ALABAMA**	**196.875**
3.	Georgia	196.825
4.	LSU	195.750
5.	Auburn	195.575
6.	Arkansas	195.275
7.	Kentucky	194.800

Alabama SEC Champions-

V	Morgan Dennis	9.900
BB	Ashley Priess	9.950
AA	Ashley Priess	39.500

2009 | NASHVILLE, TENN.

1.	**ALABAMA**	**197.300**
2.	Georgia	196.925
3.	Florida	196.750
4.	LSU	196.550
5.	Auburn	196.350
6.	Arkansas	195.650
7.	Kentucky	195.000

Alabama SEC Champions-

V	Morgan Dennis	9.950
FX	Morgan Dennis	9.950

2008 | DULUTH, GA.

1.	Georgia	197.350
2.	**ALABAMA**	**197.325**
	Florida	197.325
4.	LSU	196.250
5.	Arkansas	194.550
6.	Auburn	194.475
7.	Kentucky	194.000

Alabama SEC Champions-

V	Morgan Dennis	9.950
	Ricki Lebegern	9.950
BB	Morgan Dennis	9.900
	Ricki Lebegern	9.900
	Casey Overton	9.900
FX	Morgan Dennis	9.950

2007 | LITTLE ROCK, ARK.

1.	Florida	197.325
2.	Georgia	197.175
3.	**ALABAMA**	**197.000**
4.	LSU	196.250
5.	Arkansas	194.550
6.	Auburn	194.475
7.	Kentucky	194.000

Alabama SEC Champion-

BB	Ricki Lebegern	9.900

2006 | BIRMINGHAM, ALA.

1.	Georgia	197.275
2.	**ALABAMA**	**196.975**
3.	Florida	196.275
4.	LSU	195.900
5.	Auburn	194.975
6.	Arkansas	194.650
7.	Kentucky	191.150

Alabama SEC Champions-

UB	Melanie Banville	9.900
FX	Ashley Miles	9.950
	Brittany Magee	9.950

2005 | DULUTH, GA.

1.	Georgia	197.250
2.	LSU	196.975
3.	**ALABAMA**	**196.700**
4.	Florida	196.050
5.	Arkansas	195.225
6.	Auburn	195.125
7.	Kentucky	193.925

Alabama SEC Champions-

V	Ashley Miles	9.925
UB	Ashley Miles	9.950
	Terin Humphrey	9.950
FX	Ashley Miles	9.950

2004 | DULUTH, GA.

1.	Georgia	198.175
2.	**ALABAMA**	**197.950**
3.	LSU	197.275
4.	Florida	197.225
5.	Auburn	195.925
6.	Arkansas	194.825
7.	Kentucky	193.850

Alabama SEC Champions-

V	Jeana Rice	9.975
UB	Jeana Rice	9.950
FX	Ashley Miles	10.000
AA	Jeana Rice	39.850

2003 | BIRMINGHAM, ALA.

1.	**ALABAMA**	**197.575**
2.	Georgia	197.525
3.	Florida	195.950
4.	LSU	195.650
5.	Auburn	195.025
6.	Arkansas	194.875
	Kentucky	194.875

Alabama SEC Champions-

UB	Jeana Rice	9.925
BB	Jeana Rice	9.950
FX	Ashley Miles	9.975
AA	Jeana Rice	39.600

2002 | BIRMINGHAM, ALA.

1.	Georgia	197.025
2.	**ALABAMA**	**196.925**
3.	Florida	196.425
4.	LSU	196.225
5.	Auburn	194.325
	Kentucky	194.325

Alabama SEC Champions-

V	Andreé Pickens	9.950
UB	Andreé Pickens	9.950
BB	Andreé Pickens	9.925
AA	Andreé Pickens	39.725

2001 | BIRMINGHAM, ALA.

1.	Georgia	198.000
2.	**ALABAMA**	**197.425**
3.	Florida	196.450
4.	LSU	196.300
5.	Kentucky	195.850
6.	Auburn	194.500

Alabama SEC Champions-

UB	Natalie Barrington	9.950
BB	Lissy Smith	9.950

2000 | GAINESVILLE, FLA.

1.	**ALABAMA**	**197.200**
2.	LSU	196.825
	Georgia	196.825
4.	Florida	195.775
5.	Kentucky	194.650
6.	Auburn	192.500

Alabama SEC Champions-

V	Andreé Pickens	9.925
UB	Andreé Pickens	9.925
AA	Andreé Pickens	39.600

1999 | TUSCALOOSA, ALA.

1.	Georgia	197.475
2.	**ALABAMA**	**196.775**
3.	Florida	195.875
4.	LSU	195.375
5.	Kentucky	194.875
6.	Auburn	194.000

1998 | BATON ROUGE, LA.

1.	Georgia	197.600
2.	Florida	196.725
3.	LSU	196.450
4.	**ALABAMA**	**195.400**
5.	Kentucky	193.600
6.	Auburn	192.425

1997 | ATHENS, GA.

1.	Georgia	198.375
2.	Florida	196.050
3.	LSU	196.025
4.	**ALABAMA**	**195.775**
5.	Kentucky	195.075
6.	Auburn	192.550

1996 | LEXINGTON, KY.

1.	Georgia	197.450
2.	**ALABAMA**	**196.950**
3.	Florida	195.650
4.	Kentucky	195.250
5.	LSU	193.150
6.	Auburn	191.150

Alabama SEC Champion-

FX	Kim Kelly	9.950

1995 | GAINESVILLE, FLA.

1.	**ALABAMA**	**196.175**
2.	LSU	196.125
3.	Georgia	195.875
4.	Florida	195.650
5.	Kentucky	191.975
6.	Auburn	190.675

Alabama SEC Champions-

V	Kim Kelly	10.000
UB	Stephanie Woods	9.900

1994 | AUBURN, ALA.

1.	Georgia	196.700
2.	**ALABAMA**	**195.175**
3.	LSU	194.150
4.	Florida	194.125
5.	Auburn	192.700
6.	Kentucky	189.750

1993 | TUSCALOOSA, ALA.

1.	Georgia	197.050
2.	**ALABAMA**	**196.050**
3.	Auburn	193.200
4.	LSU	192.900
5.	Florida	192.100
6.	Kentucky	189.350

Alabama SEC Champion-

AA	Dee Foster	39.650

1992 | BATON ROUGE, LA.

1.	Georgia	196.400
2.	**ALABAMA**	**194.500**
3.	Auburn	191.350
4.	Florida	189.600
5.	LSU	188.650
6.	Kentucky	185.950

Alabama SEC Champion-

BB	Dana Dobransky	9.900

1991 | LEXINGTON, KY.

1.	Georgia	194.100
2.	**ALABAMA**	**194.050**
3.	LSU	192.400
4.	Florida	191.300
5.	Auburn	189.250
6.	Kentucky	186.000

Alabama SEC Champions-

V	Dee Foster	9.950
UB	Gina Basile	9.850
BB	Dee Foster	9.850
FX	Dee Foster	9.950

1990 | ATHENS, GA.

1.	**ALABAMA**	**193.550**
2.	LSU	192.050
3.	Georgia	191.850
4.	Auburn	188.150
5.	Florida	188.000
6.	Kentucky	186.300

Alabama SEC Champion-

AA	Marie Robbins	38.800

1989 | GAINESVILLE, FLA.

1.	Florida	191.500
2.	**ALABAMA**	**191.050**
3.	Georgia	190.400
4.	LSU	187.900
5.	Kentucky	182.650
6.	Auburn	185.050

Alabama SEC Champion-

V	Katherine Kelleher	9.550

1988 | TUSCALOOSA, ALA.

1.	**ALABAMA**	**190.150**
2.	Georgia	189.200
3.	Florida	188.850
4.	LSU	187.400
5.	Kentucky	183.400
6.	Auburn	183.200

1987 | ATHENS, GA.

1.	Georgia	189.400
2.	Florida	185.650
3.	**ALABAMA**	**185.300**
4.	LSU	184.450
5.	Auburn	181.400
6.	Kentucky	180.950

1986 | GAINESVILLE, FLA.

1.	Georgia	185.150
2.	Florida	184.100
3.	**ALABAMA**	**183.750**
4.	LSU	176.600
5.	Kentucky	175.950
6.	Auburn	171.400

Alabama SEC Champion-

V	Julie Estin	9.550
UB	Julie Estin	9.550

1985 | TUSCALOOSA, ALA.

1.	Florida	185.650
2.	**ALABAMA**	**183.650**
3.	Georgia	181.800
4.	LSU	180.500
5.	Kentucky	173.450
6.	Auburn	158.900

Alabama SEC Champions-

UB	Barbara Mack	19.050
AA	Penney Hauschild	37.700

CHAMPIONS

ALABAMA'S SEC CHAMPIONS

2013
Diandra Milliner — floor exercise

2011
Alabama — **Team**
Kayla Hoffman — vault
Geralen Stack-Eaton — floor exercise, balance beam

2010
Ashley Priess — all-around, balance beam
Morgan Dennis — vault

2009
Alabama — **Team**
Morgan Dennis — vault, floor exercise

2008
Morgan Dennis — vault, floor exercise, balance beam
Ricki Lebegern — vault, balance beam
Casey Overton — balance beam

2007
Ricki Lebegern — balance beam

2006
Melanie Banville — uneven bars
Brittany Magee — floor exercise
Ashley Miles — floor exercise

2005
Terin Humphrey — uneven bars
Ashley Miles — vault, uneven bars, floor exercise

2004
Jeana Rice — all-around, vault, uneven bars
Ashley Miles — floor exercise

2003
Alabama — **Team**
Jeana Rice — all-around, uneven bars, balance beam
Ashley Miles — floor exercise

2002
Andreé Pickens — all-around, vault, uneven bars, balance beam

2001
Natalie Barrington — uneven bars
Lissy Smith — balance beam

2000
Alabama — **Team**
Andreé Pickens — all-around, vault, uneven bars

1996
Kim Kelly — floor exercise

1995
Alabama — **Team**
Kim Kelly — vault
Stephanie Woods — uneven bars

1993
Dee Foster — all-around

1992
Dana Dobransky — balance beam

1991
Gina Basile — uneven bars
Dee Foster — vault, balance beam, floor exercise

1990
Alabama — **Team**
Marie Robbins — all-around

1989
Katherine Kelleher — vault

1988
Alabama — **Team**

1986
Julie Estin — vault, uneven bars

1985
Penney Hauschild — all-around
Barbara Mack — uneven bars

1983
Patti Rice — floor exercise

1982
Julie Garrett — uneven bars

ALABAMA'S ALL-SEC

All-SEC Vaulter Kayla Williams

2013
Diandra Milliner (FX)
Kayla Williams (V)

2012
Ashley Priess (V*)
Geralen Stack-Eaton (AA*)

2011
Sarah DeMeo (BB*#)
Marissa Gutierrez (V, FX*)
Kayla Hoffman (AA, V)
Kim Jacob (BB, FX*#)
Diandra Milliner (AA*#)
Ashley Sledge (FX*)
Geralen Stack-Eaton (AA, BB, FX)

2010
Morgan Dennis (V)
Kayla Hoffman (UB*, FX*)
Ricki Lebegern (AA*)
Ashley Priess (AA, BB)

2009
Morgan Dennis (V, FX)
Kayla Hoffman (V*, BB*)
Ricki Lebegern (AA*)
Ashley Priess (V*#)
Geralen Stack-Eaton (AA#)
Caitlin Sullivan (BB#)

2008
Morgan Dennis (AA, V, BB, FX)
Kayla Hoffman (V*#)
Ricki Lebegern (V, BB)
Casey Overton (BB)
Kassi Price (UB*)

2007
Morgan Dennis (AA*)
Ricki Lebegern (BB)

2006
Melanie Banville (UB)
Brittany Magee (FX)
Ashley Miles (FX)

2005
Terin Humphrey (UB)
Ashley Miles (V, UB, FX)

2004
Ashley Miles (FX)
Jeana Rice (AA, V, UB)

2003
Ashley Miles (FX)
Jeana Rice (AA, UB, BB)
Michelle Reeser (BB*)
Larissa Stewart (UB*)

2002
Natalie Barrington (UB*)
Alexis Brion (FX*)
Andreé Pickens (AA, V, UB, BB)
Raegan Tomasek (FX*)

2001
Natalie Barrington (UB)
Andreé Pickens (AA)
Jeana Rice (AA)
Lissy Smith (BB)
Kristin Sterner (AA)

2000
Andreé Pickens (AA, V, UB)
Kristin Sterner (AA)

1998
Mandy Chapman (AA)

1997
Mandy Chapman (AA)

1996
Kim Kelly (AA, FX)
Meredith Willard (AA)

1995
Kim Kelly (V)
Stephanie Woods (UB)

1994
Kim Kelly (AA)

1993
Dee Foster (AA)

1992
Dana Dobransky (AA)
Katherine Kelleher (AA)

1991
Gina Basile (UB)
Dee Foster (V, BB, FX)

1990
Dee Foster (AA)
Marie Robbins (AA)

1989
Katherine Kelleher (AA)
Kim Masters (AA)
Tina Rinker (AA)

1988
Kim Masters (AA)
Tina Rinker (AA)
Marie Robbins (AA)

1987
Julie Estin (AA)

1986
Julie Estin (AA)
Penney Hauschild (AA)

1985
Julie Estin (AA)
Penney Hauschild (AA)

1984
Julie Estin (AA)

1983
Julie Garrett (AA)
Patti Rice (AA)

1982
Julie Garrett (AA)

* = second team honor
\# = freshman honor

ALABAMA'S SEC ACADEMIC HONOR ROLL

While it is evident that Alabama gymnastics is one of the nation's best teams in the gym, it is absolutely dominant when it comes to the classroom. The best barometer of such success on a conference level is the SEC Academic Honor Roll, instituted in 1984, and a league-best 246 Alabama gymnasts have earned the award. The Crimson Tide has averaged more than 10 honors a year since 2000, including a program-best 17 in 2012. From 1984-2001 the honor roll was open to all gymnasts sophomore class or better in academic standing. Starting in 2002, the awards were determined by the academic year (fall and spring semester) or cumulative GPA, making freshmen eligible for the first time.

2013
Becca Alexin, Sr., Health Studies; Lauren Beers, Fr., Exercise Science; Kaitlyn Clark, So., Exercise Science; Sarah DeMeo, Jr., Interdisciplinary ; Hunter Dennis, So., General Studies; Ria Domier, So., Chemical Engineering; Lindsey Fowler, So., Restaurant & Hospitality Management; Lora Leigh Frost, So., Health Studies; Marissa Gutierrez, Sr., Early Childhood Development; Kim Jacob, Jr., Exercise Science; Diandra Milliner, Jr., Health Studies; Brooke Parker, So., Business; Ashley Priess, RS Sr., Sports Management; Carley Sims, Fr., Pre-Physical Therapy; Ashley Sledge, Sr., Public Relations; Kayla Williams, So., Public Relations;

2012
Becca Alexin, Jr., General Health Studies; Olivia Carisella, So., Food & Nutrition; Kaitlyn Clark, Fr. Exercise Science; Sarah DeMeo, So., General Health Studies; Ria Domier, So., Chemical Engineering; Lindsey Fowler, So., Restaurant & Hospitality Management; Lora Leigh Frost, Fr. Health Studies; Marissa Gutierrez, Jr., Human Environmental Sciences; Kim Jacob, So., Exercise Science; Diandra Milliner, So., Health Studies; Brooke Parker, Fr. General Business; Ashley Priess, Sr., Spanish; Ashley Sledge, Jr., Public Relations; Geralen Stack-Eaton, Sr., Telecommunications & Film; Rachel Terry, Sr., Early Childhood Education; Hannah Toussaint, So., Communicative Disorders; Kayla Williams, Fr. Public Relations

2011
Becca Alexin, So., General Health Studies; Olivia Carisella, Fr., Food & Nutrition; Alyssa Chapman, Sr., Psychology; Sarah DeMeo, Fr., General Health Studies; Ria Domier, Fr., Chemical Engineering; Lindsey Fowler, Fr., Restaurant & Hospitality Management; Marissa Gutierrez, So., Human Environmental Sciences; Kayla Hoffman, Sr., Human Development & Family Studies; Kim Jacob, Fr., Exercise Science; Megan Mashburn, Sr., General Health Studies; Jordan Moore, Fr., Interdisciplinary; Ashley Priess, Jr., Spanish; Ashley Sledge, So., Public Relations; Geralen Stack-Eaton, Jr., Telecommunications & Film; Rachel Terry, Jr., Early Childhood Education; Hannah Toussaint, Fr., Communicative Disorders

2010
Courtney Bell, Fr., Human Environmental Sciences; Alyssa Chapman, Sr., Psychology; Morgan Dennis, Sr., Psychology; Jocelyn Fowler, So., Human Development & Family Studies; Marissa Gutierrez, Fr., Human Environmental Sciences; Mary Hauswirth, Fr., Chemical Engineering; Kayla Hoffman, Jr., Human Development & Family Studies; Ricki Lebegern, Sr., Exercise Science; Megan Mashburn, Jr., General Health Studies; Casey Overton, Sr., Psychology; Kassi Price, Sr., Marketing & Advertising; Ashley Priess, So., Spanish; Ashley Sledge, Fr., Public Relations; Geralen Stack-Eaton, So., Telecommunications & Film; Rachel Terry, So., Early Childhood Education

2009
Alyssa Chapman, Jr., Psychology; Morgan Dennis, Jr., Psychology; Jocelyn Fowler, Fr., Exercise Science; Kayla Hoffman, So., Human Development & Family Studies; Ricki Lebegern, Jr., Exercise Science; Brittany Magee, Sr., Criminal Justice; Megan Mashburn, So., General Health Studies; Amanda Montgomery, Sr., Management; Ashley O'Neal, Sr., Restaurant & Hospitality Management; Casey Overton, Jr., Psychology; Kassi Price, Jr., Marketing & Advertising; Ashley Priess, Fr., Exercise Science; Jacqueline Shealy, Jr., Public Relations; Rachel Terry, Fr., Human Environmental Sciences

2008
Alyssa Chapman, So., Pre-Physical Therapy; Morgan Dennis, So., Pre-Major Studies; Kayla Hoffman, Fr., Pre-Major Studies; Jennifer Iovino, Fr., Pre-Major Studies; Ricki Lebegern, So., Exercise Science; Brittany Magee, Jr., Criminal Justice; Cassie Martin, Jr., Interdisciplinary; Megan Mashburn, Fr., General Health Studies; Amanda Montgomery, Jr., Management; Ashley O'Neal, Jr., Restaurant & Hospitality Management; Casey Overton, So., Pre-Major Studies; Kassi Price, So., Pre-Business; Kaitlin White, Sr., Consumer Sciences

2007
Morgan Dennis, Fr., Pre-Major Studies; Terin Humphrey, Jr., Criminal Justice; Ricki Lebegern, Fr., Pre-Major Studies; Brittany Magee, So., Criminal Justice; Cassie Martin, So., Interdisciplinary; Amanda Montgomery, So., Pre-Business; Casey Overton, Fr., Pre-Major Studies; Kassi Price, Fr., Pre-Business; Erin Rightley, Sr., Psychology

2006
Melanie Banville, Fr., Human Environmental Science; Mari Bayer, Sr., Nutrition; Ashley Ford, Fr., Pre-Major Studies; Rachael Delahoussaye, Sr., Pre-Medicine; Dana Filetti, Sr., Restaurant & Hospitality Management; Terin Humphrey, So., Pre-Psychology; Ashley Miles, Sr., Advertising; Cassie Martin, Fr., Pre-Major Studies; Amanda Montgomery, Fr., Human Environmental Science; Ashley O'Neal, Fr., Pre-Business; Dana Pierce, Sr., Physical Education; Courtney Priess, Fr., Communication; Bianca Puello, Fr., Pre-Major Studies; Erin Rightley, Jr., Psychology

2005
Mari Bayer, Jr., Nutrition; Rachael Delahoussaye, Jr., Pre-Medicine; Shannon Hrozek, Sr., Consumer Science; Meredith Laxton, So., Restaurant & Hospitality Management; Dana Pierce, Jr., Physical Education; Michelle Reeser, Sr., Accounting; Erin Rightley, So., Psychology

2004
Mari Bayer, So., Nutrition; Rachael Delahoussaye, So., Pre-Medicine; Johnna Gay, Fr., Elementary Education; Lauren Holdefer, Sr., Psychology; Shannon Hrozek, Jr., Consumer Science; Stephanie Kite, Sr., International Marketing; Meredith Laxton, Fr., Pre-Major Studies; Ashley Miles, So., Advertising; Michelle Reeser, Jr., Accounting; Erin Rightley, Fr., Pre-Physical Therapy; Larissa Stewart, So., Pre-Medicine

2003
Mari Bayer, Fr., Pre-Major Studies; Rachael Delahoussaye, Fr., Pre-Medicine; Lauren Holdefer, Jr., Psychology; Shannon Hrozek, So., Consumer Science; Stephanie Kite, Jr., International Marketing; Dana Pierce, Fr., Physical Education; Michelle Reeser, So., Accounting; Kristin Sterner, Sr., Biology

2002
Natalie Barrington, Sr., Sports Fitness Management; Helen Burgin, So., Elementary Education; Tiffany Byrd, So., Pre-Medicine; Erin Holdefer, So., Public Relations; Lauren Holdefer, So., Psychology; Shannon Hrozek, Fr., Pre-Major Studies; Stephanie Kite, So., Marketing; Alexa Martinez, Sr., Advertising; Whitney Morgan, Sr., Secondary Education; Andreé Pickens, Sr., Biology; Jeana Rice, So., Advertising; Sara Scarborough, Jr., Nursing; Kristin Sterner, Jr., Biology; Raegan Tomasek, Jr., Restaurant & Hospitality Management;

2001
Natalie Barrington, Jr., Sports Fitness Management; Krista Gole, Jr., Health Care Management; Robin Hawkins, Sr., Telecommunication/Film; Katie Hornecker, Sr., Mechanical Engineering; Alexa Martinez, Jr., Advertising; Whitney Morgan, Jr., American Studies; Andreé Pickens, Jr., Biology; Sara Scarborough, So., Human Nutrition; Lissy Smith, Sr., Psychology; Kristin Sterner, So., Pre-Major Studies; Dara Stewart, Sr., Human Development; Raegan Tomasek, Jr., Human Nutrition

2000
Natalie Barrington, So., Elementary Education; Krista Gole, So., Pre-Business; Lexa Evans, Sr., Journalism; Robin Hawkins, Jr., Telecommunication/Film; Katie Hornecker, Jr., Mechanical Engineering; Gina Logan, Sr., Health Care Management; Alexa Martinez, So., Advertising; Whitney Morgan, So., Biology; Andreé Pickens, So., Biology; Lissy Smith, Jr., Psychology; Dara Stewart, Jr., Human Development; Raegan Tomasek, So., Nutrition

1999
Mandy Chapman, Sr., Food & Nutrition; Lexa Evans, Jr., Journalism; Robin Hawkins, So., Telecommunication/Film; Katie Hornecker, So., Chemical Engineering; Gina Logan, Jr., Health Care Management; April Makinson, So., Human Development; Lissy Smith, So., Elementary Education; Gwen Spidle, Sr., Social Work; Dara Stewart, So., Pre-Major Studies

1998
Merritt Booth, Sr., Psychology; Mandy Chapman, Jr., Food & Nutrition; Lexa Evans, So., Journalism; Becca Fields, So., Pre-Major studies; Gina Logan, So., Health Care Management; Danielle McAdams, Sr., Sports Fitness Management; Shay Murphy, Sr., Biology

1997
Merritt Booth, Jr., Psychology; Mandy Chapman, So., Biology; Lisa Gianni, So., Interior Design; Gina Logan, So., Health Care Management; Danielle McAdams, Jr., Sports Fitness Management; Shay Murphy, Jr., Biology; Heather Nasser, Jr., Education; Meredith Willard, Sr., Marketing

1996
Merritt Booth, So., Pre-Major Studies; Kim Kelly, Sr., Elementary Education; Danielle McAdams, So., Pre-Business; Shay Murphy, So., Biology; Heather Nasser, So., Early Child. Education; Marna Neubauer, Sr., Early Child. Education; Meredith Willard, Jr., Marketing

1995
Chasity Junkin, Sr., Accounting; Kim Kelly, Jr., Elementary Education; Marna Neubauer, Jr., Elementary Education; Meredith Willard, So., Pre-Business

1994
Sheryl Dundas, Sr., Accounting; Chasity Junkin, Jr., Accounting; Kara Stilp, Sr., Marketing; Gretchen Stockley, Jr., Sports Psychology; Marti Watson, Sr., Management

1993
Dana Dobransky, Sr., Telecommunication/Film; Sheryl Dundas, Jr., Interdisciplinary; Chasity Junkin, So., Pre-Major Studies; Gretchen Stockley, So., Pre-Medicine

1992
Gina Basile, Sr., Advertising; Dana Dobransky, Jr., Telecommunication/Film; Sheryl Dundas, So., Pre-Major Studies; Katherine Kelleher, Sr., Corporate Finance; Shea McFall, Sr., Corporate Finance; Kara Stilp, So., Pre-Major Studies; Marti Watson, So., Human Environmental Science

1991
Dana Dobransky, So., Communication; Katherine Kelleher, Jr., Corporate Finance; Shea McFall, Jr., Corporate Finance; Tina Rinker, Sr., Chemical Engineering

1990
Gina Basile, So., Communication; Ali Blumberg, Sr., Recreation & Park Leadership; Katherine Kelleher, So., Commerce & Business; Shea McFall, So., Arts & Sciences; Tina Rinker, Jr., Chemical Engineering; Marie Robbins, Sr., Interdisciplinary; Tracey Tillman, Sr., Public Relations; Cheri Way, Sr., Advertising

1989
Wendy Anderson, So., Sports Fitness Management; Kelly Good, Sr., Interdisciplinary; Tina Rinker, So., Engineering; Marie Robbins, Jr., Interdisciplinary; Tracey Tillman, Jr., Advertising; Cheri Way, Jr., Advertising

1988
Alli Beldon, Sr., Marketing; Kathy Bilodeau, Sr., Public Relations; Kelly Good, Jr., Biology; Marie Robbins, So., Arts & Sciences; Tracey Tillman, So., Communications

1987
Alli Beldon, Jr., Interdisciplinary; Kathy Bilodeau, Jr., Public Relations; Julie Estin, Sr., Mathematical Stats

1986
Alli Beldon, So., Fashion Marketing; Julie Estin, Jr., Pre-Medicine; Stephanie Kehr, So., Marketing

1985
Julie Estin, So., Pre-Medicine; Barbara Mack, Sr., Political Science

1984
Barbara Mack, Jr., Political Science; Patti Rice, So., Marketing

ALABAMA RECORDS

TEAM RECORDS

TEAM TOTAL

198.075	NCAA Regional 4/13/96
198.025	NCAA Super Six 4/26/96
198.000	NCAA Regional 4/3/01
197.975	Auburn 3/1/03
197.950	SEC Championships 3/20/04
197.925	Florida 1/30/04
197.900	NCAA Regional 4/6/02
197.850	NCAA Super Six 4/21/12
197.825	LSU 3/6/99
197.800	UMass 2/21/99
197.800	**SEC Championships 3/23/13**
197.725	Michigan 3/12/04
197.725	Florida 2/3/12
197.725	**LSU 3/8/13**
197.675	Georgia 2/25/11
197.675	NCAA Super Six 4/16/11
197.675	NCAA Semifinals 4/20/12
197.650	UCLA 3/16/02
197.650	Arkansas 2/17/12
197.650	**Auburn 2/15/13**
197.625	North Carolina 3/16/12
197.600	LSU 1/23/04
197.575	NCAA Super Six 4/19/02
197.575	SEC Championship 3/29/03
197.575	NCAA Super Six 4/17/09
197.550	Georgia 3/1/96
197.550	Georgia 2/20/04
197.525	Penn State 3/17/01
197.525	**Oklahoma 3/15/13**
197.500	Georgia 2/16/01
197.475	Auburn 1/26/07
197.425	SEC Championship 3/23/01
197.425	Kentucky 3/8/02
197.400	LSU 2/14/03
197.400	NCAA Super Six 4/22/05
197.400	**NCAA Regional 4/6/13**
197.375	Auburn 3/16/07
197.350	LSU 2/2/01
197.350	Auburn 2/27/09
197.350	**NCAA Semifinals 4/19/13**
197.350	**NCAA Super Six 4/20/13**
197.325	LSU 2/21/97
197.325	Arkansas 2/27/04
197.325	SEC Championships 3/29/08
197.300	NCAA Regional 4/1/00
197.300	NCAA Regional 4/12/08
197.300	Penn State 3/14/08
197.300	SEC Championships 3/21/09
197.275	NCAA Super Six 4/25/03
197.275	Kentucky 2/18/11
197.275	NCAA Regional 4/2/11
197.250	Georgia 2/15/02
197.250	LSU 3/2/07

VAULT

49.775	NCAA Super Six 4/26/96
49.750	SEC Championships 3/35/95
49.675	Georgia 2/20/04
49.650	Kentucky 2/26/10
49.625	Auburn 3/1/03
49.625	SEC Championships 3/20/04
49.625	NCAA Super Six 4/22/05
49.625	NCAA Super Six 4/21/12

UNEVEN BARS

49.625	NCAA Regional 4/7/01
49.600	Penn State 2/19/99
49.575	NCAA Regional 4/6/02
49.550	NCAA Regional 4/13/96
49.550	Minnesota 1/30/99
49.550	Auburn 1/30/00

BALANCE BEAM

49.725*	NCAA Regional 4/6/02
49.625	UMass 1/21/99
49.600	NCAA Semifinals 4/20/12
49.550	Georgia 1/18/03
49.525	Georgia 2/25/11
49.525	North Carolina 3/16/12
49.500	NCAA Regional 4/8/95
49.500	Quad Meet 3/8/97
49.500	NCAA Regional 4/2/11
49.500	NCAA Super Six 4/21/12

FLOOR EXERCISE

49.700	Georgia 2/16/01
49.675	SEC Championships 3/20/04
49.650	Auburn 3/21/08
49.625	NCAA Super Six 4/26/96
49.625	Auburn 3/1/03
49.600	Nebraska 2/2/02
49.600	Kentucky 3/8/03
49.600	Georgia 3/15/03
49.600	SEC Championships 3/29/03
49.600	Super Six Challenge 1/9/04
49.600	Florida 1/30/04
49.600	NCAA Super Six 4/22/05
49.600	Arkansas 2/17/12

* NCAA Record

INDIVIDUAL RECORDS

ALL-AROUND

39.850	Andreé Pickens	UCLA 3/16/02
39.850	Jeana Rice	SECs 3/20/04
39.800	Dee Foster	NCAA Regional 4/3/93, NCAA Super Six 4/16/93
39.775	Meredith Willard	Quad Meet 3/8/97
39.750	Dee Foster	Kentucky 1/30/93, Georgia 2/26/93
39.750	Kim Kelly	LSU 3/18/94, NCAA Regional 4/13/96
39.750	Jeana Rice	Michigan 1/31/03, Georgia 3/15/03

VAULT

10.000	Dee Foster	Georgia 3/14/92, Auburn 1/16/93, Georgia 1/22/93, Kentucky 1/30/96, NCAA Super Six 4/16/96
10.000	Kim Kelly	Georgia 3/12/94, Georgia 3/4/95, SEC 3/25/95, NCAA Regional 4/8/95, Auburn 3/19/96, NCAA Super Six 4/26/96
10.000	Danielle McAdams	NCAA Super Six 4/26/96
10.000	Andreé Pickens	UMass 2/21/99, Kentucky 2/26/99, LSU 2/8/02, UCLA 3/16/02
10.000	Ashley Miles	Auburn 3/1/03, NCAA Semifinals 4/24/03, NCAA Event Finals 4/26/03, Florida 1/30/04, Kentucky 2/13/04, LSU 1/21/05, Auburn 2/4/05, NCAA Super Six 4/22/05
10.000	Jeana Rice	Georgia 3/15/03
10.000	Geralen Stack-Eaton	Georgia 1/13/12
10.000	Diandra Milliner	Florida 2/3/12
9.975	Kim Kelly	LSU 3/18/94, SEC Championships 3/26/94, NCAA 4/21/94
9.975	Chasity Junkin	SEC Championships 3/25/95
9.975	Merritt Booth	SEC Championships 3/25/95
9.975	Kim Bonaventura	Kentucky 2/7/97
9.975	Andreé Pickens	Nebraska 2/2/02, Georgia 2/15/02, Florida 2/22/02, Auburn 3/1/02
9.975	Jeana Rice	Kentucky 3/8/03, Arkansas 2/27/04, SEC Championships 3/20/04
9.975	Ashley Miles	Georgia 3/15/03, Kentucky 2/11/05, Georgia 2/18/05, Auburn 1/27/06
9.975	Alexis Brion	Georgia 2/20/04, Michigan 3/12/04
9.975	Kayla Hoffman	UCLA Quad 3/9/08
9.975	Morgan Dennis	Arkansas 1/22/10, Kentucky 2/26/10
9.975	Ricki Lebegern	Florida 2/12/10
9.975	Geralen Stack-Eaton	NCAA Super Six 4/21/12
9.975	**Kayla Williams**	**LSU 3/8/13, SEC Championships 3/23/13**

UNEVEN BARS

10.000	Dee Foster	LSU 2/12/93
10.000	Andreé Pickens	Minnesota 1/30/99, UMass 2/21/99, Georgia 3/4/00, Kentucky 2/24/01, Auburn 2/10/02
10.000	Natalie Barrington	Georgia 2/16/01
9.975	Stephanie Woods	NCAA Event Finals 4/27/96
9.975	Andreé Pickens	Auburn 1/22/99, Penn State 2/19/99, NCAA Regional 4/6/02
9.975	Dara Stewart	NCAA Regional 4/1/00
9.975	Jeana Rice	Michigan 1/31/03, LSU 1/23/04

BALANCE BEAM

10.000	Dana Dobransky	Georgia 2/26/93, NCAA Event Finals 4/17/93
10.000	Stephanie Woods	Kentucky 2/7/97
10.000	Raegan Tomasek	UMass 2/21/99
10.000	Jeana Rice	Georgia 1/18/03
9.975	Danielle McAdams	Florida 1/24/97
9.975	Lissy Smith	UMass 2/21/99
9.975	Jeana Rice	SECs 3/20/04

FLOOR EXERCISE

10.000	Dee Foster	SE Missouri St./Minnesota 2/6/93, Georgia 2/26/93
10.000	Kim Kelly	NCAA Regional 4/13/96, NCAA Super Six 4/26/96, NCAA Event Finals 4/27/96
10.000	Meredith Willard	LSU 2/21/97, Quad Meet 3/8/97
10.000	Shay Murphy	Utah State 3/14/98
10.000	Ashley Miles	NCAA Central Regional 4/12/03, SEC Championships 3/20/04, NCAA Super Six 4/22/05
9.975	Dee Foster	NCAA Regional 4/3/93
9.975	Kim Kelly	LSU 3/18/94, NCAA Event Finals 4/23/94, NCAA Semifinals 4/25/96
9.975	Andreé Pickens	Minnesota 1/30/99, UCLA 3/16/02
9.975	Jeana Rice	Georgia 2/16/01, NCAA Regional 4/7/01
9.975	Kristin Sterner	Georgia 2/16/01, Nebraska 2/2/02, Auburn 3/1/03
9.975	Michelle Reeser	Auburn 2/10/02
9.975	Morgan Dennis	Auburn 1/26/07, Auburn 3/21/08, Florida 2/12/10

COLEMAN COLISEUM RECORDS

INDIVIDUAL RECORDS

ALL-AROUND

39.850	Andreé Pickens (Alabama)	3/16/02

VAULT

10.00	Dee Foster (Alabama)	1/30/93
	Hope Spivey-Sheeley (Georgia)	2/26/93
	Jenny Hansen (Kentucky)	3/20/93, 4/25/96
	Kim Kelly (Alabama)	3/4/95, 3/16/96, 4/26/96
	Kim Arnold (Georgia)	3/4/95
	Leah Brown (Georgia)	4/25/96, 4/26/96, 4/27/96
	Danielle McAdams (Alabama)	4/26/96
	Andreé Pickens (Alabama)	2/26/99, 3/16/02
	Ashley Miles (Alabama)	3/1/03, 4/12/03, 1/30/04, 1/21/05, 2/4/05
	Jeana Rice (Alabama)	3/15/03
	Geralen Stack-Eaton (Alabama)	1/13/12
	Diandra Milliner (Alabama)	2/3/12

UNEVEN BARS

10.00	Dee Foster (Alabama)	2/12/93
	Andreé Pickens (Alabama)	1/30/99, 3/4/00, 2/24/01
	Natalie Barrington (Alabama)	2/16/01

BALANCE BEAM

10.00	Dana Dobransky (Alabama)	2/26/93
	Stephanie Woods (Alabama)	2/7/97

FLOOR EXERCISE

10.00	Dee Foster (Alabama)	2/6/93
	Hope Spivey-Sheeley (Georgia)	2/26/93, 3/20/93
	Kim Kelly (Alabama)	4/26/96, 4/27/96
	Heidi Hornbeek (Arizona)	4/27/96
	Meredith Willard (Alabama)	2/21/97, 3/8/97
	Shay Murphy (Alabama)	3/14/98
	Ashley Miles (Alabama)	4/12/03

TEAM RECORDS

TEAM TOTAL

198.025	Alabama	4/26/96
198.000	Alabama	4/7/01
197.925	Alabama	1/30/04
197.825	Alabama	3/6/99
197.725	Alabama	2/3/12

VAULT

49.775	Alabama	4/26/96

UNEVEN BARS

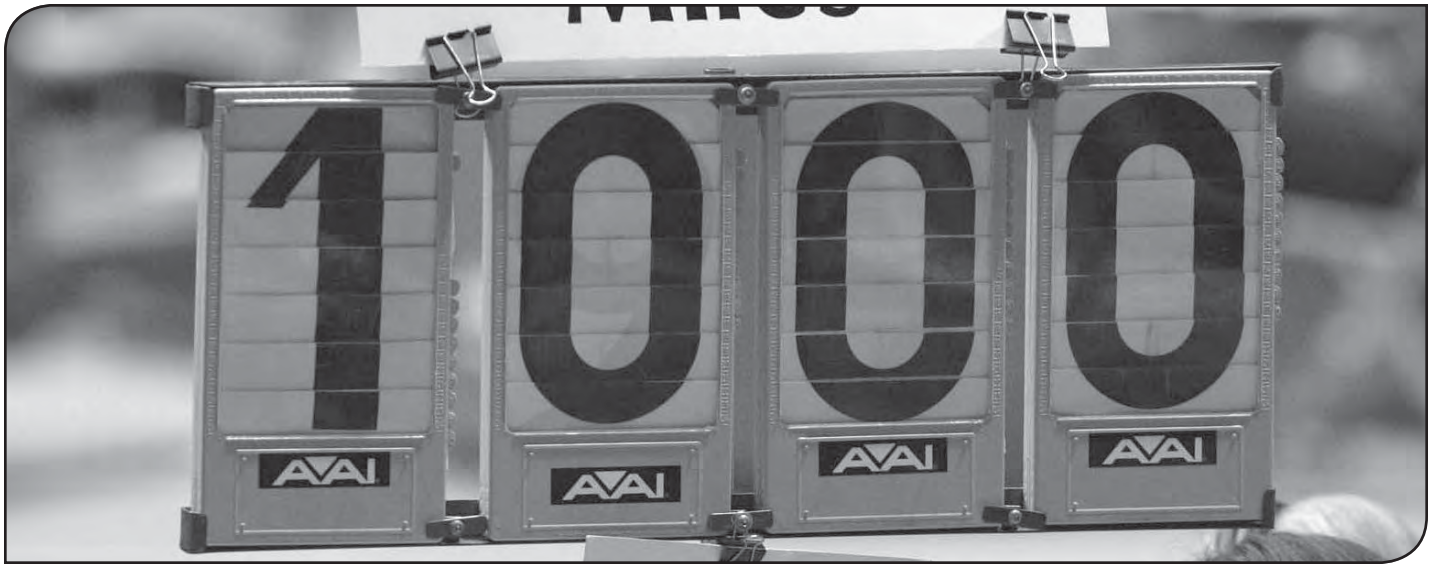
49.625	Alabama	4/7/01

BALANCE BEAM

49.525	Alabama	3/16/12

FLOOR EXERCISE

49.700	Alabama	2/16/01



ADDING UP CRIMSON TIDE SUCCESS

1 Alabama has finished No. 1 in the nation six times. The first time came in 1988 and the most recent in 2012. The Crimson Tide is one of only five programs in collegiate gymnastics history to win an NCAA title.

2 Alabama has finished in the top-2 nationally 13 times since first breaking into the top-10 in 1983.

3 Three Crimson Tide gymnasts have been named the H. Boyd McWhorter SEC Scholar-Athlete of the Year, an award that spans all sports and all schools.

4 Four Crimson Tide gymnasts have earned the prestigious NCAA Today's Top VIII Award, which honors the nation's top eight senior student-athletes regardless of gender or NCAA Division.

5 Five Crimson Tide gymnasts have been named Southeastern Conference Female Athlete of the Year, an award that spans all sports and all schools, including Kayla Hoffman in 2011.

6 Six times an Alabama gymnast has been named the SEC Gymnast of the Year, including Kayla Hoffman in 2011.

7 Alabama has won the Honda Award for Gymnastics, which recognizes the national gymnast of the year, seven times, including Kayla Hoffman in 2011.

8 Since Dee Foster recorded the Crimson Tide's first 10.0 in 1992, eight different Alabama gymnasts have scored a perfect mark on the vault, including Geralen Stack-Eaton and Diandra Milliner in 2012.

10 Alabama has sold out Coleman Coliseum to the tune of 15,000-plus fans 10 times since 1997, including the 2013 meet against Kentucky.

15 Alabama gymnasts have earned 15 NCAA Postgraduate Scholarships over the years, a total that leads the nation by a healthy margin.

17 Dee Foster's 17 first team All-America honors stands as the NCAA career record.

19 Since its inception in 1993, Alabama has advanced to the NCAA Super Six Team Finals 19 times, more than any other team in the nation.

24 Individual national titles are hard to come by, but the Crimson Tide has won 24 individual NCAA championships, including Diandra Milliner's vault title in 2013 and a total of 12 individual championships over the past decade.

28 The Crimson Tide has won an NCAA-best 28 regional titles, including the 2013 Tuscaloosa Regional Championship.

31 Alabama has gone to 31 consecutive NCAA Championships, the second-longest streak in the championship history.

36 For 36 years, Alabama has been led by Sarah and David Patterson, a span that has included unprecedented success in the gym, the classroom and in the lives of their gymnasts.

189 Alabama gymnasts have earned Scholastic All-America honors 189 times since the award's inception in 1991.

262 Since the award was first given in 1984, Alabama gymnasts have earned SEC Academic Honor Roll honors 262 times, more than two-dozen better than the next school. That total includes an SEC-record 17 in 2012.

289 Every year Alabama features some of the nation's top gymnasts, which is why, every year, Alabama adds to its All-America count. Since 1982, the Crimson Tide has seen 64 gymnasts rack up 289 honors.

Senior All-Americans

SCHOLASTIC ALL-AMERICANS